

# Wisconsin Diabetes Weekly

Monday, March 30, 2020

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## In the News

### Harvard Wants to Reshape Primary Care

Researchers at Harvard Medical School's Center for Primary Care are tackling some of the biggest issues in the field—limited resources, reimbursement and burnout—both in the U.S. and abroad. Their work so far has shown that investing in primary care resources and team building reduces overall health care costs while improving the quality of care, which in turn makes the field “more attractive as a specialty” to medical students. [Read more.](#)

### International Consensus Statement Combats Obesity Stigma

An international panel of obesity experts has issued a [joint consensus statement](#) calling for an end to the “pervasive, resilient form of social stigma” associated with the disease. The pledge attests to the recognition of social stigma surrounding overweight and obesity and its consequences, to the condemnation of the use of stigmatizing language, images, and policies, and to the practice and encouragement of treating people with overweight and obesity with “dignity and respect.”

The statement is endorsed by over 100 professional societies, including the American Association of Clinical Endocrinologists and American Diabetes Association, American Association for Metabolic and Bariatric Surgery, Endocrine Society, Royal College of Physicians (UK), and many other organizations from around the world. [Read more.](#)

## Important News

### No *Wisconsin Diabetes Weekly* Next Four Weeks

The *Wisconsin Diabetes Weekly* will not publish during April. Publication will resume on May 4.

### COVID-19 Resources for Diabetes, Heart Disease, and Stroke Patients

- [American Diabetes Association](#)
- [American Heart Association](#)
- [Centers for Disease Control and Prevention \(CDC\)](#)
- [Wisconsin Department of Health Services \(DHS\)](#)



### FDA Warns of Cybersecurity Vulnerabilities in Pacemakers, Blood Glucose Monitors

The U.S. Food and Drug Administration (FDA) has warned about a set of cybersecurity vulnerabilities, referred to as “SweynTooth,” that—if exploited—may introduce risks for certain medical devices such as pacemakers and blood glucose monitors. These cybersecurity vulnerabilities may allow an unauthorized user to wirelessly crash the device, stop it from working, or access device functions normally only available to the authorized user. [Read more.](#)

## In the News (continued)

### FDA Campaign Helps Consumers Use New Nutrition Facts Label

The U.S. Food and Drug Administration launched an initiative to help consumers use the new Nutrition Facts label that appears on packaged foods to maintain healthy dietary practices. The campaign with the tagline “What’s in it for you?” aims to reach the general public and also focuses on consumers at increased risk of nutrition-related chronic diseases, including obesity. The campaign includes videos and educational materials of “food products” modeling their new looks, including on a fashion runway, after receiving a makeover. [Read more.](#)

Nutrition Facts	
8 servings per container	
<b>Serving size</b> 2/3 cup (55g)	
<b>Amount per serving</b>	<b>230</b>
<b>Calories</b>	
% Daily Value*	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 160mg	<b>7%</b>
<b>Total Carbohydrate</b> 37g	<b>13%</b>
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Added Sugars	<b>20%</b>
<b>Protein</b> 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 235mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

1

Serving size now appears in larger, bold font and some serving sizes were updated.

2

Calories are now displayed in larger, bold font.

3

Daily values were updated.

4

Added sugars, vitamin D, and potassium are now listed. Manufacturers must declare the amount in addition to percent Daily Value (DV) for vitamins and minerals.



Resources in this newsletter are compiled by the Wisconsin Chronic Disease Prevention Program.

## Journal Articles and Reports of Interest

### Incidence and Predictors of Vision Loss Complicating Type 2 Diabetes: The Fremantle Diabetes Study Phase II.

Drinkwater JJ, et al. *J Diabetes Complications*. 2020 Feb 22:107560. doi: 10.1016/j.jdiacomp.2020.107560. [Epub ahead of print]

### Haptoglobin Phenotype Modifies the Influence of Intensive Glycemic Control on Cardiovascular Outcomes.

Carew AS, et al. *J Am Coll Cardiol*. 2020 Feb 11;75(5):512-521. doi: 10.1016/j.jacc.2019.11.051.

## Conference, Educational, and Grant Opportunities

### KNOW DIABETES BY HEART WEBINAR SERIES™

#### Maximizing Patient Outcomes: Navigating Common Barriers to Diabetes Treatment and Adherence

Online • April 13 • 10 a.m. to 11 a.m. CT

Common barriers to adherence involve socioeconomic health system process and communication barriers. Leading experts will discuss how they address these common barriers in the management of type 2 diabetes and cardiovascular risk: Nancy D'Hondt RPh, CDCES, FADCES, Clinical Pharmacist Ascension Health, St. John Hospital and Medical Center; Joshua J. Joseph M.D., Assistant Professor of Medicine in the Division of Endocrinology, Diabetes and Metabolism at The Ohio State University Wexner Medical Center; Suzanne Steinbaum, M.D., Director of Women's Heart Health of Lenox Hill Hospital in New York City; and, Clipper F. Young, PharmD, MPH, CDCES, BC-ADM, BCGP, Assistant Professor and Clinical Pharmacist, Touro University California College of Osteopathic Medicine. [RSVP today.](#)

Learn More About Wisconsin Department of Health Services COVID-19 Response



### For More Information

If you received the *Wisconsin Diabetes Weekly* as a forward, [sign up](#) to receive the publication directly from the listserv.

For more about our program, check out [www.preventdiabeteswi.org](http://www.preventdiabeteswi.org).