

How to talk with your child's doctor about lead testing

Doctor's appointments can be filled with lots of activity, questions, and information. But your health care team is there to help you — and to explain anything you need help understanding.



Be prepared

Write down your questions and concerns before your appointment, as well as ways that your child might be in contact with lead. See example questions below, and don't hesitate to ask any other questions you have.

Ask questions

Bring your written-down questions to your appointment, and if you don't understand an answer, it's ok to ask for extra help. You can say, "I'm sorry, I'm not understanding. Can you explain in another way?"

Speak up

Your family's health care team wants to help you and your child, and you can be direct, clear, and honest about your concerns. You do not have to just sit and listen if you don't feel understood. It's ok to say, "I'm not sure you really heard how concerned I am about this."



Questions to ask about lead testing

- Where can I get my child tested?
- Can you tell me what to expect when I schedule a lead test?
- What if my child's blood test shows they are at risk?
- How can I find out how my child may have been exposed?