

Milestones for mini mouths



BACTERIA FROM YOUR MOUTH CAN PASS TO YOUR BABY'S MOUTH

SO PART OF TAKING CARE OF YOUR NEWBORN'S MOUTH IS

CARING FOR YOUR OWN ORAL HEALTH



YOU'RE BEGINNING TO SEE THAT **ADORABLE SMILE**



START PROTECTING IT BY WIPING HIS GUMS WITH A SOFT, CLEAN CLOTH AFTER EACH FEEDING



BABY IS CUTTING HIS FIRST TOOTH
START BRUSHING THAT TOOTH **TWICE A DAY**
USING A SMEAR OF TOOTHPASTE



WHEN BABY IS READY FOR SOLID FOOD **CHOOSE THINGS WITH NO ADDED SUGAR**



MAKE SURE YOUR BABY HAS A **DENTAL CHECK-UP** BY HIS FIRST BIRTHDAY



If you don't have anywhere to take your baby, ask your pediatrician to check his teeth and for a dental referral.



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