

WOMEN - MEDICAL FOODS and OTHER FOODS – Prescription Required (Effective August 1, 2009)

Provided by the Wisconsin WIC Program to Pregnant and Postpartum Women

(up to 12 months postpartum if breastfeeding; up to 6 months postpartum if not breastfeeding)

A Prescription, for treatment of a diagnosed medical condition, is required using the WIC Prescription/Clinical Data form for Women (with required items completed). The prescription is subject to WIC RD approval.

Medical Foods and Other Foods	Description, Allowable Medical Conditions for WIC Provision, and Contraindications	Kcals /8 oz	Protein gms /8 oz	Protein Sources	Carbohydrate Sources	Fat Sources	Product Form, Size, Reconstituted Amount	Maximum Number Cans Per Month	Prepared Ounces Per Day
Ensure Abbott Nutrition	<p>Description: Lactose- and gluten-free, low residue</p> <p>Allowable medical conditions for WIC provision: Cancer; recovery from major illness or surgery; low-residue diets post bowel surgery; acute phases of Crohn’s Disease, ulcerative colitis, diverticulitis; Celiac disease including celiac sprue, non tropical sprue and gluten sensitive enteropathy)</p> <p>Unallowable reasons: Manage body weight without an underlying medical condition</p> <p>Contraindications: Milk protein or soy allergy, galactosemia</p>	250	8.8	Milk protein concentrate, soy protein concentrate	Sucrose, corn maltodextrin	Vegetable oils (canola, corn, soy)	<p>6-pack 8 fl oz cans (Creamy Chocolate, Butter Pecan, Coffee Latte, Homemade Vanilla, Strawberry Cream)</p> <p>6-pack 8 fl oz reclosable bottles (Creamy Chocolate, Homemade Vanilla, Strawberry Cream)</p>	18-19 6-packs	30
Ensure with Fiber Abbott Nutrition	<p>Description: Lactose- and gluten-free, includes prebiotic fructose oligosaccharides</p> <p>Allowable medical conditions for WIC provision: Recovery from major illness or surgery; medical conditions creating increased caloric, nutrient requirements, and fiber to prevent constipation (e.g., post C-section or abdominal hysterectomy; gastrointestinal, cardiovascular and metabolic diseases including diverticular disease, cancer of the colon, diabetes mellitus, endometrial cancer, irritable bowel syndrome, Crohn’s disease, hypercholesterolemia; Celiac disease including celiac sprue, non tropical sprue and gluten sensitive enteropathy)</p> <p>Unallowable reasons: Manage body weight without an underlying medical condition</p> <p>Contraindications: Milk protein or soy allergy, galactosemia</p>	250	8.8	Sodium and calcium caseinate, soy protein concentrate	Sucrose, corn maltodextrin	Vegetable oils (canola, corn, soy)	6-pack 8 fl oz reclosable bottles (Creamy Chocolate, Homemade Vanilla)	18-19 6-packs	30

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<p>Ensure High Calcium Abbott Nutrition</p>	<p>Description: Lactose- and gluten-free; includes 500 mg calcium as calcium phosphate and calcium carbonate per 8 fl oz Allowable medical conditions for WIC provision: Cancer; recovery from major illness or surgery; medical conditions creating increased caloric, nutrient, and calcium requirements (e.g. bone fractures, renal disease, pregnancy or lactation with >2 fetuses/infants) Unallowable reasons: Manage body weight without an underlying medical condition Contraindications: Milk protein or soy allergy, galactosemia</p>	<p>220</p>	<p>10</p>	<p>Sodium and calcium caseinate, soy protein concentrate</p>	<p>Sucrose, corn maltodextrin</p>	<p>Vegetable oils (canola, corn, soy)</p>	<p>6-pack 8 fl oz reclosable bottles (Creamy Chocolate, Homemade Vanilla)</p>	<p>18-19 6-packs</p>	<p>30</p>
<p>Ensure High Protein Abbott Nutrition</p>	<p>Description: Lactose- and gluten-free, high protein, low residue Allowable medical conditions for WIC provision: Cancer; recovery from major illness or surgery; medical conditions creating increased caloric, nutrient, and protein requirements (e.g. bone fractures, pregnancy or lactation with >2 fetuses/infants) Unallowable reasons: Manage body weight without an underlying medical condition Contraindications: Milk protein or soy allergy, galactosemia</p>	<p>230</p>	<p>12</p>	<p>Sodium and calcium caseinate, soy protein concentrate</p>	<p>Sucrose, corn maltodextrin</p>	<p>Vegetable oils (canola, corn, soy)</p>	<p>6-pack 8 fl oz cans (Creamy Chocolate, Homemade Vanilla, Wild Berry)</p>	<p>18-19 6-packs</p>	<p>30</p>
<p>Ensure Plus Abbott Nutrition</p>	<p>Description: Fortified with prebiotics, antioxidants, gluten-free Allowable medical conditions for WIC provision: Medical conditions creating increased caloric, protein and other nutrient requirements and/or requiring modified or low-residue diets; medical diagnoses requiring fluid restrictions creating difficulty to meet caloric and nutrient requirements (e.g. pre-eclampsia, renal disease, heart or lung disease; medical conditions such as HIV/AIDS; multiple bone fractures or burns; pregnancy or lactation with >2 fetuses/infants; post bowel surgery; acute phases of Crohn’s Disease, ulcerative colitis, or diverticulitis; Celiac disease including celiac sprue, non tropical sprue and gluten sensitive enteropathy) Contraindications: Milk protein or soy allergy, galactosemia</p>	<p>350</p>	<p>13</p>	<p>Milk protein concentrate, soy protein concentrate</p>	<p>Sucrose, corn maltodextrin</p>	<p>Vegetable oils (canola, corn, soy)</p>	<p>6-pack 8 fl oz bottles (Creamy Milk Chocolate, Butter Pecan, Homemade Vanilla, Strawberry Cream) 6-pack 32 fl oz bottles (Creamy Milk Chocolate, Homemade Vanilla)</p>	<p>18-19 6-packs</p>	<p>30</p>

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<p>Boost Nestlé</p>	<p>Description: Lactose- and gluten-free, low residue Allowable medical conditions for WIC provision: Medical conditions creating increased caloric and nutrient requirements or requiring modified or low-residue diets; cancer; recovery from major illness or surgery; low-residue diets post bowel surgery; acute phases of Crohn’s Disease, ulcerative colitis, or diverticulitis; Celiac disease including celiac sprue, non tropical sprue and gluten sensitive enteropathy) Contraindications: Milk protein allergy, galactosemia</p>	<p>240</p>	<p>10</p>	<p>Milk protein concentrate</p>	<p>Sucrose, corn syrup solids</p>	<p>Vegetable oils (canola, high oleic sunflower, corn)</p>	<p>6-pack 8 fl oz cans (Vanilla, Strawberry, Chocolate)</p>	<p>18-19 6-packs</p>	<p>30</p>
<p>Boost Plus Nestlé</p>	<p>Description: Lactose- and gluten-free, low residue Allowable medical conditions for WIC provision: Medical diagnosis requiring fluid restrictions creating difficulty to meet caloric and nutrient requirements (e.g.. pre-eclampsia, renal disease, heart or lung disease); medical conditionS creating increased caloric and nutrient requirements or requiring modified or low-residue diets (e.g. HIV/AIDS; multiple bone fractures or burns; pregnancy or lactation with >2 fetuses/infants; post bowel surgery; acute phases of Crohn’s Disease, ulcerative colitis, or diverticulitis; Celiac disease including celiac sprue, non tropical sprue and gluten sensitive enteropathy) Contraindications: Milk protein allergy, galactosemia</p>	<p>360</p>	<p>14</p>	<p>Milk protein concentrate, sodium caseinate, calcium caseinate</p>	<p>Sucrose, corn syrup</p>	<p>Vegetable oils (canola, high oleic sunflower, Corn)</p>	<p>6-pack 8 fl oz cans (Vanilla, Strawberry, Chocolate)</p>	<p>18-19 6-packs</p>	<p>30</p>
<p>Boost High Protein Nestlé</p>	<p>Description: Lactose- and gluten-free, low residue Allowable medical conditions for WIC provision: Medical conditions creating increased caloric, protein, and other nutrient requirements or requiring modified or low-residue diets. (e.g. cancer, recovery from major illness or surgery; bone fractures; pregnancy or lactation with >2 fetuses/infants; post bowel surgery; acute phases of Crohn’s Disease, ulcerative colitis, or diverticulitis; Celiac disease including celiac sprue, non tropical sprue and gluten sensitive</p>	<p>240</p>	<p>15</p>	<p>Milk protein concentrate, sodium caseinate, calcium caseinate</p>	<p>Sucrose, corn syrup</p>	<p>Vegetable oils (canola, high oleic sunflower, corn)</p>	<p>6-pack 8 fl oz cans (Vanilla, Strawberry, Chocolate)</p>	<p>18-19 6-packs</p>	<p>30</p>

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	enteropathy) Contraindications: Milk protein allergy, galactosemia.								
Whole Milk Unflavored cow's milk (Kosher allowed)	Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements; metabolic conditions requiring calories from fat verses carbohydrate Unallowable reasons: Manage body weight without an underlying medical condition	160	8	Cow milk protein	Lactose	Animal fat	Gallons (with some exceptions for half gallons)	- PG &Part BF ¹ : 5½ Gal - Non-BF ² : 4 Gal - Fully BF ³ : 6 Gal	- PG &Part BF ¹ : 23 - Non-BF ² : 17 - Fully BF ³ : 26

¹Pregnant and partially breastfeeding (up to 1 year postpartum); ²Nonbreastfeeding (up to 6 months postpartum); ³Fully breastfeeding (up to 1 year postpartum)

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