



“

**Kuv ntseeg hais tias hauv kev sib tham uas hais txog qhov tseeb txog kev siv yeeb tshuaj vim tias peb kho peb tus kheej tau nrog kev pab los ntawm lwm tus.**

”

**Mark**

Cov Neeg Nyob hauv Wisconsin hauv kev kho kom rov zoo los

**Kev sib tham uas hais qhov tseeb txog kev siv yeeb tshuaj ua rau muaj kev cuam tshuam—thiab muaj kev yooj yim ntau dua li koj xav.**

*(Real talks about substance use make an impact—and they’re easier than you think.)*

Nrhiav cov lus qhia thiab kev txhawb nqa hauv kev sib tham ntawm

**RealTalksWI.org**

**RealTalks**  
**Wisconsin**

Peb txhua tus yuav tau los sib pab tiv thaiv thiab txo kev siv yeeb tshuaj.



P-03525DH (10/2023)