

“

**Kuv ntseeg hais tias  
hauv kev sib tham uas  
hais txog qhov tseeb  
txog kev siv yeeb tshuaj  
vim tias peb kho peb tus  
kheej tau nrog kev pab  
los ntawm lwm tus.**

”

**Mark**

Cov Neeg Nyob hauv Wisconsin hauv kev kho kom rov zoo los

**Kev sib tham uas hais qhov tseeb txog kev siv  
yeeb tshuaj ua rau muaj kev cuam tshuam—  
thiab muaj kev yooj yim ntau dua li koj xav.**

(Real talks about substance use make an impact—and they're easier than you think.)

Nrhiav cov lus qhia thiab kev txhawb  
nqa hauv kev sib tham ntawm

**RealTalksWI.org**

**Real Talks  
Wisconsin**

Peb txhua tus yuav tau los sib  
pab tiv thaiv thiab txo kev siv  
yeeb tshuaj.



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