

PROTECT YOUR FAMILY FROM TICKS ON EVERY OUTDOOR ADVENTURE.



1 BEFORE YOU GO

Prep your outfits with permethrin.

2 WHILE YOU'RE OUT

Wear long pants and sleeves in light colors.

3 WHEN YOU RETURN

- Keep ticks from following you home on your clothes. **Kill ticks with a hot, 10-minute spin in the dryer.**
- Check for ticks by going over all body parts carefully. **Use tweezers to remove any ticks**, making sure to remove the head.

Learn More:

dhs.wisconsin.gov/tick/bite-prevention.htm



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