

## Dual Eligible Special Needs Plans (D-SNPs) Default Enrollment

Michelle Grochocinski State Health Insurance Assistance Program (SHIP) Director 2024



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#### Agenda

Overview of Dually Eligible Individuals

Overview of Dual Eligible Special Needs Plans (D-SNPs)

Wisconsin's Goal to Improve Alignment

**Explanation of Default Enrollment** 

Resources

# Overview of Dually Eligible Individuals ("Duals")

#### What is Dual Eligibility?

- Dually eligible individuals ("duals") have both Medicare and Medicaid.
- Medicaid beneficiaries can get Medicare (and become "dually eligible") when they:
  - Turn 65.
  - Reach their 25<sup>th</sup> month of receiving disability benefits.

#### What is Dual Eligibility?

There are different categories of dual eligibility:

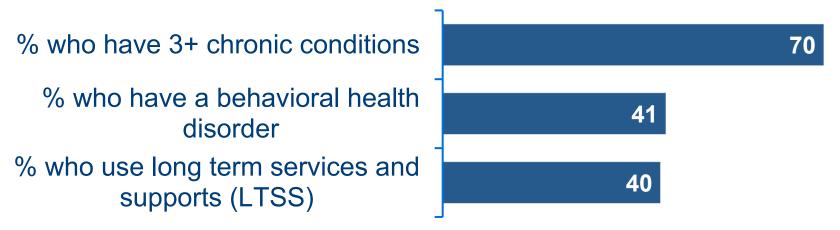
	Full benefit dually eligible	Partial benefit dually eligible
Have Medicare	V	V
Have full Medicaid	V	X
Have help with Medicare premiums through the Medicare Savings Program	- (possibly)	√

Default enrollment will only affect full duals.

## Why is Dual Eligibility Important?

Dually eligible individuals are more likely to have higher health care needs than the general Medicare or Medicaid populations.

#### **Dually Eligible Individuals**



Source: Integrated Care Resource Center. Dually Eligible Individuals: The Basics. March 2021.

#### What does "dual eligibility" mean?

- a) Being enrolled in two Medicaid programs
- b) Being enrolled in Medicare and Medicaid
- Being a married couple who both have Medicaid

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An example of a "partial dual" is an individual who has:

- a) Medicare and full Medicaid only
- b) Medicare, full Medicaid, and a Medicare Savings Program
- c) Medicare and a Medicare Savings Program only

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#### Medicaid Managed Care

- Elderly, blind, and disabled (EBD) Medicaid recipients can choose whether they want:
  - a) Fee-for-service Medicaid (through the state).
  - b) Medicaid managed care (through a private company).
- Medicaid managed care is provided through health maintenance organizations (HMOs) and managed care organization (MCOs).

## Overview of **Dual Eligible** Special Needs Plans (D-SNPs)

## What are Special Needs Plans (SNPs)?

Special Needs Plans (SNPs) are a type of Medicare Advantage plan that limit membership to people with specific conditions or characteristics. There are three types of SNPs:

- 1. Chronic Condition SNP (C-SNP)
- 2. Institutional SNP (I-SNP)
- 3. Dual Eligible SNP (D-SNP)

## What are Dual Eligible Special Needs Plans (D-SNPs)?

Dual Eligible Special Needs Plans (D-SNPs)

- Are a type of Medicare Advantage plan.
- Only accept dually eligible individuals as members.
- Must have a special "model of care" tailored to support duals.
- Must sign a contract with the state.
- Must follow requirements to coordinate with Medicaid benefits.

#### Who Can Enroll in D-SNPs?

Only dually eligible individuals can enroll in D-SNPs.

- D-SNP plans may choose which Medicaid programs they accept. D-SNPs vary in whether they accept full and/or partial duals, including Medicare Savings Program tiers.
- Only <u>Family Care Partnership</u> participants can enroll in Family Care Partnership D-SNPs.

#### Dual Eligible Special Needs Plans:

- a) Have provider networks.
- b) Only accept dually eligible members.
- c) Coordinate with Medicaid benefits in accordance with state rules.
- d) All of the above.

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# Wisconsin's Goal to Improve Alignment

## Wisconsin's Goal to Improve Alignment

- Wisconsin wants to improve care coordination for individuals who have Medicaid managed care and Medicare.
- Wisconsin is default enrolling SSI\* Medicaid HMO and <u>Family Care Partnership</u> MCO members who become eligible for Medicare into aligned Dual Eligible Special Needs Plans (D-SNPs).

<sup>\*</sup>Supplemental Security Income

## Wisconsin's Goal to Improve Alignment

#### **Unaligned Enrollment:**

Benefits received through two separate programs

#### Medicare

Benefits include primary and acute care

#### Medicaid

Benefits include long-term services and supports

#### **Aligned Enrollment:**

Benefits managed by the same company

One company provides managed care

Medicare D-SNP

Benefits include primary and acute care

#### Medicaid HMO/MCO

Benefits include long-term services and supports

## What are the Benefits of Aligned Enrollment?

#### Benefits for beneficiaries:

- Easier-to-find providers who accept both Medicare and Medicaid
- One care manager coordinating all benefits
- Help with maintaining Medicaid eligibility

## What are the Benefits of Aligned Enrollment?

- Benefits for states: Improved care for members\*
- Benefits for providers:
  - Streamlined claims
  - Reduced administrative burdens
- Benefits for plans: Streamlined claims, payment, and service management

Anderson, W. L., Fend, Z., & Long, S. K. (2016). Minnesota Managed Care Longitudinal Data Analysis. *ASPE*. Retrieved March 13, 2022, from <a href="https://aspe.hhs.gov/reports/minnesota-managed-care-longitudinal-data-analysis-0#main-content">https://aspe.hhs.gov/reports/minnesota-managed-care-longitudinal-data-analysis-0#main-content</a>

<sup>\*</sup>Kim, H., Charlesworth, C. J., McConnell, K. J., Valentine, J. B., & Grabowski, D. C. (2019). Comparing Care for Dual-Eligibles Across Coverage Models: Empirical Evidence From Oregon. Medical Care Research and Review, 76(5), 661–677. https://doi.org/10.1177/1077558717740206

A beneficiary has a Medicare Advantage plan through UnitedHealth Care and fee-for-service Medicaid through the state.

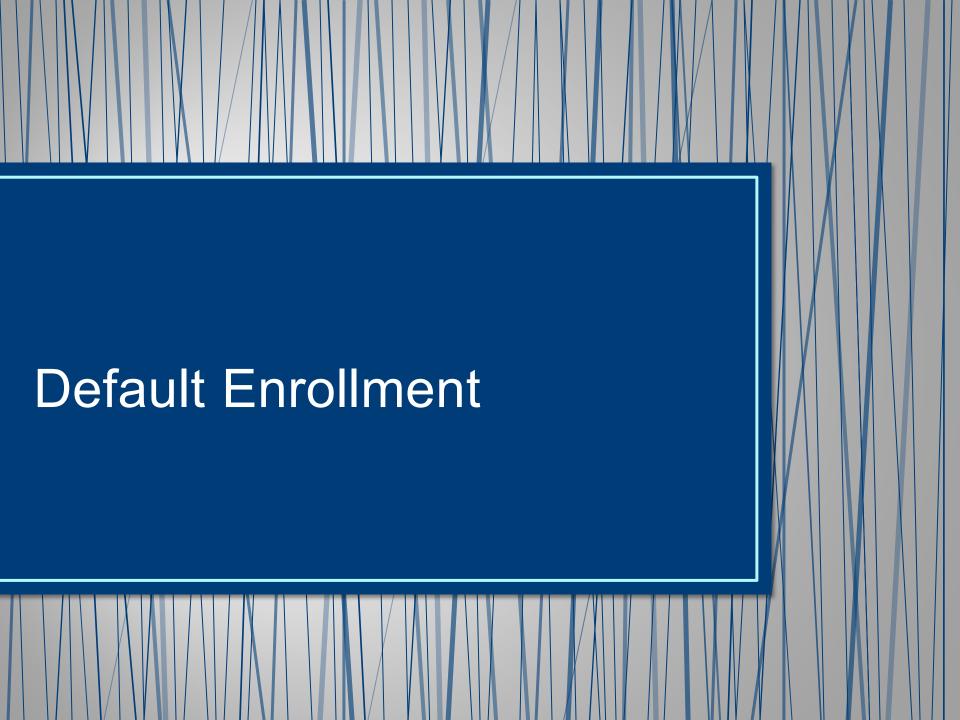
Are their Medicare and Medicaid plans "aligned"?

- a) Yes
- b) No

A beneficiary has a Medicare Advantage plan through UnitedHealth Care and fee-for-service Medicaid through the state.

Are their Medicare and Medicaid plans "aligned"?

- a) Yes
- b) No



#### What is Default Enrollment?

Default enrollment is when individuals with SSI Medicaid HMOs or Family Care Partnership MCOs are enrolled into the organization's corresponding D-SNP when they first become eligible for Medicare.

Individuals have the option to opt out of default enrollment into the D-SNP.

#### What is Default Enrollment?

Beneficiary becomes Medicare-eligible

- Turns 65
- 25<sup>th</sup> month of disability

Beneficiary is default
enrolled in
Company A's D-SNP
for their Medicare
(with the option to opt out)

Beneficiary is in Company A's SSI HMO

Beneficiary remains in Company A's SSI HMO

## Who Will Get Default Enrolled in D-SNPs?

#### Members eligible to enroll in D-SNP

**Family Care** 

Family Care Partnership

SSI

SSI Related Medicaid

SSI Related Deductible

**MAPP** 

BadgerCare+ (BC+) Parent/Caretaker

**BC+ Childless Adult** 

**BC+ Extension** 

**BC+ Other** 

Only EBD Medicaid members in these programs who are already enrolled in an SSI HMO or **Partnership MCO** by a participating company will be default enrolled in a D-SNP when they become eligible for Medicare.

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#### Members eligible to enroll in D-SNP

#### **Family Care**

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**BC+ Other** 

We expect up to 60 members a month to be eligible for default enrollment.

### Who Cannot Get Default Enrolled in D-SNPs?

- BadgerCare+ Medicaid members are NOT eligible for default enrollment.
- Current duals (who already have Medicare and Medicaid) are NOT impacted by default enrollment.



## Beneficiary Protections: D-SNP Requirements

To implement default enrollment, D-SNPs must have and maintain:

- A 3+ star rating.
- Significant overlap of Medicare and Medicaid providers in the county (≥ 80%).
- Approval from the state Medicaid office and the Centers for Medicare and Medicaid Services (CMS).

## Beneficiary Protections: Opting Out

Beneficiaries can opt out of default enrollment.

- The D-SNP plan will send a notice 60 days before Medicare starts, explaining that the beneficiary is being enrolled in the D-SNP. The notice also includes SHIP contact information.
- The beneficiary can opt out by mailing the included opt-out form or by calling the D-SNP.

## Beneficiary Protections: Opting Out

If the beneficiary opts out, they are automatically enrolled in Original Medicare and (if they do not choose one for themselves) a Part D plan.

#### Beneficiary Protections: Active Enrollment Overrules Default Enrollment

- D-SNP companies won't default enroll eligible members if they have already actively enrolled in another Medicare Advantage or a Part D plan.
- If a beneficiary enrolls in a different Medicare plan after receiving the default notice, their chosen plan overrides the D-SNP enrollment.

## Beneficiary Protections: Opting Out

Beneficiary
is in
Company
A's SSI
HMO.

60 days before Medicare starts Beneficiary gets default enrollment and opt-out notice.

**A)** Do nothing

Beneficiary is default enrolled in an aligned D-SNP with Company A.

# Beneficiary Protections: Opting Out

Beneficiary is in Company A's SSI HMO.

60 days before Medicare starts Beneficiary gets default enrollment and opt-out notice.

**B)** Opts out

Beneficiary is automatically enrolled in a Part D plan.

C) Enrolls in another Medicare
Advantage plan
or a Part D plan

Beneficiary is enrolled in the plan of their choice.

## Beneficiary Protections: Special Enrollment Periods

#### State-Initiated Enrollment Special Enrollment Period (SEP):

Beneficiaries can make one change in the 90 days after Medicare coverage (through the D-SNP) begins.

Beneficiary
is in
Company
A's SSI
HMO.

Beneficiary
decentrolle
enrolle
D-SN
Comp

Beneficiary is default enrolled in an aligned D-SNP with Company A.

Special Enrollment Period

For 90 days after Medicare starts

Source: CMS Managed Care Manual, Ch. 2: 30.4.7

## Beneficiary Protections: Special Enrollment Periods

#### **Ongoing Special Enrollment Period (SEP) for duals:**

One change is allowed per quarter for the first 3 quarters of the year. (The fourth quarter is the annual Open Enrollment Period).



# How Do Beneficiaries Decide if a D-SNP is Right for Them?

#### **Beneficiaries should check:**

- Whether their providers are in-network.
- Whether their prescriptions are covered by the D-SNP. (Note that pharmacies often struggle to bill Part B-covered drugs to Medicare Advantage plans.)
- Expected costs.
- Eligibility requirements and coverage details for any extra benefits.

# How Do Beneficiaries Decide if a D-SNP is Right for Them?

Cash benefits for over-the-counter (OTC) drugs and "healthy eating" grocery bills provided on a debit card do not count as income for Medicaid, Medicare Savings Program, and/or FoodShare benefits.



## Which Plans are Implementing Default Enrollment?

A list of the plans implementing default enrollment can be found on the:

- D-SNP Default Enrollment FAQ for SHIP Counselors (P-03265).
- Department of Health Services (DHS)
   D-SNP webpage.
- <u>D-SNP service area and eligibility</u> <u>spreadsheet</u>.

### SHIP Reporting Instructions

- When discussing Special Needs Plans,
   select "Dual Eligible Special Needs Plans"
   as a Topic Discussed (under Medicare Advantage) in SHIP assessment forms.
- For default enrollment contacts, also type
   "default enrollment" in Special Use Field 3.



SHIP Reporting Instructions (P-03179)

WellSky Data Entry Guide (P-02551d)

## Check Your Understanding

True or false: Default enrollment will affect BadgerCare+ members.

True or false: Default enrollment will affect people who already have both Medicare and Medicaid.

True or false: Default enrollment will affect some EBD Medicaid members who are in an SSI HMO and are newly eligible for Medicare.

## Check Your Understanding

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True or false Default enrollment will affect people who already have both Medicare and Medicaid.

True or false: Default enrollment will affect some EBD Medicaid members who are in an SSI HMO and are newly eligible for Medicare.

#### **Practice**

A customer shows you a default enrollment notice they received and asks, "What does this mean?" What do you say?



#### **Practice**

#### Sample response:

"Once you [turn 65], you'll have both Medicare and Medicaid. Right now you have Medicaid with [Aetna]. This letter says that you'll be starting off your Medicare with [Aetna] too so that your health care is coordinated. Let's check and make sure this [Aetna] Medicare plan is a good fit for you. You can choose a different plan if you want."

# Review and Resources

#### Review of Default Enrollment

- Dual Eligible Special Needs Plans (D-SNPs) are Medicare Advantage plans that are designed for individuals with both Medicare and Medicaid (duals).
- Certain EBD Medicaid members who are already enrolled in a participating Medicaid SSI HMO or Partnership MCO may be eligible for default enrollment in an aligned D-SNP when they become eligible for Medicare.

#### Review of Default Enrollment

- The D-SNP company will mail beneficiaries a notice 60 days before Medicare starts explaining default enrollment. Beneficiaries can opt out by mailing a form or calling the D-SNP.
- Beneficiaries should consider drug coverage, provider networks, plan costs, details about extra benefits, and care coordination when deciding whether to opt out.

#### Review of Default Enrollment

 Beneficiaries have a Special Enrollment Period (SEP) to change plans for 90 days after Medicare coverage with the D-SNP

starts.



#### SHIP's Role

- Help beneficiaries determine whether the D-SNP is the right plan for them.
- Share your experiences with default enrollment and outcomes for beneficiaries with the Wisconsin SHIP director at michelle.grochocinski@dhs.wisconsin.gov.
- Track contacts per the SHIP Reporting Instructions (P-03179).

#### Resources for Professionals

- <u>GWAAR Medicare Outreach and Assistance</u>
   Resources webpage under Dual Special
   Needs Plans (D-SNPs): <u>D-SNP Default</u>
   <u>Enrollment FAQ for SHIP Counselors (P-03265)</u> (includes glossary)
- Federal policy:
  - -42 CFR 422.66 (c)(2)
  - Medicare ManagedCare Manual Ch. 2

**Tip**: Save the links to publications to open the most current version.

# Resources for Professionals and Beneficiaries

#### Department of Health Services D-SNP webpage



- Sample default enrollment notices:
  - SSI Medicaid
  - Family Care Partnership
- Spreadsheet: D-SNPs' service areas and Medicaid eligibility
- Plan benefit package summaries

#### Resources for Beneficiaries

- Department of Health Services D-SNP webpage:
  - https://www.dhs.wisconsin.gov/benefitspecialists/d-snp.htm
- Brochure (P-03556)
- FAQ for members:

   https://www.dhs.
   wisconsin.gov/benefit-specialists/d-snp-faq.htm



#### Presenter Information

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