

# Relax. Talk. Listen. Repeat.



## Learn how to talk with kids about underage drinking.

Kids who drink alcohol are more likely to have problems at school, with their friends, and with the law. Worse, alcohol can harm kids' physical and mental health. But you don't need a big speech to help a kid understand the dangers of underage drinking. Start small instead. Having a lot of small, casual talks—at the store, in the drive-thru, or between video games—can make a big difference in a kid's health. Start around age 8 to prepare kids to make a lifetime of healthy decisions.

Visit [SmallTalksWI.org](https://SmallTalksWI.org) for talk tips, facts, and more.

**Small  
Talks**

How WI Prevents  
Underage Drinking