

Measles Vaccination Guide

Vaccine recommendations for children

- Children: two doses, 1st at 12-15 months of age, 2nd between 4-6 years of age.
- Given as MMR vaccine (measles, mumps, rubella).
- Contact your health care provider or local public health department.
- Two doses normally provide lifelong immunity.
- Adults who have never had the measles vaccine can still get immunized (see below).

School Requirements

- State law requires MMR vaccine for students in:
 - Daycare: 1 dose
 - Grades K-12: 2 doses
 - College: No requirement
- History of school requirements
 - Single dose required by law in Wisconsin: 1982
 - Second dose required by law in Wisconsin: 1990

Vaccine recommendations for adults

- People born before 1957 are probably immune to measles by having acquired the disease naturally.
- For most **adults born in or after 1957**, we are recommending one dose. Only those who work in healthcare, who attend colleges/universities or who travel internationally need two doses.
- People who are not sure about their measles disease or vaccine history and are concerned about being exposed to measles should be vaccinated.

Other vaccine information

- MMR vaccine takes effect after 2-3 weeks.
- Two doses are expected to provide lifelong immunity for >99% who receive it.