# Plan to Protect

Protect your baby from day one by making a plan for on-time vaccinations. Vaccines are one of the most studied, tested, and regulated ways to give your baby the best chance at a healthy life.

### Expecting a baby?

It's ok to have questions about vaccines. Here's what you need to know:

#### How do we know vaccines are safe?

Vaccines are one of the most thoroughly tested medical products in the U.S. They go through years of testing and monitoring.

#### Are vaccines effective?

Yes. Vaccines greatly increase the chances of your baby staying healthy.

#### What are the side effects of vaccines?

Side effects are typically very mild, such as soreness, redness, or swelling at the injection site.

#### What diseases can be prevented by vaccines?

Vaccines protect against many diseases, including Polio, Rubella, Measles, Mumps, Whooping Cough, and more.

## Why follow the CDC's infant immunization schedule?

On-time vaccinations can help you:

- > Prevent serious illness
- > Protect your baby's health early
- > Build up the best protection against disease
- > Support your baby's immune system
- > Stop the spread of illness



The CDC's infant immunization schedule is recommended by the Advisory Committee on Immunization Practices and approved by the American Academic of Pediatrics and the American Academy of Family Physicians.

Still have questions?
Talk with your health care provider or learn more at DHS.wi.gov/PlanToProtect.

