



# Data on Perinatal Smoking from the Wisconsin Pregnancy Risk Assessment Monitoring System

**Sarah P. Blackwell, M.P.H.**

Maternal and Child Health Epidemiologist and PRAMS  
Project Director

Wisconsin Division of Public Health

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# What is PRAMS?

**P**regnancy  
**R**isk  
**A**ssessment  
**M**onitoring  
**S**ystem



Centers for Disease Control and Prevention (CDC) surveillance system developed in 1987. Wisconsin began PRAMS data collection in 2007.



# PRAMS phase 7 questions on perinatal smoking

22. *During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? Please count only discussions, not reading materials or videos. For each item, check No if no one talked with you about it or Yes if someone did.*

No Yes

...  
 b. How smoking during pregnancy could affect my baby.....

The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).

34. Have you smoked any cigarettes in the *past 2 years*?

No —————→ **Go to Page 8, Question 38**

Yes  
 ↓

35. In the *3 months before* you got pregnant, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

- 41 cigarettes or more
- 21 to 40 cigarettes
- 11 to 20 cigarettes
- 6 to 10 cigarettes
- 1 to 5 cigarettes
- Less than 1 cigarette
- I didn't smoke then



# PRAMS phase 7 questions on perinatal smoking

36. In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day? A pack has 20 cigarettes.

- 41 cigarettes or more
- 21 to 40 cigarettes
- 11 to 20 cigarettes
- 6 to 10 cigarettes
- 1 to 5 cigarettes
- Less than 1 cigarette
- I didn't smoke then

37. How many cigarettes do you smoke on an average day *now*? A pack has 20 cigarettes.

- 41 cigarettes or more
- 21 to 40 cigarettes
- 11 to 20 cigarettes
- 6 to 10 cigarettes
- 1 to 5 cigarettes
- Less than 1 cigarette
- I don't smoke now

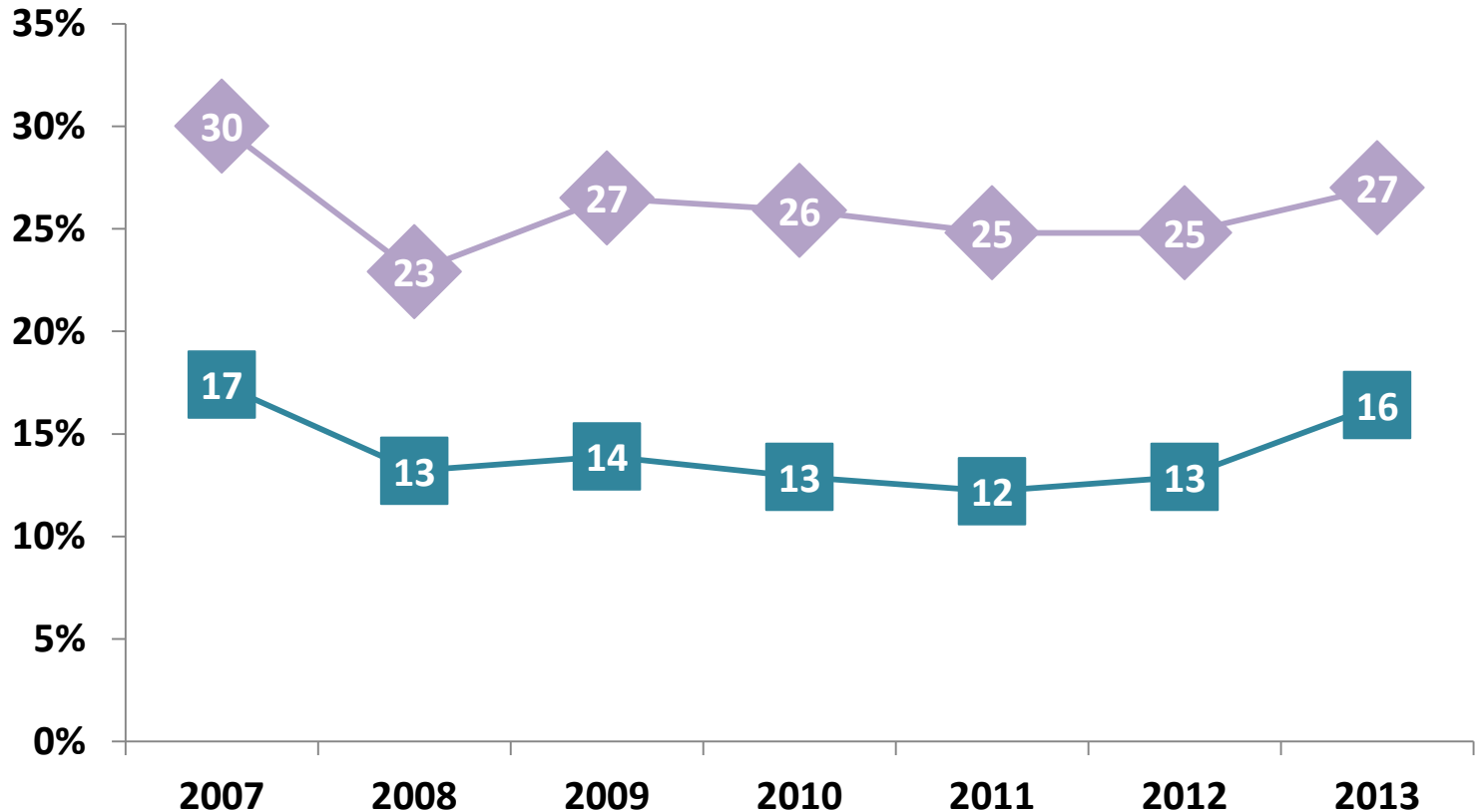
38. Which of the following statements best describes the rules about smoking *inside* your home *now*, even if no one who lives in your home is a smoker?

**Check ONE answer**

- No one is allowed to smoke anywhere inside my home
- Smoking is allowed in some rooms or at some times
- Smoking is permitted anywhere inside my home



# Smoking before and during pregnancy, PRAMS 2007-2013



—◆— Smoking in three months before pregnancy —■— Smoking in last three months of pregnancy

Source:  
PRAMS,  
2007-2013.  
Wisconsin  
Department  
of Health  
Services.



# Demographic factors associated with smoking before and during pregnancy

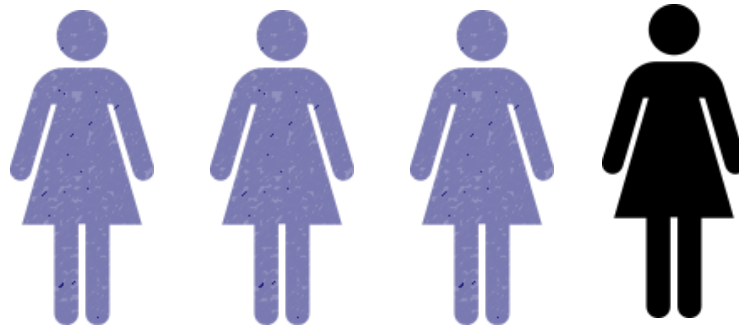
- Maternal race and ethnicity
- Maternal age
- Maternal education
- Federal Poverty Level
- Type of insurance coverage before and during pregnancy

Source:  
PRAMS,  
2012-2013.  
Wisconsin  
Department  
of Health  
Services.



## Healthcare worker talks about smoking during prenatal care

**Three out of four** mothers reported having a healthcare worker talk to them about how smoking during pregnancy could affect their baby.

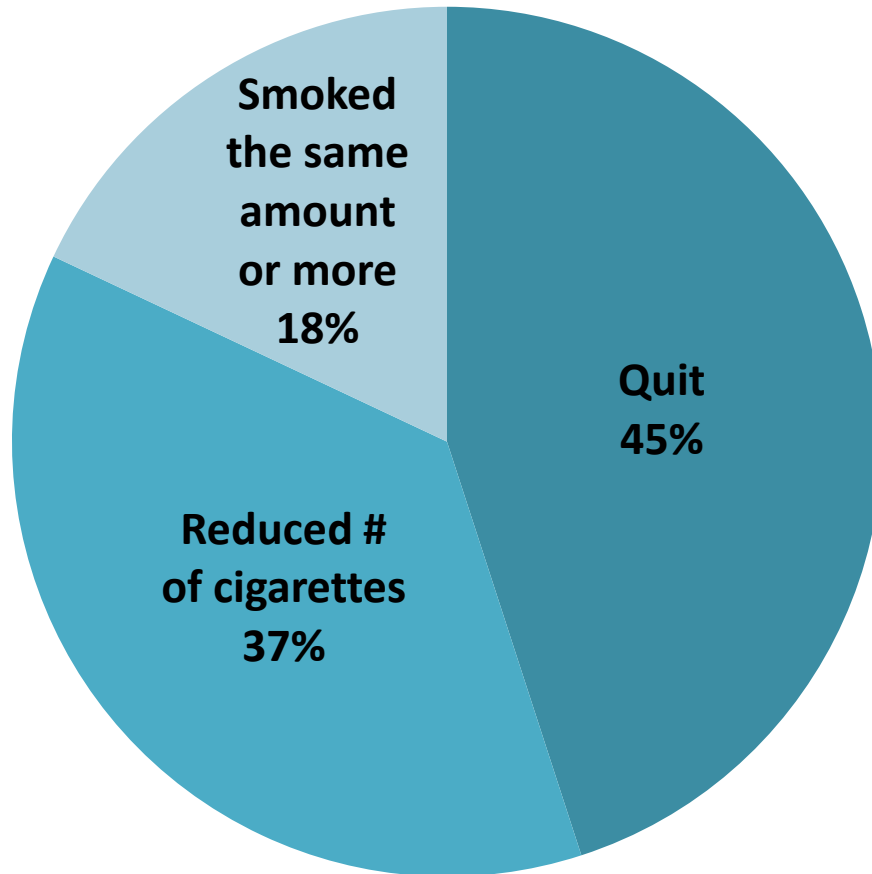


Source:  
PRAMS,  
2012-2013.  
Wisconsin  
Department  
of Health  
Services.

Of those who smoked before pregnancy, **85%** reported having this discussion with a healthcare worker.



# Smoking habits during pregnancy among those who smoked before pregnancy



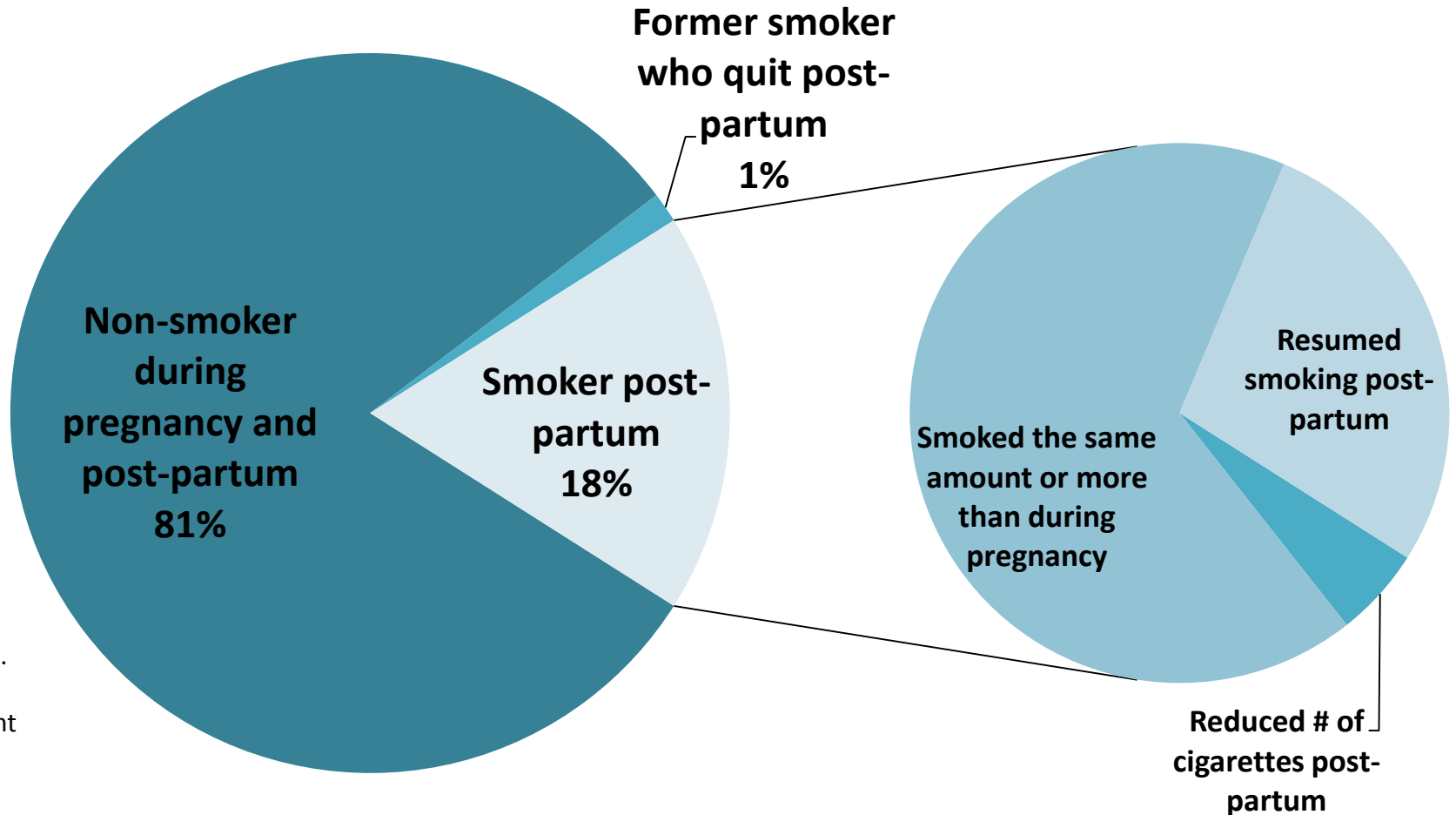
Among those who quit during pregnancy, **36%** resumed smoking post-partum.

Source: PRAMS, 2012-2013. Wisconsin Department of Health Services.





# Smoking habits post-partum among all mothers



Source:  
PRAMS,  
2012-2013.  
Wisconsin  
Department  
of Health  
Services.



**Smoking rates during pregnancy are higher among women who experience perinatal stress and trauma.**

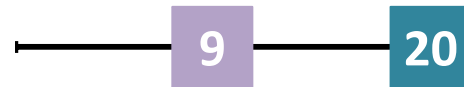




# Smoking in last three months of pregnancy by financial stress

Source: PRAMS, 2012-2013. Wisconsin Department of Health Services.

**Financial stress\***



Partner lost their job\*



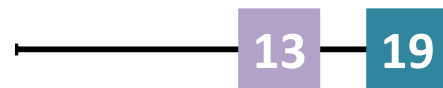
Problems paying bills\*



Respondent lost her job\*



Moved to new address\*



Respondent or partner had reduced work or pay



0% 10% 20% 30% 40% 50% 60%

\*Significant, p-value<0.05

■ Did not experience stressor

■ Experienced stressor



# Smoking in last three months of pregnancy by partner-related stress

Source: PRAMS, 2012-2013. Wisconsin Department of Health Services.

**Partner-related stress\***



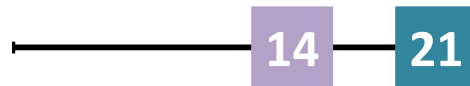
Separated or divorced from partner\*



Argued with partner more than usual\*



Partner didn't want pregnancy



0%

20%

40%

60%

■ Did not experience stressor

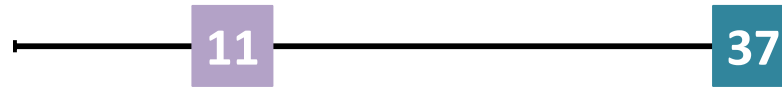
■ Experienced stressor

\*Significant, p-value<0.05



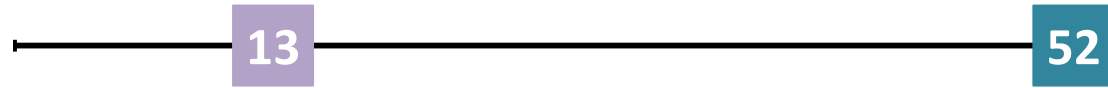
# Smoking in last three months of pregnancy by traumatic stress

**Traumatic stress\***

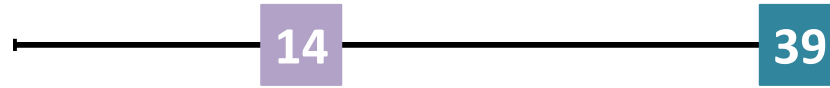


Source: PRAMS, 2012-2013. Wisconsin Department of Health Services.

Respondent or partner went to jail\*



Homeless\*



Someone close to the respondent had a drinking or drug problem\*



0% 10% 20% 30% 40% 50% 60%

■ Did not experience stressor ■ Experienced stressor

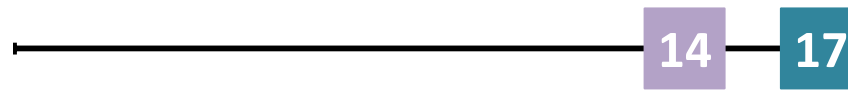
\*Significant, p-value<0.05



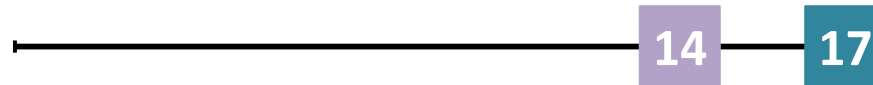
# Smoking in last three months of pregnancy by emotional stress

Source: PRAMS, 2012-2013. Wisconsin Department of Health Services.

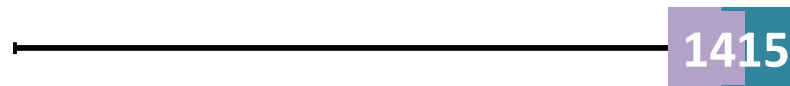
**Emotional stress**



Family member very ill



Someone very close to the respondent died



0% 5% 10% 15% 20% 25%

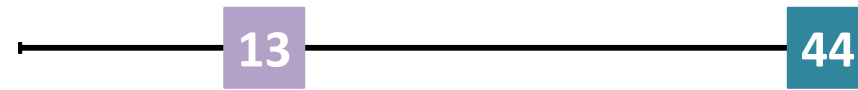
■ Did not experience stressor ■ Experienced stressor

\*Significant, p-value<0.05

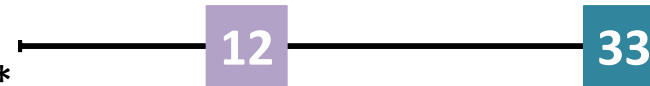


# Smoking in last three months of pregnancy by other stressors

Physical abuse by partner before or during pregnancy\*



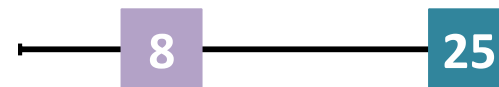
Respondent told she had depression prior to pregnancy\*



Emotionally upset as a result of treatment based on race\*

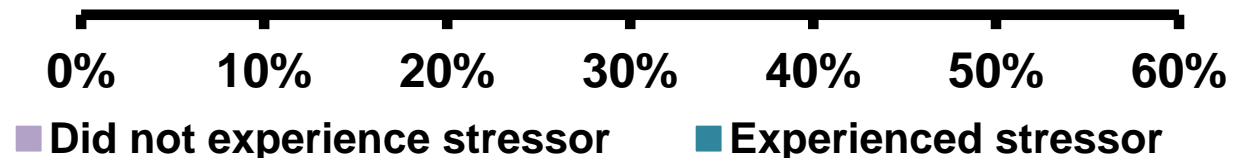


Unintended pregnancy or unsure of pregnancy intent\*



\*Significant, p-value<0.05

Source: PRAMS, 2012-2013. Wisconsin Department of Health Services.





## Rules about smoking inside the home post-partum

- **Ninety-five percent of all mothers** report that smoking is not allowed anywhere in the home.
- Fewer than **1 in 100 of all mothers** report that smoking is permitted anywhere in the home.
- Among mothers who are current smokers:
  - 83% report that smoking is not allowed anywhere in the home,
  - 15% report that smoking is allowed in some rooms and at some times,
  - And 2% report that smoking is permitted anywhere.

Source:  
PRAMS,  
2012-2013.  
Wisconsin  
Department  
of Health  
Services.





# Acknowledgements

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# Questions?





# Contact

Sarah Blackwell, M.P.H.

PRAMS Project Director

Wisconsin Division of Public Health

[Sarah.Blackwell@wisconsin.gov](mailto:Sarah.Blackwell@wisconsin.gov)

608-267-3727