



The Wisconsin Music & Memory webinar September 3, 2015

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Agenda

- Welcome - Poll Question
- North Central Health Care, *How to bring Person-Centered Care to a dementia unit*
- Walk to End Alzheimer's® combined with an iPod Donation Drive for participating nursing homes
- CMP Funded project – *Music & Memory Student Volunteer Program*
- Phase II Implementation Survey Results
- 2015 webinar schedule
- Q&A session and Evaluation



North Central Health Care, *How to bring Person-Centered Care to a dementia unit*





DHS Partnership with Alzheimer's Associations

Walk to End Alzheimer's® combined with an iPod Donation Drive for participating nursing homes





CMP funded project – *Music & Memory* *Student Volunteer Program*

- CMS has approved a CMP project for the rest of Wisconsin nursing homes to become Music & Memory facilities.
- Approximately 130 nursing homes
- 50 cohort - collaboration with their local middle school or high school
- Evaluation will focus on the impact of the intergenerational aspects of the project.



Wisconsin Music & Memory Implementation Survey Results

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MUSIC & MEMORY PROGRAM

Phase II Six-Month Survey - August 2015



Thank

You

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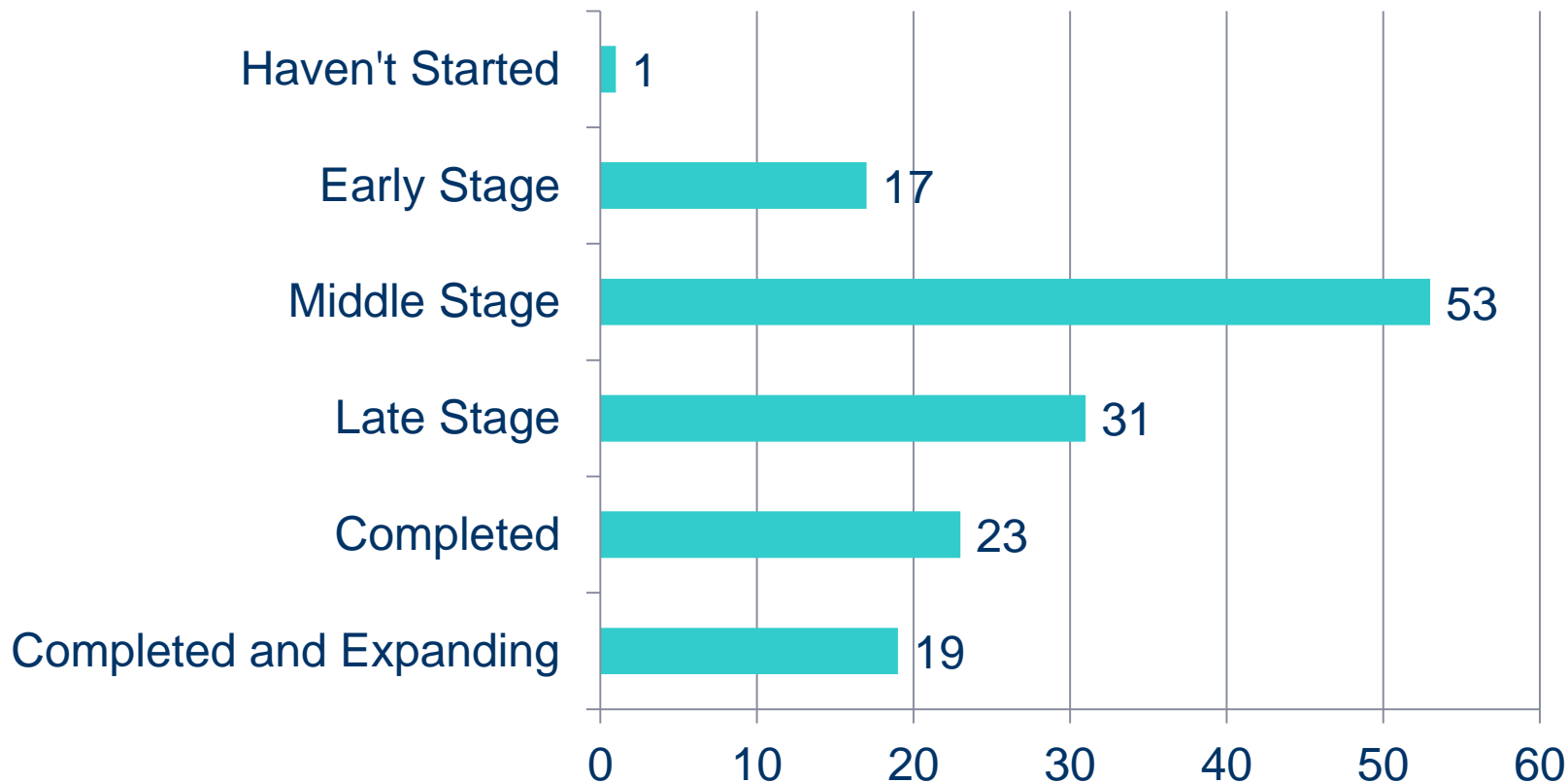


Six-month Implementation Survey

Phase II: 144 Respondents out of 148



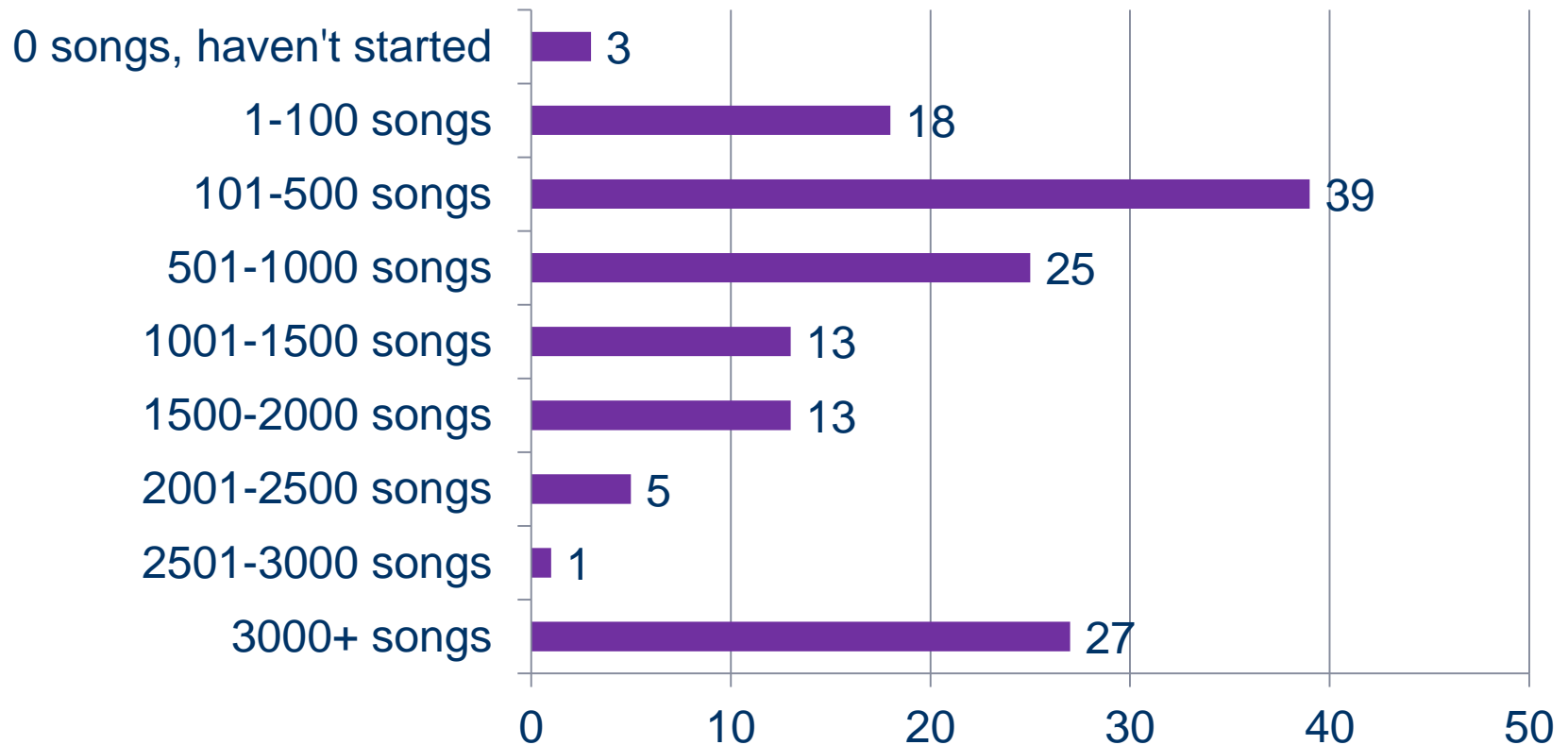
Rate where you are in the Wisconsin Music & Memory implementation



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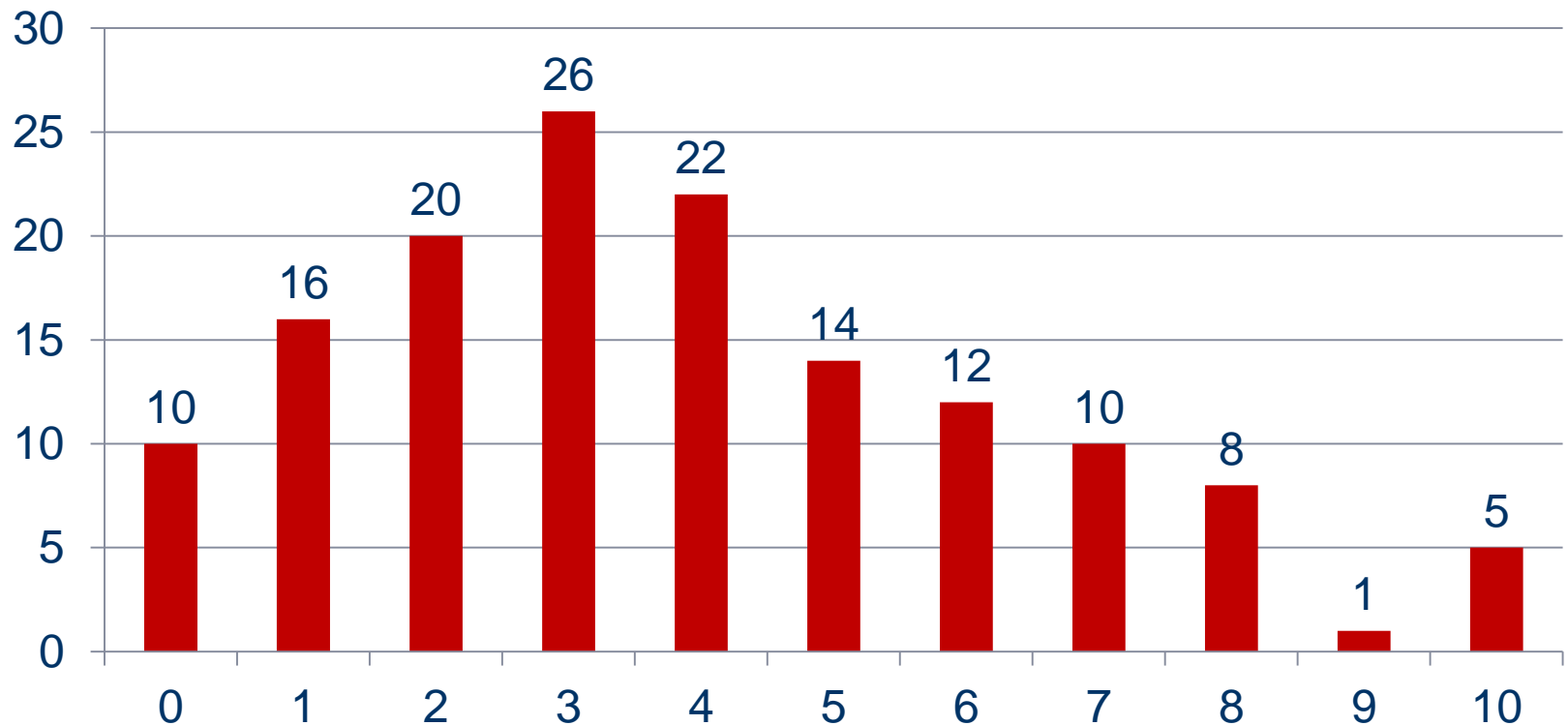


Approximately how many songs do you have in your iTunes library?





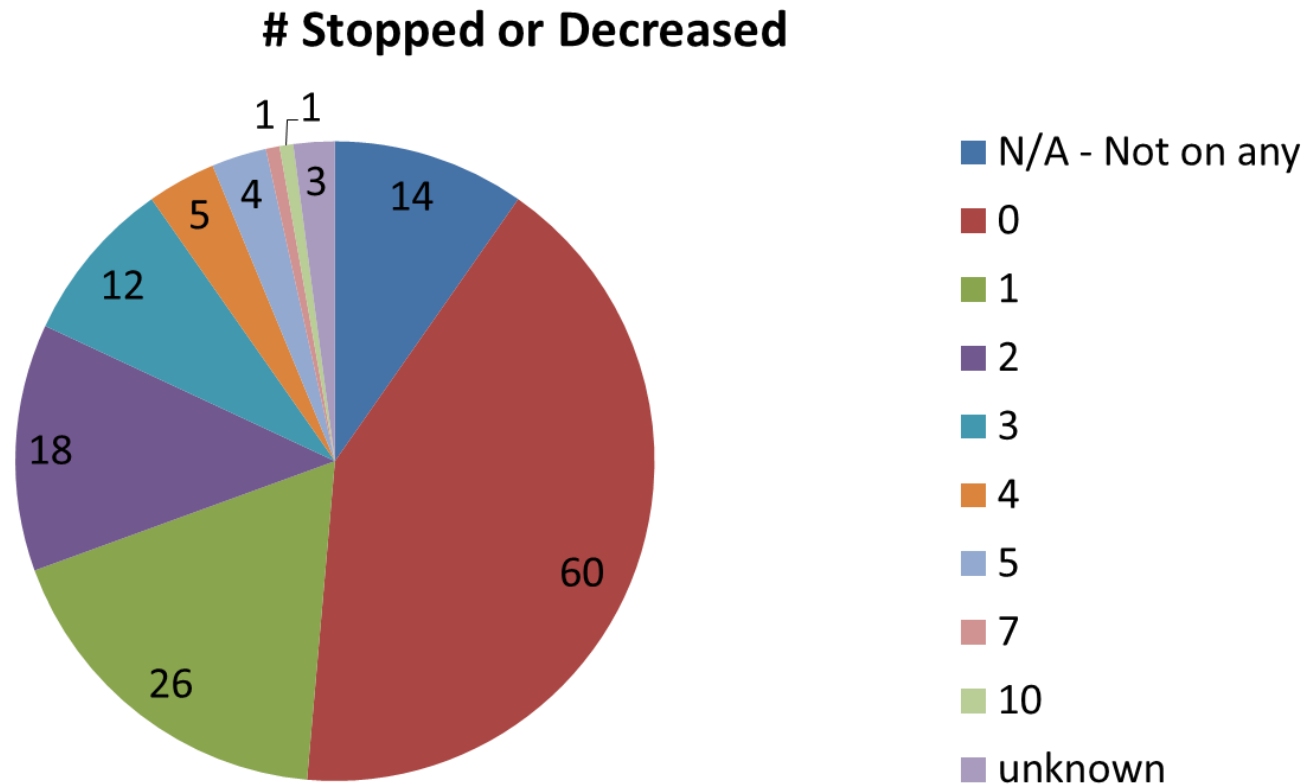
Of the 10 residents, how many have shown improvement and are now calmer, more relaxed, less anxious, more engaged or happier?



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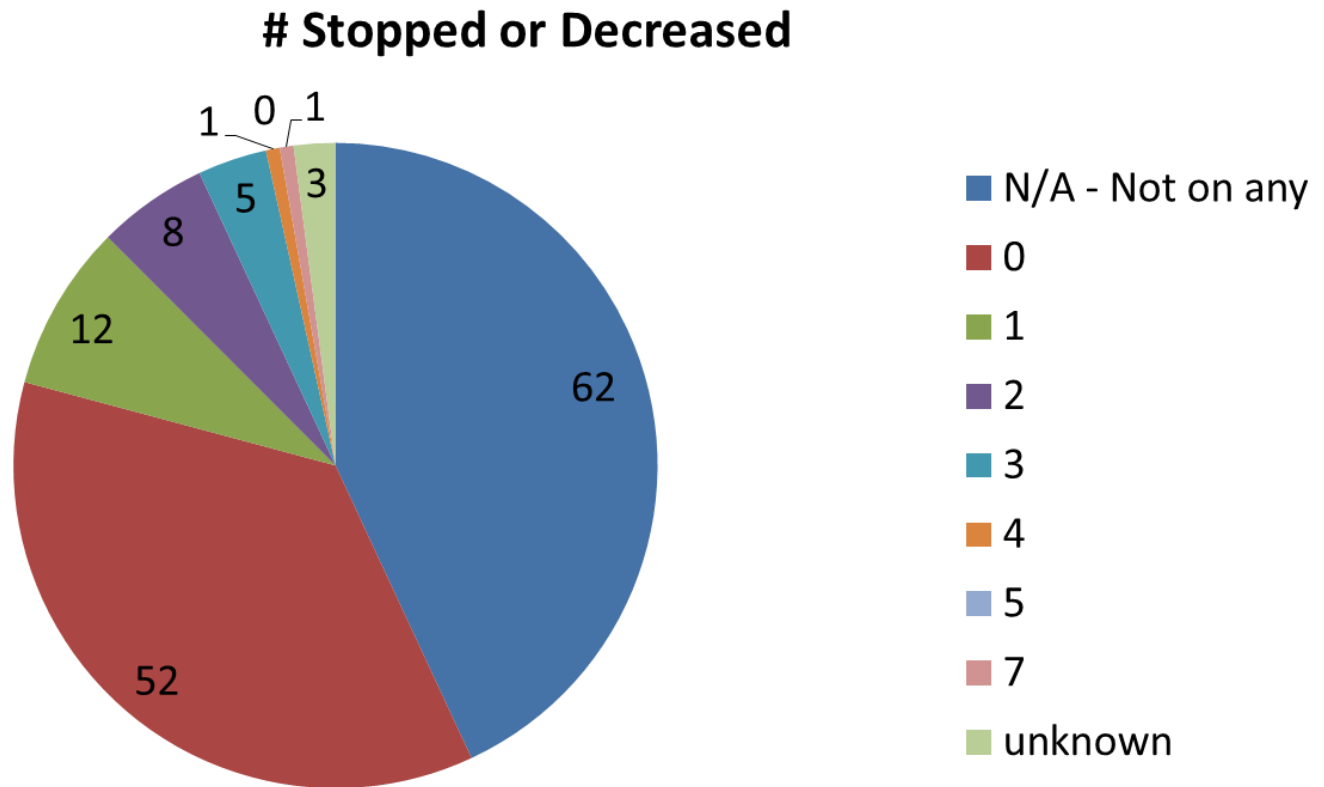


Of the 10 residents how many who were prescribed anti-psychotic or anti-anxiety medications stopped or decreased since implementation?



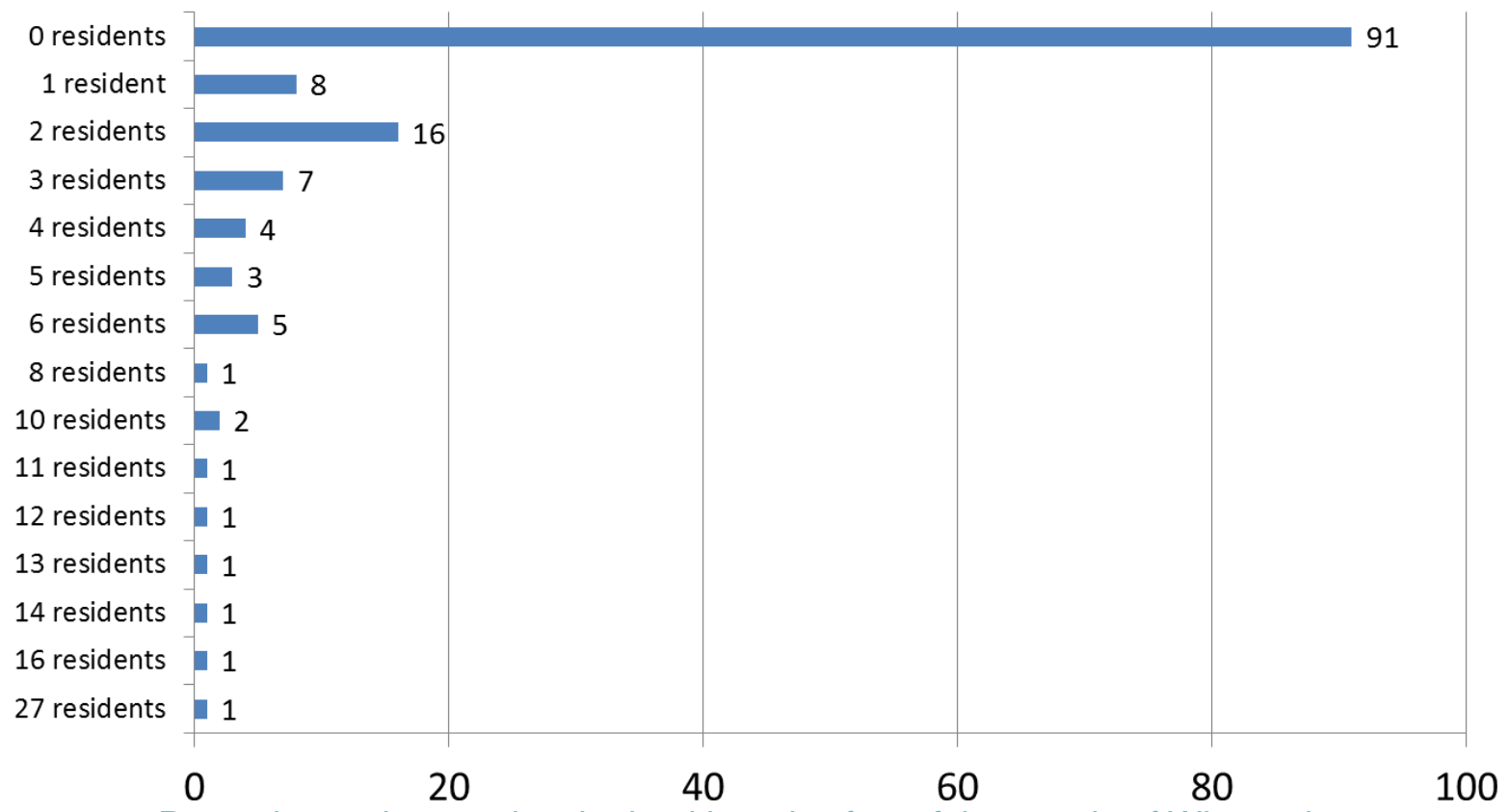


Of the 10 residents how many who were using bed/chair alarms, have stopped or decreased since implementation?



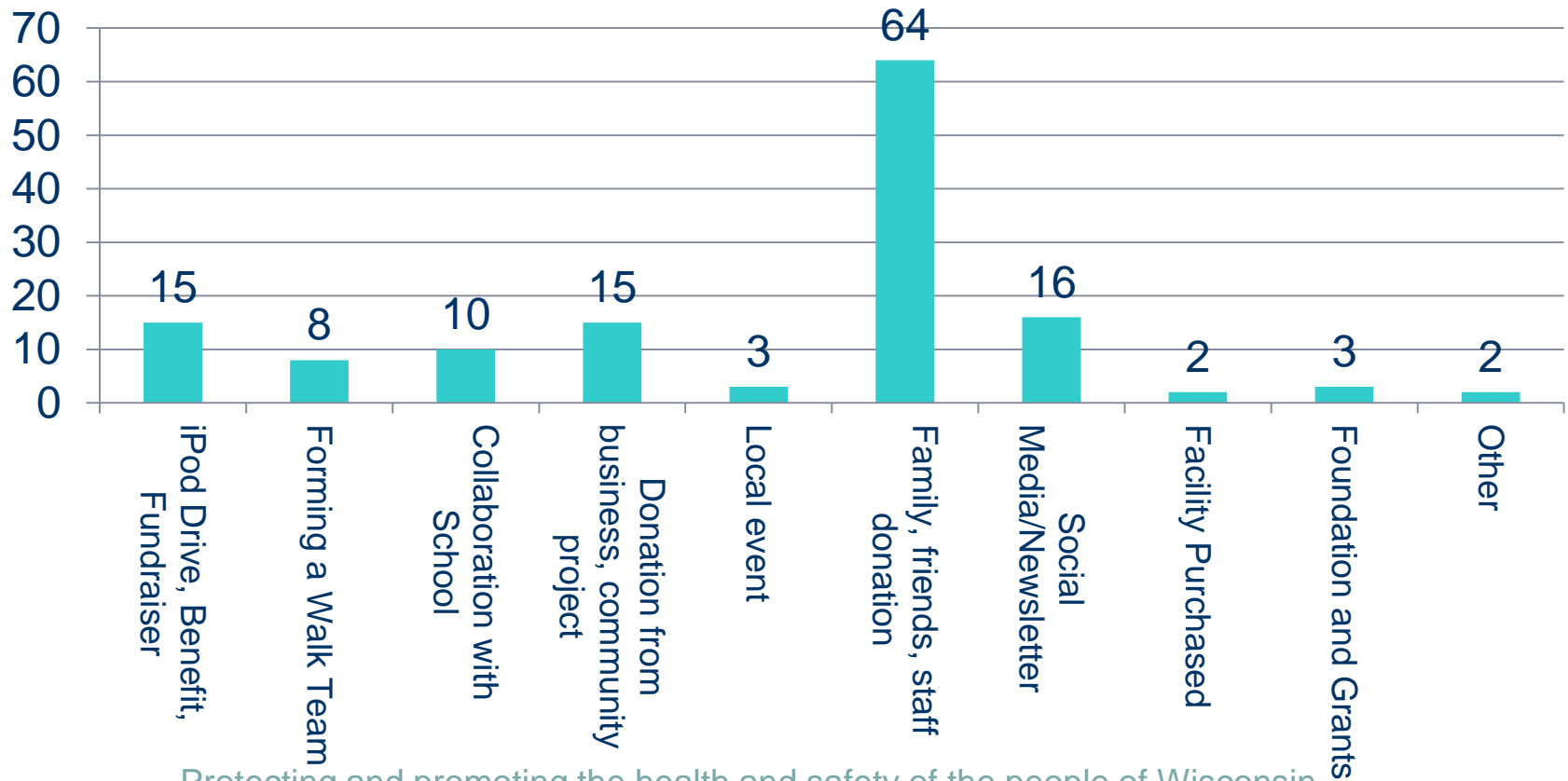


Enter the number of new residents added beyond the original 10. (Total 243)





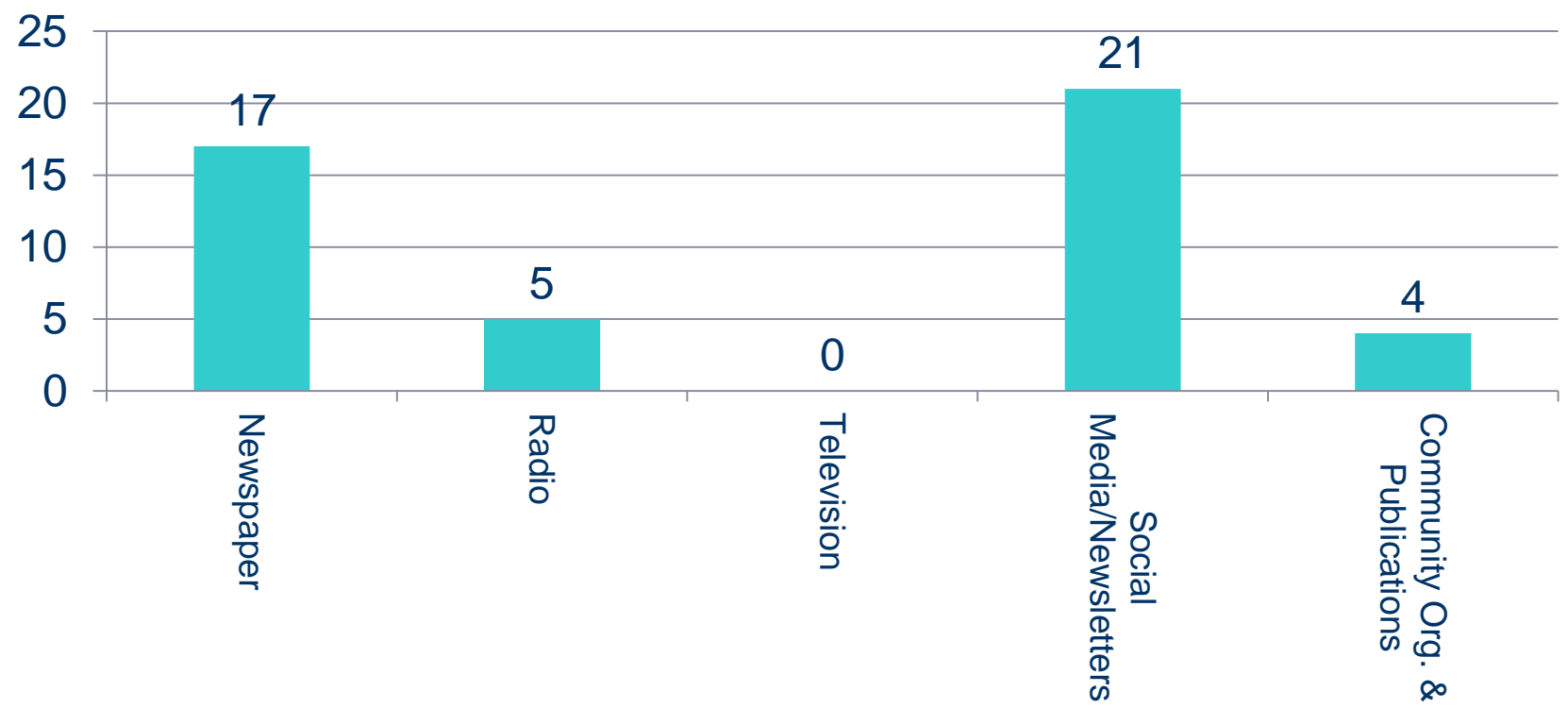
How have you expanded your program? (78 Responses)



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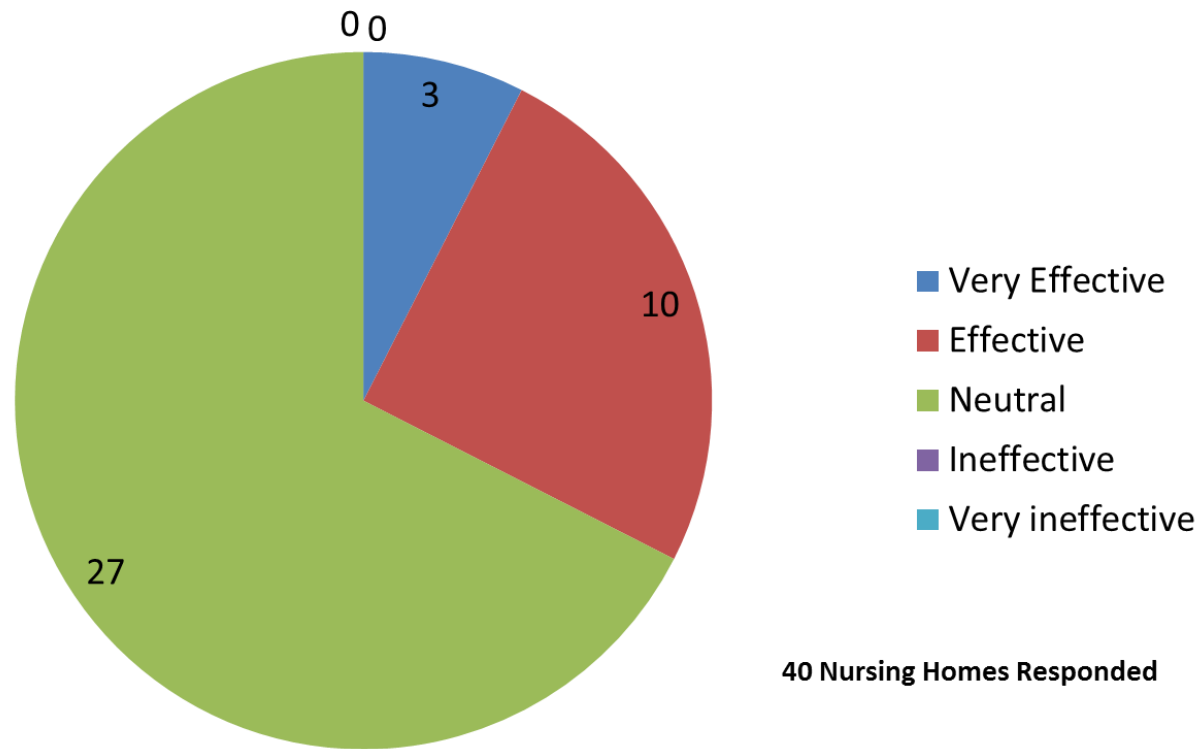


What media contacts have you made to promote your program? (48 Responses)





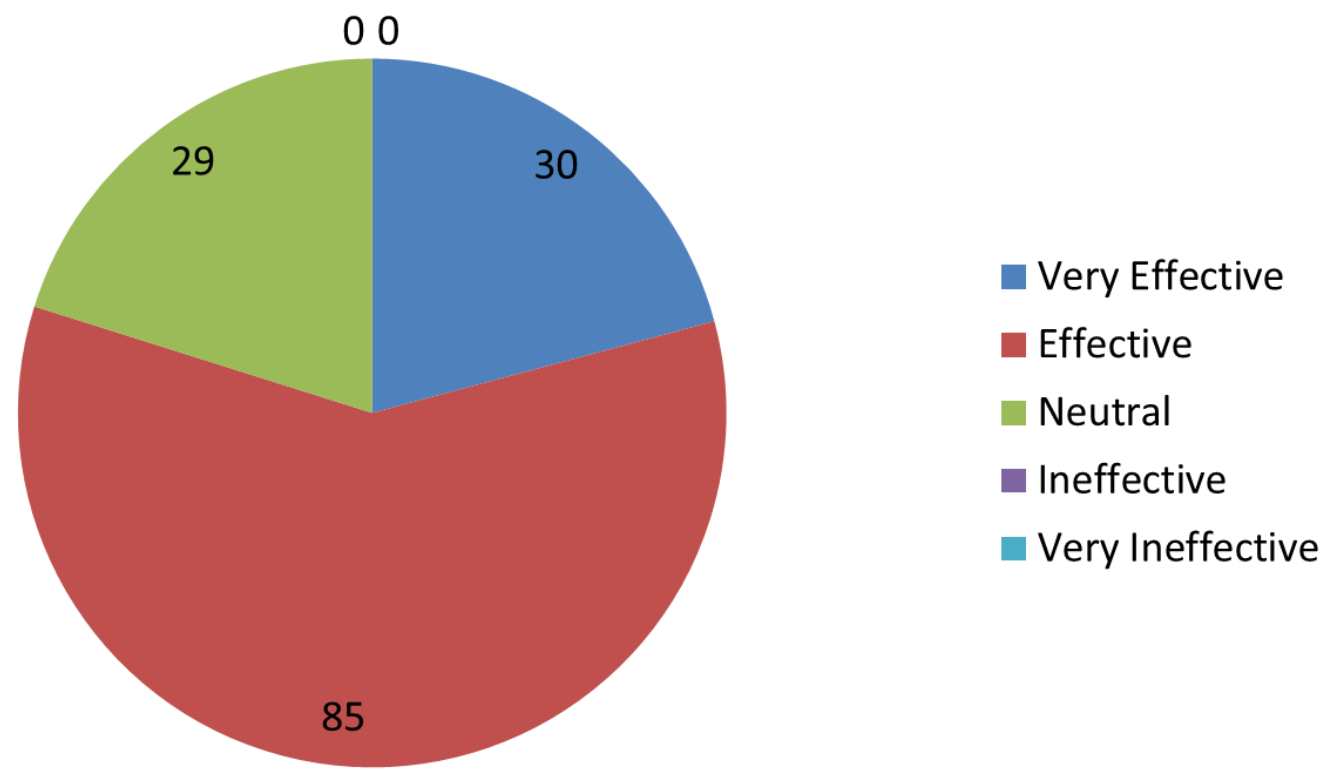
If you contacted media, and received coverage, how effective was it in raising awareness about your facility and Program?



40 Nursing Homes Responded

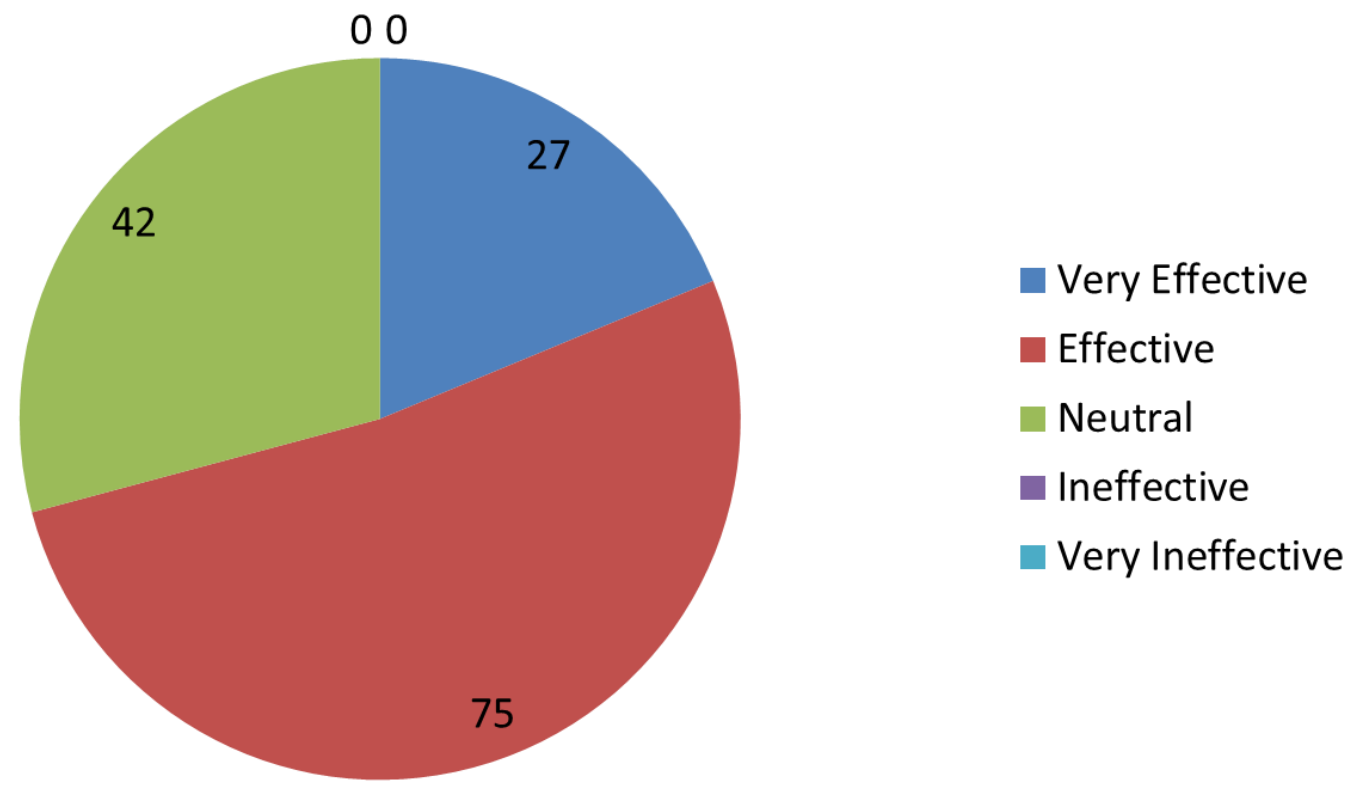


Rate the overall effectiveness of the Program for the participating residents.



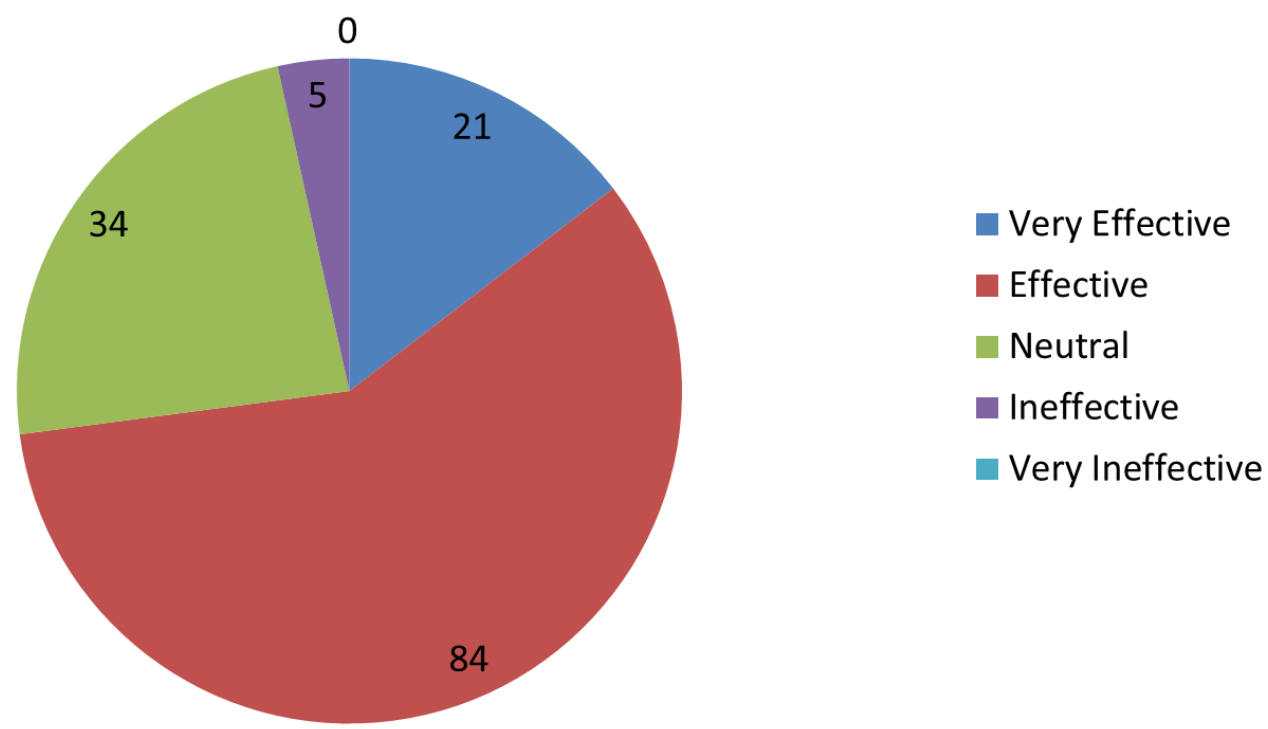


Rate the overall effectiveness of the Program for the participating families/friends.



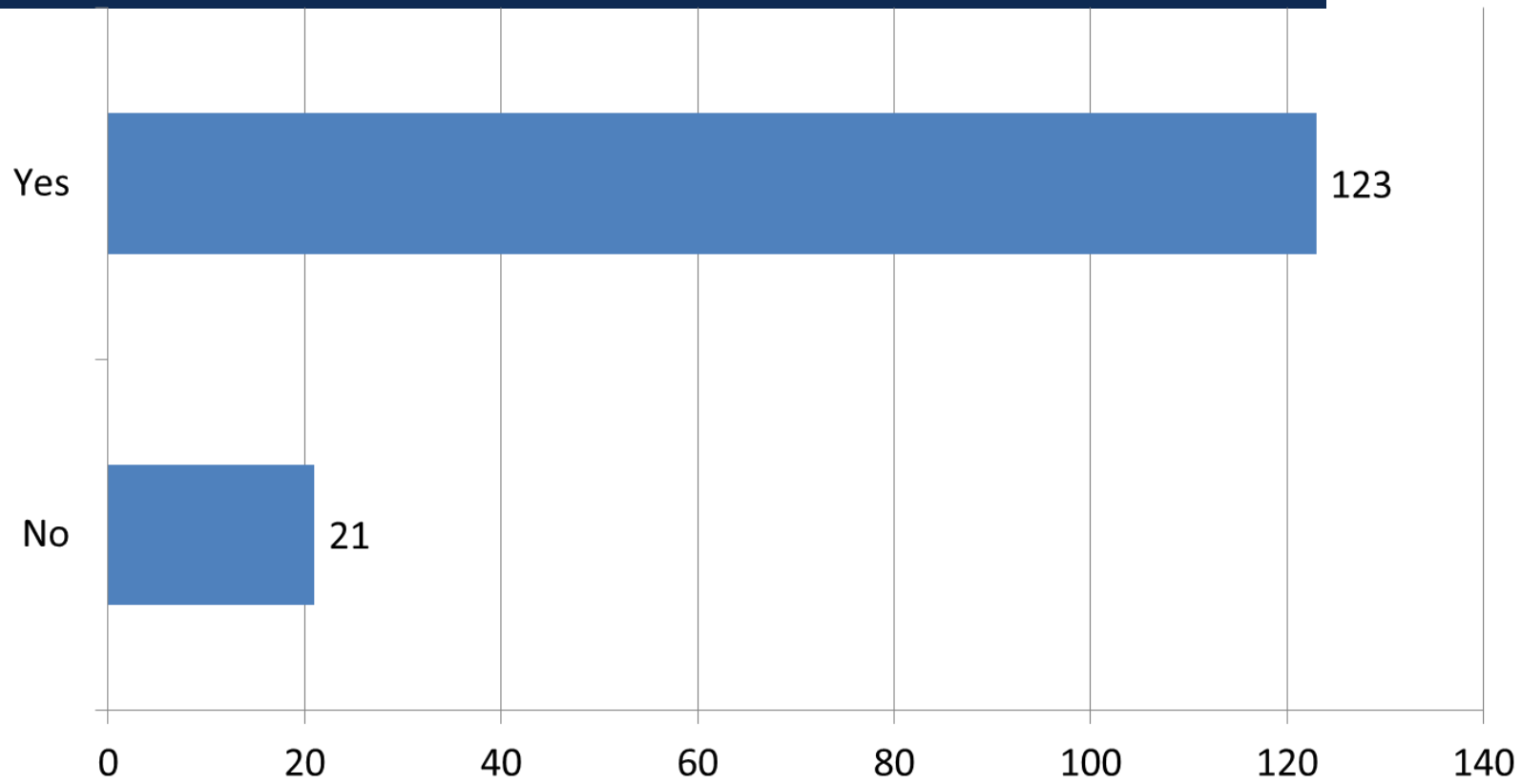


Rate the overall effectiveness of the Program for the facility staff.



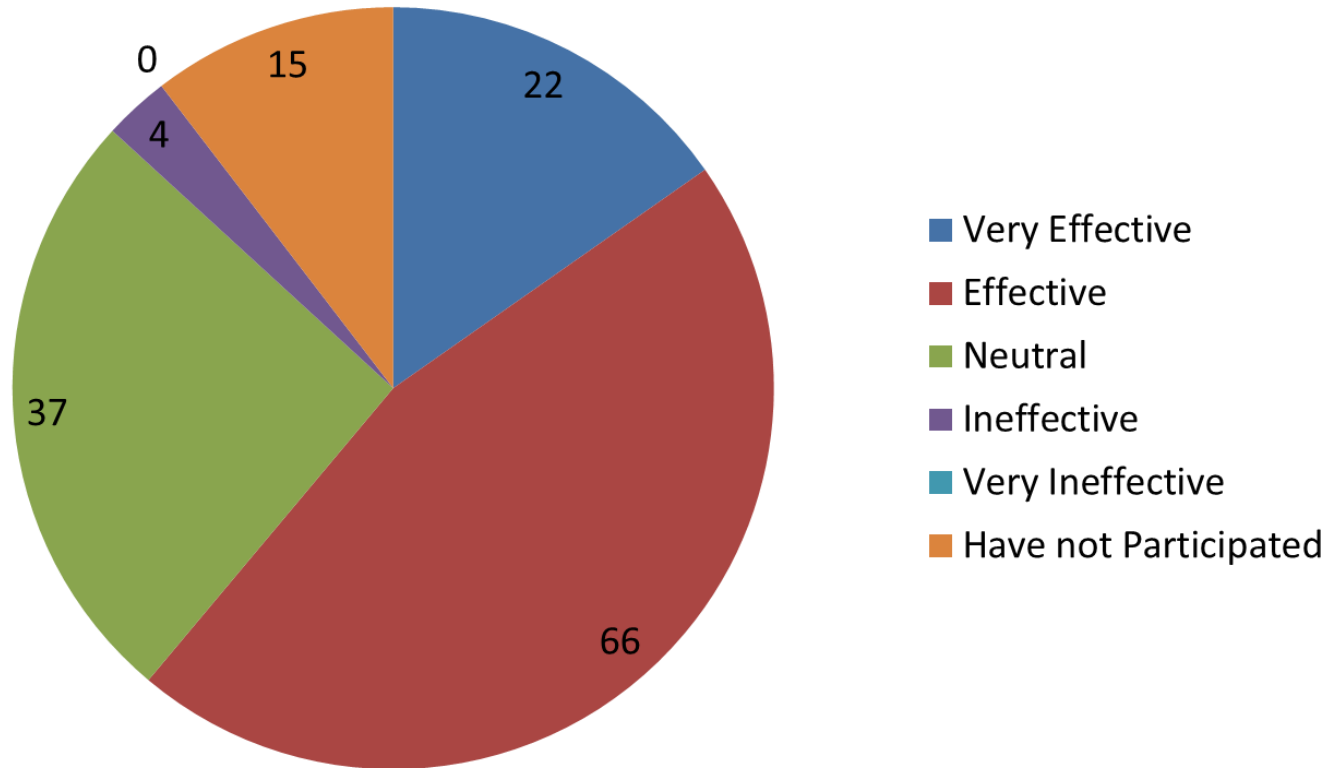


Have you participated in the monthly support webinars hosted by DHS staff?





How effective have the support webinars been?





Survey Comments

- *“We have seen a decrease in falls related to the use of the music and memory program. Especially with one resident. He had fallen 7 times in 5 days. Since using the I-pod he has only had 2 falls in the past 4 months!”*
- *“We LOVE this program! Staff buy in took a bit, but after they see the effects they love it.”*
- *“Keep up the good work. The music program DOES make a difference.”*
- *“This is a wonderful program and has proven to be very successful. Thank you for allowing us to be part of it.”*

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Survey Comments, cont.

- *“Very effective, have seen positive reactions. Enlightened staff to improved quality of life, in which, allowed an increase for quality of care.”*
- *“Thank you so much for this wonderful opportunity. The staff, residents and families are very grateful for the generosity of the Wisconsin Music & Memory Program!”*
- *“I love this program. I wish there were ways to get the whole community involved beyond just donating the music and iPods.”*



Survey Comments, cont.

- *“It has made a huge difference for some of our residents and I have several CNA's, nurse's, and other staff that say it is wonderful for them and the residents.”*
- *“Even if we don't see a decrease in psychotic medication use, staff are still requesting the iPods. We have many wonderful anecdotes of success stories using the iPods. many times we pair the iPod use with our aromatherapy program. This adds some really great tools for staff to be able to use. Thank you so much!!!”*



Survey Comments, cont.

- *“Thank you for getting us started here with the M & M program. It has really opened our eyes up to the program.”*
- *“Don't give up if a resident at first is not interested or doesn't like the headphones initially...try again and tweak the music offerings and try again.”*
- *“We fully endorse the program and look forward to the next steps and bringing it to more residents.”*
- *“Yes - It is remarkable what reaction you see with smiles and increase alertness.”*



Survey Comments, cont.

- *“I feel very happy that DHS has looked at this program and put so much time and effort to provide this for facilities. Thank you.”*
- *“I truly enjoy the webinars and find them very interesting. I do appreciate the information shared after them.”*
- *“We feel that the Wisconsin Music & Memory Program has been a very positive experience, with great support.”*
- *“I think the DHS has done everything correct with implementing, being supportive and getting the information out to the nursing homes.”*



Lessons Learned

As part of the program you can get your new staff that are involved in the program free certification and training through the national Music & Memory Program.

This might help your staff bring you up to speed and help motivate staff to be engaged.

Also don't forget to join the monthly webinars for implementation tips and support.



Lessons Learned, cont.

1. Please go to the following website:
<http://musicandmemory.org/landing/music-memory-certification-program1/>
2. Scroll to the bottom and choose the training sessions you want to attend (three 90 minute sessions)
3. Click the “Get Started Button”
4. In the sign up section under MESSAGE, write “Because of a change in staff at our facility I would like to take the certification/training. We are a Wisconsin Phase II facility and I understand my certification is free if taken during this initial year”.
5. The National Music & Memory will send you the information to log-in and call-in to the training webinars.



2015 Music & Memory Webinar Schedule

- October 1st: Lutheran Homes of Oshkosh, *Namaste Care Model and Cycling without Age*
- November 5th: Panel of participants discussing *Expansion best practices*
- December 3rd: *Year in Review*
- *Ideas for 2016?*

All sessions run from 1:30 pm – 2:30 pm Central Standard Time.

Webinars are held via Adobe Connect: <https://connect.wisconsin.gov/dhs-music-memory/>

Enter as a “Guest”, then enter the name of your Facility/Agency



Answers to Your Questions





Evaluation



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