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## *Programs and Initiatives*

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### Community Guide to Preventive Services

This Guide provides evidence-based recommendations for programs and policies to promote population health. A variety of topics are covered including diabetes, nutrition, and oral health. The *Community Guide* is sponsored by the Centers for Disease Control and Prevention's National Center for Health Marketing and the *Community Guide* partners.

Email: [communityguide@cdc.org](mailto:communityguide@cdc.org)

Website: <http://thecommunityguide.org>

### Diabetes Prevention Program (DPP)

The DPP was the first nationwide research study designed to determine whether type 2 diabetes can be prevented through diet and physical activity, or medication. The DPP study, sponsored by the National Institute of Diabetes and Digestive and Kidney Diseases (part of the National Institutes of Health), was administered at 27 medical centers across the country. In addition to information on the study and the results, diabetes information fact sheets for specific populations and statistical summaries are available from the website.

Website: <http://diabetes.niddk.nih.gov/dm/pubs/preventionprogram/index.htm>

### Diabetes-Sight.org

Diabetes-Sight.org, sponsored by Prevent Blindness America, is designed to help both patients and health care professionals find the information and resources they need for the prevention of vision loss from diabetes. Prevent Blindness America is the nation's leading volunteer eye health and safety organization with the sole mission of preventing blindness and preserving sight.

Toll-free: (800) 331-2020

Email: [info@preventblindness.org](mailto:info@preventblindness.org)

Website: [www.preventblindness.org](http://www.preventblindness.org)  
[www.diabetes-sight.org](http://www.diabetes-sight.org)

### Emergency Medical Services for Children

The Child Alert Program is part of the EMS for Children Program in the Bureau of Local Health Support and EMS, Division of Public Health, Department of Health and Family Services. The goal of the Child Alert Program is to develop a statewide system of access improving the preparation of pre-hospital and emergency care for children and youth with special health care needs.

Tel: (608) 266-7457

Email: [koppbc@dhfs.state.wi.us](mailto:koppbc@dhfs.state.wi.us)

Website: <http://dhfs.wisconsin.gov/health/injuryprevention/emsc>

### Everyday Choices for a Healthier LIFE

This website, sponsored by the American Cancer Society, American Diabetes Association and American Heart Association, encourages people to impact their health through everyday choices.

Website: [www.everydaychoices.org](http://www.everydaychoices.org)

### Feet Can Last a Lifetime: Foot Care Kit for Diabetes

This kit is a foot care campaign from the National Diabetes Education Program. Materials available include a kit for healthcare professionals and one for patients. Exam room flyers, tip sheets, and other materials are also available.

Website: <http://ndep.nih.gov/resources/feet>

### Healthy Wisconsin People

The *Healthy Wisconsin People* website is dedicated to providing reliable health information for the residents of Wisconsin. The site features links to a broad range of health-related websites and organizations, with a special emphasis on health services for Wisconsinites. Healthy Wisconsin People was created through a joint project of the Northern Wisconsin Area Health Education Center and the Southwest Wisconsin Area Health Education Center.

Email: [info@nahec-wi.org](mailto:info@nahec-wi.org)

Website: [www.healthywisconsin.org](http://www.healthywisconsin.org)

### LEAP (Lower Extremity Amputation Prevention) Program

The LEAP Program is a comprehensive prevention program that can help to dramatically reduce lower extremity amputations in individuals with diabetes. The Program includes materials for healthcare providers along with a patient education booklet.

Toll-free: (800) 642-2477

Website: [www.bphc.hrsa.gov/leap](http://www.bphc.hrsa.gov/leap)

### Making Systems Changes for Better Diabetes Care

This website, from the National Diabetes Education Program, provides information, models, links, resources, and tools to help health care professionals assess needs for systems change, develop strategic plans, implement tools for action, and evaluate the systems change process.

Website: <http://www.betterdiabetescare.nih.gov>

### National Cholesterol Education Program (NCEP)

NCEP offers publications aimed at raising awareness and understanding about high blood cholesterol as a risk for coronary heart disease and the benefits of lowering cholesterol levels. A wide variety of publications may be downloaded and/or printed materials may be ordered.

Tel: (301) 592-8573

Email: [nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov)

Website: [www.nhlbi.nih.gov/about/ncep](http://www.nhlbi.nih.gov/about/ncep)

### National Diabetes Education Initiative (NDEI)

The NDEI is an online, multi-component educational program on type 2 diabetes designed for healthcare professionals. The NDEI develops programs that address the spectrum of type 2 diabetes and also provides healthcare professionals with updated diabetes data and research information through a variety of mediums.

Toll-free: (800) 471-7745

Email: [feedback@ndei.org](mailto:feedback@ndei.org)

Website: [www.ndei.org](http://www.ndei.org)

### National Diabetes Education Program (NDEP)

The National Diabetes Education Program provides a wide variety of materials for both providers and patients. Many are available in 16 different languages. Special campaigns sponsored through this site include: *Small Steps, Big Rewards*; *Prevent Type 2 Diabetes*; *Control Your Diabetes for Life*; and, *Be Smart About Your Heart – Control the ABCs of Diabetes*.

Toll-free: (800) 438-5383

Website: [www.ndep.nih.gov](http://www.ndep.nih.gov)

Tel: (770) 488-5037

### National Eye Health Education Program (NEHEP)

This program, developed by the National Eye Institute, promotes public and professional awareness of the importance of early diagnosis and treatment of diabetic eye disease.

Tel: (301) 496-5248

Email: [2020@nei.nih.gov](mailto:2020@nei.nih.gov)

Website: [www.nei.nih.gov/nehep](http://www.nei.nih.gov/nehep)

### National Fruit and Vegetable Program

The National Fruit and Vegetable Program is a nutrition campaign to encourage Americans to eat more fruits and vegetables for better health. A variety of public education materials and research information is available. Health professionals seeking fruit and vegetable materials for programs and activities should contact the National Fruit and Vegetable Program Coordinator in Wisconsin.

National Fruit and Vegetable Program

Tel: (770) 488-6026

Website: [www.5aday.gov](http://www.5aday.gov)

Fruit and Vegetable Nutrition Coordinator – Wisconsin

Amy Meinen

Tel: (608) 267-9194

Email: [meineam@dhfs.state.wi.us](mailto:meineam@dhfs.state.wi.us)

Website:

<http://dhfs.wisconsin.gov/health/physicalactivity/5aDay>

### National Glycohemoglobin Standardization Program (NGSP)

NGSP's mission is to standardize glycohemoglobin test results so that clinical laboratory results are comparable to those reported in the Diabetes Control and Complications Trial (DCCT), where relationships to mean blood glucose and risk for vascular complications were established.

Tel: (573) 882-1257

Website: [www.missouri.edu/~diabetes/ngsp.html](http://www.missouri.edu/~diabetes/ngsp.html)

### National High Blood Pressure Education Program (NHBPEP)

NHBPEP is administered and coordinated by the National Heart, Lung, and Blood Institute (NHLBI). The goal of the NHBPEP is to reduce death and disability related to high blood pressure through programs of professional, patient, and public education.

Tel: (301) 592-8573

Website: [www.nhlbi.nih.gov/about/nhbpep](http://www.nhlbi.nih.gov/about/nhbpep)

### National Kidney Disease Education Program (NKDEP)

NKDEP is a program of the National Institutes of Health to reduce the deaths and disabilities from kidney disease and its complications. Kidney disease information is available for both patients and health professionals.

Toll-free: (866) 454-3639

Email: [nkdep@info.niddk.nih.gov](mailto:nkdep@info.niddk.nih.gov)

Website: [www.nkdep.nih.gov](http://www.nkdep.nih.gov)

### Obesity Education Initiative (OEI)

The overall purpose of OEI is to help reduce the prevalence of overweight along with the prevalence of physical inactivity in order to reduce the risk of coronary heart disease (CHD) and overall morbidity and mortality from CHD. Information is available on the OEI's programs as well as health information for professionals and patients.

Tel: (301) 592-8573

Website: [www.nhlbi.nih.gov/about/oei](http://www.nhlbi.nih.gov/about/oei)

### President's Council on Physical Fitness and Sports

The President's Council on Physical Fitness and Sports serves as a catalyst to promote, encourage and motivate Americans of all ages to become physically active and participate in sports. The President's Council initiates and administers programs, often in partnership with other groups, which reach individual people in schools, homes, workplaces and communities. Fact sheets, reports, and resources are available.

Tel: (202) 690-9000

Websites: [www.fitness.gov](http://www.fitness.gov)  
[www.presidentschallenge.com](http://www.presidentschallenge.com)

### Proctor and Gamble Dental Care

This website offers a wide range of patient education materials, including information sheets on diabetes and periodontal disease, plaque, tartar control, and brushing/flossing instructions. Materials are available in multiple languages.

Website: [www.dentalcare.com](http://www.dentalcare.com)

### SeniorHealth.gov

SeniorHealth.gov makes aging-related health information easily accessible for family members and friends seeking reliable, easy-to-understand online health information. This site was developed by the National Institute on Aging (NIA) and the National Library of Medicine (NLM) both part of the National Institutes of Health (NIH). SeniorHealth.gov features authoritative and up-to-date health information from Institutes and Centers at NIH. In addition, the American Geriatrics Society provides expert and independent review of some of the material found on this website. Each health topic includes general background information, open-captioned videos, quizzes, and frequently asked questions (FAQs). New topics are added to the site on a regular basis.

Email: [custserv@nlm.nih.gov](mailto:custserv@nlm.nih.gov)

Website: <http://nihseniorhealth.gov>

### Sharps Disposal in Wisconsin

The Waste Management Program of the Wisconsin Department of Natural Resources maintains information on their website regarding proper sharps disposal including frequently asked questions, publications and contacts.

Email: [medical.waste@dnr.state.wi.us](mailto:medical.waste@dnr.state.wi.us)

Website: [www.dnr.wisconsin.gov/org/aw/wm/medinf](http://www.dnr.wisconsin.gov/org/aw/wm/medinf)

### Weight-Control Information Network (WIN)

WIN is a national information service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), National Institutes of Health (NIH). WIN was established in 1994 to provide health professionals and consumers with science-based information on obesity, weight control, and nutrition. A variety of materials and publications are available.

Toll-free: (877) 946-4627

Email: [win@info.niddk.nih.gov](mailto:win@info.niddk.nih.gov)

Tel: (202) 828-1025

Website: <http://win.niddk.nih.gov>