

# Wisconsin Diabetes Weekly

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## In the News

### AADE Makes Name Change

The American Association of Diabetes Educators (AADE) is now the Association of Diabetes Care and Education Specialist (ADCES). The rebranding more accurately reflects the range of expertise diabetes care and education specialists provide to people with diabetes, prediabetes and cardiometabolic conditions, the health care system, payers, and providers. [Read more.](#)

### No Diabetes Drugs Copay at CVS

CVS Health has announced its pharmacy benefit management (PBM) unit is launching a new program under which employers and insurers will be able to offer diabetes drugs, including insulin, at no out-of-pocket costs to their members. The company said eliminating out-of-pocket costs will ensure better adherence by patients with diabetes to their drug regimens. [Read more.](#)

### Barbershop Screenings May Help Find Undiagnosed Diabetes

Screening black men for diabetes in barbershops may help identify those who don't realize they have the disease, a new study suggests. In the United States, black men with diabetes are much more likely to develop complications and less likely to survive into their 70s than men in other racial and ethnic groups, researchers note. One reason may be that many black men at risk for diabetes go undiagnosed, particularly when they don't have a primary care provider. [Read more.](#)

## Important News

### Eli Lilly to Offer Half-Priced Versions of Insulin Products

Eli Lilly and Co. recently announced it plans to sell two versions of insulin products at half their current U.S. list prices, eight months after it started selling a half-priced version of its widely used Humalog injection. Lilly will sell new versions of Humalog Junior KwikPen and Humalog Mix75/25, which contains a mix of fast- and intermediate-acting insulin, at a list price of \$265.20 for a pack of five KwikPens beginning in mid-April, the company said. [Read more.](#)



## Conference, Educational, and Grant Opportunities

### New ADA Self-Assessment Program: Cardiovascular Disease Risk Reduction in Type 2 Diabetes *On Demand • No Fee • 3.5 Credits Available*

At the end of this new, free American Diabetes Association (ADA) self-assessment program, participants should be able to: 1) estimate the risk of atherosclerotic cardiovascular disease (ASCVD) for a person with diabetes based on current guidelines; 2) discuss the clinical importance of diabetes-specific risk enhancers for cardiovascular disease; 3) identify appropriate blood pressure and cholesterol management goals for a person with diabetes; and, 4) design an appropriate drug therapy plan to reduce ASCVD risk for a person with diabetes. [Learn more and register](#) (ADA website registration required).

## In the News *(continued)*

### Type 2 Diabetes Risk Increased Due to Early Menopause

Women who go through the menopause aged 40 or younger have a greater risk of developing type 2 diabetes in their 60's, according to an Australian study. The average age a woman goes through the menopause is 51, but this study suggests those who experience it early have a three-fold increase of developing multiple chronic conditions.

[Read more.](#)



## Conferences, Educational, and Grant Opportunities *(continued)*

### Blog Post: Role of the Cardiologist in Treatment of T2D and CVD Risk Management

In a recent survey of people age 45 and older with type 2 diabetes (T2D), conducted online by The Harris Poll, only half recognize their cardiovascular disease (CVD) risk or have discussed their risk of heart attacks or strokes with their health care providers. Listen to a cardiologist and an endocrinologist discuss how a cardiologist can play a pivotal role in helping his or her patients with T2D better manage their CVD risk in this Know Diabetes by Heart™ blog post: [Role of the Cardiologist in Treatment of T2D and CVD Risk Management](#).

### Blog Posts: Benefits of DSMES Referrals

***Every Person with Diabetes Needs Ongoing Self-Management Education and Support:*** How do you ensure that your patients with diabetes receive ongoing education and support? Learn the four critical times to assess, provide, and adjust diabetes self-management education and support (DSMES) in this National Institute of Diabetes and Digestive Kidney Diseases blog post.

***Benefits of Diabetes Educator Referrals:*** A cardiologist and a family physician discuss their work with certified diabetes educators (CDEs) and the benefits they found from referring patients to DSMES in this Know Diabetes by Heart™ blog post.



Resources in this newsletter are compiled by the Wisconsin Chronic Disease Prevention Program.

## Journal Articles and Reports of Interest

**Association of BMI, Fitness, and Mortality in Patients with Diabetes: Evaluating the Obesity Paradox in the Henry Ford Exercise Testing Project (FIT Project) Cohort.** Whelton SP, et al. *Diabetes Care*. 2020 Jan 16. doi: 10.2337/dc19-1673. [Epub ahead of print]

**Comparative Characteristics of Older People with Type 1 Diabetes Treated with Continuous Subcutaneous Insulin Infusion or Insulin Injection Therapy: Data from the German/Austrian DPV Registry.** Grammes J, et al. *Diabet Med*. 2019 Dec 18. doi: 10.1111/dme.14218. [Epub ahead of print]

Learn More About Cardiovascular Disease and Risk Management in Diabetes



## For More Information

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