



It is almost springtime

Time to prepare the earth and think about planting seeds. Imagine a community of gardens, including yours! Just about everybody can benefit. How is that?

- It's fun. Digging, planting, caring for a garden and harvesting connects people with each other.
- It's healthy...and affordable. Fresh herbs, vegetables, and fruits make for great snacks and meals. If you grow them, for some reason they seem to taste even better.
- Gardening can offer good exercise. You can burn an average of 300 calories per hour.



Never gardened?

Then, the Got Dirt? Garden Toolkit is for you-and your neighbors! Kids in school. Childcare and community centers. Lots of people who have never planted a seed or pulled a weed will be trying it for the first time this year. You can, too.



This will help

The Got Dirt? Garden Toolkit is easy to use and full of ideas. It shows you what to do with simple, step-by-step plans. Even better, it provides you tips and success stories from gardening projects throughout the state of Wisconsin. You can learn how to plant in one pot, one plot, or an entire back yard.



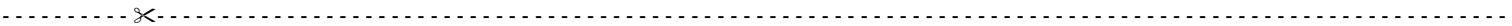
And so will these workshops!

You can join beginners, experienced gardeners, teachers, and experts in garden training events this spring held throughout Wisconsin. Hear from people who are excited about sharing what they know. For more information, please see our web site.



To order your free copy

of the Got Dirt? Garden Toolkit, please fill out the information below.



please mail to: Amy Meinen Wisconsin Division of Public Health • 1 West Wilson Street, Room 243 • P.O. Box 2659 • Madison WI 53701- 2659 or fax to: 608-266-3125

- Yes, please send me a copy of the Got Dirt? Garden Toolkit.

Name

Agency/Organization

How do you plan to use the toolkit?

- Implement a School Garden
- Implement a Community Garden
- Implement a Child or Adult Care Garden
- Implement a Home Garden
- Implement a Worksite Garden
- Implement an Afterschool Garden

Address

City

State

Zip

Email