



“

**Yog tias yim ua rau
qhov kev sib tham
muaj kev yooj yim
ntau npaum li cas,
ces yuav ua rau
peb muaj kev noj
qab nyob zoo ntau
npaum li ntawd.**”

Troy

Cov Neeg Nyob hauv Wisconsin hauv kev kho kom rov zoo los

**Kev sib tham uas hais qhov tseeb txog kev siv
yeeb tshuaj ua rau muaj kev cuam tshuam—
thiab muaj kev yooj yim ntau dua li koj xav.**

(Real talks about substance use make an impact—and they're easier than you think.)

Nrhiav cov lus qhia thiab kev txhawb
nqa hauv kev sib tham ntawm

RealTalksWI.org

RealTalks
Wisconsin

Peb txhua tus yuav tau los sib pab tiv
thaiv thiab txo kev siv yeeb tshuaj.



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