



Thomas
Jefferson
University

Periprosthetic Joint Infection

Coming of a Tsunami

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I (and/or my co-authors) have something to disclose.

Detailed disclosure information is available via:

“My Academy” app;



Printed Final Program; or

AAOS Orthopaedic Disclosure Program on the AAOS website at

<http://www.aaos.org/disclosure>





■ Infection is
a terrible
problem



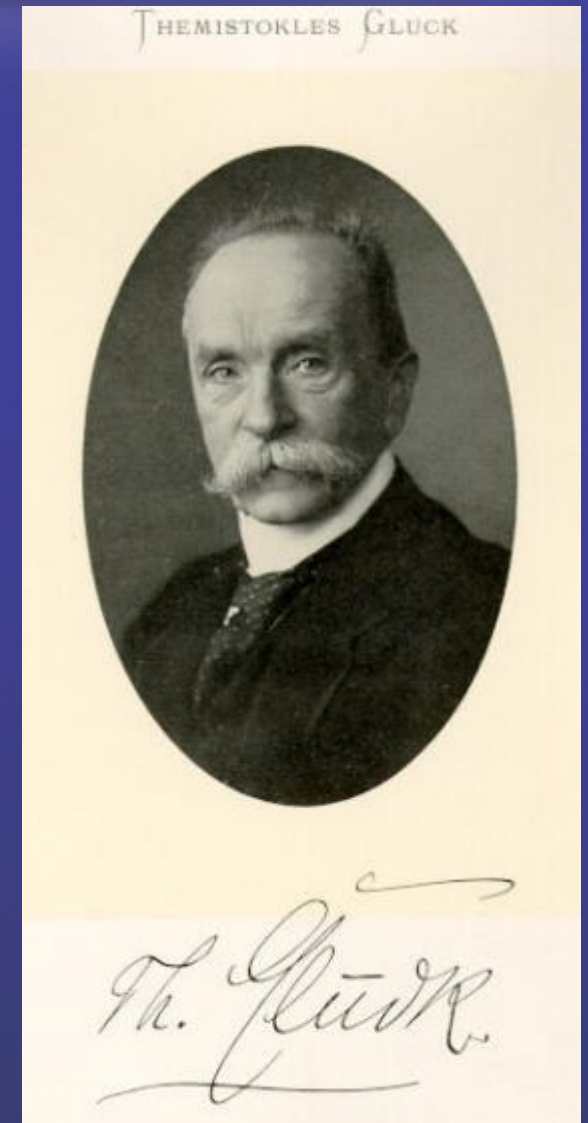
Unrecognized Genius



- 1880- First wrist arthroplasty
- 1890- first Ivory Knee replacement
Into knee of a 17 year old girl
- 14 joints that year including a hip
- Reported on five cases

INFECTION

.... ailments of human will
be treated by artificial
materials.....





Unrecognized Genuis

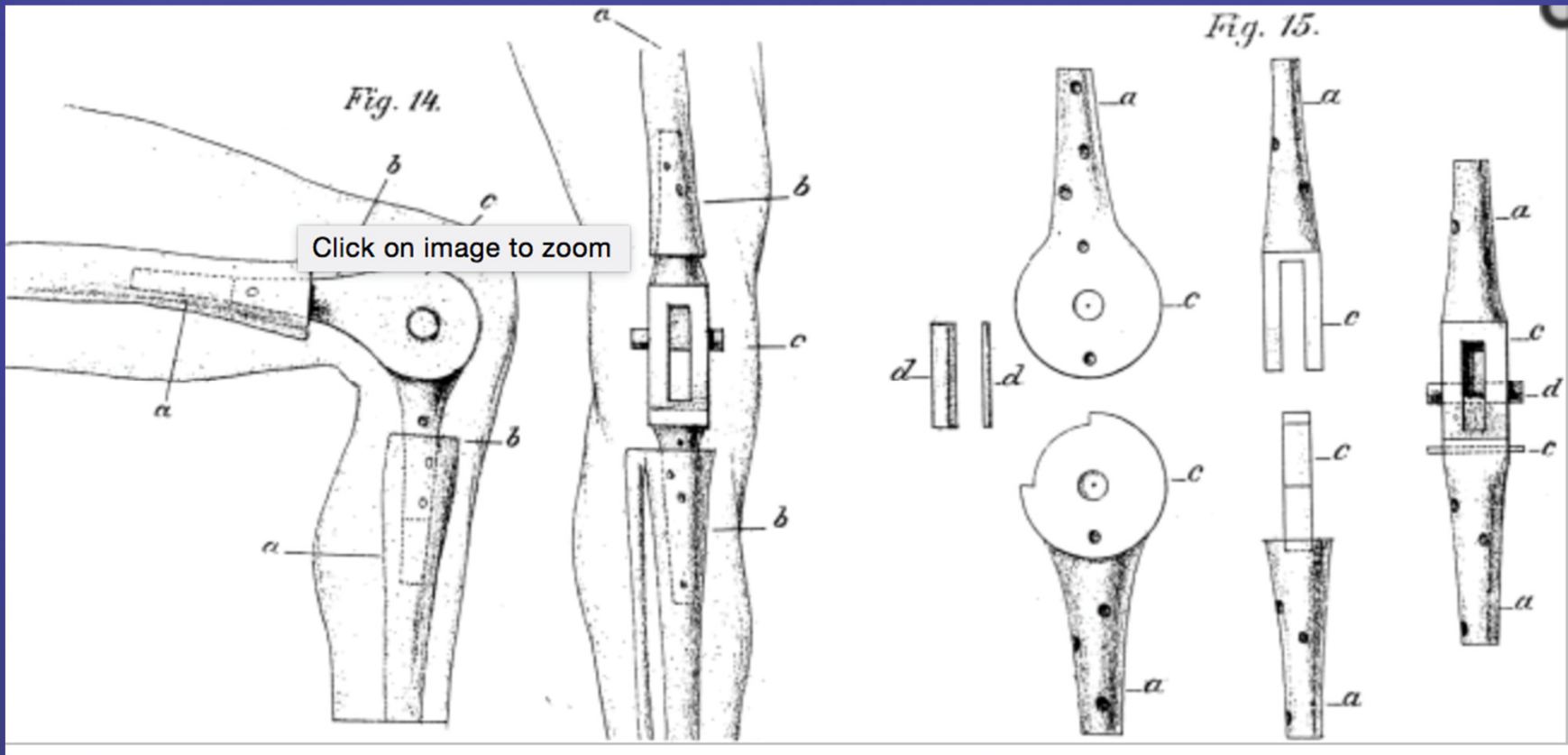


- **Themistokles Gluck (1853-1942)**
- Balkan War surgeon— bone defect
- Intramedullary fixation
- Biocompatibility
- Plate fixation (mandible)
- Bone cement (So much earlier than Haboush (1953), Wiltse (1957), Charnley(1964))
- 1880- vascular graft (Alexis Carrel who was given the Noble Prize in 1912)



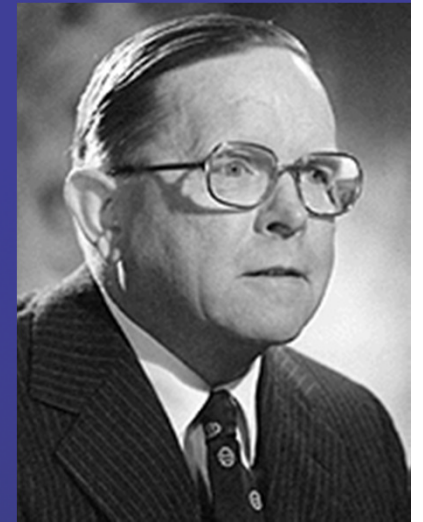


Unrecognized Genius





- 1979s Sir John Charnley



...joint sepsis will be the major hurdle
in our way in the future..





PJI Challenges



High morbidity







Infection kills

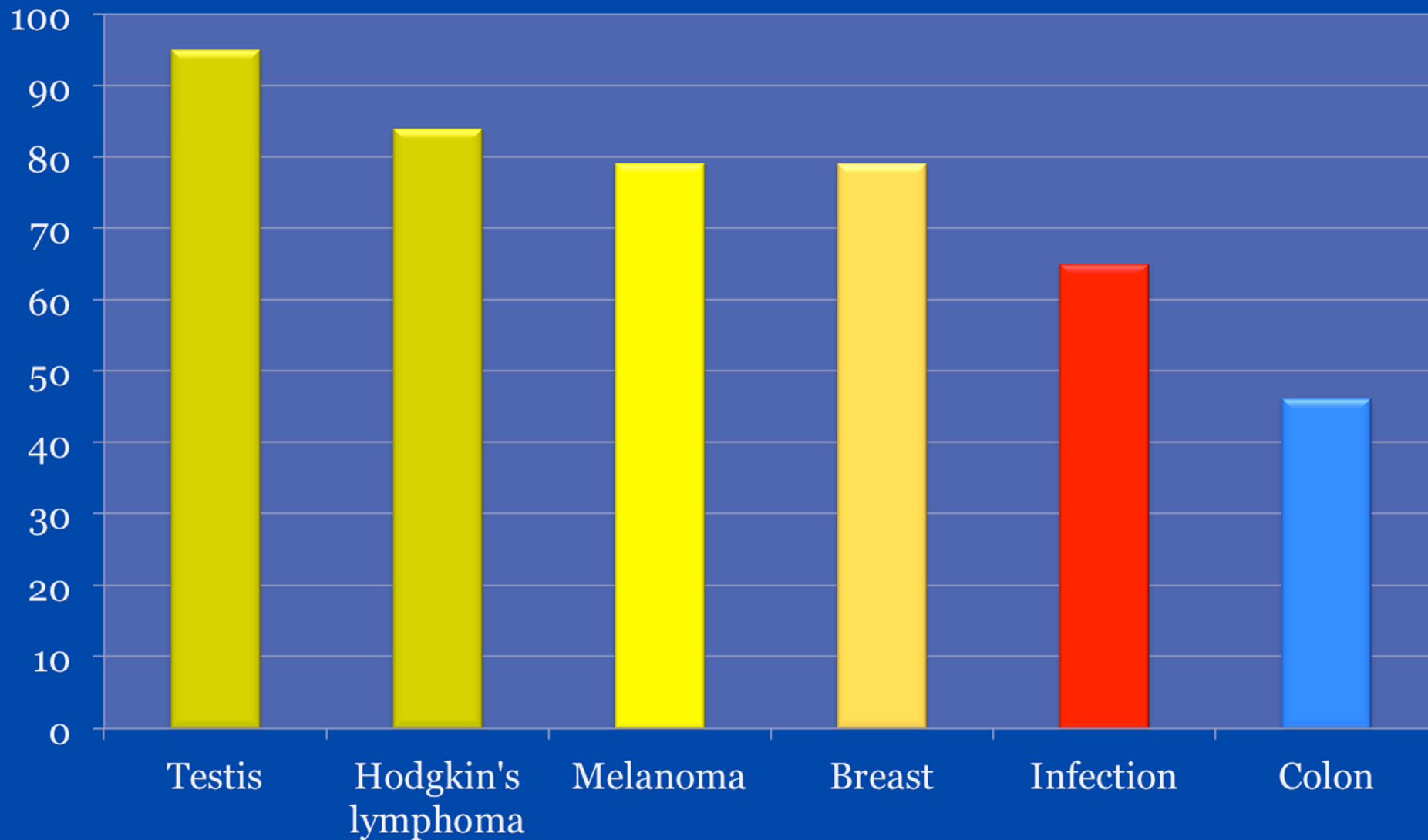




PJI worse than Some Cancers



5 Year Survivorship





Mortality after TJA

Medicare Study



Are We Winning or Losing the War with PJI: Trends in PJI and Mortality Risk for the Medicare Population

- Steven M. Kurtz PhD
- Edmund Lau MS
- Min-Sun Son PhD
- Ellen T. Chang ScD
- Werner Zimmerli MD
- Javad Parvizi MD



Summary of Findings



- PJI incidence has not improved over time
- Mortality risk after PJI has decreased over time
- The 5-year overall survival of PJI patients is comparable to two of the most common cancers
 - **TKA: 72%**
 - Breast cancer: 73%
 - Prostate cancer: 79%



PJI
Fact 2

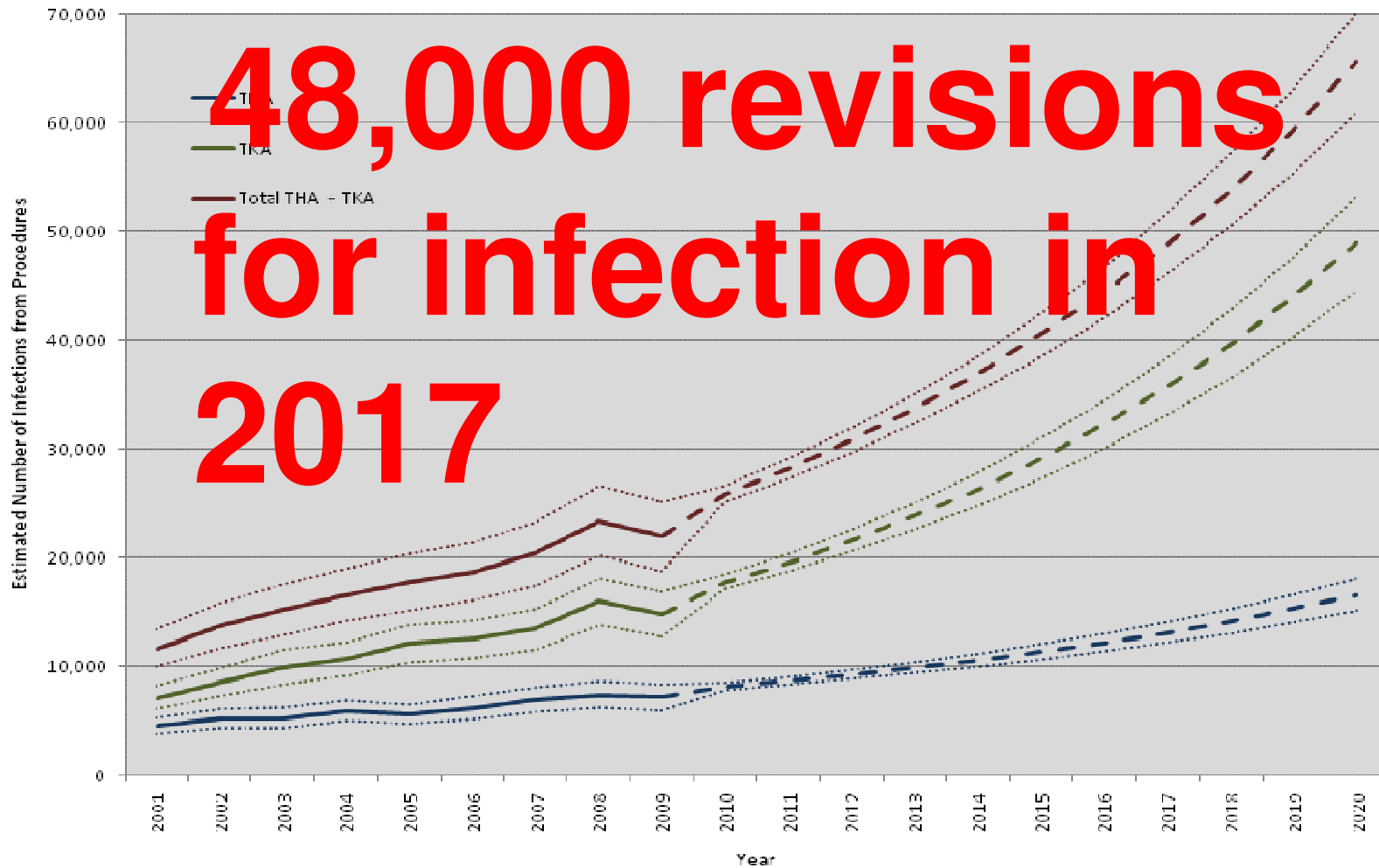


■ Infection is
on the rise



Infected Revisions 2001-2010

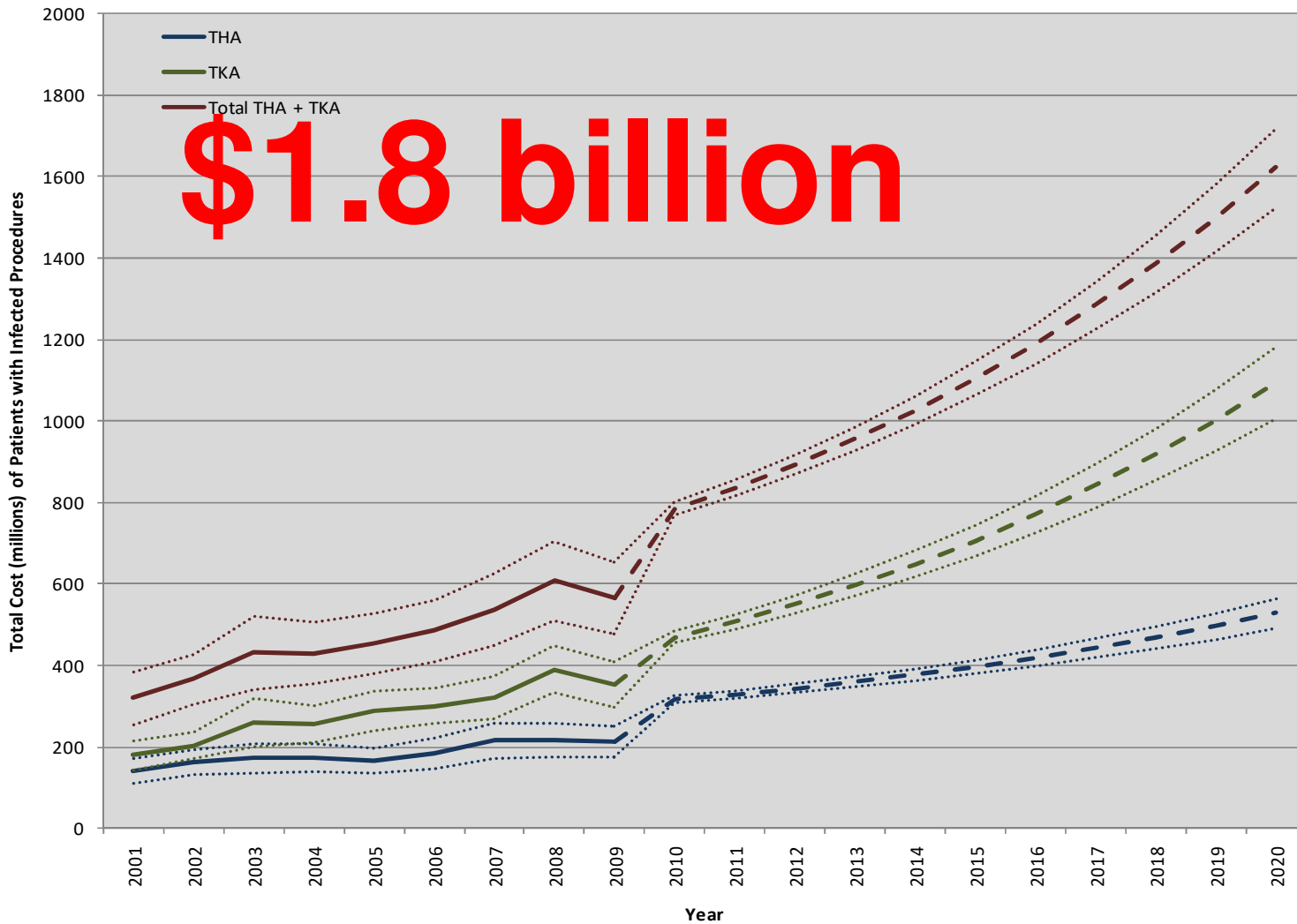
Burden





Infected Revisions 2001-2010

Cost





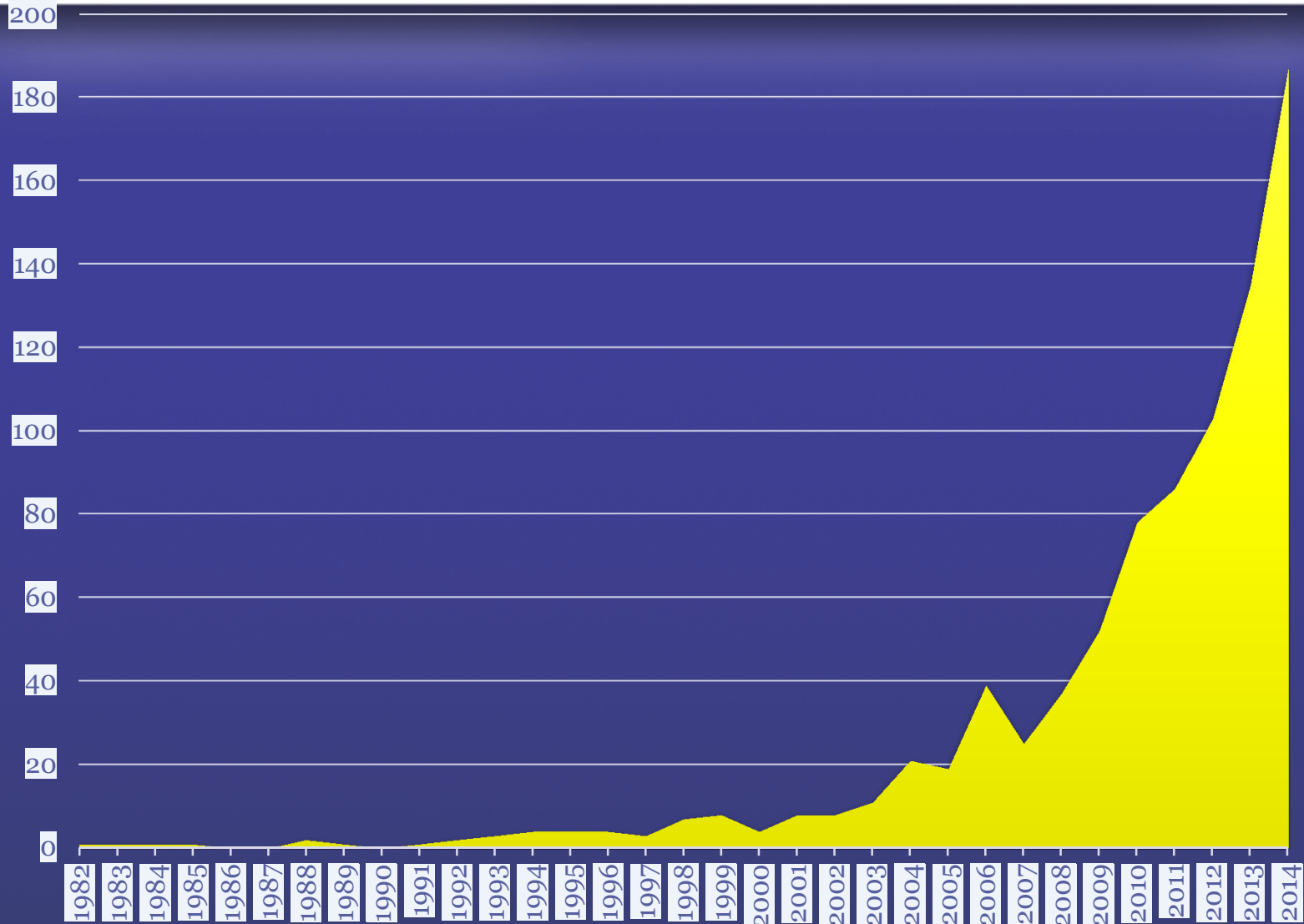
PJI
Fact 3



■ Prevention
is best



Pubmed Publications for PJI by Year



Obtained using the keyword "periprosthetic joint infection"



Prevention of Surgical Site Infection



World Health
Organization



Periprosthetic Joint Infection



- Prevention of SSI Guidelines are in development



CDC Guidelines for SSI Prevention



- Core Section
 - Antimicrobial prophylaxis
 - Glycemic control
 - Normothermia
 - Tissue oxygenation
 - Skin Preparation
 - S.aureus colonization
 - Surgical check list



CDC Guidelines for SSI Prevention



- Arthroplasty
 - Transfusion
 - Immunosuppression
 - Anticoagulation
 - Surgical attire
 - Surgical technique
 - Anesthesia
 - Environment
 - Biofilm



Evidence Based Pyramid





CDC Guidelines for SSI Prevention



Much of what we
have is based on
thin science, if any
at all



International Consensus Meeting

Philadelphia, August 2013



International Consensus



- **Question:** What are significant risk factors for development of surgical site infection (SSI) or periprosthetic joint infection (PJI) after elective total joint arthroplasty (TJA)?
- **Consensus:** The risk factors for SSI or PJI include history of previous surgery, uncontrolled diabetes mellitus, malnutrition, **morbid obesity**, active liver disease, active renal disease, excessive smoking (>one pack per day), excessive alcohol consumption (>40 units per week), intravenous drug abuse, recent hospitalization, extended stay in a rehabilitation facility, male gender, diagnosis of post-traumatic arthritis, inflammatory arthropathy, prior surgical procedure in the affected joint, and severe immunodeficiency.
- **Delegate Vote:** Agree: 94%, Disagree: 4%, Abstain: 2%.



Prevention of PJI



■ Optimize Host



Patient Optimization



- Systemic or local infection
- Immunosuppressive state
- Uncontrolled Diabetes/hyperglycemia
- Chronic disease (anemia, liver, renal, etc.)
- Malnutrition
- Obesity
- Affective disorders
- Smoking
- Excessive Alcohol consumption
- IV drugs/HIV



Patient Optimization



- **Systemic or local infection**
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Control Nidus

- GI/GU (urine)
- Skin
- Nails
- Oral cavity





- **No role for routine dental clearance**
- **Ask about oral disease**



Is routine dental clearance necessary?



- 358 elective TJA
 - With dental clearance
- 218 hip fracture (THA or hemiarthroplasty)
 - No dental clearance
- No statistical difference was found between the two groups in terms of early postoperative infection

Lamley A et al. JOA, 2014



Dental disease



- Risk factors
 - Tobacco use,
 - Poor flossing habits,
 - Hx of tooth extraction,
 - Narcotic use,
 - Lack of a dentist visit within 12 months.

Tokarski AT et al. The Journal of Arthroplasty 2014



- **No role for routine urine screening**
- **Ask about urinary symptoms**



- Routine urine screening
- 4.58 wound infections in non-prosthetic knee operations
- Cost = \$1,500,000 per wound infection prevented

Lawrence VA et al . J Clin Epidemiol. 1989



Patient Optimization



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- IV drugs/HIV



- Increases risk of infection/ other complications
- Inherent disease state
- DMARDS/steroids
- Hazard ratio = 1.96

Berbari EF, et al; Clin Infect Dis, 27:1247, 1998

Pulido L et al CORR 2009

Moucha et al JBJS 2011



PJI in Patients with RA

Ann Rheum Dis 2011;70:1810–1814.



Table 3 Baseline patient characteristics

Number of patients with prosthetic joints	nbDMARD (n=659)	Anti-TNF (n=2689)
Exposure time (years)*	1954	12 959
Events	6	41
Incidence prosthetic joint SA/1000 pyrs (95% CI)	3.1 (1.1 to 6.7)	3.2 (2.3 to 4.3)
Adjusted HR (95% CI)	Ref	1.2 (0.4 to 3.4)

*Patients were included in this analysis only if they had a prosthetic joint in situ. Anti-TNF, anti-tumour necrosis factor; nbDMARD, non-biological disease-modifying antirheumatic drug; pyrs, patient years.



DMARDS and PJI



.Patients on
DMARDS have
serious infections

Giles JT et al Arthritis Care Res 2006



2005 BSR

- Biologics stopped 2-4 weeks prior to procedure
- and restarted after wound healing

2012 ACR

- Topic not addressed

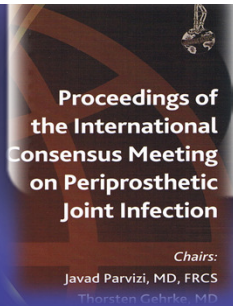


CDC Guidelines for SSI Prevention



- Arthroplasty
 - Transfusion
 - Immunosuppression
 - Anticoagulation
 - Surgical attire
- ➔ No recommendation





International Consensus



- **Question:** Should disease-modifying agents be stopped prior to elective TJA?
- **Consensus:** Yes. Disease-modifying agents should be stopped prior to elective TJA; however, the timing of drug discontinuation should be based on specific medication and the individual patient.
- **Delegate Vote:** Agree: 92%, Disagree: 5%, Abstain: 3%.

Medication	Half life	Recommendation
Nonsteroidal Anti-inflammatory drugs (NSAIDs)	2-17 hours	Discontinue therapy within 1 week prior to surgery
Methotrexate	0.7 to 5.8 hours	Discontinue therapy within 1 week prior to surgery Continue therapy 2 weeks after surgery Patients with renal dysfunction, hold 2 weeks prior to surgery
Sulfasalazine	5 hours	Discontinue therapy prior to 1 week before surgery
Zathioprine	7.6 hours	
Eflunomide	2 weeks	Hold for 6 weeks prior to surgery
Hydroxychloroquine	1-2 months	Continue therapy up to and including the day of surgery
Biological Response Modifiers		
Etanercept	4.3 days	Hold for at least 1.5 weeks prior to surgery Hold for 3 weeks prior to surgery
Infliximab	8-10 days	
Abolimumab	12-14 days	Hold for 1 month prior to surgery
Secilizumab		
Abatacept		
Adalimumab		
Certolizumab		
rituximab	21 days	Hold for 2 months prior to surgery
Dioat agents		
Allopurinol	1-2 hours	Discontinue therapy within 1 week prior to surgery
Colchicine	26-32 hours	
Probenecid	26-32 hours	



Patient Optimization



- Systemic or local infection
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- Smoking
- Excessive Alcohol consumption
- IV drugs/HIV



Diabetes



- Increases risk of infection
- Other complications

Marchant MH et al JBJS 2009

Jamsen E et al Eur J Intern Med 2010

Mravoic J Diabets Sci Technol 2011

American Diabets Association 2013




CDC Guidelines for SSI Prevention



■ Core Section

■ Antimicrobial prophylaxis

■ Glycemic control  Maintain under 200 mg/dL
10 mmol/L

■ Normothermia

■ Tissue

■ Skin P

■ S.aureu

■ Surgical



International Consensus

- 200 mg/dL
- Contraindication in presence of ulcer



Patient Optimization



- Systemic or local infection
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- **Chronic disease (anemia, liver, renal, etc.)**
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Chronic State



- Renal
- Liver
- Chronic anemia

Olsen M et al JBJS 2008

Greenky M, et al Clin Orthop 2012

HICPAC and CDC Guideline 2013

Viola J et al J Arthroplasty 2015



Anemia



- Increases all time complications
 - Mortality
 - SSI/PJI

Greenky M, et al Clin Orthop 2012

Viola J et al J Arthroplasty 2015



Anemia

Rothman Study



- 13,593 TJA
- 2,580 anemic patients
- Multivariate analysis (OR = 2.11)
- Cardiovascular complication 26.5% vs 11.8%
- Infection 4.5% vs 1.12%
- Mortality 0.2% vs 0.08%

Viola J et al J Arthroplasty 2015



Anemia



- Chronic conditions
(renal failure, liver disease, etc.)
- Malnourished
- Blood transfusion
“immunomodulation”
- Oxygenation/wound healing



Patient Optimization



- Systemic or local infection
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- Excessive Alcohol consumption
- IV drugs/HIV



Malnutrition



- Direct correlation with adverse outcome

Gherini S et al Clin Orthop 1993

Lavernia C et al J Am Coll Nutr 1999

Jaberi F et al Clin Orthop 1999



Malnutrition Definition



- WHO definition
 - Four components of metabolic syndrome:
 - Albumin (normal 3.5-5.0 g/dL)
 - Pre-albumin (normal 15-35 mg/dL)
 - Transferrin (normal 204-360 mg/dL),
 - Lymphocyte count (normal 800-2000/mm³)
- [10]



Malnutrition

Rothman Study



- Prospective study
- 2,161 TJA
- Overall incidence 8.5%
- Complication 12 vs 2.9% ($p < 0.0001$)
- Hematoma formation, infection, renal, cardiovascular

Huang R et al J Arthroplasty 2013



- Paradoxical malnutrition



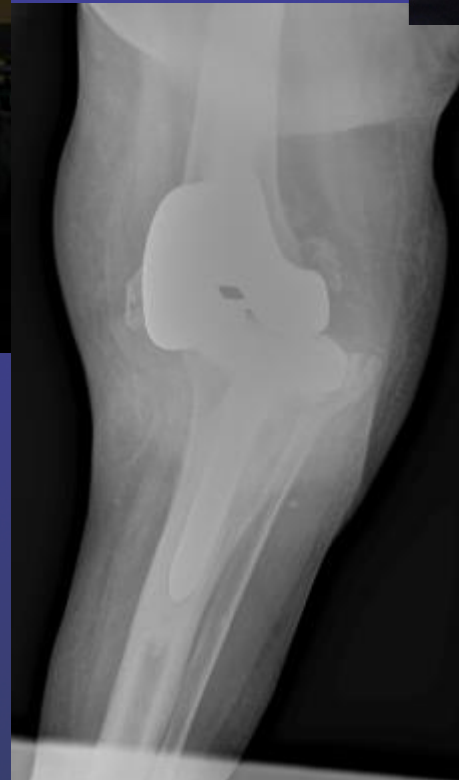


Patient Optimization

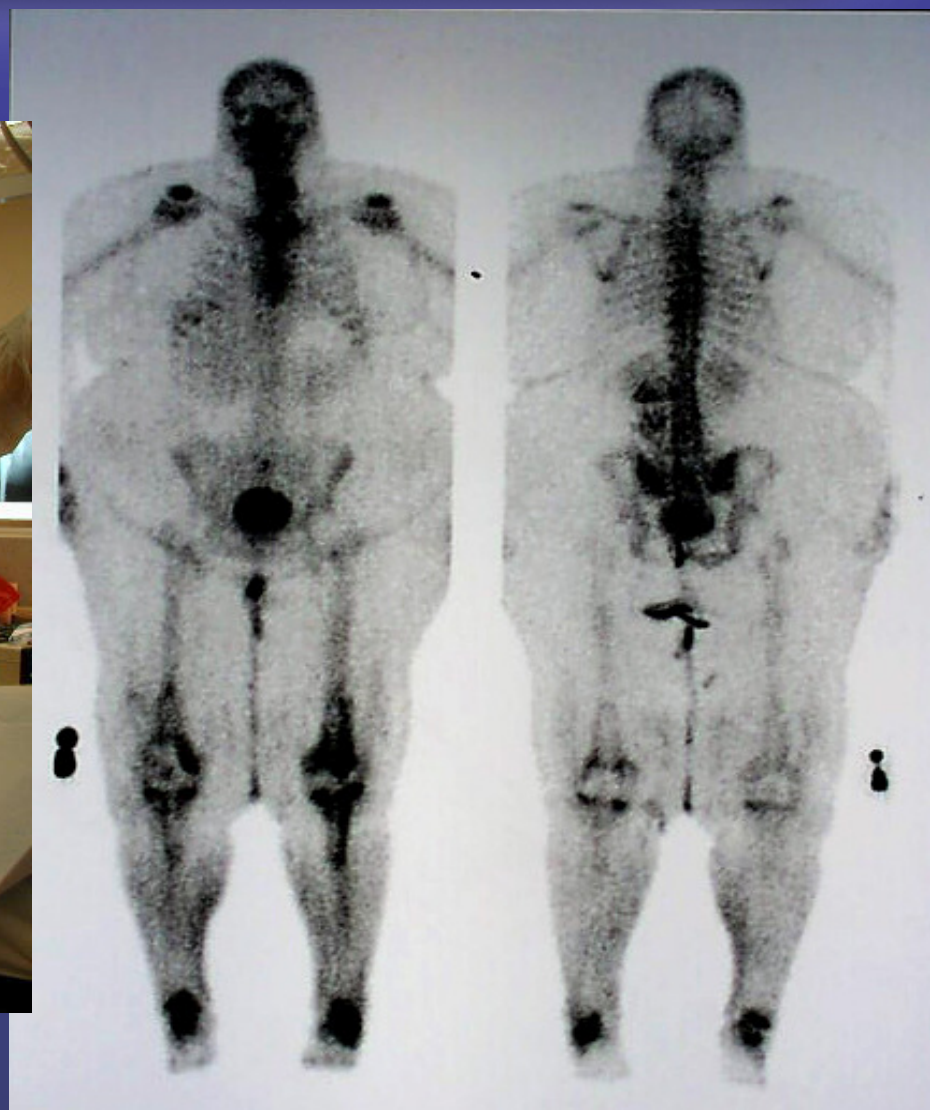


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■ More complications



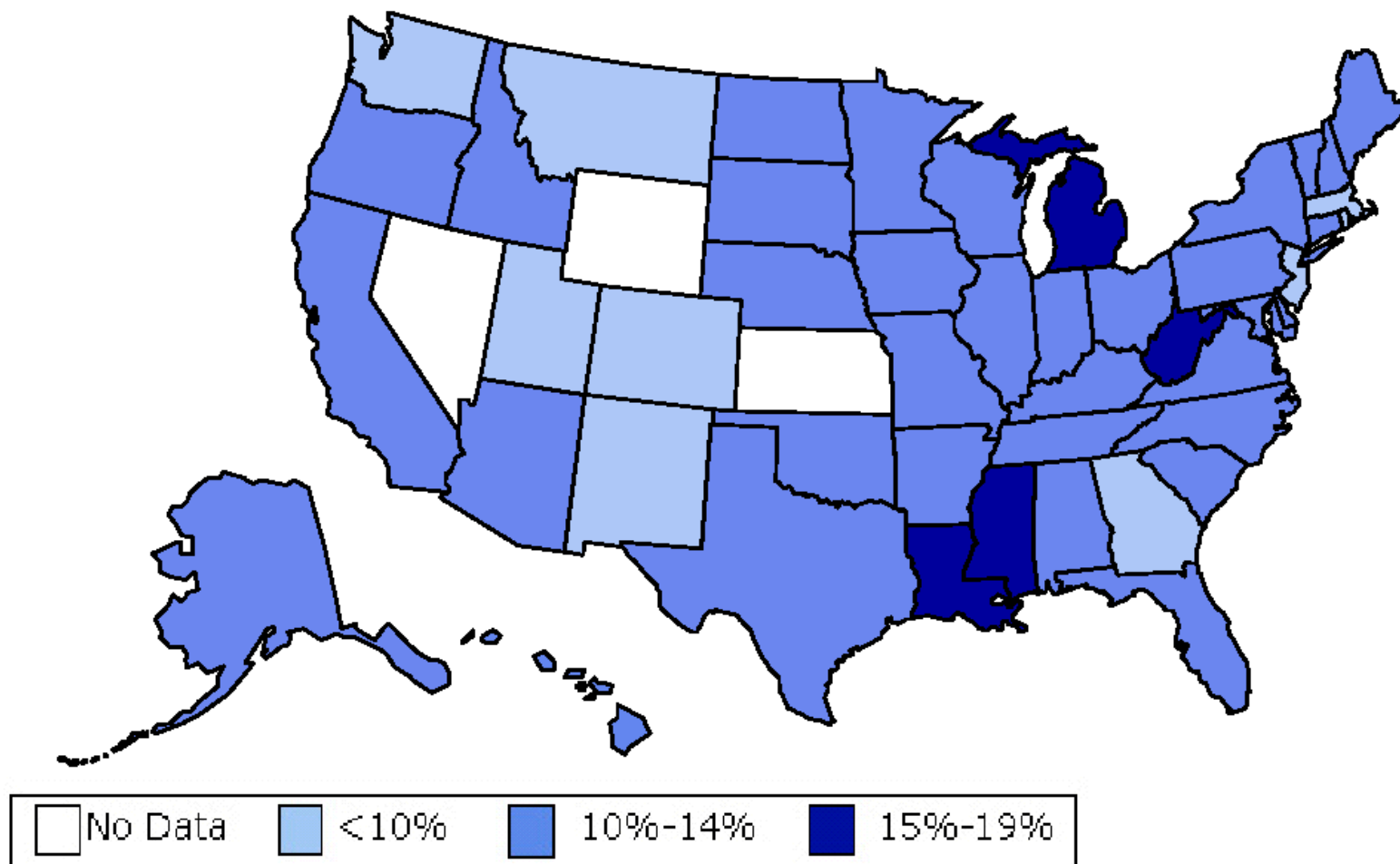
Obesity



Obesity Trends* Among U.S. Adults

BRFSS, 1991

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)

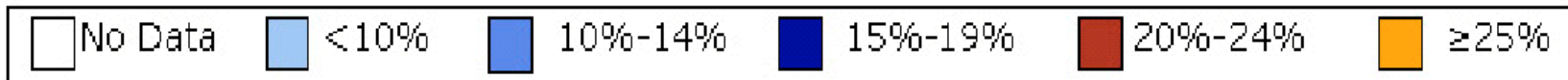
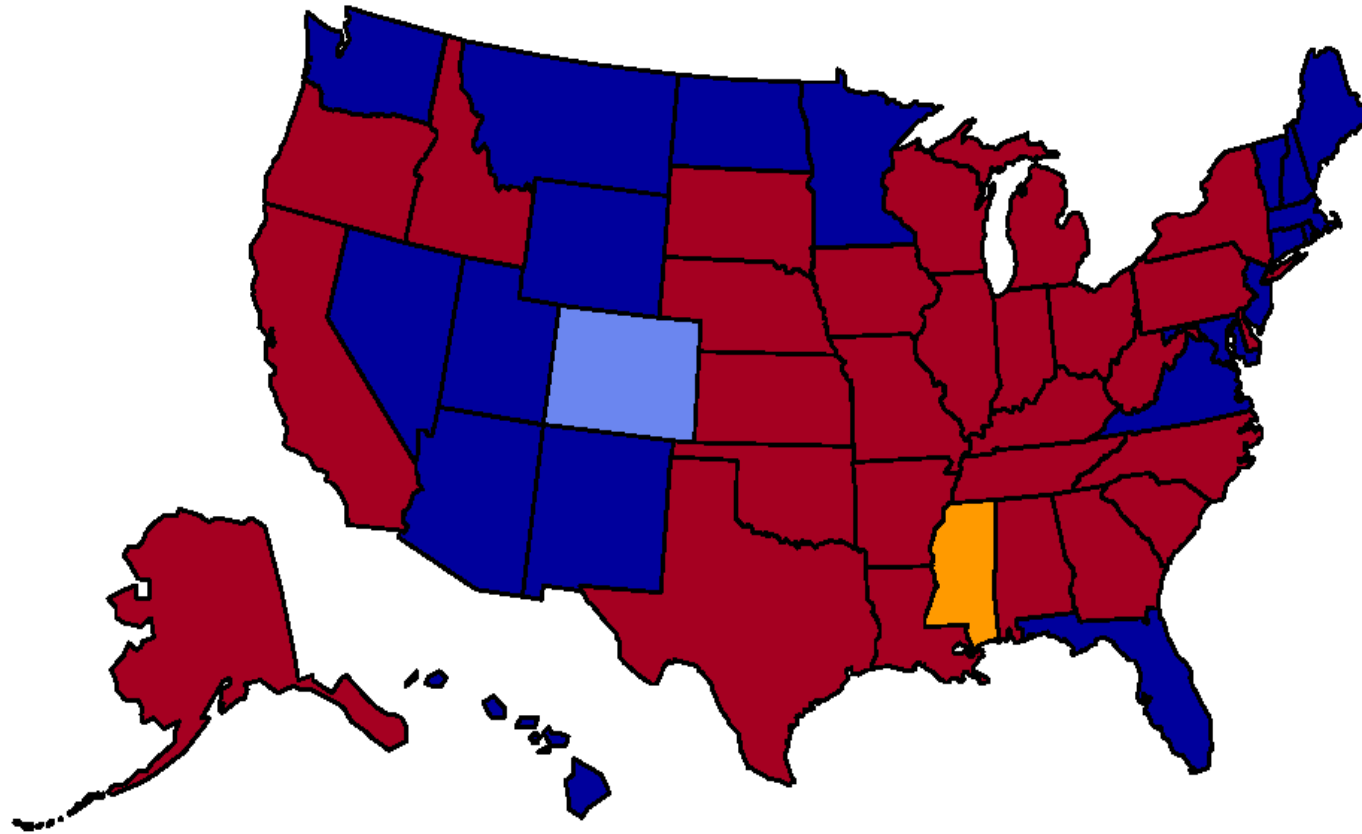


Mokdad et al *JAMA* 2003

Obesity Trends* Among U.S. Adults

BRFSS, 2001

(*BMI ≥ 30 , or ~ 30 lbs overweight for 5'4" woman)



Mokdad et al *JAMA* 2003





Metabolic Syndrome

Definition



- WHO definition
- Four components of metabolic syndrome:
 - Obesity (BMI > 30 kg/m²)
 - Diabetes
 - Hypertension
 - Dyslipidemia





Metabolic Syndrome



- Metabolic syndrome has been indicated as a risk factor of morbidity following TJA.

Parvizi J et al. The Journal of Arthroplasty. 2008
Gandhi R et al. J. Rheumatol. 2009

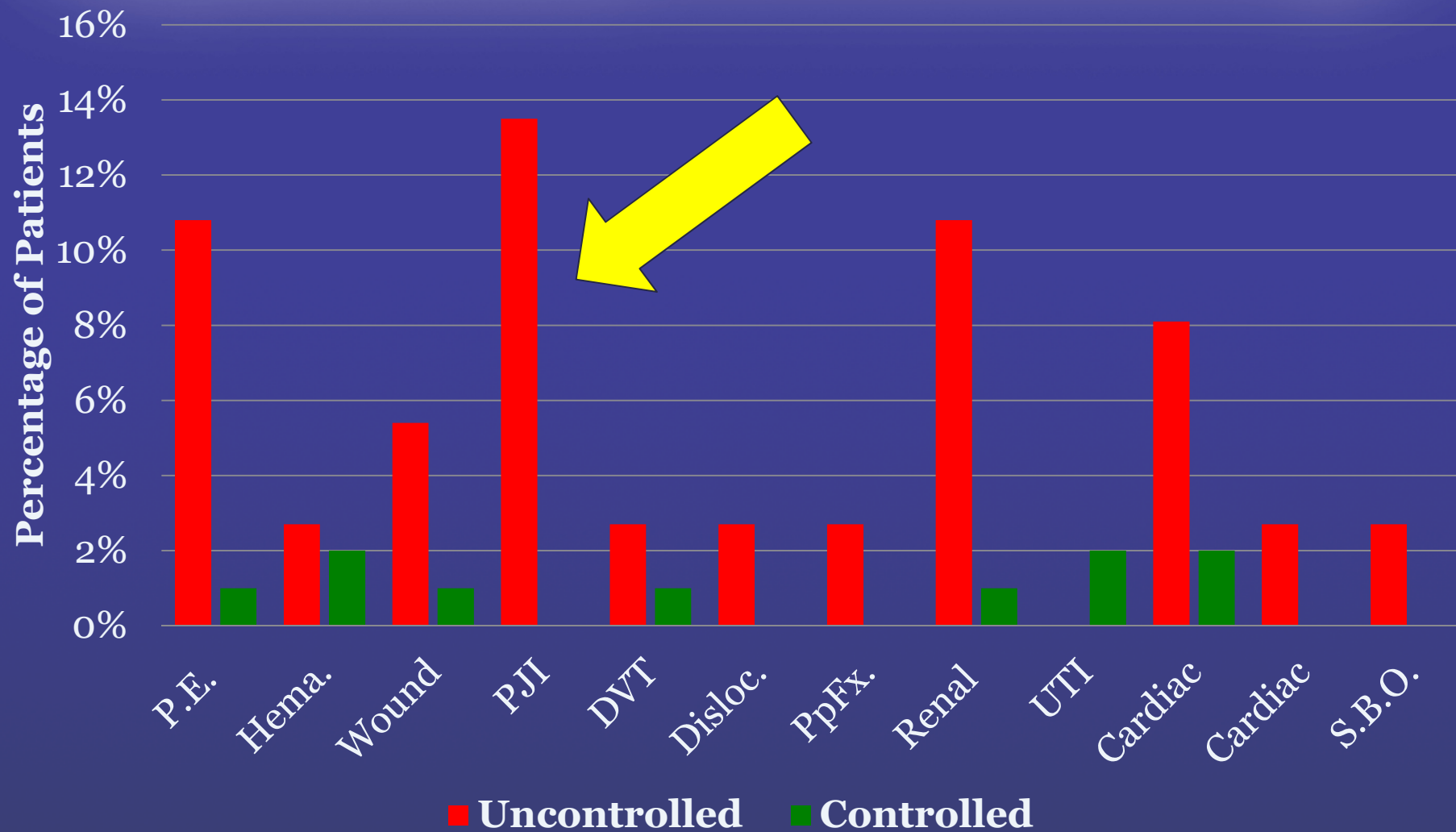
- Patients with uncontrolled vs. controlled diabetes are at an increased risk of morbidity and mortality following TJA.

Marchant MH et al. J Bone Joint Surg Am. 2009



Complications

Parvizi et al JOA 2008





Obesity and TKA

Issues



■ Is there a limit?

Proceedings of
the International
Consensus Meeting
on Periprosthetic
Joint Infection

Chairs:

Javad Parvizi, MD, FRCS
Thorsten Gebcke, MD

International Consensus Meeting

Philadelphia, August 2013



No limit determined



Obesity and TJA

AAHKS Workgroup



- Literature Review
- Obesity increases risk for complication
- BMI > 40 Kg/m²

Workgroup of AAHKS J Arthroplasty 2013



- Fattest Population in the Nation





Patient Optimization



- Systemic or local infection
- Immunosuppressive state
- Uncontrolled Diabetes/hyperglycemia
- Chronic disease (anemia, liver, renal, etc.)
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- **Obesity**
- **Affective disorders**
- Smoking
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- IV drugs/HIV



Beware of these Patients

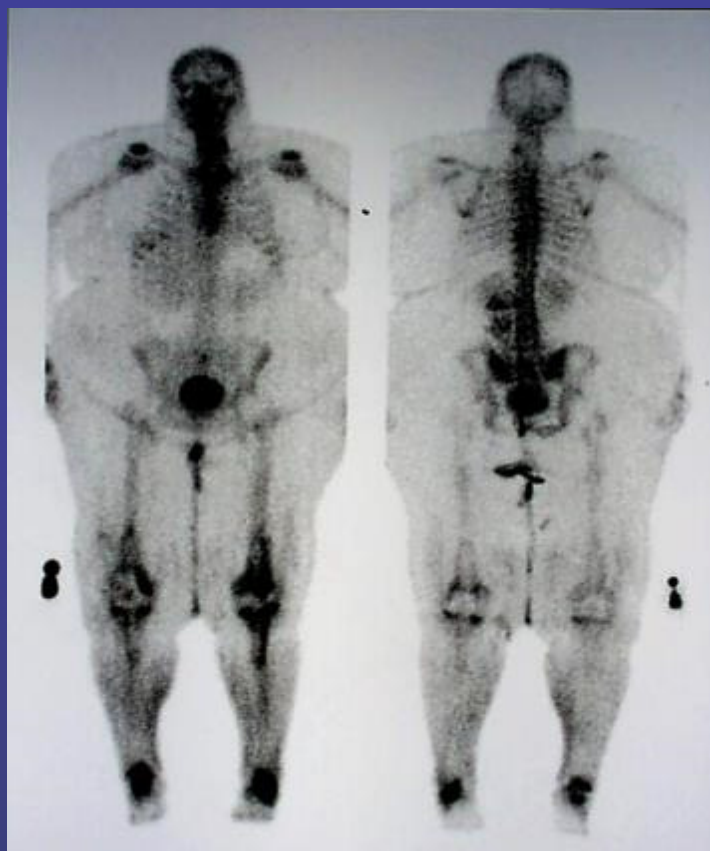
- Pain everywhere
- Affective disorder



Parvizi's Case

■ 380 lb

■ 5' 1"





- Increases incidence of infection

Kiecolt-Glaser J Psychosom Res 2002

*Leonard BE. Prog Neuro-Psychopharmacology
2001*

Bozic K Clin Orthop 2012



Depression and Infection



- Depression affects immune system
- ↑ Inflammatory cytokines (IL-6)
- ↑ ACTH and cortisol

Kiecolt-Glaser J Psychosom Res 2002

Leonard BE. Prog Neuro-Psychopharmacology 2001



Depression and Infection



- Self neglect (hygiene)
- Malnutrition
- Chronic disease

Parvizi J et al JBJS 2003

Rezapoor M J Arthroplasty 2015



Patient Optimization



- Systemic or local infection
- Immunosuppressive state
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- **Obesity**
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Smoking and Infection



- Smoking increases the risk of infection
- Heavy smoking (>20 per day)
- Cessation reduces the risk
- 6-8 weeks prior to surgery

Singh J Arth Care Res 2011

Khan LA et al Hip Int J Clin Exp Res 2008

Argintar E et al J AAOS 2012

Matar W et al JBJS 2010



Smoking and Infection



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Khan LA et al Hip Int J Clin Exp Res 2008

Argintar E et al J AAOS 2012

Matar W et al JBJS 2010



- Metabolic effects are concerning
- **Most studies find smoking to confer an increased risk of infection or wound complications**



- ↓ Reduced cutaneous blood flow
- ↓ Soft-tissue oxygenation and aerobic metabolism
- ↑ Carbon monoxide
- ↑ Platelet aggregation causing micro-thrombi and decreased perfusion
- Nicotine negatively modulates T-cell function





- Peersman, et al, CORR 2001
 - Retrospective review of 6489 TKA patients, 113 infections (16 superficial, 97 deep)
 - Smoking was a **significant risk factor for infection** (p=0.01)



- Duchman, et al, JBJS 2015
 - NSQIP database study, 78,191 primary TKA and THA patients
 - 30-day complications
 - Current smokers had a **higher rate of wound complications** (1.8%) compared with former smokers and nonsmokers (1.3% and 1.1%, respectively; $p < 0.001$).



Literature



- Singh, et al, Arthritis Care and Research 2011
 - VASQIP database study, primary THA/TKA patients
 - Current smokers were **significantly more likely than never-smokers to have surgical site infections** (odds ratio [OR] 1.41, 95% CI 1.16-1.72)



- Moller et al, JBJS(Br) 2003
 - Retrospective review of 825 primary THA/TKA patients
 - Smoking was a **significant risk factor for wound complications** (23% vs 8%, $P < 0.001$) and an independent predictor of wound complication (OR 3.2, 95% CI 1.8-6, $P = 0.001$)
 - Wound complications = hematoma, culture + infection, subfascial collection



Our Data (Unpublished)



- Retrospective
- 15,275 patients (17,394 primary TJA)
- Current smokers were significantly more likely than non-smokers to undergo **reoperation for infection** (1.2% vs. 0.69%, OR 1.8, 95% CI: 1.1-2.9, $p=0.02$)
- No significant differences were noted between current smokers and former smokers with regards to reoperation for infection (1.24% vs. 0.87%, $p=0.33$)



Patient Optimization



- Systemic or local infection
- Immunosuppressive state
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- **Smoking**
- **Excessive Alcohol consumption**
- IV drugs/HIV



Alcohol Consumption and Infection



- Excessive alcohol consumption (>40 units/week)
- ↑ Risk of infection/other complications
- Cessation reduces the risk (*Tonnesen H et al BMJ 1999*)
- 4 weeks prior to surgery

Aggarwal VK J Arthroplasty 2014

Azodi OS JBJS-B 2006

Harris AHJ JBJS 2011



Patient Optimization



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- **Excessive Alcohol consumption**
- **IV drugs/HIV**



Drug Abuse and HIV



- ↑ Risk of infection
(Parvizi J et al J Arthroplasty 2003)

- HIV-positive (14%)
- Drug abuse (25%)
- Both (40%)

Lehman CR J Arthroplasty 2001



HIV and Infection



- CD4 count > 300
- Low viral count

Aggarwal VK et al J Arthroplasty 2014

- Retroviral therapy positive effect

Enayatollahi et al –Pending publication



Human Immunodeficiency Virus and Total Joint Arthroplasty: The Risk for Infection is Reduced

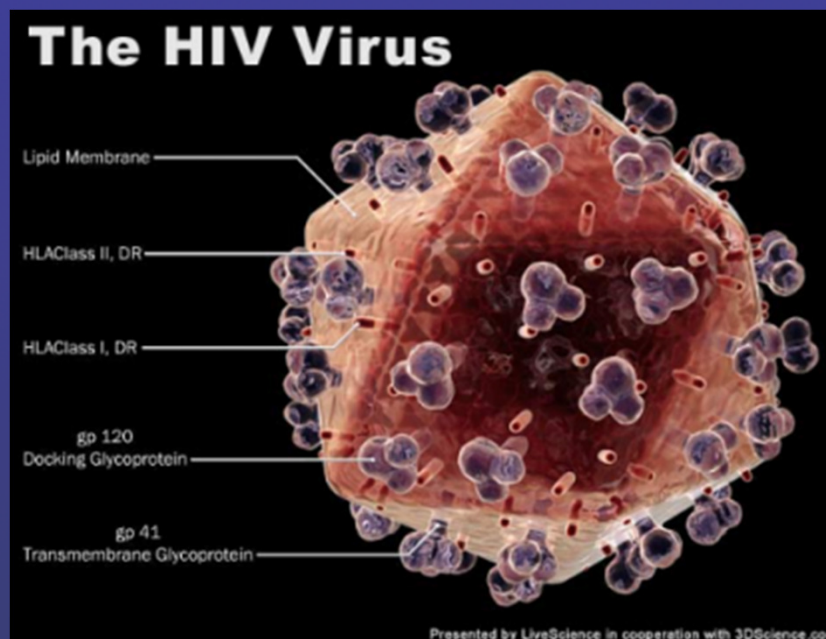
Mohammad Ali Enayatollahi¹ MD
Dermot Murphy², Mitchell G. Maltenfort¹ PhD
Javad Parvizi¹ MD FRCS

¹Rothman Institute at Thomas Jefferson University, Philadelphia, PA

² Department of Orthopaedics, University of Limerick, Midlands Regional Hospital, Tullamore,
Ireland

Epidemiology

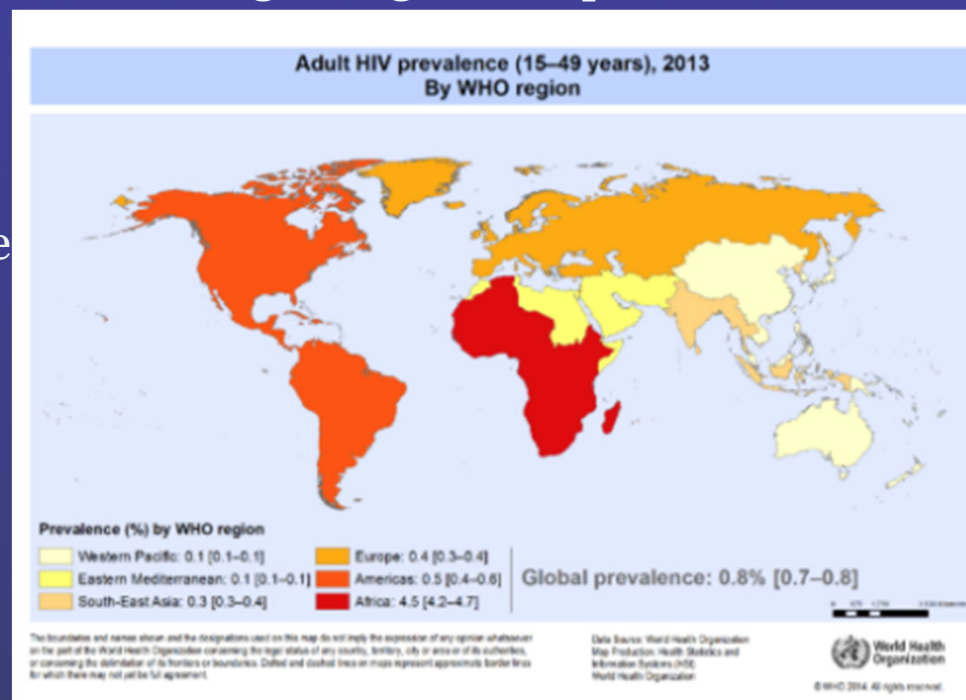
- HIV was identified in 1983.
- Its socioeconomic and psychological burden continues to be a great challenge to global health



Epidemiology

- 39 million people had died of HIV since the beginning of the epidemic
- As of 2013,
 - ❖ > 35 million people worldwide
 - ❖ >one million in the US

www.who.int/gho/hiv/en/





HIV and TJA



HIV in IRAN

- As of 2013, Estimated number of people (all ages) living with HIV **70 000 [47 000-110 000]**

<http://www.who.int/gho/hiv/en/>

- HIV rates have increased by 80% per year for the past decade.
- 75% of those infected are unaware of their status.

[Lancet, vol382,2013](#)

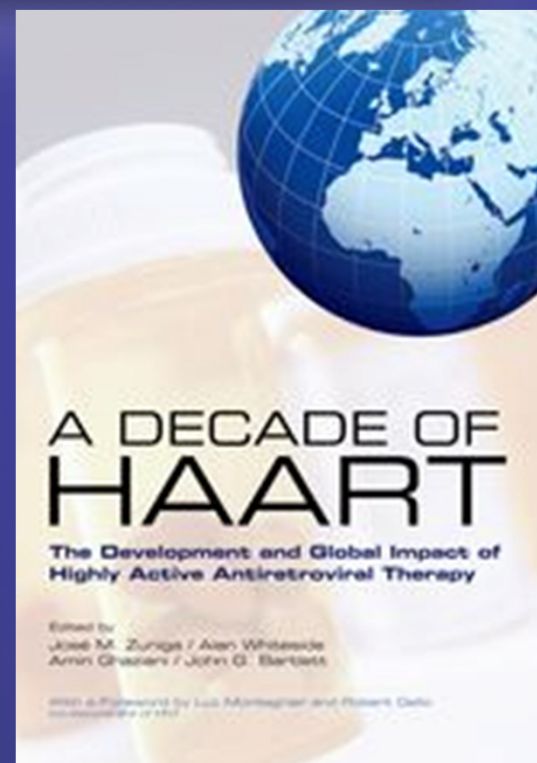
Why this study?

- The advent of HAART in 1997 changed the nature of HIV infection
- In US, by 2015 >50% of all HIV infections will be >50 Y/O [Cumminis et al 2014](#)
- Musculoskeletal complications
 - ❖ Osteonecrosis of bone 45-fold
 - ❖ Osteopenia and osteoporosis including femoral neck fractures.



insufficiency fractures

[Triant et al 2008](#)



Why this study?

- The demand for TJA in HIV patients is on the rise
- Treatment strategies and outcomes of TJA in HIV patients is controversial
- PJI rate in earlier studies : 50% [Swensen et al 2012](#)
 - ❖ Prior to HAART era
 - ❖ Comorbidities like hemophilia, IVDU
- PJI rate in recent studies is comparable to HIV-negative population
[Graham et al 2014](#), [Capogna et al 2013](#)
- Hemophilic patients were exposed to HIV through unscreened factor replacements between the years 1979 and 1985 .

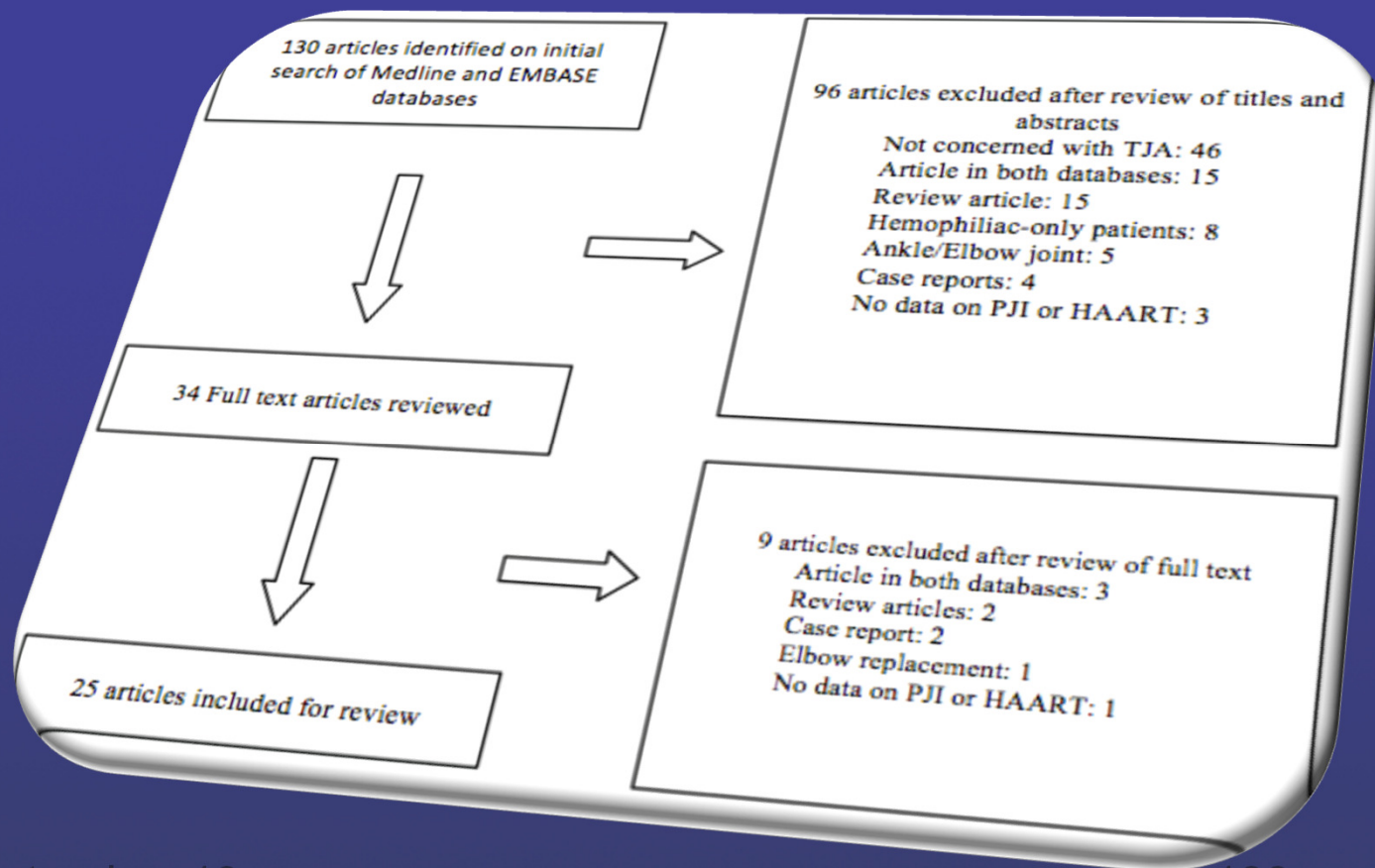




Present study

- Systematic review
- Study hypotheses:
 1. HIV patients without hemophilia have a lower rate of PJI than HIV patients with hemophilia after primary TJA.
 1. The use of HAART may reduce the rate of PJI

Our search strategy





Demographics of HIV patients with hemophilia



Study	TJA number	PJI number	patients number	male number	follow up	Mean age (years)
Goddard et al ⁴⁰ 2010	17	1	16	Unclear	9.2 years (2-23)	43 (25-70)
Habermann et al ²² 2008	33	2	41 in study overall	37	81 months (2-14 years)	46 (34-68)
Hicks et al ¹⁶ 2001	91	17	Unclear	Unclear	5.7 years (0.1 - 20.8)	39 (22-60)
Lehman et al ¹⁷ 2001	18	3	14	Unclear	62 months (24-152)	33 (25-48)
Norian et al ⁴¹ 2002	40	4	29	Unclear	110 months (24-246)	33.7 (+/- 8.2)
Thomason et al ⁴² 1999	12	4	12 (not useable)	Unclear	7.5 years	Unclear
Powell et al ⁴³ 2005	30	3	19	19	80 months (2-323)	33 (20-61)
Ragni et al ⁴⁴ 1995	34	8	34 (not useable)	Unclear	Unclear	36 (+/- 3.1)
Rodriguez et al ⁴⁵ 2011	21	2	21	Unclear	8.5 years (1-13)	36.5 (24-52)
Rodriguez et al ⁴⁶ 2007	19	1	19	Unclear	7.5 years (1-10)	31 (24-42)
Unger et al ⁴⁷ 1995	26	0	15	Unclear	6.4 years (1-9)	33 (25-42)
TOTAL	341	45				



Demographics of HIV-infected patients without hemophilia



Study	TJA number	PJI number	patients number	male number	Follow up	Mean age (years)
Capogna et al ²¹ 2013	69	3	57	33	609 days	44.8
Chokotho et al ³¹ 2013	15	0	12	Unclear - HIV patients not separated	Unclear	47.1 (not useable)
Cummins et al ⁴ 2014	8	0	7	3 (Not useable as operations not clear)	25 months (1-68 months)	35 (not useable)
Graham et al ³² 2014	43	0	29	19	3 years, 6 months (5 months - 8 years and 2 months)	47 years, 7 months (21 - 59 + 5 months)
Yoo et al ³³ 2010	5	0	3	3	16.6 months (4-37 months)	38.6 (not separated by operation)
Lin et al ²⁵ 2014	22	2	20	20	4.6 years (2-8.6 years)	49 (+/- 17.8)
Lubega et al ¹⁸ 2009	18	0	18	Unclear	Unclear	52 (not useable)
Mahoney et al ³⁴ 2005	54	1	40	31	2.3 years (1-7 years)	44.4 (+/- 9.3)
Snir et al ³⁵ 2014	41	1	31	22	33 months (4-116)	49.6 (32-75)

Tornero et al ³⁶ 2012	18	0	13	11	3.3 years (+/- 2.5)	44.3 (+/- 9.1)
Wang et al ³⁷ 2012	8	0	5	Unclear	38.6 months (4-84)	44.5 (36-54)
Falakassa et al ³⁸ 2014	32	0	24	17	14 months (1.5 - 60)	50 (31-74)
Issa et al ³⁹ 2013	44	2	34	23	7 years (4-11 years)	48 (Range 34-80)
Lehman et al ¹⁷ 2001	4	0	na	na	Unclear	Unclear
TOTAL	381	9	293	71.3%		

Incidence of PJI in HIV patients with and without HAART

Author	Number of PJI/number of TJA on HAART (%)	Number of PJI/number of TJA not on HAART (%)	Total number of PJI/total number of TJAs (%)
Capogna et al. ⁹	2/54 (3.7)	1/15 (6.7)	3/69 (4.3)
Chokotho et al. ²³	0/15 (0)	0/0 (0)	0/15 (0)
Cummins et al. ⁸	0/8 (0)	0/0 (0)	0/8 (0)
Graham et al. ⁷	0/43 (0)	0/0 (0)	0/43 (0)
Issa et al. ⁴⁶	2/44 (4.5)	0/0 (0)	2/44 (4.5)
Yoo et al. ⁴⁰	0/5 (0)	0/0 (0)	0/5 (0)
Lin et al. ³⁴	2/21 (9.5)	0/1 (0)	2/22 (9)
Snir et al. ⁴²	1/41(2.4)	0/0 (0)	1/41 (2.4)
Tornero et al. ⁴³	0/18 (0)	0/0 (0)	0/18 (0)



HIV and TJA



Statistics

- conventional meta-analysis with an offset of 0.5
- “lme4” package in the R statistical analysis platform (R Foundation for Statistical Computing, Vienna, Austria)



HIV and TJA



Results

	TJA NUMBER	PJI NUMBER	MEAN AGE YEAR	F/U	MALE %
HIV WITHOUT HEMOPHILI A	381	9	46.9	1.5mo-11y	71.3
HIV + HEMOPHILI A	341	45	38.1	1-26 y	>90
	722	P<0.0001			



Results

- The rate of PJI in HIV-only group was 2.14% (95% CI 1.02%-4.53%).
- The rate of PJI in the HIV and hemophilia group was 11.88% (95% CI: 7.82%-17.63%).
- This difference was statistically significant ($p < 0.0001$) with an odds ratio for hemophilia of 6.17 (95% CI: 2.68-14.23).



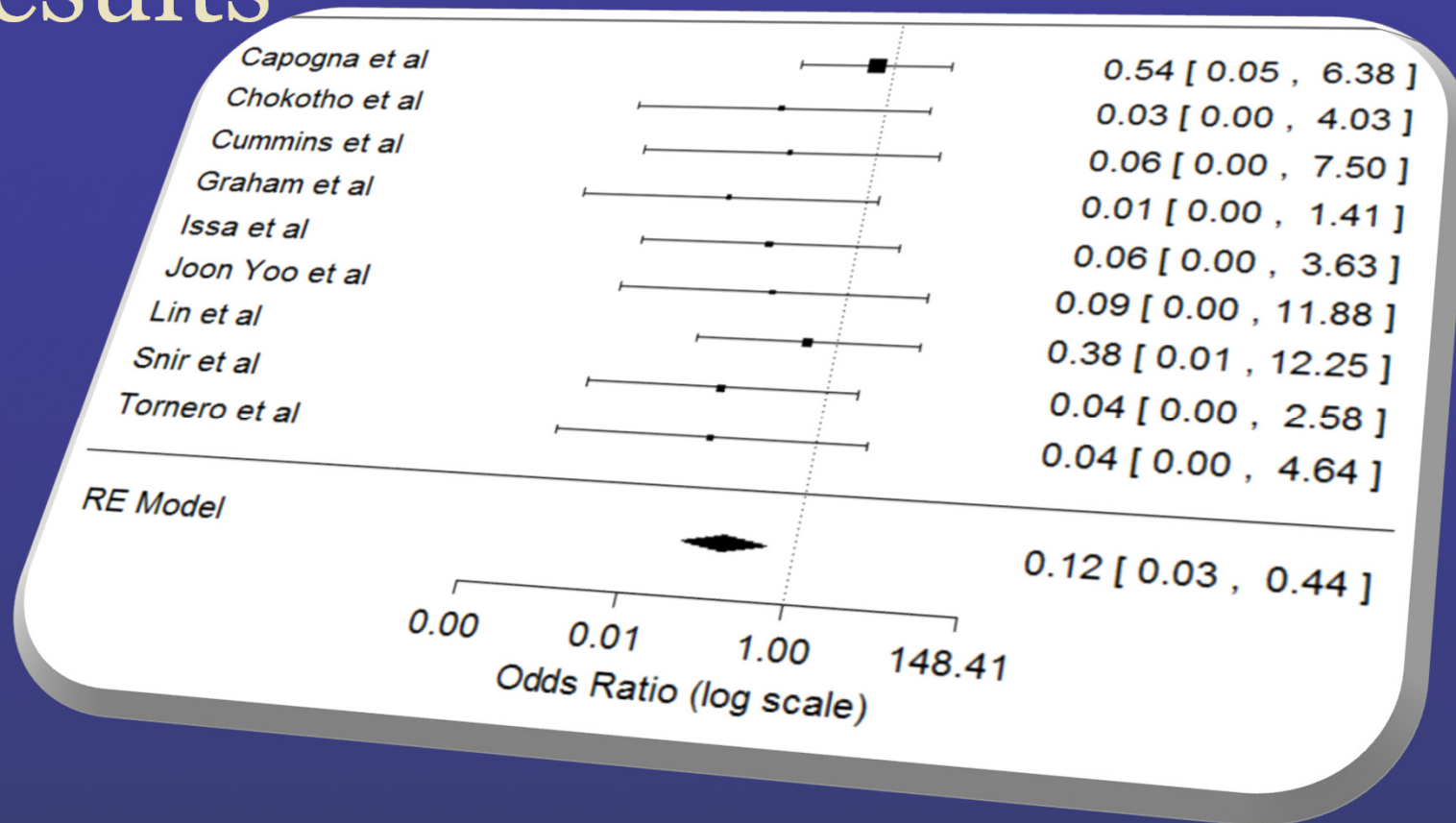
Results

- HAART was associated with fewer infections overall, with an odds ratio of 0.12 (95% CI: 0.03-0.44)



Results

Effect of HAART on the rate of PJI





HIV and TJA



Concerns

Post op. morbidity and mortality in HIV patients is significantly related to:

- Malnourishment
- Weight loss
- Renal diseases
- Fluid imbalance

Lin et al 2013



HIV and TJA



Concerns

- Safe thresholds for CD4 and Viral load need to be determined.
- CD4 < 200 in trauma patients is associated with increased complications

Guild et al 2012



HIV and TJA



Limitations

- All studies were retrospective
- Demographics were insufficient
- Inconsistent patient-level data on CD4, viral load, and other comorbidities



HIV and TJA



Conclusion

- Rates of PJI after primary TJA in patients with HIV-only are not as high as those in patients with both HIV and hemophilia
- HAART and optimization of underlying comorbidities has appeared to lower the rate of PJI



HIV and TJA



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Poster ID #p052



HIV and TJA



THANK YOU





Human Immunodeficiency Virus and Total Joint Arthroplasty: The Risk for Infection is Reduced

**Enayatollahi MA, Murphy D, Maltenfort MG,
Parvizi J. J Arthroplasty 2016**



Beware of these Patients

- Pain everywhere
- Affective disorders!!
- Numerous previous operations!!





Do Not Operate on



- 40 year old comes with parents
- More than 5 allergies including allergy to water
- Sun glasses in the office
- Bow-tie





