

# AGE-SPECIFIC ADL/IADL ANSWER CHOICES FOR CHILDREN'S LONG TERM SUPPORTS PROGRAMS

Age: 18 Years and up

## ADLs

### Bathing

18 years and up

- Needs adaptive equipment.
- Is combative during bathing (e.g., flails, takes 2 caregivers to accomplish task).
- Needs physical help with bathing tasks.
- Needs help getting in and out of bathtub or shower.
- Needs step-by-step cueing to complete the task.
- Lacks an understanding of risk and must be supervised for safety.
- Exhibits non-compliant behavior that is extreme to point that child does not perform bathing tasks for at least 5 or more consecutive days.
- None of the above apply.

***Is at least one of the bathing functional impairments checked expected to last for at least one year from the date of screening?***

- Yes
- No

### Grooming (brushing teeth, washing hands and face)

18 years and up

- Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).
- Needs physical help with grooming tasks.
- Needs step-by-step cueing during grooming tasks.
- Exhibits non-compliant behavior that is extreme to point that child does not brush their teeth for at least 5 or more consecutive days.
- None of the above apply.

***Is at least one of the grooming (brushing teeth, washing hands and face) functional impairments checked expected to last for at least one year from the date of screening?***

- Yes
- No

### Dressing

18 years and up

- Needs physical assistance with getting clothing on. This does not include fasteners such as buttons, zippers, and snaps.
- None of the above apply.

***Is at least one of the dressing functional impairments checked expected to last for at least one year from the date of screening?***

- Yes
- No

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## ADLs, Continued

### Eating

18 years and up

- Needs help with tube feedings or TPN.
- Needs to be fed.
- Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.
- None of the above apply.

***Is at least one of the eating functional impairments checked expected to last for at least one year from the date of screening?***

- Yes
- No

### Toileting

18 years and up

- Incontinent of bowel and/or bladder.
- Needs physical help, step-by-step cues, or toileting schedule.
- None of the above apply.

***Is at least one of the toileting functional impairments checked expected to last for at least one year from the date of screening?***

- Yes
- No

### Mobility

18 years and up

- Does not walk or needs physical help to walk.
- Uses a wheelchair or other mobility device not including a single cane.
- None of the above apply.

***Is at least one of the mobility functional impairments checked expected to last for at least one year from the date of screening?***

- Yes
- No

### Transfers (does not include bathtub or shower)

18 years and up

- Needs physical help with transfers.
- Uses a mechanical lift.
- None of the above apply.

***Is at least one of the transfers (does not include bathtub or shower) functional impairments checked expected to last for at least one year from the date of screening?***

- Yes
- No

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## IADLs

### Communication

18 years and up

- Assessment or evaluation within the last three (3) years indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on a norm referenced tool in receptive language.

Assessment Date: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

See list of "Norm-Referenced Assessment Tools for Communication and Learning"

- Assessment or evaluation within the last three (3) years indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on a norm referenced tool in expressive language.

Assessment Date: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

See list of "Norm-Referenced Assessment Tools for Communication and Learning"

- Does not follow 3-step instructions that are related and are not routine.
- Does not follow 2 single step instructions given at the same time that are unrelated and are not routine.
- Does not use language to share information other than basic needs or wants.
- Is not understood by strangers.
- None of the above apply.

***Is the communication functional impairment checked expected to last for at least one year from the date of screening?***

- Yes
- No

### Learning

18 years and up

- Assessment or evaluation within the last three (3) years indicates greater than 35% delay or 2 Standard Deviations (SD) below the mean on norm referenced tool in cognitive development.

Assessment Date: \_\_\_\_\_ (mm/yyyy)

Assessment Tool: \_\_\_\_\_

See list of "Norm-Referenced Assessment Tools for Communication and Learning"

- Has a valid full scale IQ score of 75 or less.
- Is three or more grade levels behind in two academic subjects.
- Requires supervision due to inability to problem solve routine issues.
- Does not use time to follow a schedule.
- None of the above apply.

***Is the learning functional impairment checked expected to last for at least one year from the date of screening?***

- Yes
- No

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## IADLs, Continued

### Social Competency

18 years and up

- Does not show respect for other people.**  
Does not get along with a variety of people, use pro-social manners, and show gratitude towards others.
- Does not demonstrate the capacity for intimacy with another.**  
Has not established close relationships that are open, honest, caring and trusting.
- Does not avoid situations that may get him/her into trouble.**  
Makes unhealthy and unsafe decisions concerning drinking alcohol, using drugs, safe driving, safer sex, use of the internet, and other comparable situations.
- None of the above apply.

***Is the social competency functional impairment checked expected to last for at least one year from the date of screening?***

- Yes
- No

### Meal Preparation

18 years and up

- Needs help making simple meals for self.
- None of the above apply.

***Is the meal preparation functional impairment checked expected to last for at least one year from the date of screening?***

- Yes
- No

### Money Management

18 years and up

- Needs help with managing money.
- None of the above apply.

***Is the money management functional impairment checked expected to last for at least one year from the date of screening?***

- Yes
- No