

Free Healthy Food for Wisconsinites

The Emergency Food Assistance Program (TEFAP)

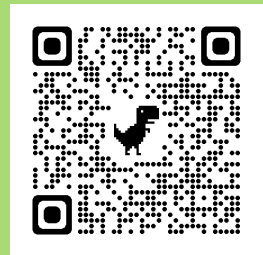


TEFAP provides food

Participants receive a monthly package of foods providing about three to five days' worth of groceries that may include:

- Protein: canned fish, beans, peanut butter, or meat.
- Grains: pasta, rice, cereal, or oats.
- Fruit: canned, frozen, or fruit juice.
- Vegetables: canned vegetables or fresh vegetables

Learn more!



Call 2-1-1 to find a food pantry near you.

TEFAP is easy to get

- TEFAP is available to Wisconsinites at or below the self-declared yearly income limit.
- TEFAP is available at participating food pantries in all WI counties.
- You can still receive FoodShare, CSFP, and additional food pantry foods.
- You can apply at the distribution site, no pre-application is needed.
- You may appoint a family, friend, or caregiver to pick up your food package.



Email: dhstefap@dhs.wisconsin.gov

Dial: 2-1-1 to speak to an Information and Referral Specialist

Visit: www.dhs.wisconsin.gov/nutrition/tefap/index.htm

This institution is an equal opportunity provider.

P-03633A (07/2024)

Division of Public Health

Wisconsin Department of Health Services