

# Wisconsin HAI Long-Term Care Education Series

August 25, 2022

## Today's Agenda

- Updated Enhanced Barrier Precautions Guidance
- Monkeypox Virus: Infection Prevention Reminders
  - Greta Michaelson, Regional Infection Preventionist,
     HAI Prevention Program
- Training Opportunity
  - Nicole Mueller, Regional Infection Preventionist, HAI Prevention Program

# Updated Enhanced Barrier Precautions Guidance



Greta Michaelson, MHA, BSN, RN Regional Infection Preventionist

### Objectives

- Understand why the Centers for Disease Control and Prevention (CDC) updated enhanced barrier precautions (EBPs) guidance
- Understand what EBPs are and to whom they apply
- Understand how to implement the current recommendations in steps that account for local risks and needs

### Background

- Residents who have a multidrug-resistant organism (MDRO) can:
  - Develop serious infections.
  - Remain colonized for long time periods.
  - Spread MDROs to others.
- Health care personnel can spread MDROs through contaminated hands and clothing.

### MDRO Burden in Nursing Homes

Facility Type	Documented MDRO	Actual MDRO
Nursing Homes (n = 14)	17%  ††††††††††	58% <b>††††††††††</b>
Ventilator-Capable Nursing Homes (n = 4)	20%	76% <b>†††††††††</b>

McKinnell JA et al, Clin Infect Dis. 2019; 69(9):1566-1573





https://www.cdc.gov/hai/pdfs/containment/EBP-Presentation-July2022.pptx

### Updated EBP Guidance

CDC updated the 2019 guidance for EBPs in nursing homes. Historically, interventions focused only on residents infected with MDROs.



https://www.cdc.gov/hai/containment/PPE-Nursing-Homes.html

### Updated EBP Guidance

#### Updates were prompted by:

- Many nursing home residents unknowingly being colonized with a MDRO.
- The need for broader approaches to reduce the spread of MDROs without isolating residents for long periods of time.
- Recent studies indicating use of EBPs can effectively reduce the spread of MDROs.

https://www.cdc.gov/hai/pdfs/containment/EBP-Presentation-July2022.pptx

#### What are EBPs?

EBPs are designed to reduce the spread of MDROs by expanding the use of gloves and gowns during high-contact resident care activities, especially for those at increased risk of acquiring or spreading a MDRO.



### High-Contact Care Activities

#### Examples of high-contact care activities include:

- Dressing
- Bathing/showering
- Transferring
- Providing hygiene
- Changing linens
- Changing briefs or assisting with toileting

- Caring for devices (e.g., central line, urinary catheter, feeding tube, tracheostomy/ventilator)
- Caring for wounds (any skin opening requiring a dressing)

https://www.cdc.gov/hai/containment/PPE-Nursing-Homes.html

### To Whom Do EBPs Apply?

EBPs are now recommended for nursing home residents with any of the following:

- Infection or colonization with a targeted or other epidemiologically important MDRO, when contact precautions do not otherwise apply.
- Indwelling medical devices (e.g., central line, urinary catheter, feeding tube, tracheostomy, ventilator) and/or chronic wounds regardless of MDRO colonization status.

#### **Duration of EBPs**

- For colonization with a targeted or epidemiologically important MDRO: EBPs should be used for the duration of the resident's stay.
- For indwelling medical devices or chronic wounds: transition back to standard precautions may be appropriate when the device is discontinued, or the wound has healed.

https://www.cdc.gov/hai/containment/faqs.html

#### Key Differences

#### The new EBP guidance expands the:

- Residents for whom EBPs apply, including those with indwelling medical devices or chronic wounds regardless of MDRO status.
- Types of MDROs for which EBPs apply.

### Targeted MDROs

- Pan-resistant organisms
- Carbapenemase-producing Enterobacterales spp.
- Carbapenemase-producing Pseudomonas aeruginosa
- Carbapenemase-producing Acinetobacter baumannii
- Candida auris

As of July 1, 2022, Category II reportable conditions in Wisconsin

# Epidemiologically Important MDROs

May include, but are not limited to:

- Methicillin-resistant Staphylococcus aureus (MRSA)
- ESBL-producing Enterobacterales
- Vancomycin-resistant Enterococci (VRE)
- Multidrug-resistant Pseudomonas aeruginosa
- Drug-resistant Streptococcus pneumoniae

https://www.cdc.gov/hai/containment/PPE-Nursing-Homes.html

# Determining Epidemiologically Important MDROs

Conduct a local risk assessment that considers:

- MDRO activity within the building, past and current.
- MDRO prevalence, transmission, and outbreaks.
- MDRO prevalence within the geographic region and among health care transfer networks.

# Staged Approach Implementation

- While not currently reviewed by regulatory bodies, the guidelines reflect current best practices and facilities should begin implementing them.
- The updated guidelines will:
  - Provide additional protections to residents and staff.
  - Help to control the spread of MDROs.

## Staged Approach Implementation

At minimum, facilities should work to implement EBPs for those:

- Infected or colonized with a targeted MDRO when contact precautions do not otherwise apply.
- With chronic wounds and/or indwelling medical devices (regardless of MDRO colonization status) who reside on a unit or wing where a resident with a targeted MDRO resides.

## Implementation Considerations

- Assess your facility's personal protective equipment (PPE) supply and management practices.
- Re-use and extended use of PPE is strongly discouraged.



#### How to Be Successful



https://www.cdc.gov/hai/pdfs/containment/EBP-Presentation-July2022.pptx

#### Resources for EBPs

- Implementation of PPE Use in Nursing Homes to Prevent Spread of MDROs <u>https://www.cdc.gov/hai/containment/PPE-Nursing-Homes.html</u>
- Frequently Asked Questions (FAQs) about EBPs in Nursing Homes <a href="https://www.cdc.gov/hai/containment/faqs.html">https://www.cdc.gov/hai/containment/faqs.html</a>
- Considerations for Use of EBPs in Skilled Nursing Facilities
   <a href="https://www.cdc.gov/hicpac/workgroup/EnhancedBarrierPrecautions.html?msclkid=39038">https://www.cdc.gov/hicpac/workgroup/EnhancedBarrierPrecautions.html?msclkid=39038</a>
   <a href="https://www.cdc.gov/hicpac/workgroup/EnhancedBarrierPrecautions.html?msclkid=39038">https://www.cdc.gov/hicpac/workgroup/EnhancedBarrierPrecautions.html?msclkid=39038</a>
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   <a href="https://www.cdc.gov/hicpac/workgroup/EnhancedBarrierPrecautions.html">https://www.cdc.gov/hicpac/workgroup/EnhancedBarrierPrecautions.html</a>?
- EBPs Letter to Nursing Home Residents, Families, Friends, and Volunteers <a href="https://www.cdc.gov/hai/pdfs/containment/Letter-Nursing-Home-Residents-Families-Friends-508.pdf">https://www.cdc.gov/hai/pdfs/containment/Letter-Nursing-Home-Residents-Families-Friends-508.pdf</a>
- EBPs Letter to Nursing Home Staff <u>https://www.cdc.gov/hai/pdfs/containment/Letter-Nursing-Home-Staff-508.pdf</u>

### Reach Out With Questions

- Consult your <u>Regional Infection Preventionist</u> for additional questions related to EBPs or a staged implementation.
- Contact your DQA <u>Regional Field Operations</u> <u>Director (RFOD)</u> for questions related to the regulatory or survey process.

# Monkeypox Virus: Infection Prevention Reminders



Greta Michaelson, MHA, BSN, RN Regional Infection Preventionist

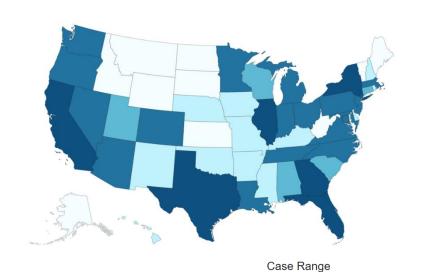
### Monkeypox Virus

- The monkeypox virus (MPV) is in the same family as the smallpox virus.
  - It is less severe and transmissible than smallpox.
- MPV can spread by:
  - Direct or indirect contact with body fluids or lesions.
  - Touching or using items contaminated with the virus.
  - Exposure to respiratory droplets.

## Monkeypox Case Count

#### As of August 24:

- 16,603 total confirmed cases in US.
- 56 total confirmed cases in Wisconsin.



1 to 10

>500

**51** to 100



11 to 50.

101 to 500

## Monkeypox Symptoms

- Monkeypox infection is typically characterized by a new, unexplained rash that develops into skin lesions.
- Other early symptoms include:
  - Fever
  - Swollen lymph nodes
  - Muscle aches
  - Headaches

Monkeypox: Basic Information | Wisconsin Department of Health Services

## Monkeypox Symptoms

- Rash can be present with no other symptoms.
- Rash starts 4 to 14 days after exposure to the virus.







### Prevent Exposures

- Encourage staff who are working with residents are aware of facility policies regarding monkeypox.
- Keep care team informed of any concerns so that proper PPE can be used to prevent high-risk exposures.
- Ensure residents with uncovered rashes or lesions remain in their rooms with the door closed.

### Personal Protective Equipment

All health care personnel should wear the following PPE when interacting with patient with suspect or confirmed monkeypox:

- Gown
- Gloves
- Eye protection (goggles or a face shield that covers the front and sides of the face)
- NIOSH-approved particulate respirator equipped with N95 filters or higher

https://www.cdc.gov/poxvirus/monkeypox/clinicians/infection-control-healthcare.html

#### Visitation

 Consider MPV screening questions—visitors who may have been exposed to monkeypox or who have symptoms of infection should avoid visiting.



### **Employee Health**

- Assess internal employee health policies.
- Encourage staff to stay home if they have new, unexplained rashes, flu-like symptoms, or other symptoms of infection.
- Review CDC guidance for monitoring people, including health care workers, who have been exposed to monkeypox.

https://www.cdc.gov/poxvirus/monkeypox/symptoms.html https://www.cdc.gov/poxvirus/monkeypox/clinicians/monitoring.html

## Reporting

- Report all suspected or confirmed cases and exposures to your local or Tribal health department (LTHD).
- LTHDs will request:
  - Results of occupational exposure assessments.
  - Contact tracing efforts.
  - Individuals' classification per CDC's monkeypox risk assessment algorithm.

https://www.cdc.gov/poxvirus/monkeypox/clinicians/infection-control-healthcare.html

#### **Environmental Infection Control**

- Use EPA-registered hospital-grade disinfectants for emerging viral pathogens (<u>List Q</u>) for cleaning and disinfection.
- Avoid activities that could resuspend dried material from lesions (using portable fans, dry dusting, sweeping, or vacuuming).
- Provide aerosol-generating procedures in airborne isolation rooms.

https://www.epa.gov/pesticide-registration/disinfectants-emerging-viral-pathogens-evps-list-q

#### **Environmental Infection Control**

- Handle soiled laundry gently and promptly bag.
- Wear all recommended PPE when handling laundry from a suspect or confirmed monkeypox resident.
- Encourage environmental services personnel to wear all recommended PPE when cleaning rooms of a suspect or confirmed monkeypox resident.

#### Resources

#### Infection Control and Public Health Resources

- Monkeypox in Wisconsin
- Infection Prevention and Control of Monkeypox in Healthcare Settings
- Monkeypox Isolation and Infection Control for Home Settings

#### Clinical Resources

- What Health Care Professionals Should Know about Monkeypox
- Clinical Guidance on Monkeypox
- Clinician Frequently Asked Questions (FAQ) about Monkeypox

# Construction Infection Control Risk Assessment (ICRA) Training



Nicole Mueller, MLS(ASCP)<sup>CM</sup>, MBA, CIC Regional Infection Preventionist

## What is ICRA Training?

- Provides knowledge and training on how to deal with construction in health care facilities.
- Intended for local and Tribal health departments and all other health care facilities.
  - Anyone that may have to consider construction and clean up in health care facilities.

## **Upcoming Opportunity**

The North Central States Regional Council of Carpenters is providing several ICRA training sessions throughout the Western Region.

- Training sessions are free and will occur the week of October 24 and on November 11, 2022.
- Training session are 8-hours and will be held in person at several locations throughout the region.

## **Upcoming Opportunity**

For more information on the training sessions and Council of Carpenters visit:

https://northcountrycarpenter.org/training/infectioncontrol-risk-assessment-icra

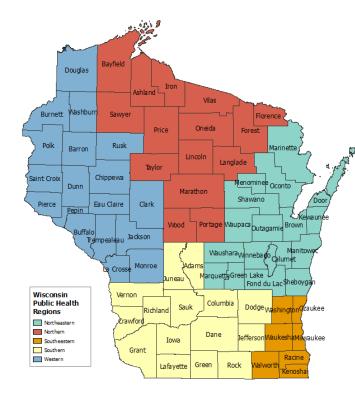
#### Questions?

HAI Prevention Program <a href="mailto:dhswihaipreventionprogram@dhs.wisconsin.gov">dhswihaipreventionprogram@dhs.wisconsin.gov</a> 608-267-7711

HAI Prevention Program Staff Contacts: <a href="https://www.dhs.wisconsin.gov/hai/contacts.htm">https://www.dhs.wisconsin.gov/hai/contacts.htm</a>

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www.dhs.wisconsin.gov/hai/contacts.htm

#### https://www.dhs.wisconsin.gov/hai/ip-education.htm



# **Upcoming LTC Education Session**

**September 22, 2022** 

Topic: Keys to a Successful Infection Prevention Program