

2014 Coalition Self-Assessment Tool

BACKGROUND

The Nutrition and Physical Activity Coalition Self-Assessment Tool is designed to give you an idea of the strengths and weaknesses of your coalition and help direct your current and future functions. The tool will ask you a number of questions with assigned point values and then provide you with a "score" at the end. The score and related recommendations should help you in making your coalition as functional as possible given your resources.

The survey tool should be completed by the coalition chair or a core group of coalition members.

The survey will take about 30 minutes to complete. You may want to download the pdf version of the survey and complete that by hand with key coalition members and then transfer the results to the online survey. When you complete the survey you will be given the option at the end to print your results and receive your score. An explanation of the score can be found on the web page that provided the link to this self-assessment survey.

If you have questions or technical problems with the survey, contact Jon Morgan at (608) 266-9781 or jonathon.morgan@wi.gov

Thank you.

Select Survey – Key Instructions

- 1. The Survey Times Out after 1 Hour.** This survey tool has a "time-out" setting of one (1) hour, which is activated when you open the survey and resets each time you move to the next "Page".
- 2. Saving Your Work.** Because of this setting, you must move at least to the next "Page" or finish the survey within 1 hour for your work to be saved. When you move to the next page the clock is reset for 1 additional hour. (When you select "Next" at the bottom of each page or "Done" at the end of the survey, your work to that point is also saved).
- 3. Coming Back To Your Survey Answers.** If you can't finish the survey in one sitting, you can select "Next" or "Done", exit the survey, and then you can return at a later time to edit or add to your saved responses. **You will need to use the same computer if you return to the survey,** since that IP address will be the only way to automatically find your earlier responses. (Make sure that you finish a "Page" or section before leaving the survey if you're going to be away for over an hour. You can return to your survey by clicking on the original hyperlink sent to you via email).

1. Coalition Name

2. Coalition Chairperson(s)

Chair

Co-chair

Coordinator (if different from chair/co-chair)

3. Agency Affiliation of Coalition Chair(s) & Coordinator

Chair 1

Chair 2

Coordinator

4. What organization(s) are primarily responsible for providing resources and infrastructure for the administration of the coalition?

5. Which of the following social media or communications tools does your coalition have? Please check all that apply.

- Website
- Facebook
- Twitter
- Blog
- YouTube / Vimeo
- Flickr / Instagram or similar photo sharing site
- Google Tools for shared info (Drive, Calendar, etc)
- LinkedIn
- Regular texts to an enrolled audience
- We don't have any communication tools.

6. If your coalition has any of these tools, please list the url.

ex. Web: mywebsite.com

Website

Facebook

Twitter

Blog

YouTube

Vimeo

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General Coalition Information

7. In what year was your coalition formed?*

- 2013
- 2012
- 2011
- 2010
- 2005 - 2009
- 2000 - 2004
- Prior to 2000

8. How does your coalition partner with other health related coalitions (e.g. chronic disease coalition, tobacco coalition, FACT group, food security coalition, safe kids coalition, etc.) in your community?

Our coalition ...

Check all that apply

- ... shares information about current activities with other health related coalition(s)
- ... is represented on other health related coalition(s) by our coordinator or other members
- ... jointly plans and implements strategies with other health related coalition(s)
- ... is part of an overarching coalition focused on multiple health behaviors or outcomes
- ... doesn't partner with other health related coalitions in the community

9. We are interested in knowing about the planning processes that your coalition has used. Does your coalition have any of the following? (check all that apply)

Definitions:

A **Mission Statement** - an organization's statement that describes what the group is going to do and why it's going to do that.

A **Vision Statement** - communicates what your coalition believes are the ideal conditions for your community.

A **Strategic Plan** provides overall direction for accomplishing the mission over a period of several years.

An **Intervention Action Plan** is a plan that utilizes a detailed, step-wise process to develop and implement a specific, targeted intervention.

- A clear, written mission statement
- A clear, written vision statement
- A clear, written strategic plan for the current year
- A clear, written strategic plan beyond the current year
- An intervention action plan(s) based on your strategic plan
- We don't have any formal planning process

10. In 2013, how often did your coalition refer to the strategic plan when planning programs, interventions, or activities?

- Never. We do not have a strategic plan.
- Never. We have a plan, but did not refer to it in 2013.
- Rarely
- Sometimes
- Often
- Always

11. In your opinion, which of the following scenarios best describes your coalition?

Option 1: Coalition has met and shared information amongst members, but has not developed a strategic plan or defined goals and objectives for action.

Option 2: Coalition has met regularly to share information amongst members, has developed a strategic plan to define the coalition's goals and objectives for action, is beginning to build capacity (includes networking, facilitating, collaborative leadership, recruiting and retaining members), but has not yet begun to develop a program or intervention.

Option 3: Coalition has built some capacity, has developed a strategic plan, and has partners and/or sufficient resources. The coalition has started to implement a program or intervention that addresses at least a single focus area (e.g. fruits and vegetables) in a single setting (e.g. schools, worksites).

Option 4: Coalition has built some capacity, has developed a strategic plan, and has partners and/or sufficient resources. The coalition has planned, implemented and evaluated a program or intervention that addresses at least a single focus area (e.g. fruits and vegetables) in a single setting (e.g. schools, worksites).

Option 5: Coalition has built sufficient capacity, has developed a strategic plan, and has planned, implemented, and evaluated a program or intervention that addresses multiple focus areas (e.g. fruits and vegetables and physical activity) or multiple settings (e.g. schools, worksites). The coalition has sufficient partners and resources to implement and sustain the intervention.

- Option 1:** Coalition shares information, but has no strategic plan or defined goals.
- Option 2:** Coalition has met regularly shares information, has a strategic plan, is building capacity, but has not done an intervention.
- Option 3:** Coalition has capacity, has a strategic plan, has resources and has started to implement an intervention in at least a single focus area in a single setting.
- Option 4:** Coalition has capacity, has a strategic plan, has resources and has planned, implemented and evaluated an intervention in at least a single focus area in a single setting.
- Option 5:** Coalition has capacity, has a strategic plan, and has planned, implemented and evaluated an intervention that addresses multiple focus areas or multiple settings and has partners and resources to sustain the intervention.

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Coalition Infrastructure

Please tell us some general information about the membership and activities of your coalition in 2013. Responses to all questions should relate to calendar year 2013.

12. What groups are currently represented on your coalition?

Check all that apply.

- Advocacy groups (ex. American Heart Association, American Diabetes Association, etc.)
- Afterschool Providers
- Aging
- Businesses
- Chambers of Commerce
- Childcare / Early Childhood Care & Education
- Citizen / Public Member
- Community Organizations
- Disability Services
- Economic Development
- Farmers/Local Growers/Farmers Market Managers

- Federally Qualified Health Center
- Food System Distributors
- Food System Processors
- Government Agencies
- Grocers
- Health System Administrators
- Health Care Providers (MDs, nurses, exercise physiologists, dietitians, PT, OT, etc.)
- Law Enforcement Organizations
- Local Health Departments
- Media
- Minority/Diversity/Disadvantaged Population Service Groups
- Parks & Recreation Organizations
- Private, Non-Profit Organizations
- Public Works / Engineering
- Real Estate
- Religious or Faith-based Groups
- Restaurants
- Schools (K-12 teachers, food service, administration)
- Service Groups (ex. Rotary)
- Transportation, City Planning or Municipal Planning Organizations
- Tribal Agencies
- Universities (includes 4 yr., 2 yr, and technical colleges)
- UW-Extension Organizations
- WIC
- YMCA, Boys & Girls Club, etc.
- Youth Groups
- Other, please specify

13. Does your coalition have community engagement or buy-in from any of the high level positions listed below. Check all that apply.

Engagement would include active coalition participation in some form.

- Mayor or top aide
- School Superintendent
- School Board President
- County Board/City Council/Village Chair
- Hospital or large clinic CEO
- CEO from large local business
- Local funding foundation
- State government senator or representative
- Other, please specify

14. In 2013, how many times did your coalition meet?

Answer all options that apply to your coalition.

Doesn't exist or didn't meet	Met 2 or less times in 2013	Met 3 or more times in
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	in 2013		2013
Full Coalition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sub-Committees	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Executive Committee	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We conduct business via email or conference call	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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Coordinator and Funding

15. In 2013, approximately what percent of the coordinator's time was spent on coalition activities?

- None. We don't have a coordinator.
- 1 - 24%
- 25 - 49%
- 50 - 74%
- 75 - 99%
- 100%

16. In 2013, which of the following funding sources helped support your coalition? (Include in-kind contributions of gifts, materials, printing, etc.)

- Tax base (local or county)
- State Nutrition, Physical Activity and Obesity (NPAO) Program grant funds
- WI Partnership Program (UW) or Healthier WI Partnership Program (MCW) grant
- Other targeted grants such as Cancer, Minority Health or Comprehensive School Health grants
- Maternal and Child Health (MCH) Block Grant
- Womens, Infants & Children (WIC)
- Prevention Block Grant
- Centers for Disease Control (CDC)
- National Institutes of Health (NIH)
- US Department of Agriculture (USDA)
- WI Dept of Agriculture
- Dept of Transportation (e.g. Safe Routes)
- Dept of Public Instruction (Team Nutrition, Movin & Munchin Schools)
- Health Care Organizations (HMOs, etc.)
- Businesses
- Private Foundation (e.g. United Way, RWJ, etc.)
- Service Clubs (e.g. Rotary, Kiwanis, etc.)
- Transform WI grant (food system, physical activity or both)
- Membership dues
- Other, please specify

17. In 2013, which of the following options best describes the approximate total amount of annual funding for your coalition? **Choose the most appropriate dollar range.**

- \$0
- \$1 to \$999
- \$1,000 to \$4,999
- \$5,000 to \$9,999
- \$10,000 to \$24,999
- \$25,000 to \$49,999
- \$50,000 to \$99,999
- \$100,000 or more

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Coalition Activities

Please tell us about your coalition's activities and where your coalition focused its efforts in 2013.

18. In 2013, at what level(s) of change (intervention) was your coalition working to improve health? Mark as many levels as are appropriate.

Individual and interpersonal programming would include events, training, health fairs, etc.

Organizational and community environmental change would include new trails, vending options, etc.

Policy change would include flex time at work to be active, meeting snacks or food options, etc.

- Individual (e.g. promote awareness, knowledge, and motivation)
- Interpersonal (e.g. teach families or enhance their skills needed to make desired changes)
- Organizational (e.g. foster supportive environments such as in organizations, worksites, schools)
- Community (e.g. foster supportive environments community-wide, change social norms and standards)
- Policy (e.g. local or state laws, ordinances, policies or regulations)
- None. Our coalition worked primarily on building its capacity this year.
- None. Our coalition was not able to work on either interventions or capacity building this year.

19. In 2013, did your coalition specifically target any of the following diverse populations in your community?

Check all that apply

- None. We didn't target any specific group.
- White
- Black / African American
- Hispanic / Latino
- Asian
- American Indian
- Low Socioeconomic Status
- Lesbian, Gay, Bisexual and Transgender persons
- Persons with Disabilities
- Seniors

- Youth
- Rural
- Immigrants/refugees
- Other, please specify

20. If you answered the previous question: "None. We didn't target any specific group", what is the reason you didn't target specific groups?

Check all that apply.

- We serve everyone in the community
- We targeted groups other than those listed above
- We are at the early stages of our coalition and are not at a point to intervene in targeted groups
- Other, please specify

Now, we'd like to know more about the specific activities that your coalition may be doing to maintain or build infrastructure for your coalition.

21. In 2013, did your coalition participate in any of the following **coalition building activities**?

Please check all that apply.

- Participated in a leadership building training such as Healthy WI Leadership Institute
- Developed a sustainability plan
- Connected with media to promote an issue (media outreach)
- Provided training to members on key issues
- Identified an influential person to champion specific interventions
- Recruited new partners to achieve coalition goals and objectives
- Assessed coalition needs and identified new partners to recruit to fulfill specific goals and objectives
- Worked to retain current members
- Leveraged existing partner resources (funding, time, meeting rooms, etc.) for greatest impact
- Wrote a grant or responded to a funding opportunity to increase funding to support coalition activities
- Implemented or learned about collaborative leadership/shared power as a means for coalition infrastructure
- Shared materials and information between members
- Participated in fundraising activities
- None. We didn't participate in any coalition building activities
- Other, please specify

Assessment can be used for broader planning, such as a coalition's strategic plan, or for specific planning related to an intervention. The following questions ask about these two different planning processes

22. In 2013, did your coalition participate in any of the following **initial assessment activities**?

Check all that apply.

- Conducted a community health assessment (CHA, CHNA)
- Conducted a Community Health Assessment and Group Evaluation (CHANGE)
- Conducted formative assessments (surveys, focus groups, interviews, etc.) to understand the

target audience

- Conducted an assessment to learn about the community environment for physical activity (i.e. Active Community Environments, walkability/bikeability checklists)
- Conducted an assessment to learn about the community environment for nutrition (fruit and vegetable audit, Nutrition Environment Measures Survey (NEMS))
- Analyzed existing state or local data
- Assessed data for health equity or disparity issues
- No. We didn't participate in any initial assessment activities.
- Other, please specify

Now, we would like to know more about your coalition's activities related to intervention action planning and implementation.

23. In 2013, did your coalition participate in any of the following **prioritizing and intervention action planning activities**?

Check all that apply.

- Identified specific levels of change for the intervention (individual, interpersonal, organizational, community, policy making)
- Identified specific sites to implement the intervention (i.e. schools, worksites, healthcare, community etc.)
- Identified the specific health outcome you were trying to impact (i.e. increase healthy weight, increase fitness, improve health indicators, etc.)
- Identified the health behavior ou were trying to change (i.e. increase physical activity, increase fruit and vegetable consumption, decrease TV viewing, etc.)
- Identified the target audience (i.e. age, gender, race, etc.)
- Incorporated health equity / disparity issues
- Wrote SMART (Specific, Measurable, Acheivable, Realistic, Time) objectives to achieve what needs to be done
- No. We didn't participate in any prioritizing and planning activities.
- Other, please specify

24. In 2013, did your coalition participate in any of the following **interventions or program activities**?

Please check all that apply.

- Developed and disseminated materials (i.e. brochures, fact sheets, community guides, etc.)
- Developed and disseminated a resource guide of nutrition and physical activity opportunities in the community
- Coordinated programs and services
- Provided direct technical assistance (i.e. to schools, worksites, etc.)
- Worked on specific short term projects
- Participated in a large scale campaign (i.e. Safe Routes to School, TV Turn Off, etc.)
- Participated in the Let's Move campaign (i.e. physical activity, salad bar, childcare, etc.)
- Provided training for professionals (i.e. teachers, health care, etc.)
- Worked with other groups to implement environmental changes
- Worked with other groups to implement policy changes
- Promoted chronic disease self-management programs (i.e., Living Well with Chronic Conditions)
- No. We didn't participate in any implementation strategies or program activities
- Other, please specify

25. In 2013, which, if any, of the following activities related to **media outreach** relevant to breastfeeding, nutrition, physical activity, and/or obesity prevention issues did you or any other coalition member engage in ?

Note: "Earned media" refers to unpaid media coverage (rather than paid campaigns, etc.).

Please check all that apply.

- Created press releases
- Created media advisory or photo opportunity announcement(s)
- Chose and trained a media spokesperson to represent the coalition
- Participated in media interviews
- Developed and promoted media materials (logo/graphics, tagline, radio soundbites, etc)
- Developed social media options (blogging, online video or photo sharing, text messaging, social networking websites, micro-blogging, RSS feeds, podcasts)
- Wrote letters to the editor
- Wrote opinion editorials
- Met with an editorial board of your local or county newspaper
- Worked with print, internet and/or TV reporters to develop feature stories
- Cultivated or worked to maintain a relationship with one or more reporters
- Our coalition did not engage in media outreach in 2013
- Other type of media outreach; please specify:

26. In 2013, did your coalition participate in any of the following **evaluation activities**?

Check all that apply.

- Evaluated the coalition's capacity-building efforts
- Conducted a pre/post evaluation on intervention goals and objectives
- Measured change in response to an audit or initial assessment results (pre/post)
- Formally evaluated the coalition's progress on their strategic plan
- Revised or refined the coalition's strategic plan based on evaluation results
- Connected with an academic partner at a university to help with evaluation
- Tracked HEDIS measures for health care quality assurance
- Used biometric measures (BMI, blood pressure, etc.) for outcome evaluation
- Shared results with community audiences
- No. We didn't participate in any evaluation activities
- Other, please specify

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Specific Interventions and Strategies

The following questions will ask you about what settings your coalition is working in and the use of specific strategies that have been identified by the Centers for Disease Control and Prevention (CDC).

27. In 2013, did your coalition implement an intervention in any of the following settings? Check all that apply.

- Active Community Environments** Community Physical Activity (promoting and supporting physical activity through changes to the built environment) – examples include: promoting active transportation; Safe Routes to School
- Breastfeeding Support** – examples include encouraging breastfeeding support in the workplace with private rooms & flexible scheduling for breast milk pumping/storage; policy and environmental changes for breastfeeding-friendly childcare facilities;
- Food System** Community Nutrition – examples include farm to school or institution; farmers market/farm stands; gardening; point-of-decision labeling for healthy eating; and encouraging convenience stores to offer more fruits & vegetables
- Early Care & Education (childcare)** - examples include site policies; active play areas; healthy food options; reduce TV time
- Healthcare** - examples include screenings for activity and nutrition; counseling; services covered by insurance, maternity care practices
- School Nutrition** - examples include policies that encourage healthy foods; Farm to School, school gardens; etc.
- School Physical Activity** - examples include Active Schools strategies (active classrooms, active recess, joint use agreements, Safe Routes to School, etc.)
- Worksite Wellness** – examples include comprehensive wellness programs and preventive benefits; promoting physical activity by providing breaks and access to facilities that promote physical activity, and promoting alternative transportation
- Other**, please specify

28. For the settings you worked in, please estimate the "reach" you had in potentially changing behavior. Estimate the number of sites or organizations you impacted and the number of individuals impacted. (One site = a school, a childcare provider, a worksite, a farmers market, etc.)

Assess reach by first estimating the number of targeted settings or systems that adopt the intervention. These may include organizational settings such as early childhood education sites (ECEs), worksites, schools, and health care systems, or the built environment (sidewalks, open spaces, farmers markets, healthy food retail, etc.). Next, reach is determined by estimating the number of people within those settings that are potentially served by the intervention.

	# of Sites	# of Individuals
Breastfeeding Support (list any breastfeeding reach here, not in settings)	<input type="text"/>	<input type="text"/>
Community Gardens	<input type="text"/>	<input type="text"/>
Community Supported Agriculture (CSA)	<input type="text"/>	<input type="text"/>
Farmers' Markets	<input type="text"/>	<input type="text"/>
Food Pantries	<input type="text"/>	<input type="text"/>
Grocery Stores	<input type="text"/>	<input type="text"/>
Convenience or Corner Stores	<input type="text"/>	<input type="text"/>
Restaurants	<input type="text"/>	<input type="text"/>
Bike and Pedestrian Improvements (sidewalks, trails, facilities, etc.)	<input type="text"/>	<input type="text"/>
Park space or improvements (new green space, trails, etc)	<input type="text"/>	<input type="text"/>
Shared Use Facilities (increase access to school and recreation facilities)	<input type="text"/>	<input type="text"/>
Childcare	<input type="text"/>	<input type="text"/>
Healthcare	<input type="text"/>	<input type="text"/>

School Nutrition

School Physical Activity

Worksite

The ultimate goal of interventions at all levels is to change individual behavior. Key nutrition and physical activity strategies for impacting obesity have been identified in a variety of settings by national experts. In 2013, which of the following strategies in questions 35-42 did your coalition address in each setting listed below?

29. In 2013, if your coalition implemented a **Community intervention to increase physical activity**, check all of the strategies below that you used for that setting and indicate the level of implementation.

"A few or some elements in place" means the strategy has been discussed and initial planning and implementation steps have been determined and begun.

"Most or all elements in place" means that the strategy has been implemented and is fully operationalized or is close to being fully operationalized.

	Not at all	A few or some elements in place	Most or all elements in place
Community campaigns and social support for physical activity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Comprehensive Master Plans	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Complete Streets policy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mixed-Use development (residential/commercial)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Network of walking and biking routes and trails available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safe Routes to School	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public Transportation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Joint Use (sharing recreation facilities in off hours)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School / Community recreational activity programs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Safety and crime prevention	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We didn't participate in any strategies for this setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

30. In 2013, if your coalition implemented a **Community intervention to improve nutrition**, check all of the strategies below that you used for that setting and indicate the level of implementation.

"A few or some elements in place" means the strategy has been discussed and initial planning and implementation steps have been determined and begun.

"Most or all elements in place" means that the strategy has been implemented and is fully operationalized or is close to being fully operationalized.

	Not at all	A few or some elements in place	Most or all elements in place
Community campaigns and social support for healthy foods, beverages or breastfeeding	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Restaurants (ex. menu labeling, healthy options, portion sizes)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Grocery stores (marketing, product placement, pricing, store access, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Small corner stores / food retail venues (healthy options, marketing, pricing, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Farm to Institution (worksites, hospitals, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Farmers' Markets (access, WIC/SNAP acceptance, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community gardens	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community supported agriculture	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Emergency food programs (healthy options, fresh produce, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breastfeeding support in public places	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Educate mothers and provide peer support programs to encourage breastfeeding	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Food policy council	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Public food and beverage standards, including promotion and access to healthy beverages, including water	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Limit access to sugar-sweetened beverages	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We didn't participate in any strategies for this setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

31. In 2013, if your coalition implemented an **Early Care and Education (childcare) intervention to improve physical activity or nutrition**, check all of the strategies below that you used for that setting and indicate the level of implementation.

"A few or some elements in place" means the strategy has been discussed and initial planning and implementation steps have been determined and begun.

"Most or all elements in place" means that the strategy has been implemented and is fully operationalized or is close to being fully operationalized.

	Not at all	A few or some elements in place	Most or all elements in place
Provider trainings on health/wellness topics	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provider standards include wellness			

policies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Policy and programming for 60 – 120 minutes of physical activity daily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Policy and programming to limit screen time < 1 hour daily	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healthy meals and snacks served	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healthy beverages served	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Breastfeeding-friendly childcare	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Childcare garden available	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We didn't participate in any strategies for this setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

32. In 2013, if your coalition implemented a **Healthcare intervention to improve physical activity or nutrition**, check all of the strategies below that you used for that setting and indicate the level of implementation.

“A few or some elements in place” means the strategy has been discussed and initial planning and implementation steps have been determined and begun.

“Most or all elements in place” means that the strategy has been implemented and is fully operationalized or is close to being fully operationalized.

	Not at all	A few or some elements in place	Most or all elements in place
Routine screening & counseling on physical activity, nutrition, & weight management	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Referral system and follow-up for health issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Promotion of disease self-management as part of care continuum	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
“Exercise” prescriptions for appropriate patients as part of counseling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healthy options for patients, staff, and visitors in meals, cafeterias, and vending	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marketing of healthy foods/no advertising of unhealthy foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Maternity care practices that support breastfeeding	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We didn't participate in any strategies for this setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

33. In 2013, if your coalition implemented a **general School intervention to improve physical activity or nutrition**, check all of the strategies below that you used for that setting and indicate the level of implementation.

“A few or some elements in place” means the strategy has been discussed and initial planning and implementation

steps have been determined and begun.

“Most or all elements in place” means that the strategy has been implemented and is fully operationalized or is close to being fully operationalized.

	Not at all	A few or some elements in place	Most or all elements in place
Provide school health advisory councils and a health coordinator	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Implementation of national and state standards on physical education & school meals & competitive foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Environment & policy changes that facilitate healthy behaviors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Standards-based learning for physical education and nutrition education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We didn't participate in any strategies for this setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

34. In 2013, if your coalition implemented a **School intervention to improve physical activity**, check all of the strategies below that you used for that setting and indicate the level of implementation.

“A few or some elements in place” means the strategy has been discussed and initial planning and implementation steps have been determined and begun.

“Most or all elements in place” means that the strategy has been implemented and is fully operationalized or is close to being fully operationalized.

	Not at all	A few or some elements in place	Most or all elements in place
Collection of BMI and fitness data	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Regular physical education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical activity opportunities before and after school	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Active recess provided	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Active classroom breaks provided	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Active transportation options to/from school (walk/bike)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We didn't participate in any strategies for this setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

35. In 2013, if your coalition implemented a **School intervention to improve nutrition**, check all of the strategies below that you used for that setting and indicate the level of implementation.

“A few or some elements in place” means the strategy has been discussed and initial planning and implementation steps have been determined and begun.

“Most or all elements in place” means that the strategy has been implemented and is fully operationalized or is close to being fully operationalized.

	Not at all	A few or some elements in place	Most or all elements in place
Healthy food & beverage options for students, staff, and visitors in school meals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healthy food & beverage options for students, staff, and visitors in competitive foods, vending, fundraisers, celebrations, etc.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School breakfast participation/promotion	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Farm to School	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
School garden	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marketing of healthy foods/no advertising of unhealthy foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
We didn't participate in any strategies for this setting	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

36. In 2013, if your coalition implemented a **Worksite intervention to improve physical activity (PA) or nutrition**, check all of the strategies below that you used for that setting and indicate the level of implementation.

“A few or some elements in place” means the strategy has been discussed and initial planning and implementation steps have been determined and begun.

“Most or all elements in place” means that the strategy has been implemented and is fully operationalized or is close to being fully operationalized.

	Not at all	A few or some elements in place	Most or all elements in place
Use employee health risk assessments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Provide incentives for healthy behaviors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Environment, policy and programming changes that facilitate healthy behaviors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Opportunities for PA built into the work day (breaks, noon hour, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to fitness facilities, classes, & equipment, when possible	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Promotion of active transportation options (walk/bike)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Healthy food and beverage options for staff in cafeteria, vending, and meetings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Marketing of healthy foods/no advertising of unhealthy foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Refrigerator, microwave, and sink	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

access for employees

Lactation support program

We didn't participate in any strategies
for this setting



2014 Coalition Self-Assessment Tool

Environmental Change

Please tell us about your coalition's efforts regarding environmental change related to breastfeeding, nutrition, physical activity, and/or obesity prevention. Examples of environmental change include creating or expanding new farmers' markets, building trails or paths, adding bike lanes, etc.

37. In 2013, did your coalition or community implement any environmental changes affecting overweight/obesity (e.g. nutrition, physical activity, TV viewing, breastfeeding)?

- No environmental changes were implemented
- Environmental changes were implemented

38. If your coalition or community implemented any specific environmental changes locally in 2013, please list them below.

Note: For each specific environmental change you list, add 5 points (up to 25 points) to the final coalition score that you can see at the end of the survey.

#1

#2

#3

#4

#5

#6

2014 Coalition Self-Assessment Tool

Policy Change

Please tell us about your community's efforts regarding legislated policy related to breastfeeding, nutrition, physical activity, and/or obesity prevention. Legislated policy is defined as a law or ordinance passed by a governing body; it is a formal legal action taken by local or state government. Organizational policy would be specific to a single organization such as a worksite.

39. In 2013, did your community **initiate or enact any local laws or ordinances** affecting overweight/obesity (e.g. nutrition, physical activity, TV viewing)?

Definition: Local law or ordinance - a law is a formal legal action taken by local government.

- No laws or ordinances were introduced, initiated or enacted
- Laws or ordinances were introduced or initiated, but NOT enacted
- Local laws or ordinances were enacted

40. If your community had laws or ordinances initiated or enacted locally in 2013, please describe each instance below.

Note: For each specific environmental change you list, add 5 points (up to 25 points) to the final coalition score that you can see at the end of the survey.

#1

#2

#3

#4

#5

#6

41. In 2013, did your community **initiate or enact any local organizational policies** affecting overweight/obesity (e.g. nutrition, physical activity, TV viewing)?

Definition: Organizational Policy - A policy is a regulation or formal and informal rules that apply to a specific organization such as a school, worksite, etc.

- No organizational policies were introduced, initiated or enacted
- Organizational policies were introduced or initiated, but NOT enacted
- Organizational policies were enacted

42. If you had organizational policies initiated or enacted locally in 2013, please list the organization and policy description below.

Note: For each specific environmental change you list, add 2 points (up to 10 points) to the final coalition score that you can see at the end of the survey.

#1

#2

#3

#4

#5

#6