

# Don't let the flu slow you down this year.



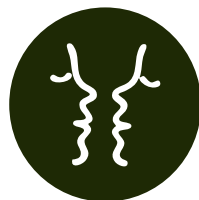
## Take these simple steps to protect against the flu:



**Get the flu vaccine.**



**Stay home when you are sick.**



**Avoid close contact with sick people.**



**Cover your nose and mouth when you cough or sneeze.**



**Wash your hands.**

