

# Substance Use Prevention, Intervention, Harm Reduction, and Recovery



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# Definitions Activity

**Prevention, Intervention, Harm Reduction, and Recovery**

# Prevention

“Prevention activities work to educate and support individuals and communities to prevent the use and misuse of drugs and the development of substance use disorders.”

Substance Abuse and Mental Health Services Administration

- **Universal** – focus on general population
- **Selective** – focus on people with known risk factors
- **Indicated** – focus on people who are already experiencing a substance use-related problem

# Alliance for Wisconsin Youth

More than 100 community coalitions focused on substance use prevention for all ages and populations through media campaigns, presentations, programs, and other activities, as well as government policies that limit drug access, availability, and acceptability.



# School-Based Programming

- LifeSkills Training
- Strengthening Families
- Sources of Strength
- Catch My Breath
- Safe School Ambassadors

# Intervention

- Services that explore and address risk factors that appear to be related to substance use.
- Services that assist the individual in recognizing the consequences of harmful substance use.
- Services that provide information for individuals to make behavioral changes.

# Intoxicated Driver Program

- People convicted of operating while intoxicated must undergo an assessment of their substance use.
- The assessment informs a driver safety plan.
- The goal is to prevent future instances of impaired driving.

# ED2Recovery

- People taken to a hospital emergency department for an opioid overdose are connected with people living in recovery from an opioid use disorder trained to offer support.
- Program staff (known as peer specialists or recovery coaches) introduce the opioid overdose survivor to health and wellness resources and check with them after they leave the hospital to support them reaching their goals.

2,198 people served since 2018



# Harm Reduction

“Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use.

Harm reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who use drugs.”

# Harm Reduction Tools

- Naloxone (NARCAN®) can reverse an opioid overdose.
- Fentanyl test strips can detect the presence of fentanyl in a drug supply.

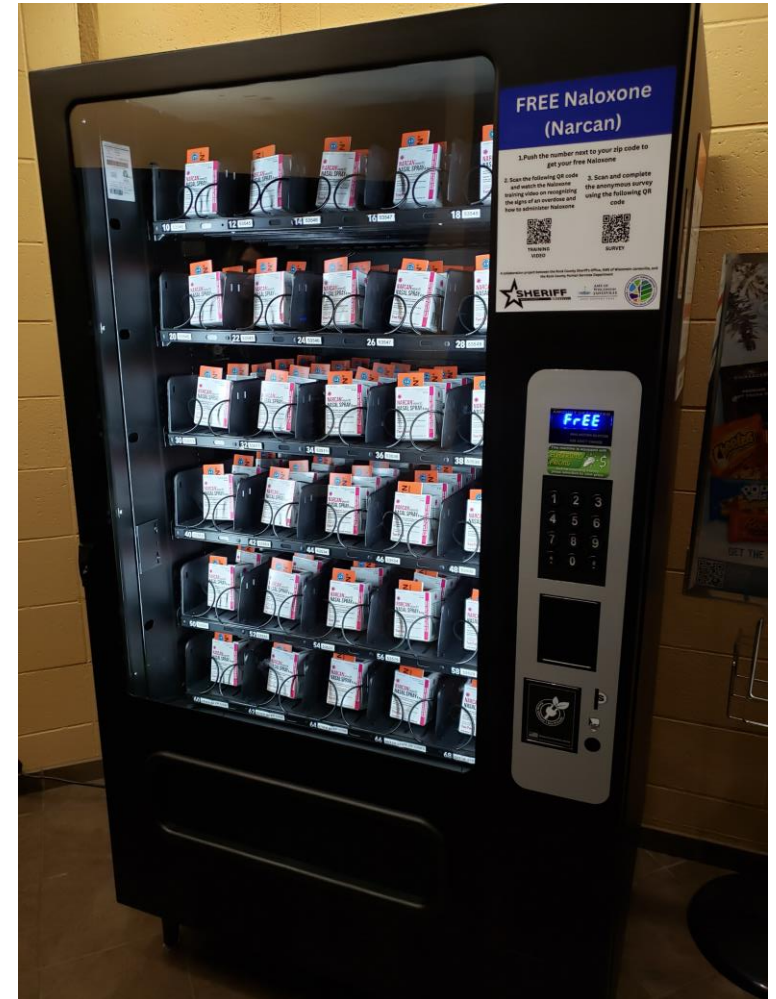
# NARCAN® Direct Program

DHS provides free NARCAN® to select organizations for community distribution to those most at-risk for experiencing or witnessing an overdose.

- County human services departments
- County or municipal public health departments
- Tribal health clinics
- Syringe service programs
- Recovery community organizations
- Opioid treatment programs

# Public Health Vending Machines

- Units stocked with free naloxone, fentanyl test strips, and other health and wellness supplies placed in a variety of community locations.
- More than 40 units are in operation statewide.



# DHS Harm Reduction Response Team

Staff provide unserved/underserved communities with syringe services program resources as well as HCV/HIV/STI testing and naloxone training and distribution.

- Southern Wisconsin team is in operating.
- Northern Wisconsin team scheduled to be in operation soon.

# Recovery

“Process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.”

Substance Abuse and Mental Health Services Administration

# Recovery

- **Health** – managing one’s illness or symptoms and making informed, healthy choices that support physical and emotional well-being
- **Home** – having a stable and safe place to live
- **Purpose** – conducting meaningful daily activities, such as a job or school
- **Community** – having supportive relationships with families, friends, and peers

# Recovery Housing Voucher Program

- People experiencing an opioid use disorder and homelessness can get financial support to stay at a recovery residence.
- Recovery residences provide substance-free living environments and support from people in recovery from a substance use disorder.



# Peer Support Providers

- **Certified peer specialist**  
A person with experience in the mental health and substance use services system trained to support others.
- **Certified parent peer specialist**  
A person with experience raising a child with behavioral health challenges trained to use their experience navigating services in support of other parents.
- **Recovery coaches**  
A person who serves as a mentor for people seeking recovery from a substance use disorder.

# Resources

**Wisconsin Addiction Recovery**



**Helpline**

***Call 211***

# Resources

## Real Talks Wisconsin

It takes all of us to help prevent and reduce substance use

**RealTalksWI.org**

## Dose of Reality

Prevent opioid harm.

It starts with real talks.

**DoseOfRealitywi.gov**

**Real Talks**  
**Wisconsin**

