# COVID-19: Staying Safe at Work

DHS recommends Wisconsin employers take action to protect migrant and seasonal workers from COVID-19. Enhanced workplace safety measures and proactive testing are critically important in reducing the risk of COVID-19, particularly among migrant workers living in congregate housing.

## Preventing COVID-19 in the Workplace

Your employer has a plan to prevent the spread of COVID-19 in your workplace. As part of this plan, your employer may encourage symptom screening, mask wearing, testing, and other measures to help keep workers safe.



Employers are recommended to make mask policies based on <u>COVID-19 Community Levels</u> (<u>www.dhs.wi.gov/data.htm</u>). You can choose to wear a mask, even if it is not required.

# **COVID-19 Testing**

Your employer should offer COVID-19 testing to you:

- Before you start the work season
- During an outbreak of COVID-19 at your workplace
- Before leaving at the end of the work season

Get a test right away if you have symptoms of COVID-19. Your employer can help connect you with a doctor or other provider for testing. You can also find a local community testing site at <a href="https://www.dhs.wi.gov/testing">www.dhs.wi.gov/testing</a>.



You may be asked to share your personal phone number and address. Public health uses this information to follow-up with you about COVID-19 if needed. You won't be asked about your family's immigration status. Your information will not be shared with immigration officials.

## If You Were Around Someone with COVID-19

- No matter your vaccination status, get tested at least 5 days after your last exposure.
- Wear a well-fitting mask when around others for 10 days after your exposure.
- Watch for symptoms of COVID-19 like a cough or runny nose.
- If you develop symptoms, let your employer know. Separate yourself from others and get tested.



Tell your employer if you have COVID-19. They can connect you with resources to help.

#### If You Have COVID-19

Isolate or separate yourself from other people for at least 5 full days if you have COVID-19. You may need to isolate longer depending on your symptoms. You will also need to wear a mask for 5 more days after you end isolation.

#### While you isolate:

- Stay away from other people, including people you live with. Wear a mask if you must be around others.
- Do not go to work, use public transportation (such as a bus, train, or airplane), or go to public areas.



If you live with other workers, your employer may help you get a hotel room or other place to stay. Talk to your employer about when you can return to work after COVID-19.

### **COVID-19 Medications**

There are medications you can take to treat COVID-19 if you are at high risk for severe illness. They are pills you can take at home. You need to take them within 5 days of symptoms starting. You need a prescription from a doctor to get the medication.



Ask your employer for help connecting with a doctor or dial 211.

# **Get Vaccinated Against COVID-19**

Staying up to date on COVID-19 vaccines helps prevent you from getting seriously sick with COVID-19. COVID-19 vaccines are safe and free. You do not need an ID or health insurance to get one.



Ask your employer for help getting vaccinated or boosted or dial 211.

## Resources

- For free, confidential support finding health care and community resources near you, dial 211 or 877-947-2211, or text your ZIP code to 898-211. Find resources online at <a href="https://example.com/211Wisconsin.org">211Wisconsin.org</a>.
- Your employer is encouraged to follow recommendations for preventing and managing COVID-19 in the workplace from the Department of Health Services in Bureau of Communicable Disease Memo 2022-08 (www.dhs.wi.gov/dph/memos/communicable-diseases/2022-08.pdf).

