

# COVID-19

## TALOONYINKA DUKAAMEYSIGA

### KA FIIRSO WAXA AAD TAABANEYSO



**Iska Nadiifi dusha sare ee gaariga iyo caagga cuntada lagu gurto**

Saabuun ama waraaqaha jeermis dilidda ku nadiifi gaariga iyo caagga cuntada lagu gurto ka hor intaadan isticmaalin.

### DHAQ GACMAHAAGA



**Ha iska hilmaamin saabuun**

Gacmaha oo lagu dhaqdo saabuun ugu yaraan 20 ilbiriqsi ama jeermis-dile ay ku jirto ugu yaraan aalkolo ah 60%.

### DADKA WAX LA WADAAG



**Daacad noqo, fadlan dadka la wadaag**

Alaab badan in la soo iibsado waxay keenaysaa in ay dadka qaarkood waayaan wax daruuri u ah noloshooda.

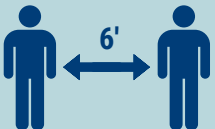
### NADAAFADDA SHAKHSIGA AH



**Jeermiska ha faafin**

Markaad qufacayso ama hindhiseyso xaashi ama dharka aad xiran tahay qeyb nadiif ah ku dabool afka iyo sankaa.

### KALA-FOGAANSHAHA DADKA



**Dhinac kasta waa lix dhudhun ama**

Waa in la kala fogaado ugu yaraan lix fiit, xataa dukaanka wax laga iibsano, qofna dhib kuma qabi karo, waa taxaddar amar ah.

### DABOOLIDDA AFKA



**Wejiga maro ha lagu dabooшо**

Adigoo aan calaamado isku arkin ayaa xanuunka lagu qaadiin karaa. Xirashada gafuur-xirka wuxuu u fiican yahay caafimaadka oo wuxuu yareyn karaa khatarta uu ugu dhex faafi karo dadweynaha marka ay ku adag tahay kala-fogaanshaha.



WISCONSIN DEPARTMENT  
of HEALTH SERVICES

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[www.dhs.wisconsin.gov/covid-19](http://www.dhs.wisconsin.gov/covid-19)