

Strengthening Families: Risk and Protective Factors Focus: Family Support

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Together

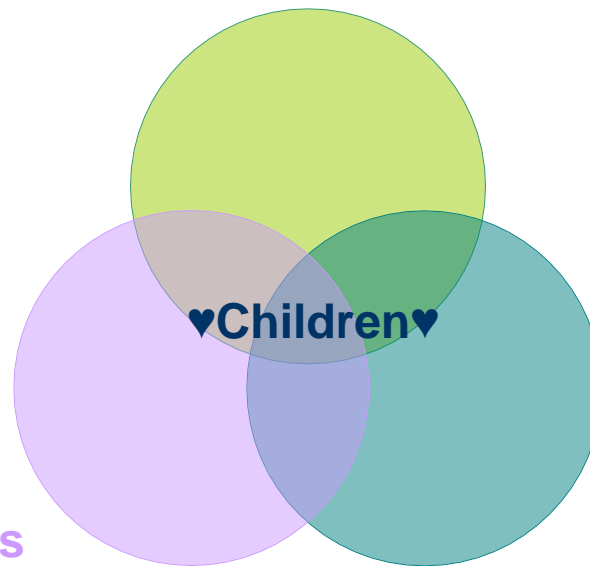
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Maternal and Child Health Early Childhood
Systems Initiative with University of WI
Cooperative Extension



State Systems within Systems

Families



Professionals

Communities

At SFTA, we envision an environment where all children have the opportunity to reach their highest potential and where all adults understand their role and responsibilities to children.

Focus: Family Support



- Increased awareness of service providers
- “no wrong door” for entry into community resources
- Improve use of the continuum of resources
- Increased community capacity to engage women in needed resources

Learning Objectives

- Evidence base for Strengthening Families
- Highlights of promising leadership practices from counties
- Parent engagement strategies
- Early Care and Education Prevention Partners
- Strengthening Families and MCH Local assessments and coalition building



What is Strengthening Families?

<http://www.youtube.com/watch?v=GbSp88PBe9E>

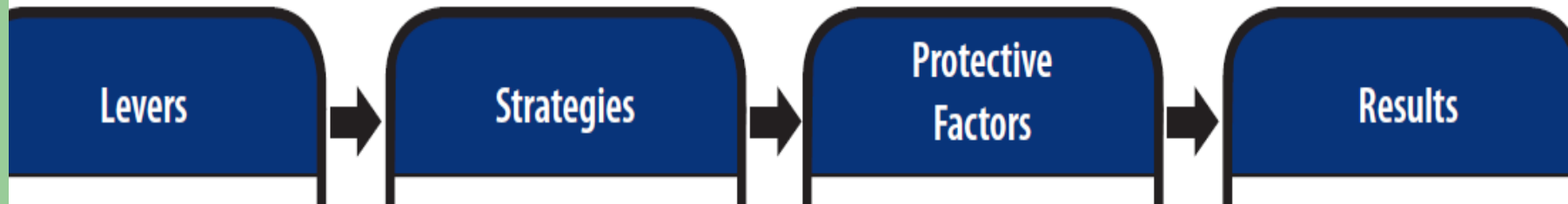


The Center on Law and Social Policy

Strengthening Families: Creating a New Normal

The Strengthening Families Approach:

- Benefits ALL families
- Builds on family strengths, buffers risk, and promotes better outcomes
- Can be implemented through small but significant changes in everyday actions
- Builds on and can become a part of existing programs, strategies, systems and community opportunities
- Is grounded in research, practice and implementation knowledge



What's the Bottom-line?

A framework for working with families

- Outcomes-driven
- Strength-based
- Sets of coherent strategies
- Can be embedded into existing services

strengthening families

The Protective Factors

- Nurturing and Attachment
- Knowledge of Parenting and Child Development
- Strong Families- Parent Resilience
- Social Connections
- Concrete Supports
- Family Child Relationships

Nurturing and Attachment

**Give Children the
Love and Respect
They Need**



Knowledge of Parenting and of Child and youth development

Being a Great Parent is Part Natural and Part Learned



Parental/Familial Resilience

Be Strong and Flexible



QUESTIONS TO THINK ABOUT

How do you stay strong and flexible for yourself and your family?

What does taking care of yourself mean to you?
Are you trying to be perfect?

How do you keep from doing or promising too much?

Promote Healthy Parent Child Relationships

Parents Need to Help Their Children Communicate



Parent=

- Provider
- Protector
- Teacher

Through this relationship, children can trust, learn, grow, and explore the world.

Social Connections

**Parents Need
Friends**



Concrete Supports for Parents/Families

**We All Need Help
Sometimes**



What is the evidence-base for this work?

“First, risk must be reduced....
Second, protection must be strengthened.... Coupled with “local” knowledge, they are core ingredients of EBP (evidence-based practice)”
(Fraser & Galinsky, 2004, p. 390).

What is the evidence-base for this work?

Resilience may derive from factors both internal and external to a child:

- Attributes of the Child
- Aspects of the Family
- Characteristics of the Social Environments

What is the evidence-base for this work?

- 17,000 Middle Income Adults
- 5 categories of child maltreatment and 5 categories of family dysfunction
- Over 50% of study participants reported one or more ACEs.
- 1 in 4 participants was exposed to two ACEs.
- 1 in 16 was exposed to four ACEs.
- If 1, 80% chance of additional ACEs
- ACEs correlate with health outcomes 25 years later

Why would counties embrace this approach?

- Cost of abuse and neglect in US \$93 billion annually
- Negative impacts on brain development
- Long term disability
- Increased risk of engagement in criminal justice system
- Diminished academic performance
- Greater likelihood of AODA/Mental Illness

Children's Hospital and Prevent Child Abuse Wisconsin- State
Child Abuse and Neglect Mandatory Reporter Training

What strategies have been embraced already?

- Cross-training
- Adapting Intake and Assessment Tools
- Consider Parent/Family Point of View
- Service Collaborations

What Strategies Engage Parents?

Early Care and Education and Child Welfare




http://www.strengtheningfamiliesillinois.org/index.php/main/content/category/parent_cafes/

What Strategies Engage Parents?

Early Care and Education and Child Welfare

- Coordinated Service Teams
- Family Teaming
- Developmental Screening
- Home Visiting
- Pyramid Model

<http://www.childwelfare.gov/preventing/preventionmonth/guide2011/>

<i>Strengthening Families and Communities: 2011 Resource Guide</i>	The Five Protective Factors	Tip Sheets for Parents and Caregivers	Activity Calendar
<h2 data-bbox="386 642 917 742">Strengthening Families and Communities: 2011 Resource Guide</h2> 			
<h3 data-bbox="483 913 608 949">Chapter 1</h3>			
<h4 data-bbox="386 971 743 1006">Laying the Groundwork</h4> <p data-bbox="386 1021 1159 1113">Information about the research on which the guide is based, including protective factors, strategies for creating lasting change, and evidence-informed practice.</p>		<p data-bbox="1275 899 1642 1342"><i>Strengthening Families and Communities: 2011 Resource Guide</i> supports service providers in their work with parents, caregivers, and their children to strengthen families and prevent child abuse and neglect. It focuses on the five protective factors, which have been proven to reduce the risk of abuse and neglect, and provides tools and strategies to integrate the factors into existing programs and systems.</p>	
<h3 data-bbox="483 1149 608 1185">Chapter 2</h3> <h4 data-bbox="386 1206 1130 1242">Working With Families: The Five Protective Factors</h4> <p data-bbox="386 1256 1217 1313">Detailed information about each of the protective factors and tips for infusing them into direct practice with families and children.</p>			
<h3 data-bbox="483 1349 608 1385">Chapter 3</h3>			

<http://www.childwelfare.gov/pubs/guide2011/guide.pdf#page=20>

Strengthening Families and Communities





Thank you for your participation!

**We appreciate your feedback!
A Zoomerang survey will be sent to your email.
You can also access the survey at
[www.dhs.wisconsin.gov/mch/early childhood
systems/events](http://www.dhs.wisconsin.gov/mch/early%20childhood%20systems/events).**