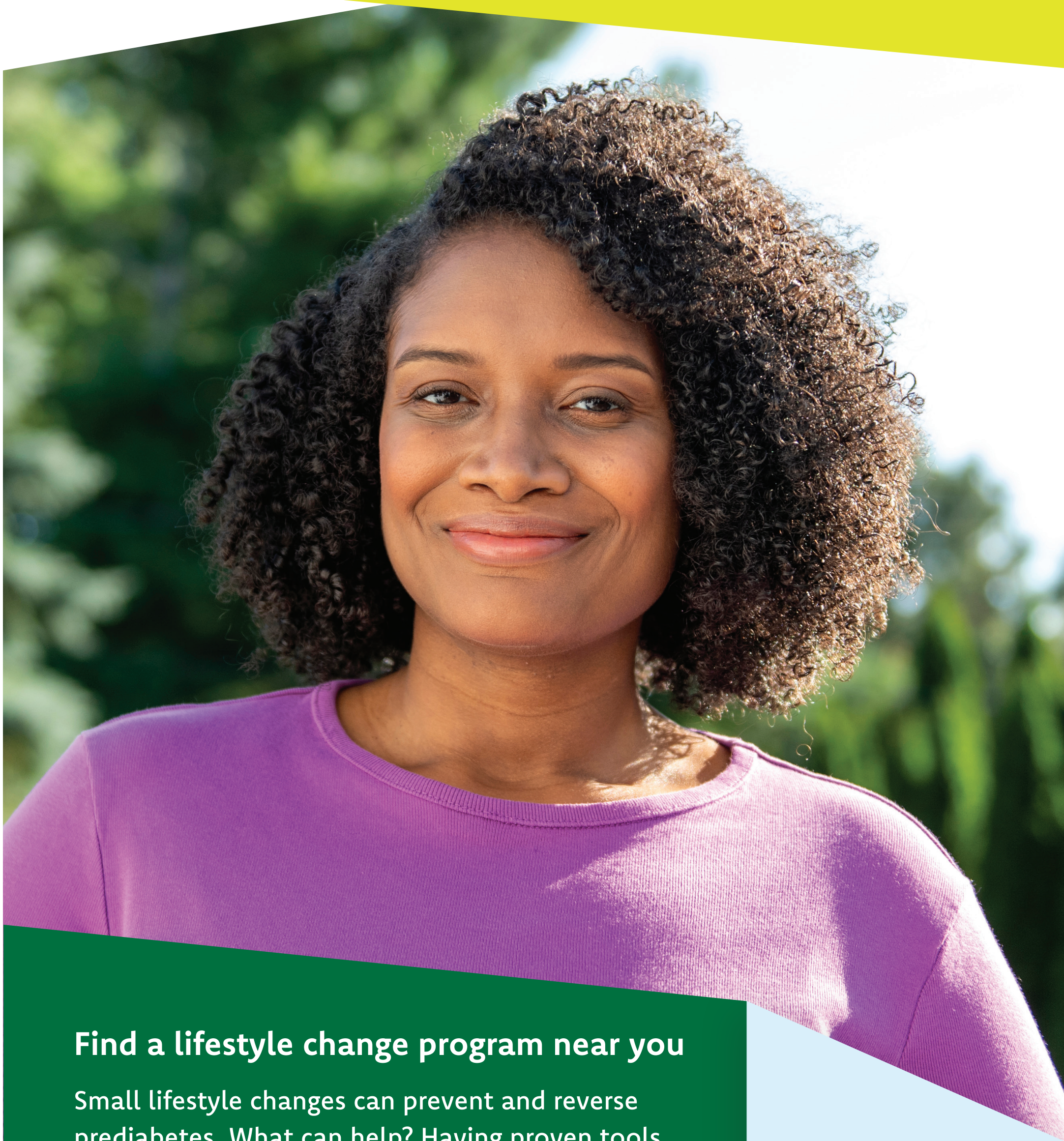


Your next to do:

Undo prediabetes.



Find a lifestyle change program near you

Small lifestyle changes can prevent and reverse prediabetes. What can help? Having proven tools, coaching, and support.

Find your team at

PreventDiabetesWI.org



WISCONSIN DEPARTMENT
of HEALTH SERVICES

P-03030 (06/2021)