INFORMED CONSENT FOR MEDICATION

Dosage and / or Side Effect information last revised on 06/17/2020

Completion of this form is voluntary. If informed consent is not given, the medication cannot be administered without a court order unless in an emergency.
This consent is maintained in the client's record and is accessible to authorized users.

Name – Patient / Client (Last, First MI)	ID Number	Living Unit	Date of Birth
,			

Name – Individual Preparing This Form	Name – Staff Contact	Name / Telephone Number – Institution

MEDICATION CATEGORY	MEDICATION	RECOMMENDED DAILY TOTAL DOSAGE RANGE	ANTICIPATED DOSAGE RANGE
Tricyclic Antidepressant, Antianxiety, Sleep Aid	Sinequan (Capsule/Solution), Silenor (Tablet) (Doxepin)	Sinequan 25 mg to 300mg Silenor 3 mg to 6 mg	

The anticipated dosage range is to be individualized, may be above or below the recommended range but no medication will be administered without your informed and written consent.
Recommended daily total dosage range of manufacturer, as stated in *Physician's Desk Reference* (PDR) or another standard reference.
This medication will be administered ☐ Orally ☐ Injection ☐ Other – Specify:

1. Reason for Use of Psychotropic Medication and Benefits Expected (note if this is 'Off-Label' Use)
Include DSM-5 diagnosis or the diagnostic impression ("working hypothesis.")

2. Alternative mode(s) of treatment other than OR in addition to medications include
Note: Some of these would be applicable only in an inpatient environment.

☐ Environment and/or staff changes
☐ Positive redirection and staff interaction
☐ Individual and/or group therapy
☐ Rehabilitation treatments/therapy (OT, PT, AT)
☐ Treatment programs and approaches (habilitation)
☐ Use of behavior intervention techniques

Other Alternatives:

3. Probable consequences of NOT receiving the proposed medication are

Impairment of ☐ Work Activities ☐ Family Relationships ☐ Social Functioning

Possible increase in symptoms leading to potential

☐ Use of seclusion or restraint
☐ Limits on access to possessions
☐ Limits on personal freedoms
☐ Limit participation in treatment and activities
☐ Limits on recreation and leisure activities
☐ Intervention of law enforcement authorities
☐ Risk of harm to self or others

Other Consequences:

Note: These consequences may vary depending upon whether or not the individual is in an inpatient setting. It is also possible that in unusual situations, little or no adverse consequences may occur if the medications are not administered.

See Page 2

Client Initial _____ Date _____

4. Possible side effects, warnings, and cautions associated with this medication are listed below. This is not an all-inclusive list but is representative of items of potential clinical significance to you. For more information on this medication, you may consult further with your physician or refer to a standard text, such as the PDR. As part of monitoring some of these potential side effects, your physician may order laboratory or other tests. The treatment team will closely monitor individuals who are unable to readily communicate side effects in order to enhance care and treatment.

Continued – Possible side effects, warnings, and cautions associated with this medication.

Most Common Side Effects: dizziness; somnolence (sleepiness); nausea; vomiting; constipation; dry mouth; increased incidence of upper respiratory tract infections; urinary retention.

Less Common Side Effects: too high or too low blood pressure; edema; flushing; fast or irregular heart beat; loss of balance control; fatigue; hallucination; confusion; headache; blurred vision; numbness; loss of hair; excessive sweating; itching; increased skin sensitivity to sun light; altered blood sugar levels; decrease in sexual desire and/or ability; weight gain; altered sense of taste.

Rare Side Effects: Although rare, check with your physician as soon as possible if the following occur: loss of hair; red-brown spots on skin; swelling/enlargement of breast tissue; testicular swelling; inappropriate milk secretion in females; ringing or buzzing in the ears; seizures; involuntary or uncontrollable movements, tremors, or muscle contractions; sore throat or fever; swelling of the face or tongue; abdominal pain; abnormal dreams or nightmares; eye pain or redness; chest pain; anxiety; angle-closure glaucoma.

Caution:

- **Driving and Operating Heavy Machinery**
  This medication may decrease motor function. Take caution with operating machinery, driving, or anything else that that could be dangerous if you are not alert or well-coordinated.
- **Orthostatic Hypotension**
  Dizziness, lightheadedness, or fainting may occur, especially when standing up from a sitting or lying position. Getting up slowly may help.
- **QT prolongation**
  Abnormal heart rhythm leading to fainting spells or sudden death. Use in caution with risk factors (congenital long QT syndrome, history of prolonged QT, and/or family history of prolonged QT or sudden cardiac death, concomitant use with other agents that prolong QT interval).
- **Psychosis/ Mania**
  May worsen psychosis in some patients or precipitate shift to mania or hypomania in patients with bipolar disorder.
- **Complex Sleep Behaviors**
  This drug may increase risk for hazardous sleep related activities such as sleep-driving, cooking, or making phone calls with no recall of the event upon wakening.
- **Withdrawal**
  Abrupt discontinuation or interruption may cause withdrawal symptoms. Please speak with your doctor before stopping this medication.

Warning: [Black Box Warning]: Antidepressants increase the risk of suicidal thinking and behavior in children, adolescents, and young adults (18 to 24 years of age) with major depressive disorder (MDD) and other psychiatric disorders; consider risk prior to prescribing. Short-term studies did not show an increased risk in patients >24 years of age and showed a decreased risk in patients ≥65 years. Closely monitor patients for clinical worsening, suicidality, or unusual changes in behavior, particularly during the initial 1 to 2 months of therapy or during periods of dosage adjustments (increases or decreases); the patient's family or caregiver should be instructed to closely observe the patient and communicate condition with healthcare provider. A medication guide concerning the use of antidepressants should be dispensed with each prescription. **Doxepin is not approved for use in pediatric patients.**

- The possibility of a suicide attempt is inherent in major depression and may persist until remission occurs. Worsening depression and severe abrupt suicidality that are not part of the presenting symptoms may require discontinuation or modification of drug therapy. Use caution in high-risk patients during initiation of therapy.

- Risk of suicidal behavior may be increased regardless of doxepin dose; antidepressant doses of doxepin are 10- to 100-fold higher than doses for insomnia.

See standard reference text for an all-inclusive list of side effects.

Client Initial _____ Date _____

Medication: Sinequan – (Doxepin)

By my signature below, I GIVE consent for the named medication on Page 1 and anticipated dosage range. My signature also indicates that I understand the following:

1. I can refuse to give consent or can withdraw my consent at any time with written notification to the institution director or designee. This will not affect my right to change my decision at a later date. If I withdraw consent after a medication is started, I realize that the medication may not be discontinued immediately. Rather, it will be tapered as rapidly as medically safe and then discontinued so as to prevent an adverse medical consequence, such as seizures, due to rapid medication withdrawal.
2. Questions regarding this medication can be discussed with the Interdisciplinary Team, including the physician. The staff contact person can assist in making any necessary arrangements.
3. Questions regarding any behavior support plan or behavior intervention plan, which correspond with the use of the medication, can be directed to the client's social worker, case manager, or psychologist.
4. I have the right to request a review at any time of my record, pursuant to § 51.30(4)(d) or § 51.30(5)(b).
5. I have a legal right to file a complaint if I feel that client rights have been inappropriately restricted. The client's social worker, case manager, or agency/facility client rights specialist may be contacted for assistance.
6. My consent permits the dose to be changed within the **anticipated dosage range** without signing another consent.
7. I understand the reasons for the use of the medication, its potential risks and benefits, other alternative treatment(s), and the probable consequences that may occur if the proposed medication is not given. I have been given adequate time to study the information and find the information to be specific, accurate, and complete.
8. This medication consent is for a period effective immediately and not to exceed fifteen (15) months from the date of my signature. The need for and continued use of this medication will be reviewed at least quarterly by the Interdisciplinary Team. The goal, on behalf of the client, will be to arrive at and maintain the client at the minimum effective dose.

SIGNATURES		**DATE SIGNED**
Client – If Presumed Competent to Consent/Parent of Minor/Guardian (POA-HC)	Relationship to Client ☐ Self ☐ Parent ☐ Guardian (POA-HC)	
Staff Present at Oral Discussion	Title	

Client / Parent of Minor / Guardian (POA-HC) Comments

As parent/guardian (POA-HC) was not available for signature, he/she was verbally informed of the information in this consent.

Verbal Consent

Obtained by – PRINT – Staff Name	Date Obtained	Written Consent Received ☐ Yes ☐ No
Obtained from – PRINT – Parent / Guardian (POA-HC) Name	Date Expires	Date Received

Client Initial _____ Date _____