surgical care bundles for the reduction of surgical site infection: it all starts in the operating room Wisconsin November 2015



Professor David Leaper

Emeritus Professor of Surgery University of Newcastle upon Tyne

> Professor of Clinical Sciences University of Huddersfield

and by exposing his microbes to non-lethal quantities of the drug make them resistant.... the time may come when penicillin may be bought by anyone in the shops. Then there is a danger that the ignorant man may easily underdose himself

Alexander Fleming



the antibiotics



Healthcare Associated Infections

urinary tract infection CAUTI



ESBLs, NDM



respiratory tract infection VAP HAP



GRE

Clostridium difficile infection CDI



surgical site (and prosthetic) infection bacteraemias, cSSTIs, CLABSIs



MRSA MRCNS

what are the costs of HCAIs?

- in the EU €5-10 billion each year
- added costs are three times more



- an average of 6.5 additional days in hospital
- 1 in 10 hospitalised patients acquires a skin infection

must reduce antibiotic use

new organisms - new antibiotics ...then we run out!

antibiotic introduced.....



Conc

BAD BUGS, NO

As Antibiotic Discovery Stagna A Public Health Crisis Brews







iotics

resistance in Europe

out infect Dis 2008 5:115-19 rculosis, malaria, SINisatthe S for Infectious Disease Control Solna, Sweden: CEN is at the use in common Medicine, Karr on investments is Katolinska Uni Id concentrate on Microbiology and Infec nd RF is at the Department of apeutic efficacy is Nottingham, UK e S Ragnar Nor ase Control, SE 17182 Sol

rug Development:

Hello media!!

managers and politicians stop devolution of power to them from doctors /ICNs? (driven by the media)

- clean your hands
- bare below the elbows
- deep clean hospitals (bring back Matron)
- targets: waiting lists (difficult in UK)
- search and destroy (difficult in UK)
- stop taking samples
- intravascular catheter care (High Impact Intervention)
- good antibiotic stewardship (local formularies)



quarterly MRSA bacteraemia (England: 2001-12)





Infection Control lectures are usually considered to be 'therapeutic' for staff with sleep deprivation disorders

quarterly *C. difficile* (England 2004-2011)



epidemiology of SSI

- 2.5-5% of all operations
- third most common HCAI (now the commonest?)
- most common nosocomial infection among surgical patients (30 -40%)
- 7.3 additional postoperative days at an additional cost of \$3,152 per patient (US)
- 9.8 additional postoperative days at an additional cost of €2,000 per patient (Europe)
- one third of postoperative deaths are attributable, at least in part, to SSIs

HCAIs point prevalence study... why are SSIs NOT falling?



when should antibiotics be given for surgical infections?

- cellulitis
- Iymphangitis
- bacteraemia



- SIRS and MODS, MOF and DEATH
- definite pathogens (β-haemolytic streptococcus)
- large numbers (critical colonisation-infection)
- host defences (immunosuppression, diabetes) antibiotic stewardship

definitions are critical

categories of surgical wounds (prosthetic surgery?)

clean

clean contaminated

contaminated

dirty





CDC definition

(most commonly used)

30 days (1 year prosthetics) purulent discharge or abscess isolated organisms

1+ Celsian signs



wound separation or need for drainage

ASEPSIS

Additional treatment

Serous discharge

Erythema

Purulent exudate

Separation of deep tissues

Isolation of bacteria

Stay in hospital >14 days

Wilson et al. Lancet 1986; i: 311-313

interval data







cost of SSI per incident



Mean additional Cost attributable to SSI

controversy in clean surgical wounds

accurate audit

(rates vary between 1.4% to over 15%)



post-discharge surveillance MUST go to 30 days (1 year)

independent unbiased blinded trained direct observer

scoring systems/diaries

Leaper et al. IWJ 2004; 1: 247-273

Melling et al. Lancet 2001; 358: 876-880

mandatory reporting: who undertakes it? who pays? primary care?

methods of surveillance

(all need full engagement)

• in patient

- i. notes review
- ii. swab microbiology reports
- iii. temperature charts
- readmission data (only serious and may go elsewhere)

post-discharge

- i. out-patients review
- ii. questionnaires or telephone follow up
- iii. patient diaries (PROMs)
- iv. research data
- v. specialist appointment data

independent unbiased blinded trained direct observer



Review

Surveillance of surgical site infection: more accurate definitions and intensive recording needed

SUMMARY

D. Leaper^{a,*}, J. Tanner^b, M. Kiernan^c

^aUniversity of Newcastle, Newcastle upon Tyne, UK ^bDe Montfort University, Leicester, UK ^cSouthport and Ormskirk Hospitals NHS Trust, Southport, UK

ARTICLEINFO

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Keywords: Post-discharge surveillance Surgical site infection Surgical site infection (SSI) continues to be a burden on systems that deliver healthcare and on patients who suffer morbidity, and mortality, associated with this complication of medical intervention. Surveillance of SSI is often an integral part of organizational infection prevention and control activities, but unless post-discharge surveillance is carried out in a robust manner the data may be inaccurate and misleading. Coupled with a lack of robust application of definitions, variations in methods of case-finding and incomplete follow-up, the results may lead to a false sense of security or conversely cause unnecessary anxieties. Data from national surveillance schemes that purport to be suitable for benchmarking are often at odds with published rates from well-designed studies and the reasons for this should be examined. If benchmarking is truly desirable and if clinicians are to have confidence in the outputs, surveillance schemes should ensure that participating organizations adopt a consistent approach to definitions, case-finding methodologies following discharge, and to robust follow-up, to resure that every opportunity is taken to maximize the return rate and enhance data validity. Crown Copyright © 2012 Published by Elsevier Lid on behalf of the Healthcare Infection

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let's change perspective for a bit ...

how can the team prevent surgical site infection?

guidelines for compliance and to prevent SSIs

National Collaborating Centre for Women's and Children's Health

Surgical site infection

prevention and treatment of surgical site infection

Clinical Guideline October 2008 Funded to produce guidelines for the 1040 by NCE

Perioperative actions

Hair removal

- Use a clipper with a disposable head.
- Shaving with a razor is not recommended.⁵

Prophylactic antimicrobial

• Appropriate antimicrobial administered within 60 minutes prior to incision.13,14

Normothermia

 Maintaining a body temperature above 36°C in the perioperative period has been shown to reduce infection rates.^{16,17}

Glucose control

 Maintaining a glucose level <11mmol/l has been shown to reduce wound infection in diabetic patients.¹⁵

World Health SURGICAL SAFETY CHECKLIST (FIRST EDITION)

SIGN IN TIME OUT SIGN OUT CONFIRM ALL TEAM MEMBERS HAVE INTRODUCED THEMSELVES BY NAME AND PATIENT HAS CONFIRMED NURSE VERBALLY CONFIRMS WITH THE IDENTITY ROLE SITE THE NAME OF THE PROCEDURE RECORDED PROCEDURE SURGEON, ANAESTHESIA PROFESSIONAL CONSENT THAT INSTRUMENT, SPONGE AND NEEDLE AND NURSE VERBALLY CONFIRM SITE MARKED/NOT APPLICABLE COUNTS ARE CORRECT (OR NOT PATIENT • SITE APPLICABLE) ANAESTHESIA SAFETY CHECK COMPLETED PROCEDURE HOW THE SPECIMEN IS LABELLED (INCLUDING PATIENT NAME) PULSE OXIMETER ON PATIENT AND FUNCTIONING ANTICIPATED CRITICAL EVENTS WHETHER THERE ARE ANY EQUIPMENT PROBLEMS TO BE ADDRESSED DOES PATIENT HAVE A: SURGEON REVIEWS: WHAT ARE THE CRITICAL OR UNEXPECTED STEPS. OPERATIVE DURATION, ANTICIPATED KNOWN ALLERGY? SURGEON, A NAESTHESIA PROFESSIONAL Н RLOOD LOSS? YES AND NURSE REVIEW THE KEY CONCERNS ANAESTHESIA TEAM REVIEWS: ARE THERE FOR RECOVERY AND MANAGEMENT DIFFICULT AIRWAY/ASPIRATION RISK? ANY PATIENT-SPECIFIC CONCERNS? OF THIS PATIEN NURSING TEAM REVIEWS: HAS STERILITY (INCLUDING INDICATOR RESULTS) BEEN YES, AND EQUIPMENT/ASSISTANCE AVAILABLE RISK OF >500ML BLOOD LOSS CONFIRMED? ARE THERE EQUIPMENT (7ML/KG IN CHILDREN)? ISSUES OF ANY CONCERNS? YES AND A DEOLIATE INTRAVENOUS ACCESS HAS ANTIDIOTIC PROPHYLAXIS REEN GIVEN AND FLUIDS PLANNED WITHIN THE LAST 60 MINUTES? YES NOT APPLICABLE IS ESSENTIAL IMAGING DISPLAYED? Н YES NOT APPLICABLE

THIS CHECKLIST IS NOT INTENDED TO BE COMPREHENSIVE. ADDITIONS AND MODIFICATIONS TO FIT LOCAL PRACTICE ARE ENCOURAGED.

mostly level I evidence

hair removal

traditional, improve view and access perceived reduction infection rate razors damage skin, sweat glands abrasions potentially increase SSIs

- do not use hair removal routinely to reduce the risk of SSI
- if hair has to be removed, use electric clippers with a single-use head on the day of surgery





antibiotic prophylaxis

give antibiotic prophylaxis to patients before:

- clean surgery involving the placement of a prosthesis or implant
- clean-contaminated surgery
- contaminated surgery
- but not:
- clean surgery without a prosthesis

empirical choice depending on surgery -decisive period use local antibiotic formulary

IV at induction of anaesthesia

repeat ONLY with excess blood loss, long operation or prosthetic surgery

any longer is therapy





the decisive period





Classen et al. N Engl J Med 1992;326:281-285

causes of hypothermia (<36°C) in the operating theatre

- cold environment
 21°C
 55% RH
- exposure (particularly open abdomen)
- cold intravenous fluids
- cold anaesthetic gases
- vasodilatation (or inhibited vasoconstriction)
- anaesthetic agents
- increased BMR with increased oxygen requirements
- poor oxygen delivery with hypoxia and acidosis

Kumar et al IWJ 2005; 2: 193-204

complications of hypothermia

- shivering increases O₂ demand by 4-5X
- shift in O₂ dissociation curve
- increased BMR not met by oxygen delivery
- acidosis if cardiopulmonary response inadequate
- relative organ ischaemia myocardial infarct
- prolonged drug action
- increased risk of pressure injuries
- increased risk of infectious complications
- surgical site infection

Kumar et al IWJ 2005; 2: 193-204

effect of warming on wound infection

20

15

Standard

Local Warming

Systemic Warming



infection rates infection rates standard 13.7%local warming 3.6% (p= 0.003) systemic warming 5.8% (p=0.028) Infection

Melling et al. Lancet 2001; 358: 876-880

the significance of local warming			
	all warmed patients	non-warmed patients	P value
infection	4.7%	13.7%	0.001
haematoma	2.2%	3.6%	0.29
seroma	4%	5.8%	0.28
aspirated	4%	6.5%	0.19
post-op ABs	6.5%	15.9%	0.002

benefits of peri-operative warming: existing clinical evidence

- wound infection
- blood transfusion
- cardiac events
- morbidity and mortality
- intensive care and overall hospital stay
- cost effective

Odom and Mahoney AANA J 1999; 67: 155-164

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Preventing Surgical-Site Infections in Nasal Carriers of Staphylococcus aureus

Lonneke G.M. Bode, M.D., Jan A.J.W. Kluytmans, M.D., Ph.D., Heiman F.L. Wertheim, M.D., Ph.D., Diana Bogaers, I.C.P., Christina M.J.E. Vandenbroucke-Grauls, M.D., Ph.D., Robert Roosendaal, Ph.D., Annet Troelstra, M.D., Ph.D., Adrienne T.A. Box, B.A.Sc., Andreas Voss, M.D., Ph.D., Ingeborg van der Tweel, Ph.D., Alex van Belkum, Ph.D., Henri A. Verbrugh, M.D., Ph.D., and Margreet C. Vos, M.D., Ph.D.

ABSTRACT

BACKGROUND

Nasal carriers of Staphylococcus aureus are at increased risk for health care-associated infections with this organism. Decolonization of nasal and extranasal sites on hospital admission may reduce this risk.

METHODS

In a randomized, double-blind, placebo-controlled, multicenter trial, we assessed whether rapid identification of *S. aureus* nasal carriers by means of a real-time polymerase-chain-reaction (PCR) assay, followed by treatment with mupirocin nasal ointment and chlorhexidine soap, reduces the risk of hospital-associated *S. aureus* infection.

From the Department of Medical Microbiology and Infectious Diseases, Erasmus University Medical Center, Rotterdam (L.G.M.B., H.F.L.W., A.B., H.A.V., M.C.V.); the Laboratory of Microbiology and Infection Control, Amphia Hospital, Breda (J.A.J.W.K., D.B.); the Department of Medical Microbiology and Infection Control, VU Medical Center, Amsterdam (J.A.J.W.K., C.M.J.E.V.-G., R.R.); the Department of Medical Microbiology (A.T., A.T.A.B.) and the Julius Center for Health Sciences and Primary Care (I.T.), University Medical Center, Utrecht the Depart-

glucose control and sternal SSIs continuous insulin infusion





Furnary et al. Ann Thorac Surg 1999:67:352

poor evidence

research opportunities

- preoperative showering
- specific patient and staff theatre wear
- minimizing movement in the operating theatre
- banning of hand jewellery and nail polish
- nasal decontamination of all *Staphylococcus aureus*, not just MRSA, to reduce the risk of SSI is effective (Bode et al 2010)
- mechanical bowel preparation (Cochrane Collaboration)
- operative rituals: hand decontamination, gloves, drapes and gowns, diathermy, antiseptic lavage and wound dressings

- cost effectiveness of new antiseptic incise drapes
- benefits of improved blood glucose control
- effectiveness of intra-cavity and wound lavage with modern antiseptics
- most appropriate suture closure methods
- antimicrobial sutures
- role of supplemental oxygen in the recovery room
- adaptation of chronic wound management for SSIs
 - in prevention
 - postoperatively after wound separation
 - interactive dressings and topical antiseptics
- effectiveness of modern debridement techniques
- most appropriate warming methods



Ambroise Pare (1510 - 1590)

poisoned firearm wounds

boiling oil of elders with a little theriac

digestive of egg yolk, rose oil and turpentine



Ignaz Semmelweis

puerperal sepsis and handwashing before delivery

1846 11.4%

1848 1.3%



bacteria the cause of spoilt wine

not miasma/ "bad air"



dans les champs de l'observation le hasard ne favorise que les esprits préparés

ANTISEPTICS

("antimicrobial": antiseptic, antibiotic)

phenol

hexachlorophane cetrimide benzalkonium honey, permanganate, etc..,

chlorhexidine povidone iodine triclosan silver polyhexamethylene biguanide



how can we do without antiseptics?
chlorhexidine-alcohol versus povidone-iodine for surgical site antisepsis Darouiche et al. NEJM 2010

- multicentre (6 hospitals); 4 years
- 849: power and randomisation
- definition and surveillance of SSI
- 2% chlorhexidine 10% povidone iodine
- paint versus scrub and paint
- clean-contaminated category only
- 9.5% -16.1% overall; superficial and deep SSIs
- not sepsis or organ space



determinants for surgical site infection



biofilms are ubiquitous





biofilms

(Koch's postulates upside down)

- complex microenvironment bacteria and glycocalyx
- intercellular communication (quorum sensing)
- resist host-defences and antibiotics
- exist in acute and chronic wounds?
- promote inflammation (nitric oxide, cytokines, MMPs)



biofilm management

- undertake comprehensive holistic and local wound assessment
- suspect biofilm when there is static healing or slimy exudate
- vigorous cleansing
- maintenance debridement
- antiseptics cadexomer iodine, silver, PHMB, honey, chlorhexidine
- systematic antibiotics





biofilms...we could do with a diagnostic (swabs and biopsies unhelpful)

structural analysis

molecular analysis

confocal laser scanning microscopy



DNA extraction Denaturing Gel Gradient Electrophoresis (DGGE) Polymerase Chain Reaction (PCR)

Pseudomonas aeruginosa (PsaerFITC green)

Staphylococcus aureus (Cy5 red)









infection or failure to heal?are biofilms involved?

potential for antiseptic (triclosan) sutures to prevent biofilm in surgical wounds

- wide spectrum antimicrobial in deep tissues
- good for clean prosthetic surgery?
 -orthopaedics, vascular
- colorectal (dirty)surgery?
- potential in resistance? MRSA
- reduction of antibiotic use?
- reduction of biofilm and reformation? (prosthetics)

does it risk selection of antibiotic resistant organisms or transmissible resistance in human pathogens?

antiseptic use in sutures

potential advantages

- wide spectrum antimicrobial in deep tissues
- relates to non-specific action of antiseptics
- good for many classes of surgery including prosthetics
- reduction of antibiotic use?

potential dangers

- selection of resistant human pathogens from environment? none yet
- selection of resistance to antiseptics and antibiotics? none yet
- promotion of transmission of resistant forms?

.... none yet

the SCCS recommended prudent use of triclosan, for example in applications where a health benefit can be demonstrated





antiseptic use in sutures



any belief that the controlled trial is the only way would mean not that the pendulum had swung too far, but that it had come right off its hook



Austin Bradford Hill MRC trials 1950s: RCT the gold standard

the myth of the RCT?



guidelines and protocols need evaluation of ALL the available data evidence based medicine David Sackett



- conscientious, explicit, and judicious use of current best evidence in making decisions about care of individual patients
- integrating individual clinical expertise with the best external evidence from systematic research

involves: evidence experience patients and carers (and health economics?)

meta-analysis

- Chang et al Annals Surg 2012 836 patients 7 studies RR 0.77; 95% CI 0.40,1.51; p = 0.45(too early)
- Wang et al Brit J Surg 2013 3720 patients 17 studies RR 0.70; 95% CI 0.57, 0.85;p<0.001
- Edmiston et al Surgery 2013 RR 0.73; 95% CI 0.59, 0.91; p < 0.005

3568 patients 13 studies

 Daoud et al Surgical Infections 2014 4800 patients 15 studies RR 0.67; 95% CI 0.54, 0.84; p = 0.0005

robustness of sensitivity analysis, publication bias, risk of bias, heterogeneity, classes and type of surgery

Random-effects pooled RR of SSIs - 15 RCTs



antimicrobial sutures: level I evidence that they work

meta-analysis of 15 eligible trials of plus sutures

Daoud, Edmiston & Leaper. Surgical Infections 2014

- triclosan sutures (Vicryl plus, Monocryl plus and PDS plus) significantly reduce SSIs after clean, clean-contaminated and contaminated surgery
- no publication bias
- robust to removal of up to three trials
- overall effect: 33% reduction of SSIs (CI 0.53, 0.84; p<0.0005)
- this is level I evidence-based medicine

the days of chromic catgut and silk.....







criticisms of the PROUD study

- why multicentre ? why did it take so long? where's the data on ITT?
- was there some "cherry-picking"? ... was there sequential recruitment?
- definition of SSI is suspect; superficial SSIs dismissed
- deep SSIs agreed on by more than one assessor (which IS laudable) but using photographic evidence?
- why weren't subcuticular antimicrobial sutures used instead of clips?
- clip closure is more at risk of subsequent exogenous SSI
- were closures left to junior unsupervised staff? ... unacceptable level of fascial closure
- less deep SSIs in the antimicrobial suture group ... underpowered?



Meta-analysis of SSI RR: 19 peer-reviewed RCTs 10-Oct-2015 status



give me what I want, not what I ask for! should plus sutures be added to the SSI care bundle?



extract from NICE guideline

implementation of the Guideline will not necessarily involve major changes in current practice but it does recommend the pooling of best practice into

"care bundles"

which should reduce the risk of SSI. The introduction of the Guideline into patient care needs to be across the whole spectrum of care from the decision to operate to recovery and return to normal life style



Perioperative actions

Hair removal

- Use a clipper with a disposable head.
- Shaving with a razor is not recommended.⁵

Prophylactic antimicrobial

Appropriate antimicrobial administered within 60 minutes prior to incision.^{13,14}

Normothermia

 Maintaining a body temperature above 36°C in the perioperative period has been shown to reduce infection rates.^{16,17}

Glucose control

 Maintaining a glucose level <11mmol/1 has been shown to reduce wound infection in diabetic patients.¹⁵

tactics to improve compliance (and surveillance?)

- understand
 - people resist change
 - "buy-in" HAS to be achieved
 - antibiotics can't do it alone
- emphasize
 - education
 - evidence
 - best interests of the PATIENT
- reward
 - replace the "culture of blame"

why aren't SSI rates falling? NICE HII SCIP

SSI Care Bundle

smoking advice no cost pre-op body washing 4,2 optimum nutrition improve current practice patient warming $f_{.15}$ antibiotic prophylaxis improve current practice hair removal <u>4</u>,2 patient skin prep f_{6} surveillance feedback no cost TOTAL COST f.25 per patient







NEUTRAL FLAVOUR

FORTISIP

MEW















cost effectiveness (£25/bundle)

colorectal (315 patients)

- 1 year SSI Care Bundle £7,875
- 1 colorectal SSI cost: $\pounds 10,366$
- 1 colorectal SSI prevented = **cost effective**

breast (477 patients)

- 1 year SSI Care Bundle
- 1 breast SSI cost:

£11,925

8 breast SSIs prevented = cost effective

post discharge surveillance (how robust can it be?)

rolling programme

3 monthly or continuously by specialty?

- who? primary/secondary care... doctors nurses?
 - i. on the ward
 - ii. specialist nurses breast/stoma
 - iii. out patient
 - iv. governance sessions
 - v. specialist appointment (with what cost?)
- mandatory or voluntary?
- internationally comparable

independent unbiased blinded trained direct observer



A benchmark too far: findings from a national survey of surgical site infection surveillance

J. Tanner^{a,*}, W. Padley^a, M. Kiernan^b, D. Leaper^c, P. Norrie^a, R. Baggott^a

SUMMARY

^aDe Montfort University, Leicester, UK ^b Southport and Ormskirk Hospitals NHS Trust, Southport, UK ^c University of Newcastle upon Tyne, Newcastle upon Tyne, UK

ARTICLEINFO

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Surgical site infection

Keywords.

Surveillance

Background: The national surgical site infection (SS) surveillance service in England collates and publishes SS rates that are used for benchmarking and to identify the prevalence of SSs. However, research studies using high-quality SS surveillance report rates that are much higher that hose published by the national surveillance service. This variance questions the validity of data collected through the national service.

England. Method: All 156 hospital trusts in England were sent questionnaires aspects of SSI definitions and data collection methods.

Findings: Completed questionnaires were received from 106 hospital trusts. There were considerable differences in data collection methods and data quality that caused wide variation in reported SSI rates. For example, the SSI rate for knee replacement surgery was 4.1% for trusts that used hiph-quality postischarge surveillance (PDS) and 1.5% for trusts that used low-quality PDS. Contrary to national protocols and definitions, 10% of trusts did not provide data on superficial infections, 15% of trusts did not use the recommended SSI definition, and 8% of trusts used inpatient data alone. Thirty trusts did not use that a complete set of their data to the national surveillance service. Unsubmitted data included non-mandatory data, PDS data and continuous data.

Conclusion: The national surveillance service underestimates the prevalence of SSIs and is not appropriate for benchmarking. Hospitals that conduct high-quality SSI surveillance will be penalized within the current surveillance service.

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Sixth report of the mandatory surveillance of surgical site infection in orthopaedic surgery



benchmarking and international comparisons

- definitions
- robust surveillance (not just readmission data)
- systems for quality control
- needs regular audit/review

1% SSI after hip replacement

0.5% SSI after knee replacement



vancomycin powder in wounds?

he had never learned how to repair wounds [or manage infection].....this seemed a serious flaw in his magical education Harry Potter



what an inspiration!

