



# U diyaargarawga Nolasha Qof Weyn ahaan: Qorsheynta Kala-guurka ee Dhalinyarada

(Preparing for Life as an Adult: Transition Planning for Youth)



WISCONSIN DEPARTMENT  
*of* HEALTH SERVICES

**Dhalinyarada Ku Jira Kala-guurka** (Sidoo kale loo yaqaan qorsheynta kala-guurka) waa hab loogu talagalay dhalinyarada qaba baahiyaha daryeelka caafimaadka ama naafanimada. Waxay kaa caawinaysaa inaad qorshayso mustaqbalkaaga oo aad ka gurto helitaanka adeegyada dhalinyarada una gudubto adeegyada dadka waaweyn. Qorshaynta kala-guurka waxay bilaaban kartaa da'da 14 jir.

Inta lagu jiro qorshaynta kala guurka, waxaad wadaagaysaa waxa muhiimka kuu ah. Waxaad baranaysaa ikhtiyaada aad heli karto markaad qof weyn tahay. Adiga ayaa sidoo kale go'aaminaya taageerada kuugu faa'iido badan. Isbeddelo badan oo ku saabsan adeegyada ayaa dhacaya marka la gaaro da'da 18.

## Hagaha Dhalinyarada Ku Jira Kala-guurka

Kalaguurka laga soo gudbayo adeegyada dhalinyarada una gudbayo adeegyada dadka waaweyn wuxuu noqon karaa isbeddel weyn. Aging and disability resource center (xarunta agabka gabowga iyo naafanimada) (ADRC) ama aging and disability resource specialist (khabiirka agabka gabowga iyo naafanimada) (Qaabilka ADRS) ayaa halkan u joogta inay kuu fududeyso adiga iyo qoyskaaga. Hagahan waa meel wanaagsan oo lagu billaabo. Waxay ka kooban tahay faahfaahin ku saabsan mowduucyadan:

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## Sida loogu diyaar garoobo kala guurka

Hab ka mid ah diyaar garowga kala-guurka waa in la barto barnaamijyada dadka waaweyn. Waxaad u baahan kartaa inaad dejiso adeegyo qaar ka mid ah ama dhammaan barnaamijyadan. Si loo diyaar garoobo:

- Hel koox kala-guur ama qof taageero.
- Ururi dukumentiyada aad u baahan karto.
- Tag kulamada IEP (individualized education program (barnaamijka waxbarasho ee shaqsiyaysan)).

## Kooxdaada

Ogow in aadan kaligaa maamuli doonin habka kala-guurka. Isku day inaad haysato koox kala-guur ama ugu yaraan qof kugu taageeri kara. Kooxdaada waxay bilowgiisu noqon kartaa waalid ama daryeelye. Waxaad ku dari kartaa dad kale markaad ka shaqeyneyso qaybo kala duwan oo ka mid ah qorshahaaga kala-guurka.

## Dokumentiyada

### Hagaaji dukumentiyadan markaad kala-guurayso adeegyada dadka waaweyn:

Diiwaannada caafimaadka, sida cudurka laguu sheegay, qiimeynta cilmu-nafsiga, iyo darajooyinka IQ-gaaga

Diiwaannada dugsiya, sida IEPs, 504 plans, natiijooyinka imtixaanka, iyo qiimeynta Individual service plans (Qorshooyinka adeegga shaqsiga ah) (ISPs) ee barnaamijyada taageeradaada hadda, sida CLTS (Children's Long-Term Support (Taageerada Mudada Dheer ee Carruurta)), CCS (Comprehensive Community Services (Adeegyada Bulshada ee Dhameystiran)), iyo Wraparound

Dokumentiyada Aqoonsiga (ID), sida kaarkaaga Social Security (Caymiska Bulshada), shahaadada dhalashada, aqoonsiga gobolka, ama laysanka darawalnimada

## Kulamada IEP

Kulamada IEP, waxaad ka wada hadli kartaa:

- Xirfadahaaga hadda iyo danahaaga.
- Waxaad hadda sameyneyso si aad u gaarto yoolalkaaga.
- Habab cusub oo aad ku gaari karto yoolalkaaga.
- Yoolalka aad mustaqbalka u haysato. Yoolalkan waxay noqon karaan qayb ka mid ah qorshahaaga kala-guurka ee ka dambeeya dugsiya sare.



Kulamada IEP sidoo kale waa waqti lagu tababaro xirfadaha isgaarsiinta:

Isku soo bandhig dadka isagoon ee kulanka IEP.

Su'aalo ka weydii nolosha ka dambeyso dugsigga sare.

La wadaag danahaaga iyo fikirradaada ku saabsan mustaqbalkaaga.

## Meelaha aad ka baran karto wax dheeraad ah

Si aad wax dheeraad ah uga barato habka kala-guurka, fadlan eeg:

- **[Qorsheynta Kala-guurka ee Dhalinyarada](https://dhs.wisconsin.gov/clts/transition.htm)** (dhs.wisconsin.gov/clts/transition.htm)
- **[Hagaha Tallaabooyinka Kala-guurka](https://dwd.wisconsin.gov/dvr/policy-guidance/toolkits-guides-manuals/transition-action-guide/)**  
(dwd.wisconsin.gov/dvr/policy-guidance/toolkits-guides-manuals/transition-action-guide/)
- **[Barnaamijka WiTransition](https://witig.org/self-advocacy-tools/witransition-app/)** (witig.org/self-advocacy-tools/witransition-app/)

Haddii aad su'aalo qabtid, la soo xiriir:

- **[ADRC-gaaga deegaanka](https://dhs.wisconsin.gov/adrc/consumer/index.htm)** (dhs.wisconsin.gov/adrc/consumer/index.htm).
- **[Khabiirka Kheyraadka Qabiilka ee Da'da iyo Naafanimada ADRS](https://dhs.wisconsin.gov/adrc/consumer/tribes.htm)**  
(dhs.wisconsin.gov/adrc/consumer/tribes.htm).

**ADRC-gaaga (Xarunta Agabka Gabowga iyo Naafanimada) ama ADRS Qabiil (Khabiir Ku Takhasusay Agabka Gabowga iyo Naafanimada):**

**Cinwaanka:**

**Lambarka taleefanka:**

**Saacadaha:**



# Dhalinyaro Ku Jirta Waqtiga Kala Guurka

## Dhalinyarada Ku Jira Kalaguurka

Qorsheynta kala-guurka ma dhacdo hal mar keliya. Beddelkeeda, waxay dhacdaa waqti ka dib. Jadwalkan wuxuu ku siinayaa hawlo aad qabato da'da kasta si uu kaaga caawiyo kala-guurka adeegyada dadka waaweyn. Haddii aad ka maqnaato bilawga tallaabooyinka da'da la muujiyey, taas waa hagaag—kaliya bilaw marka aad awooddo.

## Bilow kala-guurka

### Da'da 14

#### Markaad ku dhowdahay 14:

- Bilow inaad ka fikirto sida aad rajaynayso in noloshaadu noqoto marka aad weynaato. Xaggee baad dagi doontaa oo yaa kula noolaan doona? Maxaad rabtaa inaad qabato shaqo ahaan? Sidee baad u madadaashan doontaa?
- Bilow inaad ka fikirto baahiyaha taageero ee aad u baahan karto marka aad 18 jirsato. Waxaad u baahan kartaa taageero ka timaada qoyska, asxaabta, adeegyada, ama barnaamijyada.
- Bilow inaad ku darto qorshayaasha noloshaada markaad weynaato individualized education program (barnaamijka waxbarasho ee shaqsiyaysan) (IEP).
- Bilow inaad eegto fursadahaaga kadib dugsiga sare—tababaro shaqo, xirfado, ama kulliyado farsamo ama kuwa afar sano ah.
- Ka hel caawimo ku biirista howlaha iskaa wax u qabso si aad u aragto waxa aad jeceshahay.

### Da'da 16

#### Marka aad tahay da'da 16:

- Codso adeegyo iyada oo loo marayo DVR (Division of Vocational Rehabilitation (Qaybta Dhaqancelinta Farsamada)) haddii aad rabto inaad shaqo hesho.
- Bilow inaad raadsato shaqo mushahar leh.



**Faahfaahin raadso: [Shaqooyinka \(boga 33\)](#).**

Waa kuwan waxyaabaha sii soconaya bogga 6



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Ku laabo jadwalka ee maaddooyinka

Bilaw

14

16

5



## Da'da 17.5

Markaad tahay 17 iyo 6 bilood:

- La kulmo maareeyahaaga kiisaska haddii aad hadda ku jirto barnaamij dhalinyaro, sida CLTS (Children's Long-Term Support (Taageerada Mudada Dheer ee Carruurta)), CCS (Comprehensive Community Services (Adeegyada Bulshada ee Dhameystiran)), ama Wraparound. Waxay ku caawin karaan qorsheynta isbeddelada dhaca markaad ka guurto adeegyada dhalinyarada.
- Wac ama booqo ADRC-gaaga (aging and disability resource center (xarunta agabka gabowga iyo naafanimada)) ama Tribal ADRS (aging and disability resource specialist (khabiirka agabka gabowga iyo naafanimada)). Waxay ku caawin doonaan bilowga isbeddelka adeegyada dadka waaweyn:
  - Dhameystir shaashadda shaqada ee adeegyada daryeelka muddada dheer ee dadka waaweyn iyo codsiga Medicaid.
  - Baro oo dooro barnaamij daryeelka muddada dheer ee dadka waaweyn si aad ugu diiwaangeliso haddii aad u qalanto.
  - Ogoow taageerooyinka iyo adeegyada aad u baahan doonto. Haddii aadan ku diiwaangelin barnaamij daryeelka muddada dheer ee dadka waaweyn, waxaad qeexi doontaa sida loo buuxiyo baahiyahaas.



**Faahfaahin raadso: [ADRC-gaaga, Tribal ADRS, iyo Khabiirka Faa'iidooyinka Naafada \(bogga 8\).](#)**

## Da'da 18 (bisha dhalashada)

Bisha aad 18 jir ka noqoto:

- Codso faa'iidooyinka Social Security (Caymiska Bulshada) ee dadka waaweyn adigoo la xiriiraya Social Security Administration (Maamulka Caymiska Bulshada). Haddii aad u baahan tahay caawimaad habka codsigan, waxaad jadwal ka sameysan kartaa ballan la xiriira khabiir faa'iidooyinka naafada. Ka raadi ADRC-gaaga deegaanka ama Tribal ADRS.
- Ku diiwaangeli barnaamij daryeelka muddada dheer ee dadka waaweyn haddii aad buuxiso shuruudaha.



**Faahfaahin raadso: [Faa'iidooyinka Social Security \(Caymiska Bulshada\) \(bogga 24\).](#) iyo [Barnaamijyada Daryeelka Muddada Dheer ee Dadka Waaweyn \(bogga 49\).](#)**

Waa kuwan waxyaabaha sii soconaya bogga 7



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17.5

18

6

## Da'da 18

### Markaad tahay 18:

- U beddel bixiyayaasha daryeelka caafimaadka ee dadka waaweyn.
- Samee go'aan qaadasho taageero leh ama tilmaamaha horudhaca ee aad u baahan tahay.

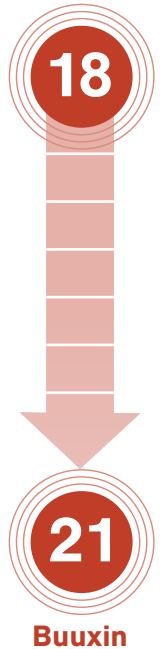


Faahfaahin raadso: [Sida Loo Sameeyo Go'aanada Sharciga \(bogga 15\)](#),  
iyo [Isbeddelkaaga Daryeelka Caafimaadka \(bogga 21\)](#).

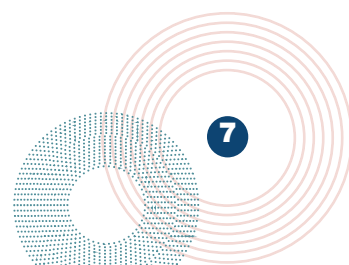
## Da'da 21

### Marka aad tahay 21:

- Dhameystir isbeddelkaaga adeegyada dadka waaweyn.
- Ogoow in ay tahay sannadka ugu dambeeya ee aad heli karto:
  - Waxbarashada gaarka ah ee dugsiga sare ee dadweynaha haddii aadan weli ka qalinjebin.
  - Adeegyada iyada oo loo marayo CLTS haddii aadan weli u guurin adeegyada dadka waaweyn.



## Isbeddelka waa la dhammeeyay



# Xarunta agabka gabowga iyo naafanimada (ADRC), Khabiirka Kheyraadka Qabiilka ee Da'da iyo Naafanimada (Tribal ADRS), iyo Khabiirka Faa'iidooyinka Naafanimada

Dhalinyarada  
Ku Jira  
Kalaguurka

Qayb ka mid ah habkaaga isbeddelka, waxaad caawimo ka helaysaa markaad ka guurto adeegyada dhalinyarada una guureyso adeegyada dadka waaweyn. Lix bilood ka hor inta aadan gaarin 18, waxaad bilaabi kartaa inaad la shaqeyso:

- **[ADRC Maxalliga ah \(aging and disability resource center \(Xarunta Kheyraadka Da'da iyo Naafada\)\)](https://dhs.wisconsin.gov/adrc/consumer/index.htm)**  
(dhs.wisconsin.gov/adrc/consumer/index.htm).
- **[ADRS qabyaaladeed \(aging and disability resource specialist \(Khabiirka Kheyraadka Da'da iyo Naafada\)\)](https://dhs.wisconsin.gov/adrc/consumer/tribes.htm)** ee xubnaha Qabiilka Maraykanka ee Dhaladka ah  
(dhs.wisconsin.gov/adrc/consumer/tribes.htm).
- **[Khabiirka Faa'iidooyinka Naafada](https://dhs.wisconsin.gov/benefit-specialists/counties.htm)** (dhs.wisconsin.gov/benefit-specialists/counties.htm).

## Doorka ADRC iyo ADRS Qabyaalad

ADRC-gaaga ama Tribal ADRS ayaa halkan u jooqta inay ku taageeraan inta lagu jiro iyo ka dib habka isbeddelka. Waxay ku siinayaan macluumaad bilaash ah, lagu kalsoon yahay, oo aan eex lahayn oo ku saabsan barnaamijyada iyo adeegyada dadweynaha. Markaas waxaad sameyn kartaa doorashooyin ku haboon baahiyahaaga. Hadafku waa inuu ku caawiyo inaad gaarto hadafkaaga markaad noqoto qof weyn.

Waxaad la shaqeyn kartaa ADRC-gaaga ama Tribal ADRS adigoo telefoonka isticmaalaya, qoraal ahaan, ama kulan (shakhsi ahaan ama muuqaal ahaan).

## Sida Ioola shaqeeyo ADRC-gaaga ama ADRS-qabiilkaaga

Waxaad ka filan kartaa ADRC-gaaga ama ADRS-ga Qabiilka inay raacaan tillaabooyinkan:

### 1. Inaan ku baro

Marka hore, waxaad la kulmaysaa ADRC-gaaga ama ADRS-ga Qabiilka. Waxay ku weydiyaan su'aalo si ay kuugu bartaan:

- Yaa muhiim kuu ah nololahaaga, sida qoyska iyo asxaabta?
- Waa maxay adeegyada aad hadda haysato?
- Waa maxay hadafkaaga? Maxaad jeceshahay ama aanad jecleysan?
- Waa maxay baahiyahaaga iyo xaaladahaaga caafimaad?



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## 2. Kuu siiyaan macluumaad

Marka xigta, waxaad baraneysaa mowduucyo, sida:

- Adeegyada dadka waaweyn iyo hay'adaha bixiya.
- Fursadaha aad ku noolan karto kaligaa.
- Taageero ku saabsan go'aan qaadashada.

## 3. Qorshee waxa ku xiga

ADRC-gaaga ama Tribal ADRS waxay ku caawiyaan inaad yareyso doorashooyinkaaga. Sidoo kale waxay ku caawiyaan inaad ka fiirsato tillaabooyinkaaga xiga. Waxay ku jiraan waalidkaaga iyo dadka kale ee noloshaada muhiimka ah, sida maareeyahaaga kiisaska haddii aad ku jirto barnaamij dhalinyaro. Tusaalooyinka waxaa ka mid ah CLTS (Children's Long-Term Support (Taageerada Mudada Dheer ee Carruurta)), CCS (Comprehensive Community Services (Adeegyada Bulshada ee Dhameystiran)), iyo Wraparound.

## 4. Kuu caawiyaan inaad bilowdo barnaamijyada dadka waaweyn

Si aad u ogaato haddii aad u qalanto barnaamijyada daryeelka muddada dheer ee dadka waaweyn ee ay maalgeliso dowladda, waxaad la shaqeyn doontaa ADRC-gaaga ama Tribal ADRS si aad u dhameystirto shaashadda shaqada. Hadafka shaashadda waa in lagu qiyaaso heerkaaga baahida adeegyada iyo haddii aad buuxiso shuruudaha barnaamijka. Barnaamijyada daryeelka muddada dheer sidoo kale waxay leeyihiin shuruudo dhaqaale oo kala duwan. ADRC-gaaga ama Tribal ADRS waxay ku caawin karaan inaad dhameystirto codsiga dhaqaale.



**Faahfaahin raadso: [Barnaamijyada Daryeelka Muddada Dheer ee Dadka Waaweyn \(bogga 49\)](#).**



## **Waa maxay doorka takhasuska gargaarka iinta?**

Khabiirka faa'iidooyinka naafada ayaa ku caawinaya:

Inaad barato faa'iidooyinka dadweynaha, sida Medicaid, FoodShare, iyo Social Security (Caymiska Bulshada).

Inaad codsato faa'iidooyinka.

Inaad racfaan ka qaadato haddii lagu diido faa'iidooyinka.

Inaad la shaqeyso hay'adaha iskaashiga, sida hay'adaha daryeelka dakhliga iyo Social Security Administration (Maamulka Caymiska Bulshada).



**Ogow:** Nooc kale oo khabiir faa'iidooyinka ah waa khabiirka faa'iidooyinka caafimaadka

**Khabiirka faa'iidooyinka dhiirrigelinta shaqada** ([dhs.wisconsin.gov/benefit-specialists/work-incentives.htm](https://dhs.wisconsin.gov/benefit-specialists/work-incentives.htm)). Waxay caawiyaan dadka inay fahmaan sida ay uga faa'iideysan karaan shaqada. Sidoo kale waxay sharxaan sida shaqada iyo dakhliga ay u saameyn karaan faa'iidooyinka naafada.



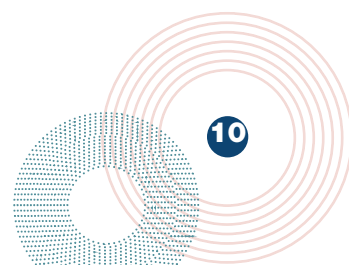
**Faahfaahin raadso: Saaxiibbada Isbeddelka (bogga 11).**

**ADRC-gaaga (Xarunta Agabka Gabowga iyo Naafanimada) ama ADRS Qabiil (Khabiir Ku Takhasusay Agabka Gabowga iyo Naafanimada):**

**Cinwaanka:**

**Lambarka taleefanka:**

**Saacadaha:**



# Saaxiibbada Isbeddelka

**Dhalinyarada  
Ku Jira  
Kalaguurka**

Markaad u gudubto adeegyada dadka waaweyn, waxaad bilaabeysaa inaad la shaqeyso ADRC-gaaga (aging and disability resource center (xarunta agabka gabowga iyo naafanimada)) ama Qabali ADRS (aging and disability resource specialist (khabiirka agabka gabowga iyo naafanimada)). Waxay kuu xiriiri karaan saaxiibbada kale ee isbeddelka, ama adigaa si gaar ah u xiriiri kara. Hay'adahani waxay diiradda saarayaan meelaha gaarka ah, sida shaqooyinka, taageerada sharciga, ama barnaamijyada faa'iidooyinka.



**Faahfaahin raadso: [ADRC-gaaga, Tribal ADRS, iyo Khabiirka Faa'iidooyinka Naafada \(bogga 8\)](#).**

## Hay'adaha taageerada

Hay'ado badan ayaa ku caawin kara markaad u gudubto adeegyada dadka waaweyn.

### **Adult protective services (Adeegyada ilaalinta dadka waaweyn) (APS)**

(<https://www.dhs.wisconsin.gov/aps/index.htm>)

Adeegyada ilaalinta dadka waaweyn:

- Waa gobol kasta iyo qaran qabiil.
- Waxay ka jawaabtaa walaacyada ku saabsan xadgudub ama dayac.
- Waxay kaa caawin karaan habka ilaalinta qaarkood.

### **Adeegyada caafimaadka dhaqanka**

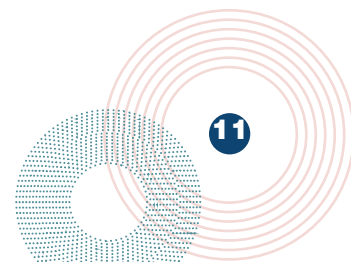
([dhs.wisconsin.gov/mh/dcindex.htm](https://dhs.wisconsin.gov/mh/dcindex.htm))

Adeegyada caafimaadka dhaqanka:

- Waa gobol walba iyo qaran qabiil.
- Bixiyaan macluumaad iyo kheyraad dadka la nool dhibaatooyinka caafimaadka maskaxda iyo dhaqanka.
- Tusaalooyinka waxaa ka mid ah CCS (Comprehensive Community Services (Adeegyada Bulshada ee Dhameystiran)) iyo CSP (Community Support Program (Barnaamijka Taageerada Bulshada)).



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## **Xarumaha Kheyraadka Carruurta**

([dhs.wisconsin.gov/cyshcn/resource-centers.htm](https://dhs.wisconsin.gov/cyshcn/resource-centers.htm))

Xarumaha Kheyraadka Carruurta:

- Bixiyaan taageero qoyskooda leh carruurta iyo dhalinyarada (da'da 0–22) ee leh baahiyo caafimaad oo gaar ah.
- Bixiyaan adeegyo iyo macluumaad khaas ah oo bilaash ah oo ku saabsan mowduucyo kala duwan.

## **Disability Rights Wisconsin (Xuquuqda Naafada Wisconsin) (DRW)**

([disabilityrightswi.org/](https://disabilityrightswi.org/))

Disability Rights Wisconsin (Xuquuqda Naafada Wisconsin):

- Bixisaa taageero sharciyeed oo loogu talagalay dadka waaweyn si loo ilaaliyo xuquuqdooda.
- Bixisaa caawimaad iyada oo loo marayo ombudsman (baaraha danbiyada) maamulka dadka da'doodu u dhaxeeyso 18–59 sano kuwaas oo leh dhibaatooyin la xiriira barnaamijka daryeelka muddada dheer.

## **Division of Vocational Rehabilitation (Qaybta Dhaqancelinta Farsamada) (DVR)**

([dwd.wisconsin.gov/dvr/job-seekers/](https://dwd.wisconsin.gov/dvr/job-seekers/))

Division of Vocational Rehabilitation (Qaybta Dhaqancelinta Farsamada):

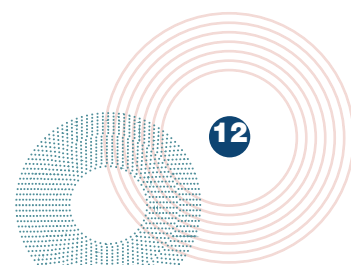
- Ka caawiya dadka naafada ah inay helaan, ilaashadaan, oo horumariyaan shaqo.
- Bixiyaan ama dejinayaan adeegyo kaa caawinaya shaqada.

## **Vocational Rehabilitation for Native Americans (Dhaqancelinta Farsamada ee Dadka Asaliga ah ee Maraykanka) (VRNA)**

([glitc.org/programs/vocational-rehabilitation/vocational-rehabilitation-for-native-americans/overview-vrna/](https://glitc.org/programs/vocational-rehabilitation/vocational-rehabilitation-for-native-americans/overview-vrna/))

Vocational Rehabilitation for Native Americans (Dhaqancelinta Farsamada ee Dadka Asaliga ah ee Maraykanka):

- Wuxuu caawiyaa Dhaladka Ameerikaanka iyo Dhaladka Alaskan ee naafada ah ee ku nool gobolka la qeexo.
- Bixiyaan adeegyo shaqo oo taageera baahiyahaaga, xooggaaga, dhaqankaaga, iyo aaminsanaantaada.



## **Independent living centers (Xarumaha Nolosha Madaxbanaan) (ILCs)**

([dhs.wisconsin.gov/disabilities/physical/ilcs-contact.htm](https://dhs.wisconsin.gov/disabilities/physical/ilcs-contact.htm))

Independent living centers (Xarumaha Nolosha Madaxbanaan):

- Kaa caawiya inaad isticmaasho adeegyo iyo taageerooyin, sida daryeelka shaqsiga ah, gaadiidka, iyo qalabka u-qalmidda.
- Sameeya tilmaamo adeegyo taageera nolosha madaxbanaan.
- Bixiyaan waxbarashada bulshada ee xirfadaha nolosha madaxbanaan.
- Bixiyaan tababaro ku saabsan u doodista iyo Americans with Disability Act (Sharciga Maraykanka ee Naafada) (ADA).

## **Hay'adaha ilaalinta dakhliga ama taageerada dhaqaale**

([dhs.wisconsin.gov/forwardhealth/imagency/index.htm](https://dhs.wisconsin.gov/forwardhealth/imagency/index.htm))

Wakaalladda dayactirka dakhliga ama wakaalada taageerada dhaqaalaha:

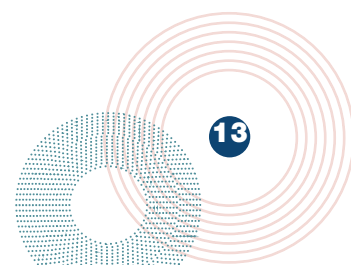
- Jawaab celinaya su'aalaha ku saabsan faa'iidooyinka dadweynaha iyo waxa kugu habboon.
- Kaa caawiya inaad codsato ama iska diiwaangeliso faa'iidooyinka dadweynaha, sida BadgerCare Plus, Medicaid, iyo FoodShare.
- Wuxuu socodsiiyaa codsigaaga, faa'iidooyinka isbeddelka iyo cusbooneysiinta, iyo dukumentiyada.

## **Social Security Administration (Maamulka Caymiska Bulshada) (SSA)**

([ssa.gov/disability](https://ssa.gov/disability))

Social Security Administration (Maamulka Caymiska Bulshada):

- Wuxuu xaqiijinayaa heerkaaga naafanimada.
- Waxay dib u eegtaa codsiyada Social Security Disability Insurance (Caymiska Naafanimada ee Bulshada) (SSDI) iyo Supplemental Security Income (Dakhliga Dheeraadka ah ee Caymiska Bulshada) (SSI).
- Waxay ku siinaysaa faa'iidooyinka Social Security (Caymiska Bulshada) haddii ay ku khuseeyaan.





## Hay'adaha daryeelka muddada dheer ee dadka waaweyn

Barnaamijyada daryeelka muddada dheer ee Medicaid waxay bixiyaan adeegyo iyo taageerooyin kaa caawinaya inaad ku noolaato, ku shaqeyso, iyo inaad ku biirto bulshadaada. Waxaad u baahan kartaa daryeelka muddada dheer haddii aad qabto naafonimo ama xaalad caafimaad oo joogto ah. Waxaa jira hay'ado kaa caawinaya daryeelka muddada dheer. Hay'adahan waxaa loo yaqaan Managed care organizations (Ururada daryeelka la maamulo) iyo IRIS consultant agencies (Wakaaladaha la-talinta IRIS).



**Faahfaahin raadso:** [Barnaamijyada Daryeelka Muddada Dheer ee Dadka Waaweyn \(bogga 49\)](#).

### **Managed care organizations (Ururada daryeelka la maamulo) (MCOs)**

([dhs.wisconsin.gov/familycare/mcos.htm](https://dhs.wisconsin.gov/familycare/mcos.htm))

Managed care organizations (Ururada daryeelka la maamulo):

- Ku bixi adeegyada mid ka mid ah barnaamijyada soo socda: Family Care, Family Care Partnership, iyo PACE (Program of All-Inclusive Care for the Elderly (Barnaamijka Daryeelka Dhameystiran ee Dadka Da'da Weyn)).
- Waxay kaa caawinayaan inaad hesho adeegyada ku jira xirmadaada faa'iidada waxayna bixiyaan maaraynta kiiska. Ururkaaga daryeelka la maamulo wuxuu leeyahay shabakad bixiyayaal ah wuxuuna dejin doonaa adeegyada iyadoo la raacayo qorshahaaga adeegga.

### **IRIS consultant agencies (Wakaaladaha la-talinta IRIS) (ICAs)**

([dhs.wisconsin.gov/iris/ica.htm](https://dhs.wisconsin.gov/iris/ica.htm))

IRIS consultant agencies (Wakaaladaha la-talinta IRIS):

- Maamul hawlaha maalinlaha ah ee barnaamijka IRIS (Include, Respect, I Self-Direct) (IRIS, Ku dar, Ixtiraam, Anigu Waan Is-qaabeeyaa).
- Ka caawi ka qaybgalayaasha IRIS:
  - Jawaab su'aalaha.
  - Buuxi foomamka.
  - Ogow waxa IRIS u baahan yahay.
  - Adeegyada is-maamul.
  - Deji qorshe adeeg.

### **Fiscal employer agencies (Hay'adaha loo xilsaaro maareynta maaliyadeed) (FEAs)**

Fiscal employer agencies (Hay'adaha loo xilsaaro maareynta maaliyadeed) (FEAs) waxay ka caawiyaan dadka ka qaybgalaya barnaamijka IRIS iyo xubnaha managed care organizations (ururada daryeelka la maamulo) ee is-maamula adeegyada:

- Buuxi hawlaha shaqaaleynta.
- Samee baaritaanno taariikh nololeed oo ku saabsan shaqaalaha.
- Hagaaji mushaharka oo lacag u bixiso bixiyayaasha adeegga.



# Sida Loo Sameeyo Go'aanada Sharciga

Dhalinyarada  
Ku Jira  
Kalaguurka

Marka aad gaarto 18 sano, waxaad leedahay xaqqa inaad qaadato go'aanadaada sharciyeed. Xuquuqdan waxay khuseysaa dadka leh iyo kuwa aan lahayn naafonimo. Waa inaad dhamaystirtaa habraac sharciyeed si dadka kale ay uga qaataan go'aanada adiga.

## Xulashooyinkaaga sharciyeed

Qaar ka mid ah xulashooyinka sharciyeed waxay ku siiyaan kontorool dheeri ah si aad u qaadato go'aanadaada. Qaar kalena waxay ku siiyaan kontorool ka yar. Sawirku wuxuu muujinayaa xulashooyinkaaga laga bilaabo kontoroolka ugu badan (bidix) ilaa kontoroolka ugu yar (midig).



## Waxaad rabtaa inaad haysato kontoroolka ugu badan.

Xulashooyinkan waxay khuseeyaan haddii aad rabto inaad qaadato dhammaan go'aanadaada adigoo helaya caawimaad qaar.

### Release of Information (Sii-deynta Macluumaadka) (ROI)

Waad saxiixi kartaa foomka ROI si aad u ogolaato in qof kale uu la wadaago macluumaad ku saabsan adiga dadka kale ama kooxo kale. Adiga ayaa go'aaminaya qofka ama kooxaha heli kara macluumaadkaaga. Sidoo kale, adiga ayaa go'aaminaya waxa iyo inta macluumaad ee ay heli karaan.

Foomka ROI—[Oggolaanshaha Siideynta Xogta Qarsoon \(F-82009\)](https://www.dhs.wisconsin.gov/forms/f8/f82009.pdf)

(<https://www.dhs.wisconsin.gov/forms/f8/f82009.pdf>)



**Ogow:** Hay'addaada ama bixiyahaaga adeegga waxay yeelan karaan foomkooda ROI. Waad weydiisan kartaa dhakhaatiirtaada, rugta caafimaadka, ama hay'adaha kale ee aad la shaqeyneyso sida loo dhammeystiro foomka ROI.

## Heshiiska Go'aan-qaadashada Taageerada

Go'aan-qaadashada taageerada waa marka aad doorato dadka aad ku kalsoon tahay (taageerayaasha) si ay kaaga caawiyaan qaadashada go'aanada. Waxay kaa caawin karaan inaad eegto macluumaadka, isbarbardhigto xulashooyinka, iyo inaad u sheegto dadka kale go'aankaaga. Taageerayaasha waxay noqon karaan waalidiin iyo saaxiibo.

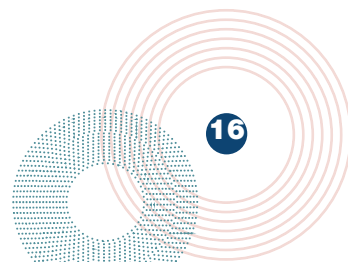
Adiga iyo taageerahaaga la doortay waa inaad labadiinuba saxiixdaan Supported Decision-Making Agreement (Heshiiska Go'aan Qaadashada ee La Taageeray). Heshiisku wuxuu xaqiijiyaa in bangiyada, iskuullada, iyo bixiyayaasha daryeelka caafimaad ay ku daraan taageerahaaga. Heshiisku ma xaddido awoodaada inaad qaadata go'aanada. Si ka duwan, waa hab rasmi ah oo taageerayaashu ku heshiinayaan inay ku caawiyaan.

Waxaad isticmaali kartaa noocan heshiiska go'aanada kala duwan. Tusaalooyin waxaa ka mid ah go'aanada la xiriira caafimaadka, lacagta, iyo guryeynta. Waxaad yeelan kartaa heshiisyo ka badan hal haddii aad rabto taageerayaal kala duwan inay ku caawiyaan go'aanada kala duwan.

**Foomka—[Supported Decision-Making Agreement \(Heshiiska Go'aan Qaadashada ee La Taageeray\) \(F-02377\)](https://dhs.wisconsin.gov/forms/f02377.pdf)** (dhs.wisconsin.gov/forms/f02377.pdf)

## Faahfaahin raadso

- **[Go'aan-qaadashada Taageerada iyo Bedelka Daryeelka iyo Xakamaynta](https://wi-bpdd.org/index.php/supporteddecision-making/)**  
(wi-bpdd.org/index.php/supporteddecision-making/)
- Sheekooyinka dadka kale:
  - **[Dhallinyaradu waxay ka sheekeynayaan sheekooyinkooda ku saabsan Go'aan qaadashada Taageerada](https://youth-voice.org/stories-of-supported-decision-making/)**  
(youth-voice.org/stories-of-supported-decision-making/)
  - **[Sheekooyinka Go'aan-qaadashada Taageerada](https://supporteddecisions.org/stories-of-supported-decision-making/)**  
(supporteddecisions.org/stories-of-supported-decision-making/)



## **Waxaad rabtaa inaad haysato kontorool dhexdhexaad ah.**

Xulashooyinkan waxay khuseeyaan haddii aad rabto inaad doorato qofka qaata go'aanadaada marka aadan awoodin inaad go'aan ka gaarto naftaada.

### **Dardaaran Nololeed**

Dardaaran nololeed waa dukumeenti u sheegaya dhakhaatiirta waxa la sameeyo marka aanad u sheegi karin. Waxaad wadaagaysaa sida iyo haddii aad rabto in lagugu sii hayo. Waxaad kaloo sheegtaa daawaynta wanaagsan, sida tuubada quudinta.

**Foomka—[Wisconsin Living Will \(Dardaaranka Noolaanshaha Wisconsin\) \(F-00060\)](https://dhs.wisconsin.gov/forms/advdirectives/f00060.pdf)**  
(dhs.wisconsin.gov/forms/advdirectives/f00060.pdf)

### **Awoodda qareenka ee daryeelka caafimaadka**

Awoodda qareenka ee daryeelka caafimaadku waa dukumeenti sharci ah. Dukumeentiga, waxaad dooranaysaa qof (wakiilkaaga) inuu kuu sameeyo go'aanno caafimaad. Kaliya waxay gaadhaan go'aamadan haddii ugu yaraan laba bixiye daryeel caafimaad ay yiraahdaan adigu ma go'aamin kartid naftaada. Ugu yaraan mid ka mid ah bixiyayaasha waa in uu ahaado dhakhtar.

Wakiilkaagu wuxuu samayn karaa go'aamo daryeel caafimaad isagoo ku hadlaya magacaaga, laakiin ma codsan karaan faa'iidooyinka dadwaynaha isagoo ku hadlaya magacaaga.

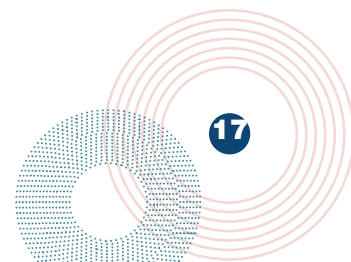
Weydii rugtaada ama isbitaalka nuqulka foomka awoodda qareenka. Kuwo badan ayaa haysta shaqaale kaa caawin kara inaad dhammaystirto.

**Foomka—[Wisconsin Power of Attorney for Health Care \(Awoodda Qareenka Wisconsin ee Daryeelka Caafimaadka\) \(F-00085\)](https://dhs.wisconsin.gov/forms/advdirectives/f00085.pdf)**  
(dhs.wisconsin.gov/forms/advdirectives/f00085.pdf)

### **Awoodda qareenka ee maaliyadda**

Awoodda qareenka ee dhaqaalaha waa dukumeenti sharci ah. Dukumeentiga dhexdiisa, waxaad dooranaysaa qof (wakiilkaaga) inuu kuu sameeyo go'aannada ku saabsan lacagtaada. Markaad saxiixdo dukumeentiga, ma daynaysid xuquuqdaada. Taa baddalkeeda, adiga iyo wakiilkaagaba waxaad samayn kartaan go'aamo ku saabsan lacagtaada iyo hantidaada. Wakiilkaagu wuxuu ku codsan karaa faa'iidooyinka guud isagoo ku hadlaya magacaaga.

**Foomka—[Wisconsin Power of Attorney for Finances and Property \(Awoodda qareenka ee dhagaalaha iyo hantida Wisconsin\) \(F-00036\)](https://dhs.wisconsin.gov/forms/advdirectives/f00036.pdf)**  
(dhs.wisconsin.gov/forms/advdirectives/f00036.pdf)



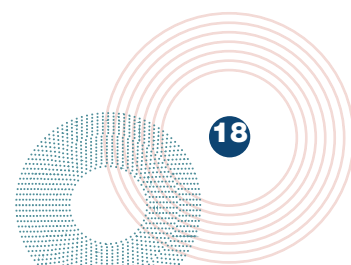
## Medicaid wakiil idman

Wakiil idman waa qof yaqaan xaaladdaada. Waxaad ku kalsoon tahay inay ku metelaan magacaaga. Marka lagu magacaabo, wakiilkaaga loo oggolaaday wuxuu awood u leeyahay inuu codsado ama cusbooneysiyo faa'iidooyinka kuu gaar ah. Waxay sidoo kale soo sheegi karaan isbeddelada, gudbin karaan cabashooyin iyo racfaan ku saabsan u-qalmitaankaaga barnaamijyada.

Foomka—**[Magacaabid, Bedelid, ama Ka-saarid Wakiil La Ogolaaday: Qofka \(F-10126A\)](https://dhs.wisconsin.gov/forms/f10126a.pdf)**  
([dhs.wisconsin.gov/forms/f10126a.pdf](https://dhs.wisconsin.gov/forms/f10126a.pdf))

## Faahfaahin raadso

- **[Awaamiirta Hore](https://dhs.wisconsin.gov/forms/advdirectives/index.htm)** ([dhs.wisconsin.gov/forms/advdirectives/index.htm](https://dhs.wisconsin.gov/forms/advdirectives/index.htm))
- **[Awaamiirta Hore: Foomamka](https://dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm)** ([dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm](https://dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm))
- **[The Arc Center for Future Planning](https://futureplanning.thearc.org/)** ([futureplanning.thearc.org/](https://futureplanning.thearc.org/))
- Greater Wisconsin Agency on Aging Resources:
  - **[Xidhmada Macaamilka Isku-Samee ee Go'aan Ka-Gaarista Daryeelka Caafimaadka Mustaqbalka: Qoraalka Nolasha \(Bayaan u ah Dhakhaatiirta\)](https://gwaar.org/api/cms/viewFile/id/2004333)**  
([gwaar.org/api/cms/viewFile/id/2004333](https://gwaar.org/api/cms/viewFile/id/2004333))
  - **[Xidhmada Macaamilka Isku-Samee: Qorsheynta Go'aan Ka-Gaarista Daryeelka Caafimaadka Mustaqbalka: Wakiilnimo Sharciyeed oo Daryeelka Caafimaadka ah](https://gwaar.org/api/cms/viewFile/id/2005992)**  
([gwaar.org/api/cms/viewFile/id/2005992](https://gwaar.org/api/cms/viewFile/id/2005992))
  - **[Xidhmada Macaamilka Isku-Samee: Qorsheynta Go'aan Ka-Gaarista Maaliyadeed ee Mustaqbalka: Wakiilnimo Sharciyeed ee Maaliyadda iyo Hantida](https://gwaar.org/api/cms/viewFile/id/2004336)**  
([gwaar.org/api/cms/viewFile/id/2004336](https://gwaar.org/api/cms/viewFile/id/2004336))





## Waxaad u baahan tahay caawimaad dheeraad ah si aad u gaarto go'aanada (xakamaynta yar).

Xulashooyinkan waxay khuseeyaan haddii aad u baahan tahay qof inuu kaa caawiyo go'aan ka gaarista arrimaha shaqsiga ah ama maaliyadda.

### Bixiyaha wakiilka

Waxaad dooran kartaa wakiil bixinta faa'iidada (wakiil bixinta) si uu kaaga caawiyo maaraynta faa'iidooyinka Social Security (Caymiska Bulshada) ama Faa'iidada Supplemental Security Income (Dakhliga Dheeraadka ah ee Caymiska Bulshada). Social Security Administration (Maamulka Caymiska Bulshada) wuxuu sidoo kale magacaabi karaa wakiil bixinta haddii ay go'aamiyaan inaad u baahan tahay taageeradan.

Wakiilkaaga bixinta faa'iidada wuxuu heli karaa akoonkaaga bangiga. Waxay isticmaali karaan faa'iidooyinkaaga si ay u bixiyaan kirada, cuntada, daryeelka caafimaadka, iyo kharashaadka kale ee nolosha. Waa inay dhammeeyaan warbixin sanadkii si ay u muujiyaan inay lacagtaada u isticmaalay gudaha baahiyahaaga.

### Xakameynta Sharciyeed

Waxaad codsan kartaa maxkamad inay kuu magacaabaan ilaalin haddii aadan awoodin ama aanad doonayn inaad maamusho lacagtaada ama hantidaada. Waxaad dooran kartaa qofka aad dooneyso inuu kuu shaqeeyo, ama waxaad codsan kartaa maxkamad inay kuu magacaabaan xirfadle. Waxaad codsan kartaa maxkamad inay dhamaystirto ilaalinta oo ay kuu ogolaato inaad mar kale lacagtaada si gaar ah u maamusho wakhti kasta.

Ilaalintu waxay leedahay awoodaha iyo waajibaadka isla sida ilaaliyaha hantida. Waa inay qoraan warbixino joogto ah oo loogu talagalay maxkamadda ku saabsan sida ay lacagtaada kuu maamulaan.

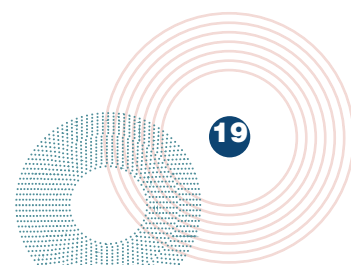
### Daryeelka iyo Xakamaynta

Ilaaliyaha waa qof maxkamaddu magacaabto si uu go'aano uga gaaro adiga haddii aadan awoodin. Waxay noqon karaan xubno qoyskaaga ah ama saaxiib, mutadawac aan kuu xidhnayn, ama xirfadle.

Waxaad yeelan kartaa ilaaliye haddii aad buuxiso tilmaamaha sharciga ee "aan awoodin." Karti la'aantu waxay ka dhigan tahay:

- Ma samayn kartid go'aano.
- Ma u sheegi kartid dadka kale waxa aad go'aansato qaar ama dhammaan go'aanadaada.
- Waxaad halis ugu jirtaa dhaawac haddii aan qof lagu magacaabin inuu go'aan ka gaaro adiga.

Waa kuwan waxyaabaha sii soconaya bogga 20



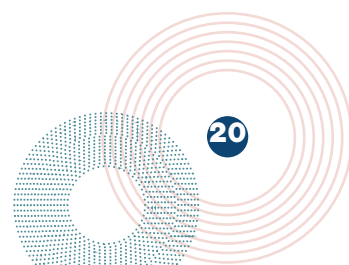
Weli waxaad u sheegi kartaa ilaaliyahaaga waxa aad rabto. Ilaaliyahaaga wuxuu tixgelin doonaa rabitaankaaga marka uu go'aan ka gaarayo adiga. Ilaalintu badanaa waa mid joogto ah.

Marka aad leedahay ilaaliye, waxaad weli leedahay xuquuqo ayan ka saari karin. Ilaaliyaha wuxuu kaliya sameyn karaa waxa maxkamaddu sheegto. Waxaa jira laba nooc oo waajibaad ilaaliye. Waxaad yeelan kartaa hal nooc ama labadaba noocyada ilaaliye. Waxay noqon karaan qof isku mid ah ama dadka kala duwan.

- **Ilaaliyaha qofka**—Wuxuu qaataa qaar ama dhammaan go'aanadaada ku saabsan doorashooyinka shaqsiyadeed. Tusaalooyinka waxaa ka mid ah daryeelka caafimaadka, adeegyada taageerada, ama halka lagu noolaado.
- **Ilaaliyaha hantida**—Wuxuu qaataa qaar ama dhammaan go'aanadaada ku saabsan hantida ama lacagta, heshiisyada, iyo dhacdooyinka sharciga ah ee la xiriira hantida ama lacagta. Waxay codsan karaan faa'iidooyinka dadweynaha adiga oo ka wakiil ah.

## Faahfaahin raadso

- **[Bixiyaha wakiilka](https://ssa.gov/payee/)** (ssa.gov/payee/)
- **[Xarunta Taageerada Ilaalinta](https://gwaar.org/guardianship-resources)** (gwaar.org/guardianship-resources)
- **[Foomamka Maxkamadda Wareega ee Nidaamka Maxkamadda Wisconsin](https://wicourts.gov/forms1/circuit/index.htm)** (wicourts.gov/forms1/circuit/index.htm)



# Kala-guurka Daryeelka Caafimaadka

## Dhalinyarada Ku Jira Kalaguurka

Daryeelka caafimaadku waa qayb ka mid ah isbeddelka laga sameeyo adeegyada dhalinyarada ilaa adeegyada dadka waaweyn. Haddii aad hadda la tashato dhaqaatiirta carruurta, waxaad u baahan doontaa inaad u guurto dhaqaatiirta dadka waaweyn ama qoyska. Haddii aad hadda la tashato dhaqaatiirta dadka waaweyn ama qoyska, waxaad weli u guuri doontaa hab daryeelka dadka waaweyn.

Daryeelka caafimaadka ee dadka waaweyn, adiga ayaa mas'uul ka ah daryeelkaaga. Adiga ayaa go'aaminaya haddii aad rabto inaad ku lug yeelato waalidiintaada ama daryeelayaalkaaga. Sidoo kale waxaa jira isbedello kale. Talooyinka ku jira qaybtaan waxay ku caawin karaan isbeddelada daryeelka caafimaadka.

## La hadal dhaqaatiirtaada

Haddii aad leedahay dhakhtar carruur (dhakhtar la shaqeeya carruurta), weydii wax ku saabsan beddelidda dhakhtar dadka waaweyn. Haddii aad leedahay khabaro carruur, weydii wax ku saabsan dhaqaatiirta dadka waaweyn ee leh isla takhasuskaas. Usaale ahaan, waxaad la kulmi kartaa khabiiir carruurta ee dhegaha, sanko, iyo hunguriga (ENT). Waxaad u baahan doontaa inaad u beddesho khabiiir ENT oo loogu talagalay dadka waaweyn.

Talooyinkan waxay ku caawin karaan markaad beddesho dhaqaatiirta:

- Waad qaadan kartaa waqti keligaa ah oo aad la hadasho dhakhtarkaaga hadda si aad u weydiiso su'aalo shaqsiyadeed. Dhakhtarkaaga hadda badanaa wuxuu ku caawin karaa inaad hesho dhaqaatiir cusub oo ku habboon baahiyahaaga.
- La hadal qoysaska kale ee leh baahiyo la mid ah kuwaaga.
- Baro marka aad u baahan tahay inaad u isticmaasho cusbitaalka dadka waaweyn oo aanad u isticmaalin cisbitaalka carruurta ee xaaladaha degdegga ah iyo daryeelka bukaan-jiifka. Daryeelka bukaan-jiifka waa marka aad isbitaalka u joogto daryeelkaaga.

## Deji yoolalka

Isku day inaad dejiso yoolal ku saabsan caafimaadkaaga iyo isbeddelka daryeelka caafimaadkaaga. Isku xir yoolalkaaga individualized education program (barnaamijka waxbarasho ee shaqsiyaysan) (IEP) iyo qorshahaaga adeegga. Halkan waxaa ku yaal dhowr tusaale yoolal:

Raadi dadka la isku halayn karo ee iga caawin kara go'aan ka gaarista daryeelka caafimaadka.

Ogow oo awood u yeelo inaad sharaxdo naafonimadayda iyo baahiyahayga daaweynta ee bixiyeyaasha daryeelka caafimaadka.

Baro sida loo noqdo mid caafimaad qaba oo loo raaco baahiyahayga caafimaad ee muddo dheer. Jadwal u samee booqashada dhakhtarkayga.

Buuxi, dib u buuxi, oo qaado daawooyinkayga aniga oo ka soo qaadaya farmashiyaha.

Sii sharaxaad ku saabsan sida caafimaadkayga uu u saameeyo awooddayda aan ku shaqeeyo, ku tago iskuulka, ku noolaado meel aan rabo, iyo ku raaxaysato.



## **Hayso soo koobid daryeelka caafimaadka iyo liiska hubinta**

Soo koobidda daryeelka caafimaadka iyo liiska hubinta daryeelka caafimaadka waa laba qalab oo loo adeegsado isbeddelka daryeelka caafimaadka. Waxay ku caawin karaan inaad isku xirnaato markaad u guurto daryeelka caafimaadka ee dadka waaweyn. Marka hore, la hadal dhakhtarkaaga ama xarunta caafimaadka ee hadda ku saabsan isticmaalka app-kooda (sida akoonka MyChart). Barnaamijyada daryeelka caafimaadka waxay kaydin karaan xog badan oo ku saabsan daryeelkaaga caafimaad. Waxay beddeli karaan baahida loo qabo soo koobidda daryeelka caafimaadka iyo liiska hubinta.

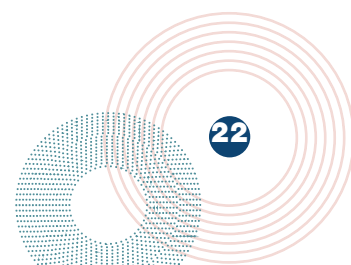
Soo koobidda daryeelkaaga caafimaad waxay ka koobnaan kartaa:

- Macluumaadka xiriirkaaga.
- Xiriirradaada degdegga ah.
- Ogaanshaha cudurada.
- Daawooyinka aad qaadato.
- Xasaasiyadaha, sida kuwa cuntada ama daawooyinka.
- Caymiska daryeelka caafimaadka.

Liiska hubinta daryeelka caafimaadka waa dukumenti kaa caawinaya inaad xaqiijiso waxa aad ka taqaan caafimaadkaaga. Waxay sidoo kale kaa caawinaysaa inaad qeexdo waxa aad rabto inaad ka barato caafimaadkaaga.

Si aad u hesho qalabyo iyo kheyraadyo dheeraad ah, isticmaal qalabyadan khadka tooska ah:

- **[Got Transition](https://gottransition.org/youth-and-young-adults/)** (gottransition.org/youth-and-young-adults/)
- **[Health Transition Wisconsin](https://healthtransitionwi.org/families-youth/)** (healthtransitionwi.org/families-youth/)



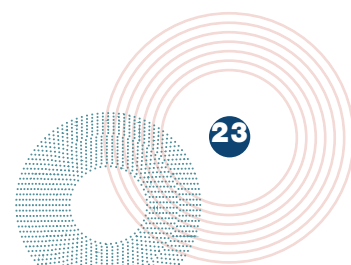
## **Isticmaal Wisconsin Wayfinder si aad u hesho Xarunta Kheyraadka Carruurtaada**

Wisconsin waxay leedahay shan **Xarumaha Kheyraadka Carruurta** ([dhs.wisconsin.gov/cyshcn/resource-centers.htm](https://dhs.wisconsin.gov/cyshcn/resource-centers.htm)). Xarun kastaa waxay taageertaa qoysaska leh children and youth with special health care needs (caruur iyo dhalinyaro leh baahiyo daryeel caafimaad oo gaar ah) (CYSHCN) (da'da 0-22) iyo bixiyeyaasha u adeega. Xarumaha Kheyraadka Carruurta waxay leeyihiin waalidiin iyo xirfadlayaal diyaar u ah inay kaa caawiyaan:

- Isku xidh kheyraadka bulshada.
- Hel adeegyo.
- Hel jawaabo.
- Hel tababaro iyo taageero safarkaaga.

Wisconsin Wayfinder waxay ku caawin kartaa inaad isku xidhid Xarunta Kheyraadka Carruurtaada. Si aad ula xiriirto Wisconsin Wayfinder, waxaad samayn kartaa mid ka mid ah kuwa soo socda:

- Wac 877-WiscWay (877-947-2929).
- Ku buuxi **Foomka internetka** (<https://redcap.wisconsin.gov/surveys/?s=WAMKFW9LW37YEFEF>).





# Faa'iidooyinka Social Security (Caymiska Bulshada)

Dhalinyarada  
Ku Jira  
Kalaguurka

Marka aad u gudubto nolol dhalinyaro ilaa nolol dadka waaweyn, waxaad codsan kartaa inaad hesho faa'iidooyinka ka socda Social Security Administration (Maamulka Caymiska Bulshada) (SSA).

Maamulka Amniga Bulshada (SSA):

- **Dib u eegista xaaladda naafadaada.** Waxaad la shaqeyn doontaa khabaro naafada iyo dhakhaatiirta ka socda **Disability Determination Bureau (Xafiiska Go'aaminta Naafada) (DDB)** (dhs. [wisconsin.gov/ddb/index.htm](https://www.wisconsin.gov/ddb/index.htm)) si loo go'aamiyo xaaladdaada naafada. Waxay eegi doonaan haddii aad qabto cudur, dhaawac, ama xaalad u dhigma sida uu Social Security Act (Sharciga Caymiska Bulshada) u qeexayo "naafada" si loogu helo faa'iidooyinka dadka waaweyn. iyo carruurta waa kuwo kala duwan.
- **Bixiya faa'iidooyinka Social Security (Caymiska Bulshada),** kuwaasoo ay ka mid noqon karaan:
  - **Supplemental Security Income (Dakhliga Dheeraadka ah ee Caymiska Bulshada) (SSI)**—Faa'iidani waxay ku siineysaa lacag iyo daryeel caafimaad oo ay bixiso Medicaid. Waxaad heli kartaa SSI adigoo ah carruur ama qof weyn. Waa inaad buuxisaa shuruudaha la xiriira naafadaada, dakhligaa, iyo kheyraadkaaga.
  - **Social Security Disability Insurance (Caymiska Naafanimada ee Bulshada) (SSDI)**—Faa'iidani waxay ku siineysaa lacag iyo daryeel caafimaad oo ay bixiso Medicare. Waa inaad buuxisaa shuruudaha la xiriira naafadaada iyo inaad noqoto "aga heli karo caymis". Caymisku waxay ka dhigan tahay inaad bixisay canshuuraha Social Security (Caymiska Bulshada) ee dakhligii aad ka heshay shaqadaada.

Si aad u hesho faa'iidooyinka SSI ama SSDI, marka hore, waa inaad codsataa iyada oo loo marayo SSA.



**Ogow:** Haddii aad hadda hesho faa'iidooyinka Social Security (Caymiska Bulshada) (ka hor inta aadan gaarin da'da 18), waxaa dhici karta inaad u baahneyn inaad bilowdo codsi cusub oo loogu talagalay dadka waaweyn. Xafiiskaaga SSA ayaa xaqiijin kara haddii aad u baahan tahay inaad dib u codsato sida qof weyn. Sidoo kale waxay cusboonaysiiyaan macluumaadkaaga xiriirka sida loo baahdo.



## **Ka hor inta aadan codsan faa'iidooyinka dadka waaweyn**

Waxay kaa caawin kartaa inaad qabato qaar ka mid ah hawlaha ka hor inta aadan codsan faa'iidooyinka Social Security (Caymiska Bulshada):

### **Isticmaal Kiiska Bilowga Naafada ee Dadka Waaweyn**

**Kiiska Bilowga Naafada ee Dadka Waaweyn** ([ssa.gov/disability/disability\\_starter\\_kits\\_adult\\_eng.htm](https://ssa.gov/disability/disability_starter_kits_adult_eng.htm)) waxay ku caawisaa inaad isugu diyaarisoo wareysigaaga naafada ama codsigaaga internetka.

### **Samee akoonkayga My Social Security onlayn**

A **Akoonkayga My Social Security** ([ssa.gov/myaccount/](https://ssa.gov/myaccount/)) waa bilaash oo ammaan ah. Waxay bixisaa qalabyo dhammaan dadka, xitaa haddii aadan helin faa'iidooyinka Social Security (Caymiska Bulshada) Koontadaada, waxaad awoodaa:

- Codso kaarka Aqoonsiga Social Security (Caymiska Bulshada).
- Eeg xaaladda codsiga.
- Qiyaas faa'iidooyinka mustaqbalka.
- Maaree faa'iidooyinka hadda aad haysato.

### **Fur akoon bangi**

Waxaad heli kartaa faa'iidooyinka Social Security (Caymiska Bulshada) sida:

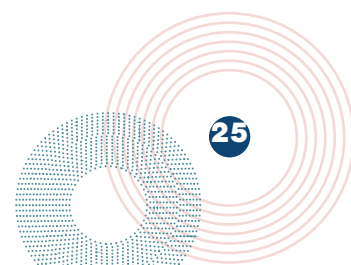
- A **Dejinta tooska ah** ([ssa.gov/deposit/index.htm](https://ssa.gov/deposit/index.htm)) Akkaoonkaaga bangiga.
- A Direct Express<sup>®</sup> Debit Mastercard<sup>®</sup>.

SSA waxay kugula talineysaa inaad isticmaasho dejinta tooska ah. Si aad u isticmaasho dejinta tooska ah, waxaad u baahan tahay akoon bangi.

### **La hadal khabiir faa'iidooyinka naafada**

Haddii aad su'aalo qabtid ama aad u baahan tahay caawimo dheeri ah, la xiriir:

- Khabiir faa'iidooyinka naafada ee ku yaal **ADRC (aging and disability resource center (Xarunta agabka gabowga iyo naafanimada))** ([dhs.wisconsin.gov/adrc/consumer/index.htm](https://dhs.wisconsin.gov/adrc/consumer/index.htm)).
- A **Khabiirka faa'iidooyinka naafada ee qabiilka** ([dhs.wisconsin.gov/benefit-specialists/tribes.htm](https://dhs.wisconsin.gov/benefit-specialists/tribes.htm)), haddii aad xubin ka tahay Qabiil Dhalad Mareykan ah.



## Sida loo codsado faa'iidooyinka

Waad codsan kartaa faa'iidooyinka Social Security (Caymiska Bulshada) hada marka aad gaarto ama ka dib dhalashadaada 18-aad. Waa inaad buuxisaa labadaba shuruudaha caafimaadka iyo kuwa maaliyadeed. Haddii aad codsato ka hor da'da 18, waxaa laga yaabaa inaad buuxin shuruudaha maaliyadeed. SSA waxay eegtaa dakhliga iyo hantida waalidkaaga haddii aad ka yar tahay 18 jir.

Codso faa'iidooyinka mid ka mid ah saddexda habood ee soo socda:



**Shakhsi ahaan**—Wac xafiiskaaga SSA ee deegaanka si aad ballan u sameysato. Hel SSA-gaaga adigoo adeegsanaya: [Qalabka Raadinta Social Security Office \(Xafiiska Caymiska Bulshada\)](https://secure.ssa.gov/ICON/main.jsp) (secure.ssa.gov/ICON/main.jsp).



**Telefoon ahaan**—Wac xafiiskaaga SSA ee deegaanka si aad ballan telefoon ah u sameysato. Hel SSA-gaaga adigoo adeegsanaya: [Qalabka Raadinta Social Security Office \(Xafiiska Caymiska Bulshada\)](https://secure.ssa.gov/ICON/main.jsp) (secure.ssa.gov/ICON/main.jsp).



**Khadka internetka**—Booqo [Bogga codsiga SSI](https://ssa.gov/apply/ssi) (ssa.gov/apply/ssi). Jawaab su'aalaha si aad u dhamaystirto qeybta caafimaadka ee codsiga onlynka ah. Waa inaad qeybta maaliyadeed ee codsiga ku sameysid telefoon ahaan ama shakhsi ahaan. Xafiiskaaga SSA ayaa ku wici doona si ay kuu dejiso ballanta qeybta maaliyadda. Sidoo kale, waad la xiriiri kartaa haddii aad doorbideyso.



## Xaaladdaada naafada

Markaad codsato faa'iidooyinka Social Security (Caymiska Bulshada), xafiiskaaga SSA ayaa dhamaystira tallaabooyin si uu go'aan uga gaaro haddii naafadaada ku qulquleysa faa'iidooyinka. Habka waxaa la yiraahdaa **Go'aaminta naafada**.

### Xafiiskaaga SSA:

1. Hel codsigaaga iyo foomamkaaga.
2. Hubiyaa in aad buuxiso shuruudo kale, sida da'daada, xaaladda shaqada, xaaladda guurka, iyo xaaladda caymiska.
3. U dira kiiskaaga Disability Determination Bureau (Xafiiska Go'aaminta Naafada) (DDB).
  - DDB-da waxay heli doontaa cadeymo caafimaad oo ku saabsan naafadaada. Dad la yiraahdo baareyaasha naafada ayaa dib u eegaya macluumaadka caafimaad ee ka socda dhakhaatiirtaada, isbitaalada, iyo xarumaha caafimaadka. Sidoo kale, waxay eegaan macluumaadka ku saabsan xaaladdaada.
  - DDB-da ayaa go'aamisa haddii aad naafowdo ama aanad naafowin iyadoo la tixraacayo sida sharcigu u qeexo naafada. Qeybta hannaanka DDB-da waxaa loo yaqaan go'aaminta naafada caafimaad.
4. Heli warbixin cusub oo ka socota DDB ee ku saabsan xaaladdaada naafada. Haddii lagu helo:
  - **Naafada**—Xafiiskaaga SSA waxa uu buuxiyaa foomam kasta oo kale. Waxay xisaabiyaan qadarka faa'iidooyinka aad heli doonto kadibna waxay bilaabaan bixinta faa'iidooyinkaaga.
  - **Ma ahan nafo**—Xafiiskaaga SSA wuxuu keydiyaa macluumaadkaaga si ay kuu fududaato inaad cabasho ka gudbisgo go'aankooda (taas oo loo yaqaan racfaan). Waxaad xaq u leedahay inaad racfaan ka qaadato go'aaminta naafada. La shaqee khabiiir faa'iidooyinka naafada ama khabiiir faa'iidooyinka naafada ee qabiilka haddii loo baahdo si aad u sameyso racfaanka.



## **Taageerada shaqo ee Social Security (Caymiska Bulshada)**

Waxaad heli kartaa taageero shaqo haddii aad haysato SSI ama SSDI.

Taageerada shaqadu waxay ku caawisaa inaad:

Shaqo hesho ama ganacsi bilowdo.

Ilaali faa'iidooyinkaaga lacagta iyo caafimaadka inta aad shaqeynayso.

Lacag keydi si aad iskuul u aaddo.

Waxaa jira barnaamijyo badan oo taageera shaqada. Tusaalooyin qaar waxaa ka mid ah:

- **Plan to Achieve Self-Support (Qorshe Lagu Gaaro Isku-Filnaansho) (PASS)** ([ssa.gov/disabilityresearch/wi/pass.htm](https://ssa.gov/disabilityresearch/wi/pass.htm))—Waxay caawisaa dadka naafada ah inay lacag keydiyaan si ay u iibsadaan alaabooyin ama adeegyo kaa caawinaya inaad shaqo hesho oo aad sii haysato. Lacagta aad keydiso adigoo isticmaalaya PASS ma tixgelinayso sida dakhli ee SSI ama SSDI.
- **Ka-reebista Dakhli ee Ardayga ee SSI** ([ssa.gov/oact/cola/studentEIE.html](https://ssa.gov/oact/cola/studentEIE.html))—Waxay caawisaa dadka ka yar 22 sano oo iskuul dhigta. SSA-da ma tixgelinayso qaar ka mid ah dakhligaaga shaqo. Taasi waxay ka dhigan tahay inaad ka hesho lacag badan bixintaada SSI.
- **Dhiirrigelinta shagada ee SSI iyo SSDI** ([ssa.gov/redbook/eng/employment-supports-help.htm?](https://ssa.gov/redbook/eng/employment-supports-help.htm?))—Waxay kaa caawisaa inaad sii wadato helidda jeegagga SSI iyo daboolida Medicaid inta aad shaqeynayso. Xitaa waxaad heli kartaa dakhli sare si aad uga caawiso bixinta kharashyada qaarkood.
- **Ticket to Work (Tigidka Shagada)** ([ssa.gov/work/](https://ssa.gov/work/))—Waxay caawisaa horumarinta xirfadaha dadka naafada ah ee raba inay shaqeeyaan. Barnaamijkan bilaashka ah wuxuu ku xiraa adeegyo iyo taageerooyin, si aad u hesho oo u sii haysato shaqada aad rabto. Adiga ayaa go'aaminaya haddii aad rabto inaad qayb ka noqoto Ticket to Work (Tigidka Shagada).



**Faahfaahin raadso: Xulashooyinka Shaqo (bogga 33).**





# Faa'iidooyinka Dadweynaha

**Dhalinyarada  
Ku Jira  
Kalaguurka**

Wisconsin waxay leedahay barnaamijyo badan oo dadweyne oo kaa caawin kara kharashyada nolosha, sida cuntada iyo daryeelka caafimaadka.



## FoodShare

**FoodShare** ([dhs.wisconsin.gov/foodshare/index.htm](https://dhs.wisconsin.gov/foodshare/index.htm)) Waa barnaamij dowlad goboleed ah oo caawiya dadka bixiya kharashyada raashinka. Waxaa laga yaabaa inaad maqashay loo yaqaan kaarka raashinka ama SNAP (Supplemental Nutrition Assistance Program (Barnaamijka Taageerada Cuntada ee Dheeraadka ah)).

FoodShare waxaa loogu talagalay dadka:

- Kunool dakhli yar ama go'an.
- Kuwa hawlgab noqday.
- Kuwa lumiyay shaqadoodi.
- Kuwa naafada ah.

Waad isticmaali kartaa faa'iidooyinka FoodShare inta badan dukaamada iyo suuqyada beeraleyda ee badan.



## ForwardHealth (Medicaid)

**Wisconsin Medicaid** ([dhs.wisconsin.gov/medicaid/index.htm](https://dhs.wisconsin.gov/medicaid/index.htm)) Waa barnaamij wadajir ah oo federaal iyo dowlad goboleed. Waxay bixisaa daryeel caafimaad, daryeel muddo dheer ah, iyo adeegyo kale dadka ku nool Wisconsin.

Waxaa jira noocyo badan oo barnaamijyo Medicaid ah. Barnaamij kasta wuxuu leeyahay shuruudo u gaar ah. Waad ku diiwaan gelin kartaa barnaamij, xitaa haddii aad leedahay caymis caafimaad. Haddii kaarkaaga caymiska caafimaad uu sheegay, "ForwardHealth," markaas waxaad ku diiwaan gashan tahay barnaamij Medicaid.

- **BadgerCare Plus** ([dhs.wisconsin.gov/badgercareplus/index.htm](https://dhs.wisconsin.gov/badgercareplus/index.htm))— Bixisaa daryeel caafimaad dadka da'doodu tahay 0–64 sano oo leh dakhli hoose.

*Tusaalooyin dheeraad ah oo ku saabsan barnaamijyada Medicaid waxay sii soconayaan bogga 30*

*Tusaalooyin ka mid ah barnaamijyada Medicaid ayaa sii socda*

- **Katie Beckett Medicaid** ([dhs.wisconsin.gov/kbp/index.htm](https://dhs.wisconsin.gov/kbp/index.htm))—Bixisaa daryeel caafimaad caruurta ka yar 19 sano oo leh naafada muddada dheer ama baahiyo caafimaad oo adag. Ilmuhu waa inuu guriga kula noolaado qoyskooda. Qaar ka mid ah caruurta waxay heli karaan Medicaid Katie Beckett haddii dakhliga waalidkood uu aad u sarreeyo si ay ugu qalmaan barnaamijyada Medicaid kale. Haddii aad hadda haysato faa'iidadan, waxaad heli doontaa ilaa da'da 19 sano si aad u hesho daboolid kale.
- **Medicaid Purchase Plan** ([dhs.wisconsin.gov/medicaid/medicaid-purchase-plan.htm](https://dhs.wisconsin.gov/medicaid/medicaid-purchase-plan.htm))—Bixisaa daryeel caafimaad dadka leh naafada ee da'doodu tahay 18 sano ama ka weyn oo shaqeeya ama qorsheynaya inay shaqeeyaan. Barnaamijku wuxuu leeyahay xadeynta dakhli iyo hanti sare. Sidoo kale, wuxuu kuu oggolaanayaa inaad lacag keydsato oo ku jirto akoonto gaar ah oo aan loo tixgelin karin xadeynta hantida.

## Sida loo codsado faa'iidooyinka dadweynaha

Waxaad codsan kartaa faa'iidooyinka dadweynaha adigoo wacaya, qoraal ahaan, shakhsi ahaan, ama **onlayn leh ACCESS** ([access.wisconsin.gov/access/](https://access.wisconsin.gov/access/)).

Sidoo kale, waxaad la shaqeyn kartaa hay'adaha degmada ama qabiilka. Waxaa loo yaqaanaa hay'ad daryeel dakhli ama hay'ad taageero dhaqaale ama urur.

La xiriir hay'adda, si ay kaaga caawiso:

Jawaab su'aalaha ku saabsan shuruudaha iyo xaaladdaada.

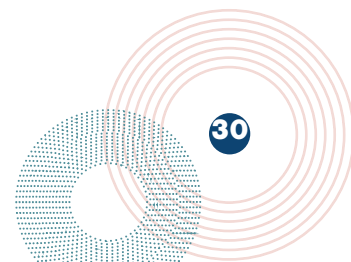
Codso ama cusboonaysii faa'iidooyinkaaga.

Dhameystir wareysigaaga FoodShare.

Habbeyn codsigaaga, cusboonaysiinta, iyo macluumaadka aad bixiso ee ku saabsan isbedelada, sida cinwaan cusub ama shaqo.

Hel hay'addaada: **Macluumaadka Xiriirka Hay'adaha Daryeelka Dakhli iyo Hay'adaha Qabiilka** ([dhs.wisconsin.gov/forwardhealth/imagency/index.htm](https://dhs.wisconsin.gov/forwardhealth/imagency/index.htm)).

Faahfaahin raadso: **Hage ku saabsan Codsiga Barnaamijyada Caafimaadka, Cuntada, iyo Barnaamijyada Kale ee Wisconsin (P-16091)** ([dhs.wisconsin.gov/library/collection/p-16091](https://dhs.wisconsin.gov/library/collection/p-16091)).



## Faahfaahinta hay'adda

**Hay'adayda:**

**Cinwaanka:**

**Lambarka taleefanka:**

**Barta internetka:**

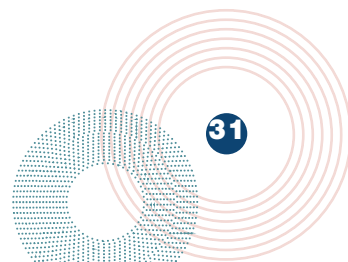
**Saacadaha:**



**Ogow:** Si aad u hesho caawimaad dheeri ah oo ku saabsan faa'iidooyinka, la hadal khabiirka faa'iidooyinka naafada ama khabiirka faa'iidooyinka naafada ee qabiilka.



**Faahfaahin raadso:** [ADRC-gaaga, Tribal ADRS, iyo Khabiirka Faa'iidooyinka Naafada \(bogga 8\).](#)



## Faa'idooyinka dadweynaha iyo hantidaada

Hanti waa wax aad leedahay oo leh qiimo. Tusaale ahaan, lacag ku jirta akoontooyinkaaga bangiga, guri, ama gaari. Hantida aad haysato waxay saameyn ku yeelanaysaa haddii aad u qalanto Medicaid ama Faa'iidada Supplemental Security Income (Dakhliga Dheeraadka ah ee Caymiska Bulshada) (SSI). Waxaa jira siyaabo aad uga dhigto qaar ka mid ah hantidaada mid aan saameyn ku yeelanaynin haddii aad u qalanto barnaamijyadaas.

## Amaanaha baahiyaha gaarka ah

Amaanaha baahiyaha gaarka ah wuxuu hayaa hanti qofka uu Social Security Administration (Maamulka Caymiska Bulshada) u qeexay inuu yahay “naafa.” Lacagtaada ama lacag qof kale kuu haysto waxay ku sii jirtaa akoonto. Waad ku kharashgareyn kartaa lacagta alaabooyinka iyo adeegyada qaarkood ee faa'iido kuu leh. Lacagtan lama tixgelinayo hanti markaad codsaneyso SSI ama Medicaid.

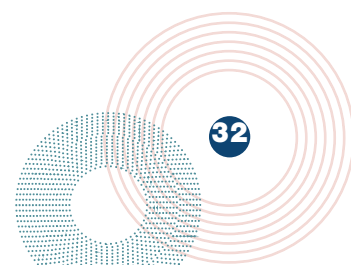
Waxaad aasaasi kartaa amaanaha baahiyaha gaarka ah ee bangi ama hay'ad maaliyadeed. Waxaad u baahan doontaa taageero ka socota qareen. Sidoo kale, waxaa jira laba kooxood oo gobolka ka jira kuwaas oo ka caawiya amaanaha baahiyaha gaarka ah:

- **Wispect** ([wispact.org/](http://wispact.org/))
- **Life Navigators** ([lifenavigators.org/trust-program/](http://lifenavigators.org/trust-program/))

## Akoonka ABLE

Koontada ABLE waa akoon kayd ah oo loogu talagalay qofka naafada ah. Waa inaad leedahay naafo ka hor da'da 26. Koontadu waxay kuu ogolaanaysaa inaad kaydsato lacag si aad ugu isticmaasho kharashyada naafada ee la qeexay. Lacagta xisaabta ku jirta looma xisaabin hanti ahaan markaad codsanayso SSI ama Medicaid.

Wax badan ka baro **ABLE National Resource Center** ([ablenrc.org/get-started/](http://ablenrc.org/get-started/)) iyo **Department of Revenue (Waaxda Dakhliga) ee Gobolka Wisconsin** ([revenue.wi.gov/Pages/faqs/ise-ABLEAccounts.aspx](http://revenue.wi.gov/Pages/faqs/ise-ABLEAccounts.aspx)).



# Shaqooyinka iyo Shaqo-bixinta

## Dhalinyarada Ku Jira Kalaguurka

Waxaad ka dhigi kartaa shaqada qayb ka mid ah qorshahaaga qofnimo. Shuruucda federaalka iyo dowladaha hoose ayaa jira si ay uga caawiyaan dhalinyarada naafooyinka inay helaan adeegyo si ay u gaaraan himilooyinkooda shaqo. Laba ka mid ah shuruucda federaalka waxaa ka mid ah:

- **Workforce Innovation and Opportunity Act (Sharciga Hal-abuurnimada iyo Fursadaha Shaqada) (WIOA)**—Iskuulada iyo Division of Vocational Rehabilitation (Qaybta Dhaqancelinta Farsamada) ee Wisconsin (DVR) waa inay wada shaqeeyaan si ay uga caawiyaan ardayda naafooyinka inay gaaraan yoolalkooda. Yoolalkan waxay la xiriiraan waxbarashada ka dib dugsigga sare (waxbarashada hoose) iyo shaqooyinka tartanka ah ee la isku daray.
- **Individuals with Disabilities Education Act (Sharciga Waxbarashada Dadka Naafooyinka) (IDEA)**—Dugsiyadu waa inay bixiyaan adeegyada kala-guurka, oo ay ku jiraan adeegyada yoolalka shaqada. Wisconsin, shaqaalaha iskuulada waa in ay bilaabaan inay la hadlaan ardayda ku saabsan yoolalkooda mustaqbalka, sida shaqooyinka, laga bilaabo da'da 14.

## Ikhtiyaarada shaqo

Ka feker nooca shaqo ee aad rabto. Waxaa jira laba nooc oo shaqo oo waaweyn.

### Competitive integrated employment (Shaqooyinka tartanka ah ee la isku daray)

Competitive integrated employment (Shaqooyinka tartanka ah ee la isku daray) waxay ka dhigan tahay shaqo ka jirta bulshada. Noocan shaqo:

Waxaad shaqeysaa waqti buuxa ama waqti qayb ah.

Waxaad kasbataa mushahar ugu yaraan mushaharka ugu hooseeya ama ka sareeya.

Waxaad heli kartaa faa'iidooyin, sida dadka aan naafooyinka lahayn ee qabanaya shaqo isla mid ah.

Waxaad leedahay fursad isku mid ah inaad korodho shaqadaada sida dadka aan naafooyinka lahayn.

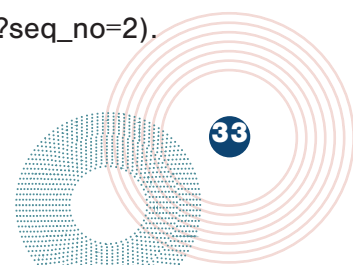
Waxaad mushahar ka qaadataa ganacsiga ama hay'adda ku shaqaaleysiisa.

### Iskaa u shaqeysiga

Qaar ka mid ah dadka waxay doortaan inay noqdaan kuwo is-shaqeysta. Iskaa u shaqeysiga, waxaad leedahay ganacsigaaga si aad lacag u kasbato. Waxaad ka heli kartaa shaqo adigoo ku saleynaya waxa aad rabto inaad sameyso iyo kartidaada. Adigu waxaad mas'uul ka tahay saacadaha shaqadaada.

Wax badan ka baro **[iskaa u shaqeysiga dhalinyarada naafada ah](#)**

([familyvoiceswi.org/resource-library/exploring-self-employment-for-youth-with-disabilities/?seq\\_no=2](https://familyvoiceswi.org/resource-library/exploring-self-employment-for-youth-with-disabilities/?seq_no=2)).





## **Barnaamijyada shaqo, adeegyada, iyo taageerada**

Haddii aad rabto inaad shaqeyso, waxaad isticmaali kartaa barnaamijyo, adeeyo, iyo taageerooyin kaa caawinaya inaad barato oo aad tijaabiso shaqooyin kala duwan. Waxaad maqli kartaa ikhtiyaaradan oo lagu magacaabo "tababarka kahor shaqada" ama "khibradaha shaqo."

### **Tababarka xirfadeed**

Tababarka xirfadeed waa hab lagu tababaro shaqo cusub iyadoo aad ka caawineyso khabiir leh shaqadaas. Waxaa laga yaabaa inaad barato sida shaqada loo qabto oo aad u barato sida loo sameeyo hawlaha. Noocyo ka mid ah xirfadaha shaqo ayaa u baahan inaad sameyso tababar xirfadeed ka hor inta aadan helin shatiga ama shahaadada lagama maarmaanka ah. Waxaa laga yaabaa inaad mushahar ka qaadata ama aanad ka helin mushahar intaad ku jirto tababarka xirfadeed.

### **Tababar shaqo**

Tababarka shaqo waa waayo-aragnimo barasho oo xirfadeed. Waxay dadka u siinaysaa hab ay ku sahmiyaan ama ku horumariyaan xirfad cusub iyo inay bartaan xirfado cusub. Tababarka shaqo wuxuu kaa caawinayaa inaad go'aansato haddii aad jeceshahay shaqadaas. Noocan waayo-aragnimo:

Waxaa laga yaabaa inaad mushahar ka qaadata ama aanad ka helin mushahar.

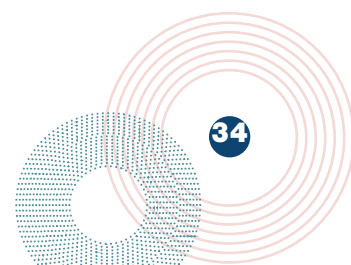
Shaqada waa in ay diiradda saartaa waxa aad baranayso ama waxa aad jeceshahay.

Waxaad helaysaa fursad aad ku tijaabiso xirfad iyo inaad barato xirfado cusub.

### **Raacista shaqo**

Sidoo kale, waxaad sameyn kartaa raacista shaqo aan rasmi ahayn si aad wax uga barato ikhtiyaarada shaqo. Inta badan, lacag laguma siiyo hadh shaqo oo aan rasmi ahayn.

Raacista shaqo sidoo kale waa nooc tababar ah oo aad sameyso markaad hesho shaqo. Waxaad raacaysaa shaqaale sameeya hawlaha isla kuwa aad sameyn doonto. Badanaa waxaad mushahar ka qaadataa inta lagu jiro tababarka si aad u barato shaqadaada.



## Project SEARCH

**Project SEARCH** ([dwd.wisconsin.gov/dvr/programs/project-search/default.htm](http://dwd.wisconsin.gov/dvr/programs/project-search/default.htm)) Waa barnaamij tababar ah oo u oggolaanaya dhalinyaro naafada ah inay helaan xirfadaha shaqo. Waxay xirfadahan ku kasbadaan tababar shaqo oo ay ka qaadanayaan goob ganacsi oo bulsho ah (goobta martida loo yahay). Barnaamijku wuxuu soconayaa sagaal bilood illaa hal sano wuxuuna kaa caawinayaa inaad isu diyaariso shaqo. Barnaamijkan:

- Waxaad qaadataa fasallo si aad u barato xirfadaha shaqo ee goobta martida.
- Inta lagu jiro barnaamijkan, waxaad tijaabinaysaa saddex ama afar shaqooyin oo kala duwan goobta martida.
- Waxaa laga yaabaa inaad awooddo inaad bilowdo barnaamijka sanadkiina ugu dambeeya ee dugsiga sare.
- Ma mushahar laguma siinayo, laakiin waxaad helaysaa taageero ama faa'iidooyin kale.

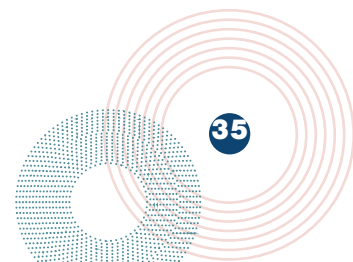
**Bixinta Dayactirka** (<https://dwd.wisconsin.gov/dvr/programs/project-search/pdf/ps-payment-fact-sheet.pdf>).

Project SEARCH ma aha mid laga heli karo dhammaan degmooyinka. Wax badan ka baro **Goobaha Project SEARCH** ([dwd.wisconsin.gov/dvr/programs/project-search/locations.htm](http://dwd.wisconsin.gov/dvr/programs/project-search/locations.htm)). Si aad ugu biirto barnaamijka, waa inaad codsataa oo aad la shaqeysaa DVR.

## Barnaamijyada shaqada ee la taageeray oo la habeeyey

Barnaamijyada shaqaalaynta ee la taageeray iyo kuwa la habeeyey ayaa ku siinaya caawimo si aad shaqo u hesho oo aad shaqo u sii haysato. Noocan shaqo:

- Waxaad ka shaqeysaa shaqooyin tartan ah oo isku dhafan.
- Shaqadaada waxay ku xiran tahay waxa aad rabto inaad sameyso, waxa aad awooddo inaad sameyso, iyo waxa loo baahan yahay ee ka yimaada shaqaaleysiiyahaaga.
- Waxaad kasbataa mushahar ugu yaraan mushaharka ugu hooseeya ama ka sareeya, waxaana laga yaabaa inaad hesho faa'iidooyin.
- Tababare shaqo ama saaxiib shaqo ayaa kuu taageeri kara.



## Barnaamijka dib-u-habeynta bulshada

Barnaamijyada dib-u-habeynta bulshada waxay bixiyaan tababar shaqo oo loogu talagalay dadka naafada ah. Tababarka shaqada ee noocan ah:

- Hoggaamiye ama maamule ayaa diyaar k uu ah inta aad shaqeyneyso ama tabarucaad sameyneyso. Waxay dib u eegaan shaqadaada inta aad sameyneyso. Waxay ku caawin karaan haddii loo baahdo.
- Badankood saaxiibbadaada shaqo sidoo kale waxay leeyihiin naafonimo.
- Barnaamijka dib-u-habeynta bulshada waa shaqaaleysiiyahaaga iyo bixiyaha adeeggaaga.
- Waxaa laga yaabaa inaad lacag kasbato iyadoo lagu saleynayo tirada alaabta aad sameyso (taas oo loo yaqaan qiimaha cutubka). Sidoo kale, waxaa laga yaabaa inaad hesho mushahar saacad ahaan.
- Tababarka shaqo ama tabarucaad aad sameyso waxaa loogu talagalay inuu noqdo mid waqti kooban ah. Waa ku caawinayaa inaad dhiso xirfadaha aad u baahan tahay si aad u hesho shaqooyin tartan ah oo isku dhafan.

## Halkee laga heli karaa caawimo

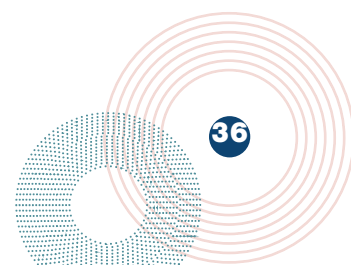
Ku biir barnaamijyo kaa caawinaya inaad raadiso, codsato, oo aad ku sii haysato shaqo.

## Division of Vocational Rehabilitation (Qaybta Dhaqancelinta Farsamada) (DVR)

**DVR** ([dwd.wisconsin.gov/dvr/job-seekers/](http://dwd.wisconsin.gov/dvr/job-seekers/)) waa barnaamij federaal iyo mid gobol. Waxay caawisaa dadka naafada ah inay helaan shaqo iyo inay ku koraan xirfad.

Waad isticmaali kartaa adeegyada DVR haddii aad leedahay naafonimo ka dhigaysa mid adag inaad shaqo hesho ama ku sii haysato. Adeegyo badan ayaa noqon kara qayb ka mid ah qorshahaaga, sida:

- Hagida xirfadeed iyo talo bixinta
- Qiimeynta naafonimada iyo shaqada
- Ka caawi shaqo raadinta iyo meelayntaada
- Tacliinta sare
- Tababarka shaqada (sidoo kale loo yaqaan tababar xirfadeed)
- Tignoolajiyada kaa caawinaysa inaad shaqo qabato (sidoo kale loo yaqaan tignoolajiyada dhaqancelinta)
- U gudubka adeegyada shaqada ee ardayda naafada ah ee dugsiga sare
- Gaadiid u dirista hawlaha shaqada
- La-talinta faa'iidooyinka dhiirrigelinta shaqada



Waxaad ka dhigi kartaa shaqada qayb ka mid ah qorshahaaga qofnimo. Shuruucda federaalka iyo dowladaha hoose ayaa jira si ay uga caawiyaan dhalinyarada naafooyinka inay helaan adeegyo si ay u gaaraan himilooyinkooda shaqo. Laba ka mid ah shuruucda federaalka waxaa ka mid ah:

- **Workforce Innovation and Opportunity Act (Sharciga Hal-abuurnimada iyo Fursadaha Shaqada) (WIOA)**—Iskuulada iyo Division of Vocational Rehabilitation (Qaybta Dhaqancelinta Farsamada) ee Wisconsin (DVR) waa inay wada shaqeeyaan si ay uga caawiyaan ardayda naafooyinka inay gaaraan yoolalkooda. Yoolalkan waxay la xiriiraan waxbarashada ka dib dugsigga sare (waxbarashada hoose) iyo shaqooyinka tartanka ah ee la isku daray.
- **Individuals with Disabilities Education Act (Sharciga Waxbarashada Dadka Naafooyinka) (IDEA)**—Dugsiyadu waa inay bixiyaan adeegyada kala-guurka, oo ay ku jiraan adeegyada yoolalka shaqada. Wisconsin, shaqaalaha iskuulada waa in ay bilaabaan inay la hadlaan ardayda ku saabsan yoolalkooda mustaqbalka, sida shaqooyinka, laga bilaabo da'da 14.

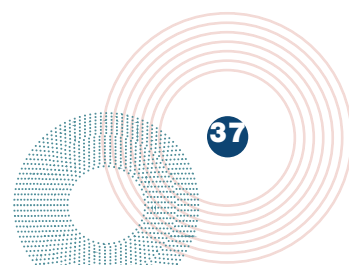
## DVR or VRNA faahfaahinta xiriirka

**Xafiiskayga:**

**Cinwaanka:**

**Lambarka taleefanka:**

**[Eeg goobaha xafiiska DVR](http://dwd.wisconsin.gov/dvr/about/locations.htm)** ([dwd.wisconsin.gov/dvr/about/locations.htm](http://dwd.wisconsin.gov/dvr/about/locations.htm))



## Xarumaha shaqada

**Xarumaha shaqada** ([wisconsinjobcenter.org/directory/](http://wisconsinjobcenter.org/directory/)) waa meelo gobolka ah oo ku caawiya:

Raadi shaqo.

Qor nuxurka noloshaada shaqo.

Buuxi codsiga shaqo.

Tababar wareysi.

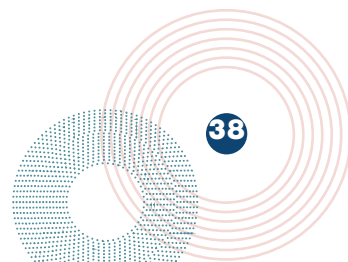
Dhammaan xarumuhu waa qayb ka mid ah Department of Workforce Development (Waaxda Horumarinta Shaqaalaha) ee Wisconsin.

## Daryeelka muddada-dheer oo ay dadweynuhu maalgaliyeen

Qaar ka mid ah barnaamijyada dowladdu waxay bixiyaan adeegyo taageero shaqo oo loogu talagalay dadka naafada ah. Waxaad heli kartaa adeegyadaas haddii aad ka mid noqoto barnaamij daryeel muddo-dheer, sida:

- CLTS (Children's Long-Term Support program (barnaamijka Taageerada Mudada Dheer ee Carruurta)).
- Family Care.
- Family Care Partnership.
- IRIS (Include, Respect, I Self-Direct) (IRIS, Ku dar, Ixtiraam, Anigu Waan Is-qaabeeyaa).

Si aad u barato wax badan oo ku saabsan barnaamijyada daryeel muddo-dheer, la xiriir xaruntaada deegaanka **ADRC (aging and disability resource center (Xarunta Kheyraadka Da'da iyo Naafanimada))** ([dhs.wisconsin.gov/adrc/consumer/index.htm](http://dhs.wisconsin.gov/adrc/consumer/index.htm)) ama **ADRS qabiil (aging and disability resource specialist (khabiir ku taqasusay agabka gabowga iyo naafanimada))** ([dhs.wisconsin.gov/adrc/consumer/tribes.htm](http://dhs.wisconsin.gov/adrc/consumer/tribes.htm)).





## Barnaamijyada caafimaadka dabeecadda

Qaar ka mid ah barnaamijyada degmooyinka iyo qabiilooyinka waxay bixiyaan adeegyo taageero shaqo oo loogu talagalay dadka leh cudurrada maskaxda ama isticmaalka maandooriyaha. Waxay adeegyadaas ugu yeedhaan waxbarasho iyo shaqo taageero leh.

Waaxda caafimaadka dabeecadda ee degmooyinka waxay bixiyaan waxbarasho iyo shaqo taageero leh barnaamijyada, kuwaas oo ka mid ah:

- **[Comprehensive Community Services \(Adeegyada Bulshada ee Dhameystiran\) \(CCS\)](https://dhs.wisconsin.gov/ccs/index.htm)** (dhs.wisconsin.gov/ccs/index.htm)
- **[Community Recovery Programs \(Barnaamijyada Soo-kabashada Bulshada\) \(CRS\)](https://dhs.wisconsin.gov/crs/index.htm)** (dhs.wisconsin.gov/crs/index.htm)
- **[Community Support Program \(Barnaamijka Taageerada Bulshada\) \(CSP\)](https://dhs.wisconsin.gov/csp/index.htm)** (dhs.wisconsin.gov/csp/index.htm)

Qaar ka mid ah degmooyinka waxay bixiyaan **[Individual Placement and Support \(Meelmarinta iyo Taageerada Shakhsiyeed\) \(IPS\)](https://dhs.wisconsin.gov/ips/index.htm)** (dhs.wisconsin.gov/ips/index.htm), Tani waa adeeg gaar ah oo taageero shaqo oo la xiriira. Ma aha dhammaan degmooyinka kuwaas oo bixiya IPS.

## Social Security Administration

**[Social Security Administration \(Maamulka Caymiska Bulshada\)](https://ssa.gov/)** (ssa.gov/) wuxuu leeyahay dhiirrigelin shaqo iyo barnaamijyo taageero shaqo. Dhiirrigelinta shaqadu waa xeerar gaar ah oo dadka ka caawiya inay shaqeeyaan oo ay ilaashadaan faa'iidooyinka ay u baahan yihiin. Tusaalooyinka waxaa ka mid ah **[Student Earned Income Exclusion \(Ka-reebista Dakhliga uu Kasbaday Ardayga\) \(SEIE\)](https://ssa.gov/ssi/spotlights/spot-student-earned-income.htm)** (ssa.gov/ssi/spotlights/spot-student-earned-income.htm) iyo **[Plan to Achieve Self Support \(Qorshee si loogaaro Taageerada Nafta\) \(PASS\)](https://ssa.gov/ssi/spotlights/spot-plans-self-support.htm)** (ssa.gov/ssi/spotlights/spot-plans-self-support.htm). **[Barnaamijka Ticket to Work \(Tigidka Shaqada\)](https://choosework.ssa.gov/)** (choosework.ssa.gov/) Waxaa laga yaabaa inay noqoto ikhtiyaar kaa caawiya inaad shaqo hesho oo aad sii haysato.



**Faahfaahin raadso: [Faa'iidooyinka Social Security \(Caymiska Bulshada\) \(bogga 24\).](#)**



## Talooyinka shaqada

Ka dhig isbeddelka shaqada sida ugu fudud ee aad awooddo.

## Kahor intaadan shaqo helin

### Waa kuwan siyaabo aad ku arki karto nooca shaqada ee adiga kuu wanaagsan:

La shaqee kooxdaada taageerada si aad u samayso yoolal ku saabsan waxa aad rabto in aad u qabato shaqada.

Weydiiso macalinkaaga inuu kaa caawiyo inaad hesho hadhka shaqo ee dhawr shaqo si aad u aragto waxaad jeceshahay inaad samayso.

Isku day inaad shaqeyso ama ka qayb gasho barnaamijyada shaqada ee dugsi sare ka hor inta aadan ka qalin jabin si aad u hesho waayo-aragnimo shaqo.

Iskaa wax u qabso si aad u hesho xirfadaha shaqo.

Codso DVR ama VRNA si aad uga hesho caawimaad raadinta shaqo ku haboon waxa aad jeceshahay iyo waxa aad si fiican u qaban karto.

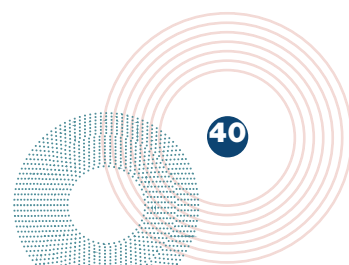
La xiriir ADRC-gaaga ama Tribal ADRS si aad uga ogaato taageerada shaqo ee ku saabsan adeegyada daryeel muddo-dheer.

La xiriir waaxda caafimaadka dabeecadda ee degmooyinkaaga ama qabiilkaaga si aad uga ogaato taageerada shaqo ee barnaamijyada sida IPS.

Samee **[Career Exploration \(Sahaminta Xirfadda\)](https://bls.gov/k12/students/careers/career-exploration.htm)** (bls.gov/k12/students/careers/career-exploration.htm) si uu kaaga caawiyo inaad go'aansato nooca shaqada kuugu fiican.

Wax ka baro **[Dhiirigelinta Shaqada Social Security \(Caymiska Bulshada\)](https://beforeage18.org/benefits-and-working/)** (beforeage18.org/benefits-and-working/) taas oo kuu ogolaanaysa inaad shaqeyso oo aad haysato faa'iidooyinka aad u baahan tahay.

Tag laba ama afar sano kulliyad ama dugsi farsamo si aad u barato xirfad.



## Kadib marka aad shaqo hesho

Halkan waxaa ku qoran waxa aad u baahan tahay inaad ogaato ka dib markaad shaqo hesho:

- Waa inaad warbixin ka bixisaa dakhligaaga Social Security Administration (Maamulka Caymiska Bulshada) haddii aad hesho faa'iidooyinka Social Security (Caymiska Bulshada) Supplemental Security Income (Dakhliga Dheeraadka ah ee Caymiska Bulshada) (SSI) ama Social Security Disability Insurance (Caymiska Naafanimada ee Bulshada) (SSDI).



**Faahfaahin raadso: [Dheefaha Social Security \(Badbaadada Bulshada\) \(bogga 24\)](#).**

- Waxaad magacaabi kartaa qof kaa caawiya maaraynta lacagta aad kasbatay haddii loo baahdo.



**Faahfaahin raadso: [Sida Loo Sameeyo Go'aamo Sharci \(bogga 15\)](#).**

- Waa inaad u sheegtaa hay'addaaga xanaanada dakhliga ama taageerada dhaqaale shaqo cusub ama dakhli cusub. Waxay ku hagaajin doonaan faa'iidooyinkaaga dadweynaha sida loo baahdo.



**Faahfaahin raadso: [Faa'iidooyinka Dadweynaha \(bogga 29\)](#).**

- Waa inaad laga yaabaa inaad buuxiso canshuuraha dakhliga haddii aad kasbato in ka badan \$12,000 sanadkii ka hor canshuuraha ama ka-dhaafista (dakhli guud).
- Waa laga yaabaa inaad u qalanto **[Adeegyada La-talin ee Faa'iidooyinka Dhiirrigelinta Shaqada](https://www.dhs.wisconsin.gov/benefit-specialists/work-incentives.htm)** (<https://www.dhs.wisconsin.gov/benefit-specialists/work-incentives.htm>) iyada oo loo marayo DVR ama barnaamijkaaga daryeel muddo-dheer ee la maalgeliyo dadweynaha. Adeegyada latalin waxay ku caawiyaan inaad fahamto sida lacagta aad ka kasbato shaqadaada ay u saameyneyso u-qalmitaankaaga dhaqaale ee barnaamijyada faa'iidooyinka dadweynaha.



Marka aad qaangaar noqoto, waxaad dooran kartaa meesha aad ku nooshahay iyo qofka kula nool. Baro xulashooyinkaaga guriyeynta. Ogow sida aad ku heli karto taageerada aad u baahan tahay si aad ugu noolaato sida aad rabto. Waxaad sidoo kale la hadli kartaa ADRC-gaaga (aging and disability resource center (xarunta agabka gabowga iyo naafanimada)) ama Tribal ADRS (aging and disability resource specialist (khabiirka agabka gabowga iyo naafanimada)).



**Faahfaahin raadso: [ADRC-gaaga, Tribal ADRS, iyo Khabiirka Faa'idooyinka Naafada \(bogga 8\)](#).**

## Kala doorashada guriyeynta

Waxaad haysataa doorashooyin guriyeynta. Waxaad ku noolaanaan kartaa kaligaa ama dadka kale la nool. Xulashooyinkaaga sidoo kale waxay ku xiran yihiin nooca taageerada aad u baahan tahay guriga.

## Guryo iyo guryo madax banaan

Guryaha iyo guryo madax-bannaan waa meelo dadka ku noolaan karaan kaligood, la degan saaxiibo, ama xubno qoyska ka tirsan.

Waxaad kiraysan kartaa ama lahaan kartaa.

Waxaad heli kartaa daryeel guriga, laakiin waxaad si gooni ah u maamuli kartaa daryeelkaas marka loo eego guryahaaga.

Waxaad yeelan kartaa saaxiibo guri, la noolaan kartaa qoyskaaga ama asxaabtaada, ama kaligaa ayaad ku noolaankartaa.

Waxaad bixinaysaa kirada, cuntada, iyo adeegyada sida korontada iyo kulaylka, adigoo isticmaalaya dakhligaaga.

Barnaamijyada daryeelka muddada-dheer ayaa bixin kara taageerada iyo adeegyada aad u baahan tahay.

Haddii aad leedahay gurigaaga, waxaad ku bixinaysaa dayactirka guriga dakhligaaga.

Hel macluumaad dheeri ah ee ku saabsan [Wisconsin Housing Directory \(Hagaha Guryaha ee Wisconsin\)](#) ([chtfwi.org/housingdirectory](http://chtfwi.org/housingdirectory)).



## Guryaha la kormeero

Guryaha la kormeero (sidoo kale loo yaqaan nolosha taageerada) waa unugyo guri oo ku yaal dhisme ay ku jiraan shaqaale taageero oo goobta ku sugan. Sida caadiga ah, dadka kale ee ku nool dhismaha waa dadka waaweyn ee naafada ah.

Waxaad ka heli kartaa taageero shaqaalaha, laakiin way dhici kartaa inaysan diyaar ahayn saacad walba.

Waad ku noolaan kartaa kaligaa ama waxaad la noolaan kartaa qol wadaag. Waxaa laga yaabaa inaad dooran karto qofka kula noolaanaya, ama kuwa kale ayaa ku caawin kara inay qof kula noolaada kuu helaan.

Waxaad kirada, adeegyada, iyo cuntada ku bixisaa dakhligaaga.

Barnaamijyada daryeelka muddada-dheer ayaa bixin kara taageerada iyo adeegyada aad u baahan tahay.

## Adult family homes (Guryaha qoyska ee dadka waaweyn) (AFH)

**Adult family homes (Guryaha qoyska ee dadka waaweyn)** ([dhs.wisconsin.gov/guide/afh.htm](https://dhs.wisconsin.gov/guide/afh.htm)) waa guryo ay ku nool yihiin hal ilaa afar qof oo naafada ah. Hay'ad ama shakhsi ayaa bixiya taageerooyin iyo adeegyo. Guriga aad ku nooshahay wuxuu noqon karaa midka milkiilaha ama maamulaha uu isna ku nool yahay.

Waxaad ka heli kartaa taageero shaqaalaha, laakiin way dhici kartaa inaysan diyaar ahayn saacad walba. Waxay suurtagal tahay inay kula noolaadaan gurigaaga ama inaysan kula noolaan. Waxay hubiyaan in baahiyahaaga la daboolo.

Qaar kale ayaa kuu diyaariya saaxiibada gurigaaga iyo shaqaalaha ku caawinaya.

Waxaad bixisaa kharashka guriga iyo cuntada (kirada, adeegyadda, iyo cuntada) adoo ka bixinaya dakhligaaga.

Barnaamijyada daryeelka muddada-dheer ayaa bixin kara taageerada iyo adeegyada aad u baahan tahay.

## Community-based residential facilities (Goobo Degganaansho oo Ku Saleysan Bulshada) (CBRF)

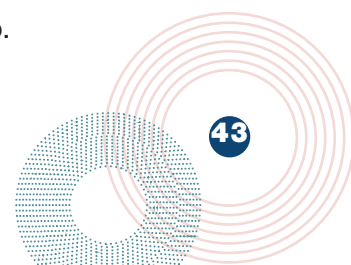
**Community-based residential facilities (Goobo Degganaansho oo Ku Saleysan Bulshada)** ([dhs.wisconsin.gov/regulations/cbrf/introduction.htm](https://dhs.wisconsin.gov/regulations/cbrf/introduction.htm)) Waa guryo ay ku nool yihiin shan ama in ka badan oo dad ah oo naafonimo qabaan.

Waxaad ka helaysaa taageero iyo adeegyo shaqaale diyaar u ah 24 saacadood maalintii.

Qaar kale ayaa kuu diyaariya saaxiibada gurigaaga iyo shaqaalaha ku caawinaya.

Waxaad dakhligaaga ku bixisaa kharashka guriga iyo cuntada (kirada, adeegyadda, iyo cuntada).

Barnaamijyada daryeelka muddada dheer waxay bixin karaan taageero iyo adeegyo.





## Ka caawinta kirada

Wisconsin, waxaa jira dhowr qaab oo lagu helayo caawimaad si loo bixiyo kiradaada, oo ay ku jiraan **HUD Housing and Urban Development (Waaxda Guryenta iyo Horumarinta Magaalooyinka)** ([hud.gov/states/wisconsin/renting](http://hud.gov/states/wisconsin/renting)).

## Guryaha la kabsado

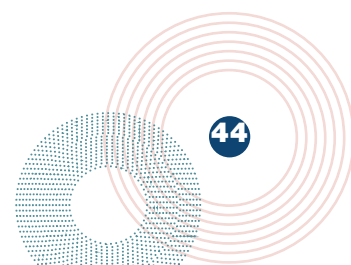
HUD waxay bixisaa kirada la dhimay (loo yaqaan guryaha la kabo). Kirada hoose waxay u tahay dadka dakhligoodu hooseeyo isla markaana u qalma. Si aad u codsato guri la kabsado:

1. Raadi guri la kabo oo aad rabto inaad degto. Qalabkan raadinta ayaa ku caawin kara:
  - **Rental Help (Caawimaad Kirada): Wisconsin** ([hud.gov/states/wisconsin/renting](http://hud.gov/states/wisconsin/renting))
  - **Wisconsin Housing Search (Raadinta Guryaha Wisconsin)** ([wihousingsearch.org/](http://wihousingsearch.org/))
2. La xiriir ama booqo xafiiska maamul ee guri dabaq kasta oo aad jeceshahay. Waydii iyaga ku saabsan helitaanka kirada hoose ee ay bixiso HUD.

## Guryaha dadweynaha iyo caymiska doorashada guryaha

Guryaha dadweynaha ama caymiska doorashada guryaha (Qaybta 8) waa barnaamijyo loogu talagalay dadka dakhligoodu hooseeyo. Caymiska foojarka wuxuu hoos u dhigaa qadarka kirada aad bixiso. Marka aad haysato foojar, waxaad sameysataa raadintaada guryaha. Waxaad ku noolaan kartaa meel kasta oo aqbasho foojarka. Si aad u codsato, booqo public housing agency (hay'adda guryaha dadweynaha) ee deegaankaaga (PHA).

- **Soo hel PHA-gaaga** ([hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](http://hud.gov/program_offices/public_indian_housing/pha/contacts)).
- **Eeg mareegaha Wisconsin PHA** ([hud.gov/states/wisconsin/renting/hawebsites](http://hud.gov/states/wisconsin/renting/hawebsites)).



## Caawimaad adeegyadda

Kharashka guryaha badanaa wuxuu ka dhigan yahay bixinta kirada iyo adeegyadda. Adeegyaddaaga waxay ka mid noqon karaan biyaha, korontada, gaaska, iyo musqusha. Waxa **Wisconsin Home Energy Assistance Program (Barnaamijka Caawinta Tamarta Guriga ee Wisconsin) (WHEAP)** ([energyandhousing.wi.gov/Pages/AgencyResources/energy-assistance.aspx](http://energyandhousing.wi.gov/Pages/AgencyResources/energy-assistance.aspx)) wuxuu caawiyaa bixinta biilasha kuleylka iyo korontada. Waa inaad buuxisaa shuruudaha dakhliga.

WHEAP sidoo kale waxay bixisaa adeegyo kale, sida:

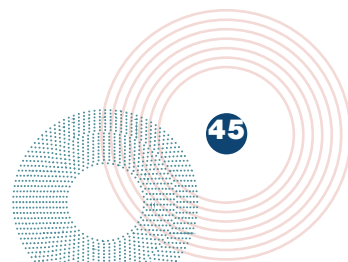
- Qorshayaasha lacag bixinta.
- La-talin ku saabsan miisaaniyadda iyo maareynta lacagta.
- Shidaalka deg-degga ah ee gurigaaga.
- Dayactirka deg-degga ah ee mashiinka kuleylka (waxay sidoo kale bedeli karaan mashiinka kuleylkaaga haddii loo baahdo).
- Talooyin ku saabsan kaydinta tamarta si loo dhimo kharashka adeegyadda.

Meesha aad ku nooshahay waxay saameyn ku yeelanaysaa cidda mas'uulka ka ah WHEAP. Waxaad heli kartaa adeegyada WHEAP ee ka socda:

- Xafiiska adeegyada bini'aadamka ee degmadaada.
- Dowladdaada Qabiilka.
- Urur gaar loo leeyahay oo aan faa'iido doon ahayn ama koox kale oo dowladeed.

**Isticmaal khariidadda** ([energyandhousing.wi.gov/Pages/Home.aspx](http://energyandhousing.wi.gov/Pages/Home.aspx)) Si aad u hesho kheyraadka kuu dhow.

**Ka codso WHEAP onlayn** ([energybenefit.wi.gov/OnlineApps/OnlineApp/Default#!](http://energybenefit.wi.gov/OnlineApps/OnlineApp/Default#!)), Telefoon, boostada, ama si toos ah.



## Faahfaahinta xiriirka WHEAP

**Hay'adayda:**

**Cinwaanka:**

**Lambarka taleefanka:**

**Lambarka fakiska:**

**Saacadaha:**

## Hay'adaha waxqabadka bulshada

Wisconsin waxay leedahay 16 wakaaladood oo waxqabad bulsho iyo laba wakaaladood oo hal ujeedo leh. Hadafkooda waa inay ka caawiyaan dadka inay helaan iyo sii joogaan ka baxsan saboolnimada. Si ay u gaaraan hadafkooda, waxay:

Bixiyaan adeegyo iyo kheyraadka bulshada ee tooska ah.

Ka dhigaan guryaha kuwo la awoodi karo iyada oo loo marayo barnaamijyo guryaha.

Maareeyaan barnaamijyo ka caawiya dadka inay lahaadaan ama kiraystaan guryo.

Maareeyaan hantida kirada.

**Raadi hay'addaada deegaanka** ([wiscap.org/find-an-agency-2/](http://wiscap.org/find-an-agency-2/)).

## Faahfaahinta xiriirka hay'adda falcelinta bulshada

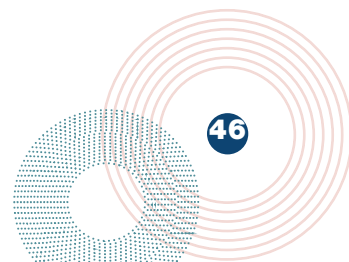
**Hay'adayda:**

**Cinwaanka:**

**Lambarka taleefanka:**

**Lambarka fakiska:**

**Saacadaha:**



Difaacidu waxay ka caawisaa dadka inay si firfircoon uga qeyb qaataan go'aanada muhiimka ah ee noloshooda. Difaaciddu waxay ujeedadeedu tahay inay hubiso in dhammaan dadka bulshada dhexdeeda ay awoodaan inay:

- Codkooda la maqlo ee arrimaha muhiimka u ah.
- Ilaalinta iyo kor u qaadista xuquuqdooda.
- Hubi in dadka kale ay tixgeliyaan aragtidooda iyo rabitaankooda marka la gaaraayo go'aanada noloshooda.

## Noocyada u doodista

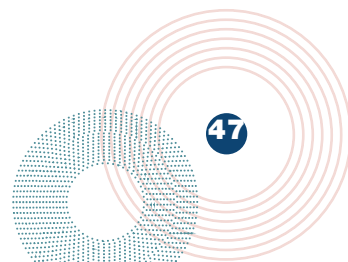
Waxaa jira saddex nooc oo u doodista.

### Difaaca nafta

Difaaca nafta waa marka aad dadka u sheegto fikradahaaga iyo dareenkaaga. Waxaad codsataa waxa aad rabto. Waad ogtahay xuquuqdaada, waana ka hadashaa. Waxaad sameysataa doorashooyin iyo go'aanado saameyn ku leh noloshada, waxaadna qaadaysaa mas'uuliyadda doorashooyinka aad samayso.

Difaaca nafta wuxuu qofka u oggolaanayaa inuu xakameeyo noloshiisa sida ugu badan ee suurtoogalka ah. Halkan waxaa ku jira dhowr qaab oo aad ku dhaqmi karto difaaca nafta:

- Sharax naafadaada, xooggaaga, iyo sida aad u barato.
- Qeex waxa aad ku samayn karto caawimo la'aan. Codso caawimo markaad u baahato.
- Ogow hoyga iyo taageerada aad u baahan tahay iyo sida aad u weyddiisato. Hoygu waa isbeddel meesha ka saaraya xannibaadda si aad hawl u gudato. Isbeddelku waxa uu ku siinayaa marin la mid ah kuwa kale.
- Baro xirfado cusub oo aad u baahan tahay si aad kaaga caawiso inaad gaarto yoolalkaaga.
- **[People First Wisconsin](http://peoplefirstwisconsin.org/)** (peoplefirstwisconsin.org/)



## U doodista shakhsi ahaaneed

U doodista shakhsi ahaaneed waa marka qof kale (u doodahaaga) uu ku garab istaago ama ku taageero. U doodahaaga ayaa kugula hadlaya si aad u caawiso hagaajinta noloshaada. Waxay hubiyaan inaad si cadaalad ah kuula dhaqmayso. U doodahaagu wuxuu ku taageeri doonaa inaad wadaagto meelaha aad ku wanaagsan tahay, baahiyahaaga, iyo yoolalkaaga. Tusaalooyinka u doodaha shakhsi ahaaneed waxa ay noqon karaan xubin qoyska ka mid ah, saaxiib, ama mas'uul kaa siinaya wax ku saabsan waxaad uga baahan tahay dugsiga ama meel kale.

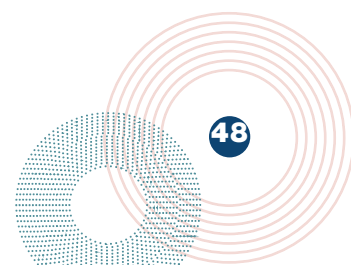
## Nidaamyada u doodista

Dhaqdhaqaaqa nidaamka waa marka qof ama koox ay isku dayaan inay beddelaan siyaasadaha, shuruucda ama xeerarka, ama nidaamyada saameeya nolosha dadka. Waxaa jira hay'ado u doodda xuquuqda dadka oo sameeya noocaan ah ee shaqada u doodda, laakiin shakhsiyadku sidoo kale way awoodaan. Dadka isku-afgaradka ah waxay isticmaalaan sheekooyinkooda iyo waxa ku dhacay si ay ula hadlaan go'aan-qaadayaasha ku saabsan isbeddelka. Isbeddelku wuxuu ujeeddadiisu tahay in la aburo natiijooyin ka wanaagsan kooxaha dadka.

## Hay'adaha u doodda xuquuqda dadka

Waxaa jira hay'ado badan oo ku yaal Wisconsin oo ku caawin kara u doodashadaada:

- **[Children's Resource Centers \(Xarumaha Agabka Carruurta\)](https://dhs.wisconsin.gov/cyshcn/resource-centers.htm)** (dhs.wisconsin.gov/cyshcn/resource-centers.htm)
- **[Disability Rights Wisconsin](https://disabilityrightswi.org/advocate/)** (disabilityrightswi.org/advocate/)
- **[Family Voices of Wisconsin](https://familyvoiceswi.org/)** (familyvoiceswi.org/)
- **[Independent living centers \(Xarumaha Nolosha Madaxbanaan\)](https://dhs.wisconsin.gov/disabilities/physical/ilcs-contact.htm)** (dhs.wisconsin.gov/disabilities/physical/ilcs-contact.htm)
- **[People First Wisconsin](https://peoplefirstwisconsin.org/)** (peoplefirstwisconsin.org/)
- **[Wisconsin Board for People with Developmental Disabilities \(Guddiga Wisconsin ee Dadka Naafada Koriinka ah\)](https://wi-bpdd.org/index.php/individuals-and-families/)** (wi-bpdd.org/index.php/individuals-and-families/)





# Barnaamijyada Daryeelka Waaweyn ee Mudada Dheer

Dhalinyarada  
Ku Jira  
Kalaguurka

Markaad noqoto qof weyn, waxaad u baahan kartaa inaad codsato barnaamij daryeel waqti dheer ah oo loogu talagalay dadka waaweyn haddii aad qabto naafanimada ama xaalad joogto ah. Waxa laga yaabaa inaad hadda qayb ka noqoto barnaamijyada dhalinyarada ee leh adeegyada daryeelka muddada-dheer. Tusaale ahaan waa barnaamijka CLTS (Children's Long-Term Support (Taageerada Mudada Dheer ee Carruurta)). Halkan waxaan ku sharxaynaa ikhtiyaaradaada daryeelka waqti dheer ee dadka waaweyn.

## Erayada la ogaado

**Daryeelka mudada dheer**—Adeegyada iyo taageerada dadka ka caawiya inay iskood u noolaadaan intii suurto ah.

**Medicaid**—Barnaamij dowlad goboleed iyo mid federaal ah. Barnaamijka wuxuu siiyaa caymiska daryeelka caafimaadka dadka leh daqliga iyo illaha xadidan.

**Medicaid waiver programs (Barnaamijyada Ka tanaasulida Medicaid) oo sidoo kale loo yaqaan Barnaamijyada daryeelka waqti dheer ee ay dawladdu maalgeliso**—Barnaamijyo u oggolaanaya gobollada inay isticmaalaan lacagaha Medicaid si ay u bixiyaan adeegyo daryeel waqti dheer ah guryaha iyo bulshooyinka.

## Barnaamijyada daryeelka waqti dheer ee dadka waaweyn ee Wisconsin

Barnaamijyada daryeelka waqti dheer ee Medicaid oo sidoo kale loo yaqaan Medicaid waiver programs (Barnaamijyada Ka tanaasulida Medicaid) waxay bixiyaan adeegyo iyo taageero kuu caawiya inaad ku noolaato, shaqeyso, oo aad ka qayb qaadata bulshadaada. Barnaamijyada dadka waaweyn waxaa ka mid ah:

- **Family Care**—Barnaamij loogu talagalay dadka waaweyn ee naafada ah iyo dadka waaweyn. Xubnaha waxay helaan adeegyo daryeel waqti dheer ah oo kala duwan iyada oo loo marayo barnaamijka. Waxaad isticmaashaa kaarkaaga Medicaid ee adeegyada caafimaadka iyo dhakhtariga iyo daawooyinka. Waxaad leedahay koox daryeel oo dejisa adeegyadaada. Waxa kale oo aad dooran kartaa in aad is-hagto adeegyada qaarkood. Barnaamijkan waxa laga heli karaa gobol kasta.
- **Family Care Partnership**—Barnaamij loogu talagalay dadka waaweyn ee naafada ah iyo dadka waaweyn. Xubnaha waxay helaan adeegyo kala duwan oo daryeel waqti dheer ah, caafimaad iyo dhakhtar, iyo daawooyinka iyada oo loo marayo barnaamijka. Waxaad leedahay koox daryeel oo dejisa adeegyadaada. Waxa kale oo aad dooran kartaa in aad is-hagto adeegyada qaarkood. Barnaamijkan lagama heli karo gobolada oo dhan. Waydii ADRC-gaaga (aging and disability resource center (xarunta agabka gabowga iyo naafanimada)) ama ADRS-ta Qabiilka (aging and disability resource specialist (khabiirka agabka gabowga iyo naafanimada)) haddii Family Care Partnership uu ka jiro degmadaada.

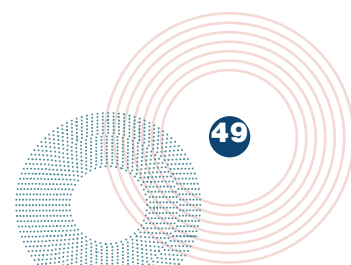
Waa kuwan waxyaabaha sii soconaya bogga 50



WISCONSIN DEPARTMENT  
of HEALTH SERVICES

P-00413ASO (01/2025)

Ku laabo jadwalka ee maaddooyinka



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- **IRIS (Include, Respect, I Self-Direct) (IRIS, Ku dar, Ixtiraam, Anigu Waan Is-qaabeeyaa)**— Barnaamij si buuxda isu hago oo loogu talagalay dadka waaweyn ee naafada ah iyo dadka waaweyn. Ka qaybgalayaasha IRIS waxay go'aamiyaan waxyaabaha, taageerada, iyo adeegyada ka caawin doona inay gaaraan baahiyaha iyo yoolalkooda. Kadib markaad ku biirto, waxaad helayaa miisaaniyad aad ku isticmaali karto waxyaabaha, taageerada, iyo adeegyadaas. Waxaad isticmaashaa kaarkaaga Medicaid ee adeegyada caafimaadka iyo dhakhtariga iyo daawooyinka. Waxaad leedahay lataliye IRIS. Waxay ku caawiyaan inaad fahamto barnaamijka iyo shuruucda aad raacdo marka aad is-maamuleyso taageeradaada. Barnaamijkan waxa laga heli karaa gobol kasta.



**Ogow:** ADRC-gaaga ama Tribal ADRS-gaaga ayaa kuu sheegi kara wax badan oo ku saabsan barnaamijyadan. Waxaa kaliya oo aad iska diiwaangelin kartaa hal barnaamijka daryeelka muddada dheer ee Medicaid waqtigiiba. Dhammaan barnaamijyada waa iqtiyaar. Iqtiyaar waxaa loola jeedaa dooqaaga aad iskaga diiwaangeliso. Waxaad dooran kartaa inaad beddesho barnaamijyada ama aad ka baxdo barnaamij wakhti kasta.

## Tallaabooyinka la isaga diiwaangeliyo

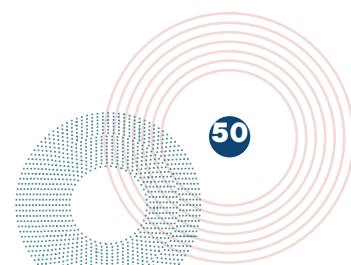
Inta badan waxay qaadataa hal ilaa saddex bilood in lagu qoro barnaamijka daryeelka waqti dheer ee Medicaid. Qaar ka mid ah dadka, habka waxaa laga yaabaa inuu qaato waqti dheer. Nidaamka waxaa ku jiro tallaabooyinka:

### 1. La xiriir ADRC-gaaga ama Tribal ADRS.

Markaad da'daadu tahay 17 iyo 6 bilood, ADRC-gaaga ama ADRS-taada qabiil ayaa kaa caawin kara inaad bilowdo. Waxaad wax ka baran doontaa ikhtiyaaradaada iyo shuruudaha barnaamijka ee lagu qoro. ADRC iyo ADRS Qabiil waa bilaash.



**Faahfaahin raadso:** [ADRC-gaaga, Tribal ADRS, iyo Khabiirka Faa'iidooyinka Naafada \(bogga 8\).](#)



## 2. Isku hubi inaad u qalmeeyso iyadoo la adeegsanayo shaashadda shaqayneed.

ADRC-gaaga ama Tribal ADRS ayaa kula kulmayo si aad u dhameystirtid shaashada shaqada. Waxay ku weydiin doonaan su'aalo ku saabsan waxaad awoodo inaad isku keligeed qabato iyo marka aad u baahan tahay caawimaad. Ujeedada shaashadda waa in la cabbiro heerka baahidaada ee taageerada iyo adeegyada. Shaashadu waxay sidoo kale hubisaa inaad buuxiso shuruudaha barnaamijka.



**Ogow:** Shaashadda shaqayneeso waxay ka duwan tahay shaashadda loogu talagalay CLTS iyo barnaamijyada kale ee dhalinyarada. Barnaamijyada daryeelka waqti dheer ee dadka waaweyn waxay bixiyaan adeegyo loogu talagalay dadka qaba naafanimada jirka, maskaxda, ama horumarka. Barnaamijyadu waxay kaloo caawiyaan dadka waaweyn. Waa in aad haysatid baahi daryeel oo ku filan si aad ugu qalanto barnaamijka.

Dhalinyarada ku jira CLTS ee qaba cudurro maskaxeed ama serious emotional disturbance (dhibaatooyin xooggan oo shucuureed) (SED) waxaa laga yaabaa inaysan u qalmin barnaamijyada daryeelka waqti dheer ee dadka waaweyn haddii aadan qabin naafanimo kale oo jirka ama horumarka. ADRC-gaaga ama Tribal ADRS-gaaga ayaa weli ku baari kara haddii aad doorato. Haddii aadan u qalmin, waxay ku hagi karaan ilaha caafimaadka maskaxda iyo adeegyo kale.

## 3. Go'aamiso u qalmida dhaqaale ahaan.

Barnaamijyada daryeelka waqti dheer ee Medicaid waxay leeyihiin shuruudo dhaqaale. Waxay ku xiran tahay haddii aad hore u heshay faa'iidooyinka Medicaid iyo nooca Medicaid ee ay tahay. Waxaa laga yaabaa inaad u baahan tahay inaad buuxiso codsi dhaqaale. ADRC-gaaga ama Tribal ADRS-gaaga ayaa ku caawin kara go'aaminta warqadaha aad u baahan tahay inaad buuxiso.

## 4. Wax ka baro dooqyada barnaamijkaaga.

ADRC-gaaga ama Tribal ADRS-gaaga ayaa kuu sheegi doona haddii aad buuxiso shuruudaha shaqayneed iyo kuwa dhaqaale ee barnaamijka daryeelka waqti dheer ee Medicaid. Waxay sidoo kale ku sharxi doonaan shuruudo kale oo barnaamijka ah. Haddii aad u qalantid, waxay kula wadaagayaan barnaamijyada lagu heli karo. Waxay ku caawin doonaan inaad wax ka barato ikhtiyaarradan, si aad uga samaysato go'aanka ugu fiican adiga. Nidaamkaan waxaa loo yaqaan la talinta diiwaangelinta.



## 5. Dhameystir Diiwaangelinta.

Haddii aad doorato inaad ku biirto barnaamijka daryeelka waqti dheer ee Medicaid, ADRC-gaaga ama Tribal ADRS-gaaga ayaa ku caawin doona:

- Dhameystir diiwaangelinta ama waraaqaha gudbinta.
- Ogeysii hay'ada inaad doorato diiwaangelintaada ama gudbinta barnaamijkooda. Saddex maalmood gudahooda laga bilaabo isdiiwaangelintaada ama taariikhda gudbinta, wakaaladu way ku soo wici doontaa. Kadibna waxay jadwal gelin doonaan booqasho si ay kula kulmaan oo ay u bilaabaan shaqada qorshahaaga ee adeegyada iyo taageerada aad u baahan tahay.

## Meelaha aad ka baran karto wax dheeraad ah

Wax badan ka baro barnaamijyada daryeelka waqti dheer ee dadka waaweyn:

- **[Dulmarka Barnaamijka Family Care \(P-00088D\)](https://dhs.wisconsin.gov/library/collection/p-00088D)**  
([dhs.wisconsin.gov/library/collection/p-00088D](https://dhs.wisconsin.gov/library/collection/p-00088D))
- **[Dulmarka Barnaamijka Family Care Partnership \(P-00088F\)](https://dhs.wisconsin.gov/library/collection/p-00088F)**  
([dhs.wisconsin.gov/library/collection/p-00088F](https://dhs.wisconsin.gov/library/collection/p-00088F))
- **[IRIS Dulmarka Barnaamijka \(P-00088M\)](https://dhs.wisconsin.gov/library/collection/p-00088M)**  
([dhs.wisconsin.gov/library/collection/p-00088M](https://dhs.wisconsin.gov/library/collection/p-00088M))
- **[Adeegyada Ku Jira Barnaamijyada Daryeelka Waqti-Dheer ee Dadka Waaweyn: IRIS, Family Care, iyo Partnership \(P-00088OB\)](https://dhs.wisconsin.gov/library/collection/p-00088OB)**  
([dhs.wisconsin.gov/library/collection/p-00088OB](https://dhs.wisconsin.gov/library/collection/p-00088OB))
- **[Taageerooyinka Shagsiga Hago: Su'aalaha Inta Badan La Isweydiyo \(P-00088N\)](https://www.dhs.wisconsin.gov/publications/p0/p00088n.pdf)**  
(<https://www.dhs.wisconsin.gov/publications/p0/p00088n.pdf>)





**ADRC-ga Deegaankeyga ama Tribal ADRS:**

**Cinwaanka:**

**Lambarka taleefanka:**

**Lambarka Fakiska:**

**Saacadaha:**

**Barta intarnetka:**

**Ciwaanka iimaylka:**

**Qoraalada:**

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