We make prediabetes a priority

because healthy employees mean a healthy business.



Offer your employees a lifestyle change program backed by the CDC

Few chronic diseases cost Wisconsin employers as much as prediabetes and type 2 diabetes—around \$6 billion in lost productivity and medical expenses each year. What's worse? 4 out of 5 people with prediabetes don't even know they have it. Your employees could miss their chance to reverse high blood sugar before it becomes type 2 diabetes. If they do, your business may pay the price.

Don't miss out on the benefits of a healthy workforce. Encourage your employees to learn more about the National Diabetes Prevention Program (National DPP) lifestyle change program in your community today. Employer sponsorship and support can make all the difference.

[Program Name]

(XXX) XXX-XXXX/Email

XX Street St. Town, Wisconsin XXXXX

PreventDiabetesWI.org



WISCONSIN DEPARTMENT of HEALTH SERVICES P-03033 (06/2021) Connecting our employees with lifestyle change coaching and support has been a real boon for our business. We're seeing measurable savings! More importantly, we helped our employees achieve their own personal health goals. They're healthier and happier, and we couldn't be prouder.

> - Ima Person Job Title Wisconsin Company

ightarrow How does it work?

Our virtual and in-person programs are a lot more than a quick presentation or a few factsheets. It's a year-long experience that delivers:

- A turnkey curriculum proven to reduce the risk of type 2 diabetes in participants by 58%
- Practical tools and tips for reducing stress, eating well, and getting active
- Regular coaching sessions with a skilled diabetes prevention specialist
- Group-based learning experiences that give participants a community of support

ightarrow How do we get started?

Protect your staff's productivity, boost morale, and cut health care coverage costs. To become a corporate program partner:

 Learn more about National DPP's proven, evidence-based program at

PreventDiabetesWI.org

- Use the site's interactive map to find a lifestyle change program near you
- Tap the CDC's **Impact** Calculator to estimate your organization's potential savings
- Talk to your insurer about covering the program as part of your company's health benefits
- Download free promotional tools and templates that encourage employees to participate

Get started at

PreventDiabetesWI.org



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