Mishelle O'Shasky Chair

Inshirah Farhoud Second Vice-Chair

#### State of Wisconsin

#### **Wisconsin Council on Mental Health**

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Meeting of the Wisconsin Council on Mental Health (WCMH)

January 16, 2019, 10:00 am to 3:30 pm

Division of Vocational Rehabilitation

1801 Aberg Avenue, Madison, WI – Conference Room 101 and via Conference Call

**Members of the WCMH in Attendance:** Mishelle O'Shasky, Kimberlee Coronado, Rick Immler, Lea Collins-Worachek, Dan Kiernan, Bonnie MacRitchie

**Guests in Attendance:** Crystal Hester, Chelsea Crane, Radha Karthik, Kathie Knoble-Iverson, Katie Kress, Joanne Juhnke

**Department of Health Services (DHS) Staff in Attendance:** Joanette Robertson, Ryan Stachoviak, Joyce Allen, Cory Flynn, Sarah Coyle, Mike Christopherson, Kenya Bright (via teleconference), Teresa Steinmetz (via teleconference)

#### **MINUTES**

#### 1. Call Meeting to Order

Attendees held introductions and M. O'Shasky read the WCMH guidelines for conduct of meetings. Members of the WCMH reviewed the minutes from the November 14, 2018; however as the Council did not have quorum a vote to approve the minutes was not held. The WCMH plans to address the November 14, 2018 minutes at the next Council meeting. No announcements were made. No members of the public provided comment.

## 2. Presentation by Independent Living Resources

Kathie Knoble-Iverson and Katie Kress from Independent Living Resources provided a presentation to the Council on their organization's work. The presenters discussed Certified Peer Specialists (CPS), Independent Living Resources' History and Role, the role of Independent Living Centers, the history of the CPS curriculum, and the value of peer support services. Also discussed was the effectiveness of peer supports in the provision of health care, and the overall value of employing peer specialists.

## 3. Community Mental Health Services Block Grant

R. Stachoviak provided the WCMH with a presentation on the Community Mental Health Services Block Grant (MHBG). Areas of discussion included Federal and State statutes that dictate the use of MHBG dollars, the history of the MHBG, and how the MHBG plan is developed. R. Stachoviak requested that the WCMH provide any guidance to the State staff on how staff can support the Council's ability to review and provide input on the upcoming 2020-2021 MHBG plan and application that will be submitted to the Substance Abuse and Mental Health Services Administration (SAMHSA) in September.

R. Immler asked if the State staff could provide a presentation and discussion on the broader picture of state finances for behavioral health, including the impacts on Medicaid expansion. State staff offered to provide literature regarding the impact of behavioral health services under Medicaid expansion.

## 4. WCMH Committee Reports, Discussion, and Consideration of Motions

#### **Executive Committee**

M. O'Shasky briefed the WCMH on recent Executive Committee meetings. At the most recent meeting the Committee discussed the transition to Governor Evers, the current status of the WCMH membership, and made plans for the current WCMH meeting.

## Children and Youth Committee (CYC)

B. MacRitchie provided updates regarding the CYC. The Committee at its last meeting had a year in review discussion, reflecting on the group's accomplishments in 2018. The CYC also is in the process of doing strategic planning for the coming year, mapping out the Committees goals and activities.

## Criminal Justice Committee (CJC)

M. O'Shasky introduced three additional budget priority areas that the CJC has developed for inclusion in the WCMH budget priority document. The first priority area is to provide funding to enable the systematic screening of trauma among Wisconsin inmates and implement of evidence-based, trauma-focused treatment groups throughout adult prisons in Wisconsin. The second priority area is to provide funding for five full-time Certified Forensic Peer Specialist positions to expand service availability to clients not enrolled/eligible for Comprehensive Community Services (CCS). The third priority area is to allocate funding to increase release medications from a two-week to a four-week supply for people leaving the corrections system.

## Legislative and Policy Committee (LPC)

C. Hester announced that at the December meeting the LPC passed a motion asking Governor Walker to veto the legislation passed by the Legislature during the special session in December. The motion noted that the legislation would disproportionately impact people with a mental illness and people with disabilities. The LPC had asked the Executive Committee to hold a rapid response meeting to address the motion. However, Governor Walker signed the legislation prior to the Executive Committee being able to take up the motion. C. Hester discussed a lawsuit that Disability Rights Wisconsin and other state organizations have brought against the legislation.

The LPC continues to track two pieces of legislation regarding seclusion and restraint and a second regarding the lethal violence protection order. The LPC hopes to have more information regarding this legislation to provide to the WCMH at upcoming meetings.

The LPC has continued to refine the budget priority bills. The most recent version of the document was presented to the members of the WCMH for comment and discussion. The draft presented to the Council had been developed collaboratively with the other Council committees. The current version has been better refined,

and the areas discussed by the CJC have been added. D. Kiernan suggested the peer specialist related CJC priority areas reflect the broader Medicaid programs as there should be avenues for peer specialist services under those services via Medicaid.

M. O'Shasky noted that the Department of Corrections has been interested in trauma training. Members of the WCMH discussed trauma screening in the criminal justice system. M. O'Shasky discussed the importance of increasing inmate's access to medication upon release and their availability of signing up for BadgerCare. Often after being released from prison people can encounter barriers in meeting with a clinician regarding medications.

C. Hester discussed next steps with the budget priority document. Members of the LPC plan to bring the document along to meetings with legislators. The Council and committees may also want to consider making modifications or prioritizations based on the Governor's budget to synergize efforts.

#### Nominating Committee

Members of the WCMH discussed membership and reaching out to Governor Evers regarding membership and vacancies. Members discussed the value of having a representative from law enforcement involved on the Council in some capacity. K. Coronado discussed the Safe and Sound Training and its benefits for first responders as it can help them to better understand the needs of kids with autism.

## 5. Division of Care and Treatment Services Briefing and Updates

R. Stachoviak and J. Allen presented the 2019 MHBG Report. Members of the Council discussed the MHBG report priority areas and indicators. The State met its requirements for both the Maintenance of Effort and the Children's Set Aside, both of which are annual MHBG requirements. Staff encouraged the members of the WCMH to consider this report when providing comment on the upcoming MHBG plan.

J. Allen introduced J. Robertson, the new Mental Health Services Section Chief. The Bureau of Prevention Treatment and Recovery (BPTR) continues to move forward with the gaps analysis. Governor Evers announced that Andrea Palm will be the new Secretary for DHS.

#### 6. Call for future WCMH agenda items

Members of the WCMH suggested the following topics for consideration at future Council Meetings: a discussion of broader mental health funding, the Treatment Alternatives Program, an update from the Office of Children's Mental Health, a presentation by B. MacRitchie on Trauma Focused Cognitive Behavioral Therapy, updates on the budget process and other state legislation.

# 7. Adjourn

Meeting adjourned at 3:31 pm.