



Wisconsin Department of Health Services

CORE Conversations with Families in Birth to 3

Module 4: Listening for parent priorities to identify meaningful outcomes

A Presentation by Molly Murphy, Ph.D.
August 3, 2016

CORE Conversations



Community Opportunity Relationships Enjoyment

C O R E

CORE

- **Community** where we live, work and play together
- **Opportunity** when we practice, participate, contribute
- **Relationships** who we love, who gives and receives support
- **Enjoyment** how we feel about one another, what sustains us

- CORE Conversations offer Birth to 3 providers a strategy to use in their conversations with parents raising young children with disabilities that emphasizes natural and ordinary supports.

CORE Conversations Online Training Module

- For Birth to 3 providers
- Self directed learning
- Links to additional printed CORE resources

CORE Conversations Module Format

The content for this online training is based on:

The CORE of a Good Life:

Guided Conversations with Parents on Raising
Young Children with Disabilities

by

Molly Murphy and Mark Sweet (2009)

You can download a free .pdf copy
of the CORE Guide with the link below

[http://www.waisman.wisc.edu/cedd/pdfs/
products/early/CORE_Guide.pdf](http://www.waisman.wisc.edu/cedd/pdfs/products/early/CORE_Guide.pdf)

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CORE Conversations

CORE Conversations and this online module were developed with the financial support of these partners:

- Waisman Center Natural Supports Project
- WI Board for People with Developmental Disabilities
- WI Birth to 3 Program
- Disability Rights Wisconsin

To make the most of this training

- We invite learners to refer to the CORE Conversations Guide for indepth descriptions of these ideas and strategies to integrate into their work with families.

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Learning Objective

Module 4

- To use parent priorities about community, opportunity, relationships, and enjoyment to identify *meaningful objectives*.

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Community

the places

- *Where* do families want to spend time?

- Playing in the park
- Reading at the library
- Walking to school
- Riding the bus
- Place of worship
- Eating in restaurants
- Shopping in stores
- **Visiting in friend's homes**
- Sharing a holiday meal with family

Community

where we live



Community

where we play



Community where we share meals



Community

where we work



Community

where we go to school



Community

When a parent's priority is.....	Discuss these as objectives.....
Getting out of the house once a day with her child	Parent and child will walk with the stroller go to the neighborhood park once each day
Eating out in a restaurant as a family	Parent will make a busy box of toys, and a music player for her child, to use while his family is eating at Culvers once a month

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Opportunity

the activities

- *What* do parent want their children to be doing?
- Making choices
- Practicing
- Contributing



What if no one had to “get ready” and instead just had a chance participate?

Opportunity

making friends



Opportunity

getting invited



Opportunity

risk and benefit



Opportunity

When a parent's priority is.....	Discuss these as objectives.....
That both of her children can join in family bike rides	
That his child be included in her neighborhood preschool and have friends in the neighborhood	

Community Opportunity Relationships Enjoyment

C O R E

Relationships the people

- *Who* do parents want in their child's life?
- Who is ready, willing and able?
- Who needs encouragement?
- How can this child contribute?
- Where is the balance between give and take?



Relationships

joining in



Relationships

give and take



Relationships

contributing



Relationships

the effects of “help”



Relationships

When a parent's priority is.....	Discuss these as objectives.....
That her Dad better understand what works for discipline for his grandson	Parents will write down 3 strategies that help their son get calm for sleep to share with Grandpa (as an alternative to Grandpa wanting to tell him he just needs to settle down)
As a Dad who travels for work, that he gets to stay connected to his kids when he is away	Mom and Dad make a photo book for the kids and set up a calendar for a Facetime call every other night when Dad is away

Community Opportunity

Reciprocity in Relationships

Enjoyment

C O R E

Enjoyment

How we feel being together

■ *How* do parents want to *feel* about their child?

- knowing
- loving
- connected
- fun
- engaged
- rewarding

Enjoyment

again!



Enjoyment

closeness



Enjoyment

delight



Enjoyment

sharing across generations



Enjoyment

When a parent's priority is.....	Discuss these as objectives.....
To share her favorite childhood books with her kids	Mom makes a trip to the library with her child and they checkout 3 of her favorite books and they read them at bedtime
To see his kids play outside at the beach nearby	Dad makes a list of what he needs for his outing with the kids, and plans a date later that month when they can go on a Saturday

To continue learning more about integrating CORE conversation into your work

- **Module 5** Ideas on how to add *natural and ordinary supports* to the options you encourage families to consider.



Wisconsin Department of Health Services

WI DHS Birth to 3 Program partnered with Molly Murphy, Ph.D., presenter and co-author of the CORE Guide (2009), to make the CORE Conversations training and materials available to Birth to 3 providers across the state.

Molly is a clinical assistant professor and Director of the Waisman Center Autism Treatment Programs in partnership with UW Health, at the University of Wisconsin- Madison.

Molly holds a doctorate in Behavioral Disabilities with an emphasis in early childhood special education from the University of Wisconsin Madison, is a licensed Behavior Analyst and a certified Early Start Denver Model (ESDM) therapist.

Molly has supported families raising children with disabilities across WI for many years; as an educator in Birth to 3, inclusive preschool teacher, lead supervisor for in home and clinic based autism treatment and as a parent education and parent leadership group facilitator.

If you would like information on CORE Conversations, or permission to use these materials outside of your Birth to 3 Program, you can contact Molly at 608-263-8033 or email memurph3@waisman.wisc.edu

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