Please check the box next to your answer or follow the directions included with the	6. <i>Before</i> you got pregnant, would you say that, in general, your health was—
question. You may be asked to skip some questions that do not apply to you. BEFORE PREGNANCY	 Excellent Very good Good Fair Poor
The first questions are about <i>you</i> . 1. How tall are <i>you</i> without shoes?	7. During the 3 months before you got pregnant with your new baby, did you have any of the following health conditions? For each one,
	check No if you did not have the condition or Yes if you did.
Feet Inches OR Centimeters	No Yes a. Type 1 or Type 2 diabetes (<u>not</u> gestational diabetes or diabetes that starts during pregnancy)
2. <i>Just before</i> you got pregnant with your <i>new</i> baby, how much did you weigh?	b. High blood pressure or hypertension Image: Compression c. Depression Image: Compression d. Asthma Image: Compression e. Anemia (poor blood, low iron) Image: Compression
 Pounds OR Kilos 3. What is <u>your</u> date of birth? 	 e. Anemia (poor blood, low iron)
/ Month Day Year	8. During the <i>month before</i> you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?
 The next questions are about the time <u>before</u> you got pregnant with your new baby. Before you got pregnant with your new baby, did you ever have any other babies who were 	 I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the <i>month before</i> I got pregnant 1 to 3 times a week 4 to 6 times a week Every day of the week
born alive? No Go to Question 6 Yes	9. In the 12 months before you got pregnant with your new baby, did you have any health care visits with a doctor, nurse, or other health care worker, including a dental or mental health worker?
5. Was the baby <i>just before</i> your new one born <i>earlier</i> than 3 weeks before his or her due date?	□ No → Go to Page 2, Question 12
NoYes	Go to Page 2, Question 10

10. What type of health care visit did you have in the 12 months before you got pregnant with your new baby?

Check ALL that apply

- Regular checkup at my family doctor's office
- Regular checkup at my OB/GYN's office
- □ Visit for an illness or chronic condition
- □ Visit for an injury
- □ Visit for family planning or birth control
- □ Visit for depression or anxiety
- □ Visit to have my teeth cleaned by a dentist or dental hygienist
- □ Other → Please tell us:
- 11. During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things? For each item, check No if they did not or Yes if they did.

	NO	res
a.	Tell me to take a vitamin with folic acid \Box	
b.	Talk to me about maintaining a healthy weight	
c.	Talk to me about controlling any medical conditions such as diabetes or high blood pressure	
d.	Talk to me about my desire to have or not have children	
e.	Talk to me about using birth control to prevent pregnancy	
f.	Talk to me about how I could improve my health before a pregnancy	
g. h. i.	Talk to me about sexually transmitted infections such as chlamydia, gonorrhea, or syphilis Ask me if I was smoking cigarettes	
1.	emotionally or physically	
j.	Ask me if I was feeling down or depressed	
k.	Ask me about the kind of work I do \Box	
I.	Test me for HIV (the virus that causes AIDS)	

The next questions are about your health *insurance coverage* before, during, and after your pregnancy with your new baby.

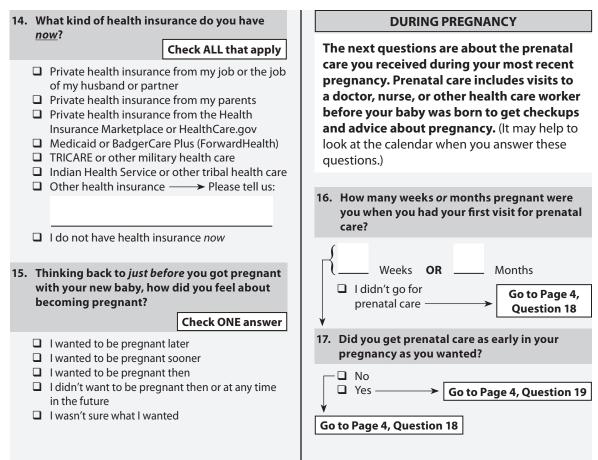
12. During the *month before* you got pregnant with your new baby, what kind of health insurance did you have?

Check ALL that apply

- Private health insurance from my job or the job of my husband or partner
- Private health insurance from my parents
- Private health insurance from the Health Insurance Marketplace or HealthCare.gov
- Medicaid or BadgerCare Plus (ForwardHealth)
- TRICARE or other military health care
- Indian Health Service or other tribal health care
- □ Other health insurance > Please tell us:
- □ I did not have any health insurance during the month before I got pregnant
- 13. During your most recent pregnancy, what kind of health insurance did you have for your prenatal care?

Check ALL that apply

- l did not go for prenatal care -➤ Go to Question 14
- Private health insurance from my job or the job of my husband or partner
- Private health insurance from my parents
- Private health insurance from the Health Insurance Marketplace or HealthCare.gov
- Medicaid or BadgerCare Plus (ForwardHealth)
- □ TRICARE or other military health care
- Indian Health Service or other tribal health care
- \Box Other health insurance \longrightarrow Please tell us:
- □ I did not have any health insurance for my prenatal care



18.	Did any of these things keep you from prenatal care when you wanted it? Fo item, check No if it did not keep you from getting prenatal care or Yes if it did.	r ea	
		No	Yes
a.	l couldn't get an appointment when l wanted one	. 🗖	
b.	I didn't have enough money or insurance to pay for my visits	. 🗖	
c.	I didn't have any transportation to get to the clinic or doctor's office		
d.	The doctor or my health plan would not start care as early as I wanted	. 🗖	
e.	I had too many other things going on	. 🗖	
f.	I couldn't take time off from work or school	. 🗖	
g.	I didn't have my Medicaid or BadgerCare Plus (ForwardHealth) card		
h.	l didn't have anyone to take care of my children	. 🗖	
i.	I didn't know that I was pregnant	. 🗖	
j.	I didn't want anyone else to know I was pregnant	_	
k.	I didn't want prenatal care		

If you did not get prenatal care, go to Question 21.

19.	9. During any of your prenatal care visits, did a		
doctor, nurse, or other health care worker			
	you any of the things listed below? For each		
	item, check No if they did not ask you about it or		
	Yes if they did.		

	No Yes	5
a.	If I knew how much weight I should gain during pregnancy	
b.	If I was taking any prescription medication	
c.	If I was smoking cigarettes	l
d.	If I was drinking alcohol	l
e.	If someone was hurting me emotionally or physically	
f.	If I was feeling down or depressed	l
g.	If I was using drugs such as marijuana, cocaine, crack, or meth	
h.	If I wanted to be tested for HIV (the virus that causes AIDS)	
i.	If I planned to breastfeed my new baby 📮 📮	l
j.	If I planned to use birth control after my baby was born	

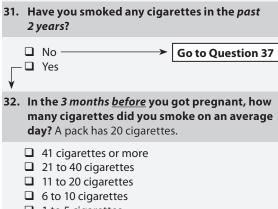
20. How did you feel about the prenatal care you got during your most recent pregnancy? If you went to more than one place for prenatal care, answer for the place where you got most of your care. For each item, check **No** if you were not satisfied or **Yes** if you were satisfied.

		No	Yes
a.	The amount of time I had to wait	. 🗖	
b.	The amount of time the doctor, nurse, or midwife spent with me	. 🗖	
c.	The advice I got on how to take care of myself	. 🗖	
d.	The understanding and respect shown toward me as a person	. 🗖	
21.	During the 12 months <i>before the <u>delin</u> your new baby, did a doctor, nurse, o health care worker <i>offer</i> you a flu sho you to get one?</i>	r otl	ner
	NoYes		

22. During the 12 months <i>before the <u>delivery</u></i> of your new baby, did you <i>get</i> a flu shot?			26. Did any of the following things make it hard for you to go to a dentist or dental clinic
		Check ONE answer	during your most recent pregnancy? For each
	 No Yes, before my pregnancy Yes, during my pregnancy 		item, check No if it was not something that made it hard for you to go to a dentist during pregnancy or Yes if it was.
23.	During your most recent pr you get a Tdap shot or vace vaccination is a tetanus boos protects against pertussis (w No Yes I don't know	egnancy, did : ination? A Tdap ter shot that also	 No Yes a. I could not find a dentist or dental clinic that would take pregnant patients
24.	During <i>your most recent</i> pr you have your teeth cleane dental hygienist?		27. During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby? A home visitor is
	NoYes		a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.
25.	This question is about othe teeth <u>during</u> your most rece each item, check No if it is no apply to you or Yes if it is tru	e nt pregnancy. For ot true or does not	 □ No → Go to Question 29 ↓ Yes 28. During <i>your most recent</i> pregnancy, how
a.	I knew it was important to ca teeth and gums during my p	No Yes	many times did the home visitor come to your home to help you learn how to prepare for your new baby?
	A dental or other health care talked with me about how to my teeth and gums	care for	 1 time 2 to 4 times 5 or more times
с.	during my pregnancy		29. During <i>your most recent</i> pregnancy, did you
	I <u>needed</u> to see a dentist for a	-	have any of the following health conditions?
e.	l <u>went</u> to a dentist or dental o a problem		For each one, check No if you did not have the condition or Yes if you did.
			No Yes a. Gestational diabetes (diabetes that started during this pregnancy) b. High blood pressure (that started during this pregnancy), pre-eclampsia or eclampsia c. Depression d. Anemia

- 30. During your most recent pregnancy, did a doctor, nurse, or other health care worker give you a series of weekly shots of a medicine called progesterone, Makena®, or 17P (17 alpha-hydroxyprogesterone) to try to keep your new baby from being born too early?
 - 🛛 No
 - Yes
 - I don't know

The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).



- 1 to 5 cigarettes
- Less than 1 cigarette
- I didn't smoke then
- 33. In the <u>last 3</u> months of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.
 - □ 41 cigarettes or more
 - 21 to 40 cigarettes
 - 11 to 20 cigarettes
 - 6 to 10 cigarettes
 - 1 to 5 cigarettes
 - Less than 1 cigarette
 - I didn't smoke then

If you did not smoke at any time in the <u>3 months</u> <u>before</u> you got pregnant, go to Question 36.

34. Did you quit smoking around the time of your most recent pregnancy?

- 🛛 No
- No, but I cut back
- □ Yes, I quit before I found out I was pregnant
- □ Yes, I quit when I found out I was pregnant
- □ Yes, I quit later in my pregnancy
- **35.** Listed below are some things that can make it hard for some people to quit smoking. For each item, check **No** if it is not something that might make it hard for you or **Yes** if it is.

No Yes a. Cost of medicines or products to help with guitting..... b. Cost of classes to help with quitting....... c. Fear of gaining weight..... d. Loss of a way to handle stress e. Other people smoking around me Cravings for a cigarette..... f. g. Lack of support from others to guit......... h. Worsening depression i. Worsening anxiety j. Some other reason..... Please tell us:

- How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes.
 - 41 cigarettes or more
 - 21 to 40 cigarettes
 - 11 to 20 cigarettes
 - □ 6 to 10 cigarettes
 - 1 to 5 cigarettes
 - Less than 1 cigarette
 - I don't smoke now

The next questions are about using other tobacco products around the time of pregnancy.

E-cigarettes (electronic cigarettes) and other electronic nicotine products (such as vape pens, e-hookahs, hookah pens, e-cigars, e-pipes) are battery-powered devices that use nicotine liquid rather than tobacco leaves, and produce vapor instead of smoke.

A **hookah** is a water pipe used to smoke tobacco. It is not the same as an e-hookah or hookah pen.

37. Have you used any of the following products in the past 2 years? For each item, check No if you did not use it or Yes if you did.

No Yes

a.	E-cigarettes or other electronic nicotine	
	products	
b.	Hookah	

If you used e-cigarettes or other electronic nicotine products in the *past 2 years*, go to Question 38. Otherwise, go to Question 40.

- 38. During the 3 months <u>before</u> you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products?
 - □ More than once a day
 - Once a day
 - 2-6 days a week
 - □ 1 day a week or less
 - I did not use e-cigarettes or other electronic nicotine products then

- 39. During the <u>last 3</u> months of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine products?
 - More than once a day
 - Once a day
 - 2-6 days a week
 - 1 day a week or less
 - I did not use e-cigarettes or other electronic nicotine products then

The next questions are about drinking alcohol around the time of pregnancy.

40. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.



- 41. During the 3 *months <u>before</u>* you got pregnant, how many alcoholic drinks did you have in an average week?
 - □ 14 drinks or more a week
 - 8 to 13 drinks a week
 - 4 to 7 drinks a week
 - □ 1 to 3 drinks a week
 - Less than 1 drink a week
 - I didn't drink then

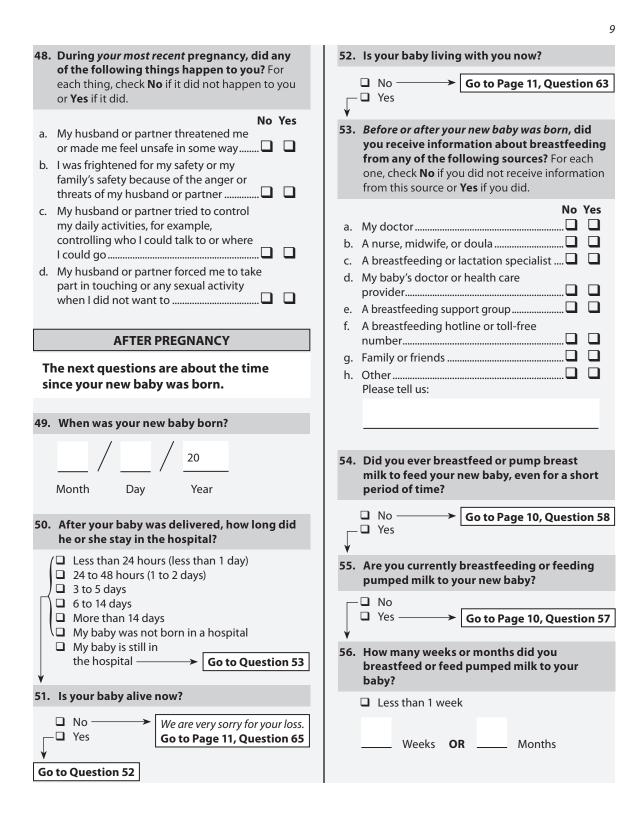
Pregnancy can be a difficult time. The next questions are about things that may have happened <u>before</u> and <u>during</u> your most recent pregnancy.

42. This question is about things that may have happened during the 12 months before your new baby was born. For each item, check No if it did not happen to you or Yes if it did. (It may help to look at the calendar when you answer these questions.)

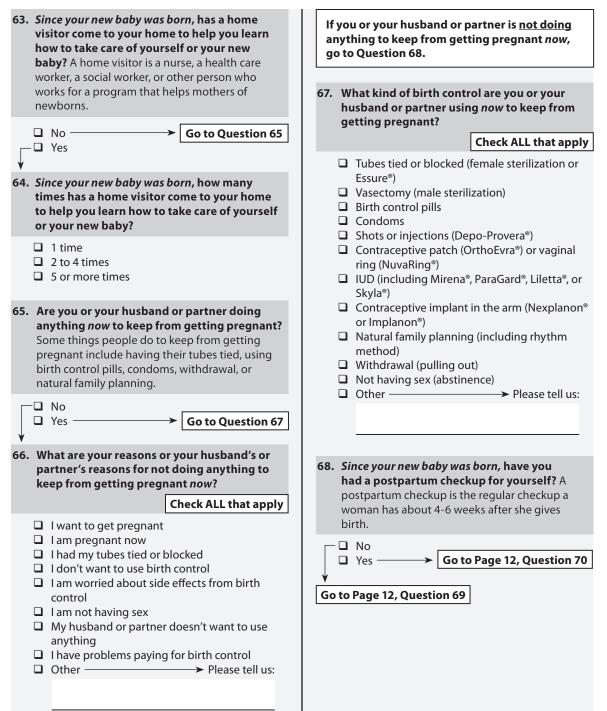
	No	Yes
a.	A close family member was very sick and had to go into the hospital	
b.	I got separated or divorced from my husband or partner	
c.	I moved to a new address	
d.	I was homeless or had to sleep outside, in a car, or in a shelter	
e.	My husband or partner lost their job	
f.	I lost my job even though I wanted to go on working	
g.	My husband, partner, or I had a cut in work hours or pay	
h.	I was apart from my husband or partner due to military deployment or extended work-related travel	
i.	l argued with my husband or partner more than usual	
j.	My husband or partner said they didn't want me to be pregnant	
k.	I had problems paying the rent, mortgage, or other bills	
I.	My husband, partner, or I went to jail	
m.	Someone very close to me had a problem with drinking or drugs	
n.	Someone very close to me died	

- 43. During the 12 months before your new baby was born, did you ever eat less than you felt you should because there wasn't enough money to buy food?
- 44. During the 12 months before your new baby was born, how often did you feel unsafe in the neighborhood where you lived? Always Often Sometimes □ Rarely Never 45. During the 12 months before your new baby was born, did you feel emotionally upset (for example, angry, sad, or frustrated) as a result of how you were treated based on your race? No Yes 46. In the 12 months before you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each person, check **No** if they did not hurt you during this time or **Yes** if they did. No Yes a. My husband or partner b. My ex-husband or ex-partner...... c. Someone else 47. During your most <u>recent pregnancy</u>, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each person, check No if they did not hurt you during this time or Yes if they did. No Yes a. My husband or partner b. My ex-husband or ex-partner...... c. Someone else

- 🛛 No
- Yes



59. In the <i>past 2 weeks</i> , how often has your new baby slept alone in his or her own crib or bed?
 ☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never → Go to Question 61
 When your new baby sleeps alone, is his or her crib or bed in the same room where <u>you</u> sleep? No
☐ Yes
61. Listed below are some more things about how babies sleep. How did your new baby usually sleep in the <u>past 2 weeks</u> ? For each item, check No if your baby did not usually sleep like this or Yes if he or she did.
No Yes a. In a crib, bassinet, or pack and play b. On a twin or larger mattress or bed c. On a couch, sofa, or armchair d. In an infant car seat or swing e. In a sleeping sack or wearable blanket f. With a blanket g. With toys, cushions, or pillows, including nursing pillows h. With crib bumper pads (mesh or non-mesh)
62. Did a doctor, nurse, or other health care worker tell you any of the following things? For each thing, check No if they did not tell you or Yes if they did.
No Yes a. Place my baby on his or her back to sleep



69. Did any of these things keep you from having a postpartum checkup?	71. Since your new baby was born, how often have you felt down, depressed, or hopeless?
Check ALL that apply I didn't have health insurance to cover the cost of the visit	 Always Often Sometimes
 I felt fine and did not think I needed to have a visit I couldn't get an appointment when I wanted 	Rarely Never
 one I didn't have any transportation to get to the clinic or doctor's office 	72. Since your new baby was born, how often have you had little interest or little pleasure in doing things you usually enjoyed?
 I had too many things going on I couldn't take time off from work Other> Please tell us: 	 Always Often Sometimes Rarely Never
If you did <u>not</u> have a postpartum checkup, go to Question 71.	OTHER EXPERIENCES
70. During your postpartum checkup, did a doctor, nurse, or other health care worker <u>do</u> any of the following things? For each item, check No if they did not do it or Yes if they did. No Yes	 The next questions are on a variety of topics. 73. During the <i>month before</i> you got pregnant, did you take or use any of the following drugs for any reason? Your answers are strictly
 a. Tell me to take a vitamin with folic acid b. Talk to me about healthy eating, 	confidential. For each item, check No if you did not use it or Yes if you did.
exercise, and losing weight gained during pregnancyc. Talk to me about how long to wait	a. Over-the-counter pain relievers such as aspirin, acetaminophen, Tylenol®, Advil®,
before getting pregnant again d. Talk to me about birth control methods I can use after giving birth	or Aleve® Image: Constraint of the second secon
 e. Give or prescribe me a contraceptive method such as the pill, patch, shot (Depo-Provera[®]), NuvaRing[®], or condoms 	 (Percocet[®]), or codeine ↓ ↓ c. Marijuana or hash d. Methadone, naloxone, subutex, or Suboxone[®]
 f. Insert an IUD (Mirena[®], ParaGard[®], Liletta[®], or Skyla[®]) or a contraceptive implant (Nexplanon[®] or Implanon[®]) 	 e. Heroin (smack, junk, Black Tar) f. Amphetamines (uppers, speed, crystal meth, crank, ice, <i>agua</i>)
g. Ask me if I was smoking cigarettes	g. Cocaine (crack, rock, coke, blow, snow,
h. Ask me if someone was hurting me emotionally or physically	h. Tranquilizers (downers, ludes)
i. Ask me if I was feeling down or depressed	i. Hallucinogens (LSD/acid, PCP/angel dust, Ecstasy, Molly, mushrooms, bath
j. Test me for diabetes	salts)

74.	During your most recent pregnancy, did you take or use any of the following drugs for any reason? Your answers are strictly confidential. For each item, check No if you did not use it or Yes if you did.	76. Since you delivered your new baby, who would help you if a problem came up? For example, who would help you if you needed to borrow \$50 or if you got sick and had to be in bed for several weeks?
	No Yes	Check ALL that apply
	Over-the-counter pain relievers such as aspirin, acetaminophen, Tylenol [®] , Advil [®] , or Aleve [®]	 My husband or partner My mother, father, or in-laws Other family member or relative
	Prescription pain relievers such as hydrocodone (Vicodin [®]), oxycodone (Percocet [®]), or codeine	 A friend Religious community Someone else> Please tell us:
	Marijuana or hash 🔲 🔲 Methadone, naloxone, subutex, or	
	Suboxone [®] U Heroin (smack, junk, Black Tar) U	 No one would help me
	Amphetamines (uppers, speed, crystal meth, crank, ice, <i>agua</i>)	77. At any time during <i>your most recent</i> pregnancy, did you work at a job for pay?
g.	Cocaine (crack, rock, coke, blow, snow, nieve)	
h.	Tranquilizers (downers, ludes)	Go to Page 14, Question 82
i.	Hallucinogens (LSD/acid, PCP/angel	
	dust, Ecstasy, Molly, mushrooms, bath salts)	78. Have you returned to the job you had during
		your most recent pregnancy?
75.	During your most recent pregnancy, who	Check ONE answer
	would have helped you if a problem had come up? For example, who would have helped you if	No, and I do not plan to return
	you needed to borrow \$50 or if you got sick and	No, but I will be returning
	had to be in bed for several weeks?	Ves Ves
	Check ALL that apply	79. Did you take leave from work <i>after</i> your new
	My husband or partner	baby was born?
	My mother, father, or in-lawsOther family member or relative	Check ALL that apply
	A friend	\Box I took <i>paid</i> leave from my job
	 Religious community Someone else> Please tell us: 	□ I took <i>unpaid</i> leave from my job □ I did not take any
		leave
		↓
	No one would have helped me	80. How many weeks <i>or</i> months of leave, in total, did you take or will you take?
		Weeks OR Months Less than 1 week

- 81. Did any of the things listed below affect your decision about taking leave from work after your new baby was born? For each item, check No if it does not apply to you or Yes if it does. No Yes
- a. I could not financially afford to take leave b. I was afraid I'd lose my job if I took leave or stayed out longer c. I had too much work to do to take leave or stay out longer d. My job does not have paid leave 🔲 🔲 e. My job does not offer a flexible work schedule..... f. I had not built up enough leave time to take any or more time off

82. Did your baby's father take leave from work after your new baby was born?

Check ONE anwer

- No, he did not take leave from his job
- □ Yes, he took *paid* leave from his job
- □ Yes, he took *unpaid* leave from his job
- □ Yes, he took *paid and unpaid* leave from his job
- My baby's father was unemployed
- I don't know
- 83. Since your new baby was born, how often would you say you have been worried or stressed about having enough money to pay your bills?
 - □ Always
 - Often
 - Sometimes
 - □ Rarelv
 - Never

The last questions are about the time during the 12 months before your new baby was born.

- 84. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. All *information will be kept private* and will not affect any services you are now getting.
 - □ \$0 to \$16,000
 - □ \$16,001 to \$20,000
 - □ \$20,001 to \$24,000
 - □ \$24,001 to \$28,000
 - □ \$28,001 to \$32,000
 - □ \$32,001 to \$40,000
 - □ \$40.001 to \$48.000 □ \$48,001 to \$57,000
 - □ \$57,001 to \$60,000
 - □ \$60,001 to \$73,000
 - □ \$73,001 to \$85,000
 - □ \$85.001 or more
- 85. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?
 - People

86. What is today's date?

20 Day

Month

Year

Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in Wisconsin.

Thanks for answering our questions!

Your answers will help us work to keep mothers and babies in Wisconsin healthy.