

CHILD FORMULAS, MEDICAL FOODS, and OTHER FOODS – Prescription Required
Provided by the Wisconsin WIC Program to Children (1 through 4 Years of Age)

A Prescription, for treatment of a diagnosed medical condition, is required using the WIC Prescription/Clinical Data form for Children (with required items completed). The prescription is subject to WIC RD approval.

Formulas, Medical Foods, Other Products	Description, Allowable Medical Conditions for WIC Provision, and Contraindications	Kcals /fl oz	Protein Sources	Carbohydrate Sources	Fat Sources	Product Form, Size, Reconstituted Amount	Maximum Number Cans Per Month	Maximum Prepared Ounces Per Day
Enfamil EnfaCare LIPIL Mead Johnson	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 months postnatal adjusted age Allowable medical conditions for WIC provision: Prematurity and other special medical conditions (e.g. Bronchopulmonary dysplasia or BPD) that increase nutrient needs of protein, vitamin, mineral, calcium, phosphorus Unallowable: General use for term infants as concentrated calorie formula to gain weight Contraindications: Cow's milk allergy, lactose intolerance. See powder formula caution. ²	22	60:40 whey protein concentrate, nonfat dry milk	Lactose, corn syrup solids in powder, maltodextrin in liquid	Vegetable oils (high oleic, sunflower, soy, coconut), MCT oil, DHA, ARA	Powder 12.8 oz can 82 fl oz	11	30
						Ready to Feed ² 32 fl oz can	28-29	30
Similac NeoSure DHA & ARA Abbott Nutrition	Description: Infant formula with extra nutrients for premature infants greater than 1800 grams and typically used until 9-12 months postnatal adjusted age Allowable medical conditions for WIC provision: Prematurity and other medical conditions (e.g. Bronchopulmonary dysplasia or BPD) when higher levels of protein, vitamins, minerals, calcium, and phosphorus are needed. Unallowable: General use for term infants as concentrated calorie formula to gain weight Contraindications: Cow's milk allergy, lactose intolerance. See powder formula caution. ²	22	Non fat dry milk, whey protein concentrate	Lactose, corn syrup solids (glucose polymers)	Vegetable oils (soy, high oleic safflower), MCT oil, DHA, ARA	Powder 12.8 oz can 85 fl oz	10-11	30
						Ready to Feed ² 32 fl oz can	28-29	30
GOOD START® GENTLE PLUS (formerly SUPREME DHA & ARA) Nestlé	Description: Cow's milk-based infant formula with 100% hydrolyzed whey ² Allowable medical conditions for WIC provision: Premature infants needing formula until 12 months adjusted age Contraindications: Cow's milk protein allergy, galactosemia. See powder formula caution. ¹	20	Hydrolyzed whey	Lactose, corn maltodextrin	Vegetable oils (palm olein, soy, coconut, high oleic sunflower), DHA, ARA	Powder 12 oz can 87 fl oz	10-11	30
						Concentrate 13 fl oz can 26 fl oz	35	30
						Ready to Feed ¹ 32 fl oz can	28-29	30
GOOD START® SOY PLUS (formerly SUPREME SOY DHA & ARA)	Description: Soy-based infant formula, lactose-free; Kosher, Halal Allowable medical conditions for WIC provision: Premature infants needing formula until 12 months adjusted age, cow milk protein allergy, galactosemia	20	Hydrrolyzed soy	Corn maltodextrin.	Vegetable oils (palm olein, soy, coconut, high oleic sunflower)	Powder 12.9 oz can 91 fl oz	10	30
						Concentrate 13 fl oz can	35	30

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ARA) Nestlé	Unallowable medical condition: Lactose intolerance Contraindications: Cow's milk protein-induced enteropathy, soy allergy, enterocolitis. See powder formula caution. ¹				or safflower) DHA, ARA	26 fl oz		
						Ready to Feed ¹ 32 fl oz can		
GOOD START® PROTECT PLUS (formerly SUPREME Natural Cultures DHA & ARA) Nestlé	Description: Cow's milk-based infant formula with probiotic <i>Bifidus lactis</i> cultures ³ Allowable medical conditions for WIC provision: Premature infants needing formula until 12 months adjusted age Contraindications: Cow's-milk protein allergy, galactosemia. See powder formula caution. ¹	20	Hydrolyzed whey	Lactose, corn maltodextrin	Vegetable oils (palm olein, soy, coconut, high oleic sunflower or safflower), DHA, ARA	Powder 12 oz can 87 fl oz	10-11	30
Nutramigen LIPIL w/Enflora LGG Mead Johnson	Description: Lactose-free, sucrose-free, hydrolyzed protein, hypoallergenic formula for term infants and children who are sensitive to intact protein in cow's milk and soy formulas as well as other foods. Contains <i>Lactobacillus rhamnosus GG</i> (LGG). Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia Contraindications: See powder formula caution. ¹ When used as a milk substitute for children, total calcium content of diet should be assessed.	20	Casein hydrolysate from milk, amino acids	Corn syrup solids, modified corn starch	Vegetable oils (palm, soy, coconut, high oleic sunflower), DHA, ARA	Powder 12.6 oz can 87 fl oz	10-11	30
Nutramigen LIPIL Mead Johnson	Description: Lactose-free, sucrose-free, hydrolyzed protein, hypoallergenic formula for term infants and children who are sensitive to intact protein in cow's milk and soy formulas as well as other foods. Contains cow's milk and soy but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Intact milk protein intolerance, severe or multiple food allergies, galactosemia Contraindications: See powder formula caution. ¹ When used as a milk substitute for children, total calcium content of diet should be assessed.	20	Casein hydrolysate from milk, amino acids	Corn syrup solids, modified corn starch	Vegetable oils (palm, soy, coconut, high oleic sunflower), DHA, ARA	Concentrate 13 oz can 26 fl oz	35	30
						Ready to Feed ¹ 32 fl oz can	28-29	30

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Similac Alimentum DHA & ARA Abbott Nutrition	Description: Lactose-free, hypoallergenic, term infant and child formula w/MCT oil Allowable medical condition for WIC provision: Severe food allergies w/sensitivity to intact protein; protein or fat malabsorption due to cystic fibrosis, short bowel syndrome or bowel resection, liver disease, severe protein calorie malnutrition, galactosemia Contraindications: See powder formula caution. ¹	20	Casein hydrolysate, amino acids	Sucrose, modified tapioca starch	Vegetable oils (safflower, soy), MCT, DHA, ARA	Powder 16 oz can 115 fl oz	7-8	30
						Ready to Feed ¹ 32 fl oz can	28-29	30
Enfamil AR LIPIL Mead Johnson	Description: Term infant milk-based formula thickened w/rice starch. Formula thickens in acid environment of stomach. Contains soy. Allowable medical condition for WIC provision: Gastroesophageal reflux, premature infants needing formula until 12 months adjusted age Contraindications: Galactosemia. See powder formula caution. ³	20	Nonfat milk	Lactose, rice starch, maltodextrin	Vegetable oils (palm olein, soy, coconut, and high oleic sunflower), DHA, ARA	Powder 12.9 oz can 93 fl oz	9-10	30
						Ready to Feed ¹ 32 fl oz can	28-29	30
Enfamil Pregestimil LIPIL Mead Johnson	Description: Lactose- and sucrose-free, hypoallergenic, 55% of fat from MCT. Contains cow's milk and soy, but extensive hydrolyzed casein reduces possibility of allergic reaction. Allowable medical conditions for WIC provision: Severe food allergies w/sensitivity to intact protein, fat malabsorption or steatorrhea due to cystic fibrosis, short bowel syndrome, biliary atresia, severe protein calorie malnutrition, galactosemia Contraindications: See powder formula caution. ¹ When used as milk substitute, total calcium content of diet should be assessed.	20	Casein hydrolysate from milk, amino acids	Corn syrup solids, dextrose, modified corn starch	MCT oil, vegetable oils (soy, high oleic safflower in powder; high oleic sunflower in liquid), DHA, ARA	Powder 16 oz can 112 fl oz	8	30
Neocate Infant (unflavored) Nutricia	Description: Elemental, hypoallergenic formula for term infants and young children Allowable medical condition for WIC provision: Severe food allergy to cow's milk and soy milk or multiple food protein intolerance including protein hydrolysate, fish, eggs and nuts; a placebo for diagnosis of cow's milk allergy, maintenance nutrition during elimination diets, short bowel syndrome, eosinophilic esophagitis, gastroesophageal reflux, transition from parenteral to enteral nutrition Contraindications: See powder formula caution. ¹ (Note: Neocate Junior better meets the nutritional needs of children over one and is flavored. Neocate Junior and Neocate One+ are not available through WIC.)	20	100% free amino acids	Corn syrup solids	Vegetable oils (high oleic safflower, coconut, soy); available w & w/o DHA & ARA	Powder 14 oz can 84 fl oz	10-11	30

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Elecare Unflavored, Vanilla Abbott Nutrition	Description: Elemental formula for term infants and children requiring an amino acid medical food due to intolerance of intact or hydrolyzed protein. Does not contain milk protein, fructose, galactose, lactose, gluten, or soy protein. Standard dilution children is 30 cal/oz. Elecare Vanilla may be more acceptable. Allowable medical condition for WIC provision: Severe food allergies, short-bowel syndrome, eosinophilic disorders, GI tract impairment, and other conditions requiring elemental diet. Contraindications: See powder formula caution. ¹	30	Free amino acids	Corn syrup solids	MCT oil (33%), vegetable oils: (high oleic safflower, soy); available w/ & w/o DHA & ARA	Powder 14.1 oz can 95 fl oz @ 20 kcal dilution; 64 fl oz @ 30 kcal dilution	9-10 @20 kcal dilution 14-15 @30 kcal dilution	30
Pediasure, Pediasure w/Fiber (oral feeding) Abbott Nutrition	Description: Lactose- and gluten-free; Kosher Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements (e.g., failure to thrive, bronchopulmonary dysplasia, cerebral palsy) Unallowable reasons: Manage body weight without an underlying medical condition Contraindications: Galactosemia, milk allergy	30	Sodium caseinate, whey protein	Sucrose, corn maltodextrin	Vegetable oils (high oleic safflower, soy), MCT	Ready to use 6-pack of 8-fl oz cans	18-19 6-packs	30
Whole Milk Unflavored cow's milk (Kosher allowed)	Allowable medical conditions for WIC provision: Medical conditions resulting in decreased food intake, fluid restriction, or increased nutrient requirements; metabolic conditions requiring calories from fat verses carbohydrate (e.g. failure to thrive, bronchopulmonary dysplasia, cerebral palsy) Unallowable reasons: Manage body weight without an underlying medical condition.	19.5 (160/8 oz)	Cow milk protein	Lactose	Animal fat	Gallons (with some exceptions for half gallons)	4 Gallons	17

¹Reported infant cases with serious infections secondary to *Enterobacter sakazakii* have been reported in the literature that were traced back to powdered infant formulas contaminated with this organism. Preterm infants and those with underlying medical conditions may be at higher risk of developing infection. FDA recommends sterile, commercial Ready-To-Feed formulas (RTF) for immunocompromised infants including preterm infants. WIC routinely provides cans of powdered formula. However RTF formula may be provided when available in retail stores when the local WIC Project RD verifies that the water supply is unsafe to drink, if the caregiver has difficulty mixing powder or concentrate properly, if RTF better accommodates the participant's condition (i.e. immunocompromised, or if RTF improves the participant's compliance in consuming the prescribed formula.

²Similac Advance is 52:48 casein:whey, Enfamil LIPIL is 40:60, and the milk-based lactose-free versions of Similac and Enfamil are 100% casein. Human milk is estimated to be 40:60, but because cow's milk whey is primarily lactoglobulin and human milk whey is primarily lactalbumin, an advantage of a particular casein:whey ratio has not been established.

³Probiotic *Bifidus lactis* cultures. Nestlé states may have benefits such as decreasing the frequency, duration, or severity of diarrhea and colic.

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