How to print this condom card

This card is meant to be pocket-size, similar to the size of a business card. When printing out this card, choose to print pages 2–3, and select double-sided. This can be printed in color or black and white. If you are looking to print multiple copies, go to www.dhs.wisconsin.gov/std/use-condom-card-multiple.pdf.
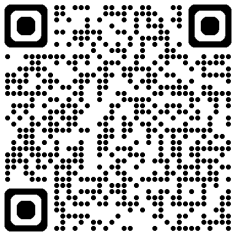
Want to learn more about condoms?

Scan the QR code for more information about how to use condoms or other barriers to prevent sexually transmitted infections.

WISCONSIN DEPARTMENT *of* HEALTH SERVICES

Condom Use: A Step-by-Step Guide

Step 1.
Carefully open and remove condom from packaging.

Step 2.
Place a condom on the head of an erect penis with rim side out.

Step 3.
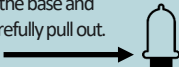Pinch the air out of the tip at top of condom.

Step 4.
Unroll the condom to the base of the penis while holding the tip.

Step 5.
After sex, hold the condom at the base and carefully pull out.

Step 6.
Gently remove the condom and throw it in the trash.