

Table 5. Differences in Rates of Various Health Indicators for Racial or Ethnic Minority Groups, Relative to Values for Comparable White Groups.

| Health Indicator | Black | | | | | | | | Hispanic | | | | | | | |
|-----------------------------------|-----------|------------|---|---|-------|---|---|-------|-----------|------------|---|---|-------|---|---|-------|
| | WIC Child | Adolescent | | | Adult | | | | WIC Child | Adolescent | | | Adult | | | |
| | | All | M | F | All | M | F | WIC F | | All | M | F | All | M | F | WIC F |
| Obesity | ● | ● | ● | ● | ● | ● | ● | | ● | ● | | | ● | ● | ● | |
| Total Overweight | ● | ● | ● | ● | ● | ● | ● | ● | ● | ● | | | ● | ● | ● | ● |
| Lack of Physical activity (PA) | | | | | ● | | | | | | | | | ● | | |
| Met PA recommendations | | ● | | | ● | | | | | ● | | | | ● | | |
| Television viewing time | | ● | | | | | | | | ● | | | | | | |
| Fruit & vegetable consumption | | ★ | | | ● | | | | | ● | | | | ● | | |
| Soda consumption | | ● | | | | | | | | ● | | | | | | |
| Breastfeeding initiation/duration | ● | | | | | | | | ★ | | | | | | | |

| Health Indicator | Asian | | | | | | | | American Indian | | | | | | | |
|-----------------------------------|-----------|------------|---|---|-------|---|---|-------|-----------------|------------|---|---|-------|---|---|-------|
| | WIC Child | Adolescent | | | Adult | | | | WIC Child | Adolescent | | | Adult | | | |
| | | All | M | F | All | M | F | WIC F | | All | M | F | All | M | F | WIC F |
| Obesity | ● | ● | | | ★ | | | | ● | ● | | | ● | ● | ● | |
| Total Overweight | ● | ● | | | ★ | | | ★ | ● | ● | | | ● | ● | ● | ● |
| Lack of Physical activity (PA) | | | | | ● | | | | | | | | | ● | | |
| Met PA recommendations | | ● | | | | | | | | | | | | | | |
| Television viewing time | | ● | | | | | | | | | | | | | | |
| Fruit & vegetable consumption | | | | | | | | | | | | | | | | |
| Soda consumption | | | | | | | | | | | | | | | | |
| Breastfeeding initiation/duration | ● | | | | | | | | ● | | | | | | | |

KEY: ● = Unfavorable Difference ● = No Difference ★ = Favorable Difference