

I joined [Town]'s  
lifestyle change program  
**and lowered my  
prediabetes risk.**



## Join today

Take control of your high blood sugar. Learn how to make small changes that can reverse prediabetes and improve your lifelong health.

→ Get effective, evidence-based tools and tips

→ Work one-on-one with a trained lifestyle coach

→ Find online/in-person guidance and support

→ Reduce stress and improve your whole health

### **[Program Name]**

(XXX) XXX-XXXX

XX Street St.  
Town, Wisconsin XXXXX

[PreventDiabetesWI.org](https://PreventDiabetesWI.org)



WISCONSIN DEPARTMENT  
of HEALTH SERVICES

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