

A Guide for People Who Are on a Waiting List

for Publicly Funded Long- Term Care

You have been waiting for long-term care services.

Step 1: Good News!

A friendly person from an Aging and Disability Resource Center, or “ADRC,” will contact you with good news! New long-term care programs are available that might be able to get you the help that you’ve been waiting for! The ADRC specialist will talk with you about your option to take part in a new program.

Step 2: Having a Conversation

The ADRC specialist is there to help! They want to find out how you are doing and discuss what kind of help you may need, as well as discuss what options are available to get you that help!

The ADRC specialist can meet you in your home if you would like. There is a lot to learn! They will explain the different programs that are available, make sure you are functionally eligible, help you compare your options, and select the option that is best for **you**.

Step 3: Applying

After you select the option that is best for you, it might be necessary to apply for Medicaid, or if you’ve already done that, you might need to update your records. The ADRC specialist will connect you with a county worker who will help with this. This can be done in person, over the Internet, by phone, or by mail.

Step 4: Enrolling

Next, the ADRC specialist will contact you again to discuss the results of your application.

Sometimes people are required to help pay a share of the cost of the services they receive. If this is necessary, it will be discussed with you. An estimated date of when you will start getting help will be set.

Step 5: Services Begin!

After all the paperwork is completed, a person from the organization you’ve selected will contact you. That person will work with you in planning and coordinating your care. You are well on your way to getting the help you need!

