

Developmental Milestone Checklist Program for WIC

Deskside Reference Guide



Role of WIC Staff

Ask parents and guardians if they have concerns about their infant or child's development. If interested in learning more about their child's development, share developmental monitoring resources.

Refer the participant to statewide and local resources for developmental screening when:

- The parent or guardian has questions about the infant or child's development.
- You recognize the need based on their feeding development.

Document referrals in the management information system (MIS).

Connect with local resources to ensure you are providing the best referrals for families.

Offer CDC's developmental monitoring resources as needed, based on participant interest:

- Checklist: "Take this checklist home with you and share it with your family and _____'s doctor."
- CDC's Milestone Tracker App: "If you have a smart phone, you can download a free app called [CDC's Milestone Tracker](#) to track milestones until your next visit with _____'s doctor."
- Print and/or order [materials for distribution](#).



Milestone Tracker App

About Developmental Milestones

What is a developmental milestone?

A developmental milestone is a skill that most children can do by a certain age. For example, most children can say "mama" or "dada" by their first birthday. These checklists were developed by the Centers for Disease Control and Prevention's *Learn the Signs. Act Early.* Program, are informed by research, and were reviewed by development experts.

Where can I go for more information on developmental milestones?

Additional sources of information include:

- CDC's "[Learn the Signs. Act Early.](#)" website is an excellent resource.
- [Family Voices](#) is an advocacy group for parents to help them identify resources and support in their state.
- [Center for Parent Information and Resources](#) is a website with information about parent centers that provide information, support, and resources for children with disabilities and their families.

Referral Resources

If WIC staff are contacting the referral service on behalf of the parent or guardian, obtain signed consent first.

Primary care physicians or local public health department

- “Please call _____’s health care provider to schedule a follow-up appointment for developmental screening.”
- “Here is the contact for _____ County’s local public health department. Please ask about having a developmental screening for your child.”

Wisconsin Birth to 3 Program

- “You can also call our county’s Birth to 3 Program to find out if your child might qualify for services to help. You do not need a doctor’s referral to do so.”
- _____ County Birth to 3
- Phone: _____
- Fax: _____

Public school system: Early Childhood Special Education

- For children aged 3 and older, refer to the families’ local public school system. This would be where the child would attend kindergarten.
- School district contacts:

Wisconsin Children’s Resource Centers

“Children’s Resource Centers can offer free support on a variety of topics including services available locally or statewide, communicating with schools, locating doctors or dentists, etc. Here is the number for our center:

_____”

Children’s Resource Center, North

Phone: 866-640-4106

Children’s Resource Center, Northeast

Phone: 877-568-5205

Children’s Resource Center, Southeast

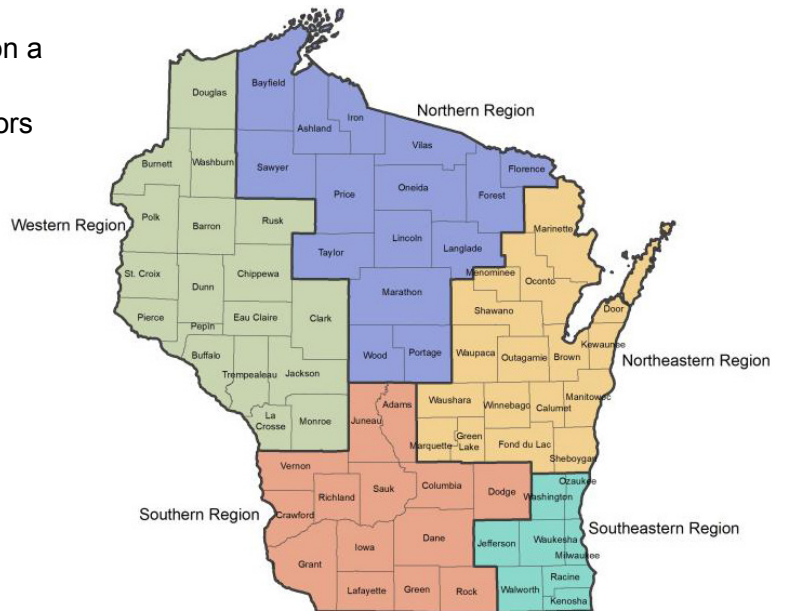
Phone: 800-234-KIDS (5437)

Children’s Resource Center, South

Phone: 800-532-3321

Children’s Resource Center, West

Phone: 800-400-3678



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www.cdc.gov/WICGuide



Centers for Disease Control and Prevention
www.cdc.gov/actearly
1-800-CDC-INFO