

WISCONSIN DIABETES WEEKLY

News you can use compiled by the Wisconsin Diabetes Prevention and Control Program



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IMPORTANT NEWS

No Wisconsin Diabetes Weekly Next Week

There will not be an issue of Wisconsin Diabetes Weekly during the week of September 24. Please look for the next issue during the week of October 1.

September 2007 Issue of "Working with Diabetes" Available

The September 2007 issue of Working with Diabetes, a bimonthly newsletter of the Wisconsin www.DiabetesAtWork.org program, has been released. Please share it with those who you feel would benefit from it. The issue (2 pages) is included as "1 WWD Newsletter."

CONFERENCES, EDUCATIONAL, AND GRANT OPPORTUNITIES

14th Annual Diabetes Update and Fair – November 9, 2007

It's time for the 14th annual Diabetes Update and Fair, sponsored by Saint Joseph's Hospital in Marshfield, WI. Following is information about the Diabetes Update and Fair. To request a brochure, call (715) 387-7269.

Date: Friday, November 9, 2007

Time: 8:15am – 3:30pm

Location: Mother Frances Streitel Conference Center, Saint Joseph's Hospital

Cost: \$25 students, \$65 Ministry Health Care employees or Marshfield Clinic employees, \$75 for others

Credits: Continuing education contact hours have been applied for through the Wisconsin Nurses Association and American Dietetics Association.

Program topic include:

- ◆ "Systemic Effects of Periodontal Disease on Persons with Diabetes," Barry L.Cole, DDS
- ◆ "Sleep and Diabetes," Colleen Bazzani, RPSGT
- ◆ "Behavior Change to Improve Diabetes Outcomes," Joseph Nelson, MA, LP
- ◆ "The Healing Power of Humor," Dr. Stuart Robertshaw
- ◆ Breakouts:
 - "Medication and Insulin Adjustment 101," Nancy Slizewski, RN, CDE
 - "Putting Technology to Work: Using Continuous Glucose Sensor and Insulin Pump Data in Your Practice," Nancy Jensch, RN, CDE

Teleconference on Adolescent Obesity This Thursday

A teleconference on adolescent obesity, first in a two part series, will take place this Thursday, September 20, 2007 from 12:00pm – 1:30pm CST. The evidence-based Expert Committee Recommendations for the Prevention, Assessment and Treatment of Childhood Obesity will be presented from a public health perspective with a focus on adolescents by Bonnie A. Spear, PhD, RD, of the University of Alabama at Birmingham. It will also include practical ideas for physical activity interventions with an emphasis on the built environment approach presented by Nefertiti Durant, MD, MPH also of the University of Alabama at Birmingham. For more information, see the flyer included as an attachment “2 Call Flyer.”

JOURNAL ARTICLES OF INTEREST

Consensus Statement on the Worldwide Standardisation of the HbA1c Measurement.

The American Diabetes Association, European Association for the Study of Diabetes, International Federation of Clinical Chemistry and Laboratory Medicine, and the International Diabetes Federation. *Diabetologia* (2007) 50:2042-2043. This consensus statement (2 pages) is attached as “3 Consensus statement.”

Risk Perception for Diabetes Among Women with Histories of Gestational Diabetes Mellitus.

Kim C, et al. *Diabetes Care* 30:2281-2286, September 2007. This article (6 pages) is attached as “4 Risk perception article.”

Effect of Cinnamon on Glucose and Lipid Levels in Non-Insulin-Dependent Type 2 Diabetes.

Blevins SM, et al. *Diabetes Care* 30:2236-2237, September 2007. This article (2 pages) is attached as “5 Cinnamon article.”

IN THE NEWS

Health Coaches Help Improve Employee Health, Lower Employer Cost

An increasing number of employers are offering health coaching services as a way to improve employee health and keep health care costs down. Most programs offer employees telephone coaching over the course of one year, but some programs provide face-to-face contact with a nurse. To read more: http://www.kaisernetwork.org/daily_reports/rep_index.cfm?DR_ID=47427.

RESOURCES

2007 Kaiser/HRET Employer Health Benefits Survey

This annual survey of employers provides a detailed look at trends in employer-sponsored health coverage, including changes in premiums, employee contributions, cost-sharing provisions, and other relevant information. The full report (198 pages), as well as a news release and chart pack, can be found at: <http://www.kff.org/insurance/7672/index.cfm>.

Asian Language Childhood Overweight Educational Materials for Parents

The University of California Berkeley, Center for Weight and Health, has designed a series of culturally sensitive and relevant educational materials, based on focus group results, which can help immigrant parents understand how they can adapt to a new environment and food supply in a way that will foster the health and welfare of their children. Materials are available in: Korean, Vietnamese, Hmong, Chinese, Cambodian, and Lao. Each set is unique and features food and people representative of the culture. Download and print these pamphlets at: http://www.cnr.berkeley.edu/cwh/activities/asian_lang_publications.shtml.

FROM OUR PARTNERS

Wisconsin Worksite Wellness Resource Kit – Version 2

The Wisconsin Nutrition and Physical Activity Program is pleased to announce the release of the Wisconsin Worksite Wellness Resource Kit – Version 2. The kit was revised to incorporate feedback from pilot projects that used the kit over the past year and to incorporate new graphics. The kit is posted at: <http://dhfs.wisconsin.gov/health/physicalactivity/index.htm>.

New information in the Resource Kit includes:

- ◆ Information on Mental Health was added
- ◆ Information on Health Risk Assessments was expanded
- ◆ The Assessment Checklist was enhanced
- ◆ Several Appendices were added including:
 - A Coordinator's Guide
 - Information on Wellness at Home
 - Sample Policies