



“

**Yog tias yim ua rau qhov kev
sib tham muaj kev yooj yim
ntau npaum li cas, ces yuav ua
rau peb muaj kev noj qab nyob
zoo ntau npaum li ntawd.**

”

Troy

Cov Neeg Nyob hauv Wisconsin hauv kev kho kom rov zoo los

**Kev sib tham uas hais qhov tseeb txog kev siv
yeeb tshuaj ua rau muaj kev cuam tshuam—
thiab muaj kev yooj yim ntau dua li koj xav.**

(Real talks about substance use make an impact—and they're easier than you think.)

Nrhiav cov lus qhia thiab kev txhawb
nqa hauv kev sib tham ntawm

RealTalksWI.org

Real Talks
Wisconsin

Peb txhua tus yuav tau los sib
pab tiv thaiv thiab txo kev siv
yeeb tshuaj.

